***St Ninian’s High School***

***PSHE Newsletter***

***Week Beginning 2nd October 2017***

***Focus:***

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| --- |
| **Music from the Movies Concert, Tuesday 10th October, 7pm.**[**250+ influences on student achievement.**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulletin%208%20Focus%20for%20the%20week%5C250%20Influences%20Final.pdf)[**Mental Health – 7 steps to stay healthy.**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulletin%208%20Focus%20for%20the%20week%5CMental%20Health%207%20Steps.doc) |
| [**In-Service Day 3 programme**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulleting%207%20Focus%20for%20the%20week%5CSD3%2013%20October%202017.doc)[**Active Girls Day – Please highlight to classes**](../../Poster%20for%20Active%20Girls%20Day.pptx) |

**[Signing Out Procedures](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5C%5CSigning%20Out%20Procedures.pptx)**

**[Daily Prayers](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPrayers%5C%5CPrayers%202018%5C%5CMonday%202%20October%202017.docx)**

[**Amended Prayer for Friday 6th October**](../../../Prayers/Prayers%202018/Friday%27s%20prayer%2006%2010%2017.docx)

**S1**

[**Hunting the Cyber Bullies**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CHunting%20the%20Cyber%20Bullies.ppt) **– Clickview -Panorama February 2012. Watch video and use Powerpoint with class**

[**Dealing with Bullying**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CS1%20Lesson2%20dealing%20with%20Bullying.ppt)

[**What is Bullying**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CS1%20Lesson1%20what%20is%20bullying.ppt)

[**Physical Well Being Unit Faith Links**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CPSHE%20Lower%20Phase%5CS1%20PSHE%5CPhysical%20Wellbeing%5CFaith%20links%20for%20S1%20Physical%20Wellbeing%20Unit.doc)

**S2**

[**Hunting the Cyber Bullies**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CHunting%20the%20Cyber%20Bullies.ppt) **- Clickview -Panorama February 2012. Watch video and use Powerpoint with class**

[**Online Social Media Profile Questions**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CFriendbook%20profile%20questions.pdf)

[**Online Social Media Profile sample**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CFriendbook%20sample%20timeline.pdf)

[**The impact of Bullying**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CS2%20Lesson%202%20Bullying%20impact.ppt)

[**Physical Well Being Unit Faith Links**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CPSHE%20Lower%20Phase%5CS2%20PSHE%5CPhysical%20Wellbeing%5CFaith%20links%20for%20S2%20Physical%20Wellbeing%20Unit.doc)

**S3**

**My world of work ambassador programme**

[**Staff Notes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPT%20Development%5CFK%5CMyWoW%20ambassador%5CMy%20WoW%20ambassador%20programme.docx)

[**Slides for pupils**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPT%20Development%5CFK%5CMyWoW%20ambassador%5CMyWoW%20recruitment.pptx)

[**Body Image/ Self Image**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CBody%20Image.ppt) **– Clickview - Self Identity**

[**Sound Sleep**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CSound%20Sleep.ppt)

[**Study Skills**](file:///S%3A%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CS3%20Study%20Skills.ppt)

[**Exercise, Health and Fitness**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CExercise%20health%20and%20fitness%20%20wb%2028%2008%2017.pptx)

[**Balanced Diet**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.IE5%5CS3%5CBalanced%20Diet.pptx)

**S4**

[**Anti Smoking**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS4%5CNew%20S4%20anti%20smoking.ppt) **– Clickview - Introducing Tobacco**

**Target Setting Following Interim Report**

**Work Experience Check**

[**Crime and the Law**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS4%5CCrime%20and%20Law.ppt) **- Go over slides and video on Clickview – *Youth Crime in Britain***

[**Apprenticeship posts available – Please show pupils**](https://blogs.glowscotland.org.uk/er/snhscareers/)

[**British Red Cross**](file:///S%3A%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS4%5CS4%20The%20British%20Red%20Cross.pptx)

**Log in to ‘Work IT’ and check to see if placements have been accepted.**

[**My World of Work**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CCareer%20Lessons%5CCareer%20Lessons%202015-16%5CS2%5CIntro%20My%20World%20of%20Work%5CMy%20World%20of%20Work%20East%20Renfrewshire%2016%2B%20Nov2011.ppt) **– log in and set up account**

**Pick a career pupils would be interested in.**

[**NHS Work Experience Info – Essential for pupils going on Work experience with the NHS.**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.IE5%5CS4%5CNHS%20INFO%202017%20for%20work%20experience.pptx)

[**Study Skills**](file:///C%3A%5CUsers%5Clowa1%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CTemporary%20Internet%20Files%5CContent.IE5%5CS4%5CS4%20Study%20Skills.pptx)

**S5**

**Clickview - Jo’s story – Keeping myself safe at parties**

**Follow link to Police Scotland advice on** [**“Party Safe”**](http://www.scotland.police.uk/keep-safe/personal-safety/party-safe) **– Discuss with Class.**

[**Police, Gangs and Knives**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS5%5CPOLICE%20GANGS%20KNIFE.pptx)

[**Crime and Punishment**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS5%5CCrime%20%26%20Punishment.ppt)

[**Study Skills**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CPSHE%20Class%20Material%5CPSHE%20PowerPoint%20lessons%5CStudy%20skills)

**Preparing a Study Plan**

[**Sound Sleep**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CSound%20Sleep%5CS5%20%26%20S6)

**S6**

**Stewart Ivory Financial Education Trust Assembly for all S6 Part 2**

**6a1, 6a2 and 6a3 – Lecture theatre (Take bags once registered)**

**6a4, 6a5, 6a6, 6a7, 6a8, 6a9 & 6a10 – Forum (Take bags once registered)**

**Year book photos 6a4 – Thursday 12th October**

**S6 Pupils must attend the Pastoral base for a careers appointment if they receive a slip saying that they have a meeting. If you cannot make your careers appointment please let your Pastoral teacher know.**

[**Awards in Volunteering**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS6%5CAward%20in%20Volunteering%20Skills%20SCQF%20Level%203.pptx) **– Booklets can be collected from beside Miss Goodenough’s desk in Pastoral Base**

**Complete S6 PSHE Booklets**

[**My World of Work**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CCareer%20Lessons%5CCareer%20Lessons%202015-16%5CS2%5CIntro%20My%20World%20of%20Work%5CMy%20World%20of%20Work%20East%20Renfrewshire%2016%2B%20Nov2011.ppt) **– Pupils should log on and research the requirements for their desired University or College course.**

[**Link to school website and advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 1 – Advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 2 – How to structure Personal Statement**](https://blogs.glowscotland.org.uk/er/SNHPastoralSupportWebsite/ucas/personal-statement/)

***Fast Track applicants should be continuing to provide drafts of personal statements to their Pastoral teacher for feedback.***

[**My World of Work**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CCareer%20Lessons%5CCareer%20Lessons%202015-16%5CS2%5CIntro%20My%20World%20of%20Work%5CMy%20World%20of%20Work%20East%20Renfrewshire%2016%2B%20Nov2011.ppt)

[**S6 Service**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CS6%20Service%5C201617%5CService%20Booklet%20201617.docx)

[**Study Skills**](file:///S%3A%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CPSHE%20Class%20Material%5CPSHE%20PowerPoint%20lessons%5CStudy%20skills)

**T. Low**