***St. Ninian’s High School***

***PSHE Newsletter***

***Week beginning 4th March 2019***

***Focus:***

* [**5 steps to wellbeing video – Please show all classes**](file:///\\snhm02\Staff$\All%20Staff\5%20Steps%20to%20Wellbeing%20Video\5%20Steps%20to%20Wellbeing.MP4)

**• Lent: For use with your pupils and for personal use.**

**• S3 Parents’ Evening: see Briefing Sheet from Tony Creighton**

**• Dance & Gymnastics Show: Wednesday 20th March, 7pm**

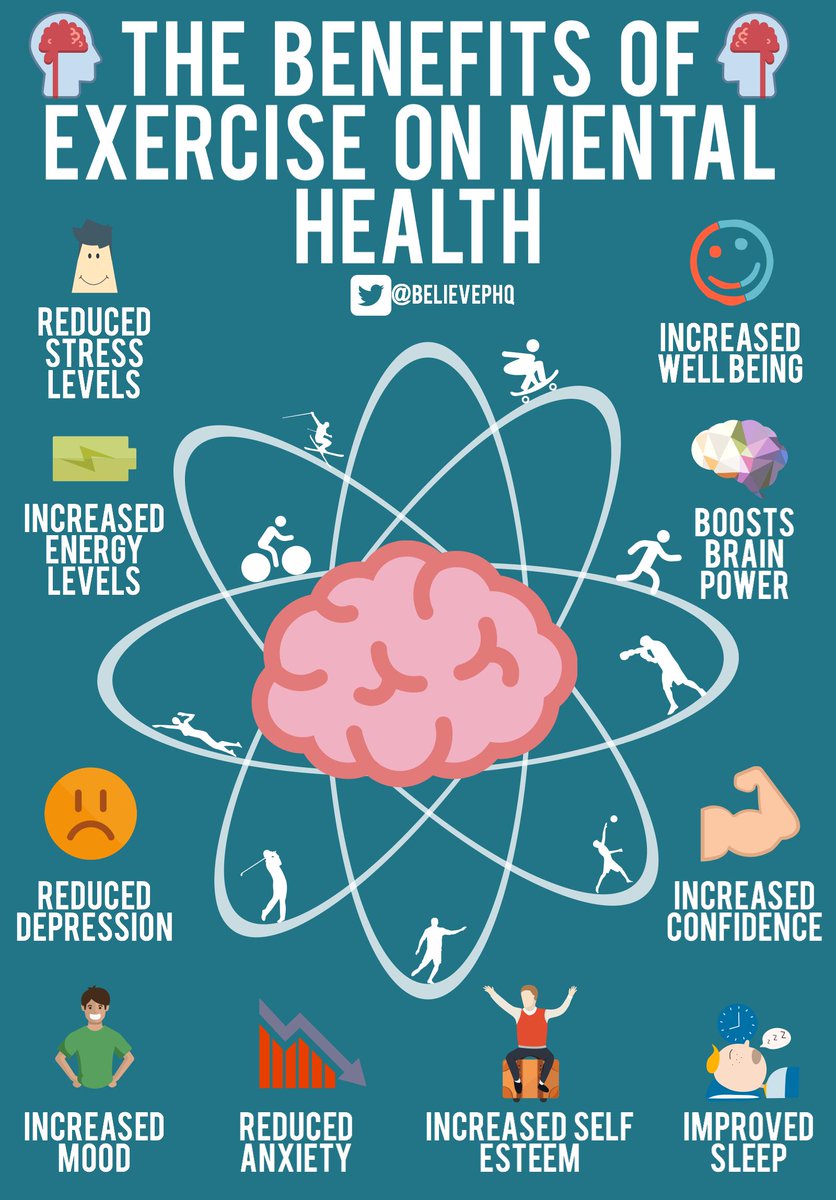
**• Art Exhibition and Fashion Show: Thursday 21st March, 7pm**

**• No Child Taken Quiz Night, Friday 22nd March, 7-9pm.**

* **Afternoon Tea for Life: Saturday 23rd March, 1pm-4pm.**
* **Reminder to all pupils**
  + **The school is a nut free zone as we have pupils within who have allergies to this food type. Please be considerate with your food choices.**

**[Daily Prayers](../../../Prayers/Prayers%202018%20-%202019/Monday%204%20March%202019.docx)**

**HWB – Mental Strength**

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**S1**

**Subject Choices for S1 pupils**

[**Planning for Choices**](../../PSHE%20Newsletter%20content%202018%202019/S1/Planning%20for%20Choice%20and%20change/Planning%20for%20choices.pptx)

[**PSHE Evaluation**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\PSHE%20Evaluations.pptx)

**Complete Inspiring Purpose booklet**

[**Inspiring Purpose Lesson 3**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\Inspire%20Aspire%20-%20Global%20Citizenship\Inspiring%20purpose%202017%202018%20Classroom%20lessons%20Part%203.pptx)

[**Inspiring Purpose Lesson 2**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\Inspire%20Aspire%20-%20Global%20Citizenship\Inspiring%20purpose%202017%202018%20Classroom%20lessons%20Part%202.pptx)

[**Inspiring Purpose Lesson 1**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\Inspire%20Aspire%20-%20Global%20Citizenship\Inspiring%20purpose%202017%202018%20Classroom%20lessons%20Part%201.pptx) **– Please collect booklets from Pastoral Base**

**S2**

[**Online Etiquette**](../../PSHE%20Newsletter%20content%202018%202019/S2/Online%20Etiquette%20S2.ppt)

**Teenage Cancer Trust Talk – Staff should register pupils in class and escort them to the Forum with their bags and jackets for talk**

**Thursday 7th March – 2a1 to 2a10 - 10.40am to 11.30am**

[**Mental Health Awareness**](../../PSHE%20Newsletter%20content%202018%202019/S2/Mental%20Health.pptx)

[**PSHE Evaluation**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\PSHE%20Evaluations.pptx)

**[Human Rights](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S2\\Human Rights updated.ppt)**

[**Prejudice and Discrimination**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S2\Prejudice%20and%20Discrimination.ppt)

**S3**

**Keeping Myself Safe using Technology: Clickview: Becky’s Story**

[**Tracking Exercise – Please click on link and show pupils the survey that they are to complete at home. The sheet they were given on Friday has the instructions of how this should be completed**](https://forms.office.com/Pages/ResponsePage.aspx?id=oyzTzM4Wj0KVQTctawUZKQMNZThFSKRDoni29lQYLEdUQkxaMFlKTjlUWThFSEQ1SDhBWlJBVklQSS4u)

**[Social media use & internet safety](../../PSHE%20Newsletter%20content%202018%202019/S3/Internet%20use%20and%20social%20media%201.pptx)**

[**PSHE Evaluation**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\PSHE%20Evaluations.pptx)

**[Transferable Skills](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S3\\Transferrable skills 2019.pptx)**

[**Study Techniques 2 – Follow up on last week’s lesson**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S3\Study%20Skills%202019%20(2)%20updated.pptx)

[**Study Techniques**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S3\Study%20skills%202019.pptx) **– Pupils will learn a variety of methods that can be used when they are studying**

**S4**

**Knife Violence & Gang Culture‐ *Knife City (Clickview)***

[**PSHE Evaluation**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\PSHE%20Evaluations.pptx)

[**Online Etiquette**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S4\Online%20etiquette.pptx)

[**Social Media**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S4\Internet%20use%20and%20social%20media.pptx)

[**EMA – Education Maintenance Allowance**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S5\Education%20Maintenance%20Allowance%20(EMA).pptx) **– Go over with pupils**

[**Stress and Anxiety – Dealing with Exam stress**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S4\Stress%20and%20Anxiety.pptx)

**S5**

***Click view -* Drug Education for Teens – (Pastoral Staff to choose video topic to be shown to class)**

[**Positive Mental Attitudes - Stigma**](../../PSHE%20Newsletter%20content%202018%202019/S5/Stigma%20on%20Mental%20Health.pptx)

[**Work Experience Survey – Please ask pupils to follow the link via the QR code and fill in any work experience they have done**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S5\Work%20Experience%20Surveys%20S5.docx)

[**PSHE Evaluation**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\PSHE%20Evaluations.pptx)

[**Anti-Smoking – Clickview – *Smoking Our deadliest Habit –* Click on link and use glow details to log in**](http://online.clickview.co.uk/libraries/videos/75a04286-9402-fbbc-6009-83816d77a3b9/epidemiology-linking-smoking-to-lung-cancer)

**Ensure that PSHE booklets are up to date including:**

* **Full report reflection for S5**
* **Career education standards**
* **Wellbeing web**
* **SHANARRI task**

**Internet Use & Social Network Sites - Clickview- *Internet Ethics & Young People***

[**EMA – Education Maintenance Allowance**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S5\Education%20Maintenance%20Allowance%20(EMA).pptx)

**S6**

[**Work Experience Survey – Please ask pupils to follow the link via the QR code and fill in any work experience they have done**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S6\Work%20Experience%20Surveys%20S6.docx)

[**PSHE Evaluation**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S1\PSHE%20Evaluations.pptx)

**Diploma Completion for S6 pupils – See the below instructions**

* **Pupils go on to “Pupil Shared Area”**
* **Click on “PSHE”**
* **Pupils go on to “Diploma 2019”**
* **Pupils click on their own respective Alpha**
* **Click on the “S6 Diploma” and immediately save in the folder using their name.**
* **Pupils are to complete each section of the Diploma by writing in to the text box at the bottom of each section**
* **This will be a working document and pupils should save their work as they go**
* **It is important that when pupils are writing information in to the text box that they *do not hit the return key* as this will not work with the software when transferring on to the Diploma**

[**Link to examples of previous diplomas**](file:///P:\PSHE\Diploma%202017)

**[Link to Lesson for “Responsible Citizen”](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S6\\S6 Diplomas\\Responsible Citizen examples.pptx)**

**[Link to Lesson for “Confident Individual”](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S6\\S6 Diplomas\\Confident Individual examples.pptx)**

**[Link to Lesson for “Successful Learner”](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S6\\S6 Diplomas\\Successful Learner examples.pptx)**

**[Link to Lesson for “Effective Contributor”](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S6\\S6 Diplomas\\Effective Contributor examples.pptx)**

[**Interview Preparation - 10 step guide on how to prepare for an interview**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S6\Interview%20prep%20lesson%202.pptx)

[**EMA – Education Maintenance Allowance**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S5\Education%20Maintenance%20Allowance%20(EMA).pptx)

[**Interview Techniques – Watch the clip on “Interview Techniques” and discuss with class**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S6\The%20interview.ppt)

**T. Low**