***St. Ninian’s High School***

***PSHE Newsletter***

***Week beginning 25th February 2019***

***Focus:***

* [**5 steps to wellbeing video – Please show all classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5C5%20Steps%20to%20Wellbeing%20Video%5C5%20Steps%20to%20Wellbeing.MP4)
* **S3 Wider Achievement: reflection / discussion with pastoral teacher.**
* **S5/6 Prelims - Final Week.**

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| --- |
|  |
| * **S1 Choices Evening, Thursday 28th February, 7pm.**
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| * **Life Afternoon Tea, Saturday 23rd March, 1pm.**
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* **Reminder to all pupils**
	+ **The school is a nut free zone as we have pupils within who have allergies to this food type. Please be considerate with your food choices.**

**Daily Prayers**

**HWB – Mental Strength**

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**S1**

[**Planning for Choices**](../../PSHE%20Newsletter%20content%202018%202019/S1/Planning%20for%20Choice%20and%20change/Planning%20for%20choices.pptx)

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CPSHE%20Evaluations.pptx)

**Complete Inspiring Purpose booklet**

[**Inspiring Purpose Lesson 3**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CInspire%20Aspire%20-%20Global%20Citizenship%5CInspiring%20purpose%202017%202018%20Classroom%20lessons%20Part%203.pptx)

[**Inspiring Purpose Lesson 2**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CInspire%20Aspire%20-%20Global%20Citizenship%5CInspiring%20purpose%202017%202018%20Classroom%20lessons%20Part%202.pptx)

[**Inspiring Purpose Lesson 1**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CInspire%20Aspire%20-%20Global%20Citizenship%5CInspiring%20purpose%202017%202018%20Classroom%20lessons%20Part%201.pptx) **– Please collect booklets from Pastoral Base**

**S2**

[**Mental Health Awareness**](../../PSHE%20Newsletter%20content%202018%202019/S2/Mental%20Health.pptx)

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CPSHE%20Evaluations.pptx)

**[Human Rights](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS2%5C%5CHuman%20Rights%20updated.ppt)**

[**Prejudice and Discrimination**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CPrejudice%20and%20Discrimination.ppt)

**S3**

**Scottish SPCA Talks**

**Monday 25th February – 3a8**

**Tuesday 26th February – 3a3 & 3a4**

**Please collect speaker from the school office**

[**Tracking Exercise – Please click on link and show pupils the survey that they are to complete at home. The sheet they were given on Friday has the instructions of how this should be completed**](https://forms.office.com/Pages/ResponsePage.aspx?id=oyzTzM4Wj0KVQTctawUZKQMNZThFSKRDoni29lQYLEdUQkxaMFlKTjlUWThFSEQ1SDhBWlJBVklQSS4u)

**[Social media use & internet safety](../../PSHE%20Newsletter%20content%202018%202019/S3/Internet%20use%20and%20social%20media%201.pptx)**

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CPSHE%20Evaluations.pptx)

**[Transferable Skills](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS3%5C%5CTransferrable%20skills%202019.pptx)**

[**Study Techniques 2 – Follow up on last week’s lesson**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CStudy%20Skills%202019%20%282%29%20updated.pptx)

[**Study Techniques**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CStudy%20skills%202019.pptx) **– Pupils will learn a variety of methods that can be used when they are studying**

**S4**

**Options process – S4 into S5 Options begins – Complete sheets with pupils and hand to Mr Marshall**

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CPSHE%20Evaluations.pptx)

[**Online Etiquette**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5COnline%20etiquette.pptx)

[**Social Media**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CInternet%20use%20and%20social%20media.pptx)

[**EMA – Education Maintenance Allowance**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5CEducation%20Maintenance%20Allowance%20%28EMA%29.pptx) **– Go over with pupils**

[**Stress and Anxiety – Dealing with Exam stress**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CStress%20and%20Anxiety.pptx)

**S5**

**The Sutton Trust Summer School Application process closes on 28 February 2019 - If you have any questions about this pleaes email (schools.access@st-andrews.ac.uk) or call 01334 462346. Also speak to your Pastoral Support teacher for further information**

[**Positive Mental Attitudes - Stigma**](../../PSHE%20Newsletter%20content%202018%202019/S5/Stigma%20on%20Mental%20Health.pptx)

[**Work Experience Survey – Please ask pupils to follow the link via the QR code and fill in any work experience they have done**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5CWork%20Experience%20Surveys%20S5.docx)

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CPSHE%20Evaluations.pptx)

[**Anti-Smoking – Clickview – *Smoking Our deadliest Habit –* Click on link and use glow details to log in**](http://online.clickview.co.uk/libraries/videos/75a04286-9402-fbbc-6009-83816d77a3b9/epidemiology-linking-smoking-to-lung-cancer)

**Ensure that PSHE booklets are up to date including:**

* **Full report reflection for S5**
* **Career education standards**
* **Wellbeing web**
* **SHANARRI task**

**Internet Use & Social Network Sites - Clickview- *Internet Ethics & Young People***

[**EMA – Education Maintenance Allowance**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5CEducation%20Maintenance%20Allowance%20%28EMA%29.pptx)

**S6**

**Could all pupils who are carrying out an S6 Service placement please register in class and go to ICT 8 to complete their Volunteering award**

[**Work Experience Survey – Please ask pupils to follow the link via the QR code and fill in any work experience they have done**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CWork%20Experience%20Surveys%20S6.docx)

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CPSHE%20Evaluations.pptx)

**Diploma Completion for S6 pupils – See the below instructions**

* **Pupils go on to “Pupil Shared Area”**
* **Click on “PSHE”**
* **Pupils go on to “Diploma 2019”**
* **Pupils click on their own respective Alpha**
* **Click on the “S6 Diploma” and immediately save in the folder using their name.**
* **Pupils are to complete each section of the Diploma by writing in to the text box at the bottom of each section**
* **This will be a working document and pupils should save their work as they go**
* **It is important that when pupils are writing information in to the text box that they *do not hit the return key* as this will not work with the software when transferring on to the Diploma**

[**Link to examples of previous diplomas**](file:///P%3A%5CPSHE%5CDiploma%202017)

**[Link to Lesson for “Responsible Citizen”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CS6%20Diplomas%5C%5CResponsible%20Citizen%20examples.pptx)**

**[Link to Lesson for “Confident Individual”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CS6%20Diplomas%5C%5CConfident%20Individual%20examples.pptx)**

**[Link to Lesson for “Successful Learner”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CS6%20Diplomas%5C%5CSuccessful%20Learner%20examples.pptx)**

**[Link to Lesson for “Effective Contributor”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS6%5C%5CS6%20Diplomas%5C%5CEffective%20Contributor%20examples.pptx)**

[**Interview Preparation - 10 step guide on how to prepare for an interview**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CInterview%20prep%20lesson%202.pptx)

[**EMA – Education Maintenance Allowance**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5CEducation%20Maintenance%20Allowance%20%28EMA%29.pptx)

[**Interview Techniques – Watch the clip on “Interview Techniques” and discuss with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CThe%20interview.ppt)

**T. Low**