***St. Ninian’s High School***

***PSHE Newsletter***

***Week beginning 21st January 2019***

***Focus:***

* **S4 prelims 14th January-25th January. Timetable / Revision**
* **Advice**
* [**Virtues for Living and Learning: Eloquence.**](file:///C:\Users\Wilson%20D%20C\AppData\Local\Packages\Microsoft.MicrosoftEdge_8wekyb3d8bbwe\PSHE%20Newsletter%20content%202018%202019\Weekly%20Bulletins%202018%202019\Eloquence.pub)
* **Tracking data for S5/6 issued. Preparation for the S5/6 Parents’ Evening. Please discuss with your pupils their Report in advance of the Parents’ Evening, outlining their strengths & required points for action.**
* [**5 steps to wellbeing video – Please show all classes**](file:///\\snhm02\Staff$\All%20Staff\5%20Steps%20to%20Wellbeing%20Video\5%20Steps%20to%20Wellbeing.MP4)

**[Daily Prayers](S:\\All Staff\\Prayers\\Prayers 2018 - 2019\\Monday 21 January 2019.docx)**

**HWB Mental Strength**

**S1**

[**Inspiring Purpose Lesson 1**](file:///C:\Users\Wilson%20D%20C\AppData\Local\Packages\Microsoft.MicrosoftEdge_8wekyb3d8bbwe\PSHE%20Newsletter%20content%202018%202019\S1\Inspire%20Aspire%20-%20Global%20Citizenship\Inspiring%20purpose%202017%202018%20Classroom%20lessons%20Part%201.pptx) **– Please collect booklets from Pastoral Base**

**[Young Carers](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S1\\Young Carers P. Point.ppt)**

**S2**

[**Mindfulness & Breathing Space**](file:///C:\Users\Wilson%20D%20C\AppData\Local\Packages\Microsoft.MicrosoftEdge_8wekyb3d8bbwe\PSHE%20Newsletter%20content%202018%202019\S2\Breathing%20space.pptx)

**[Factors Affecting Food Choice](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S2\\FACTORS AFFECTING FOOD CHOICE.ppt)**

**Pupil PSHE Booklet completion – Complete profile on skills and attributes**

**S3**

[**Study Techniques 2 – Follow up on last week’s lesson**](file:///C:\Users\Wilson%20D%20C\AppData\Local\Packages\Microsoft.MicrosoftEdge_8wekyb3d8bbwe\PSHE%20Newsletter%20content%202018%202019\S3\Study%20Skills%202019%20(2)%20updated.pptx)

[**Study Techniques**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S3\Study%20skills%202019.pptx) **– Pupils will learn a variety of methods that can be used when they are studying**

**S4**

[**Self-Harm - On Edge**](file:///C:\Users\Wilson%20D%20C\AppData\Local\Packages\Microsoft.MicrosoftEdge_8wekyb3d8bbwe\PSHE%20Newsletter%20content%202018%202019\S4\Self%20Harm.pptx)

[**EMA – Education Maintenance Allowance**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S5\Education%20Maintenance%20Allowance%20(EMA).pptx) **– Go over with pupils**

[**Stress and Anxiety – Dealing with Exam stress**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S4\Stress%20and%20Anxiety.pptx)

**[Creating a study plan](\\\\snhm02\\Staff$\\All Staff\\Pastoral Support ALL STAFF MAY 2018 2019\\PSHE Newsletter content 2018 2019\\S4\\Creating a Study Plan.ppt)**

**S5**

[**Keeping myself safe – Please watch the video about Scott and engage in class discussion with the questions at the end of the PowerPoint**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S5\keeping%20myself%20safe.pptx)

[**EMA – Education Maintenance Allowance**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S5\Education%20Maintenance%20Allowance%20(EMA).pptx)

[**Young Carers**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S3\Young%20Carers.pptx)

**S6**

[**Interview Preparation - 10 step guide on how to prepare for an interview**](file:///C:\Users\Wilson%20D%20C\AppData\Local\Packages\Microsoft.MicrosoftEdge_8wekyb3d8bbwe\PSHE%20Newsletter%20content%202018%202019\S6\Interview%20prep%20lesson%202.pptx)

[**EMA – Education Maintenance Allowance**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S5\Education%20Maintenance%20Allowance%20(EMA).pptx)

[**Interview Techniques – Watch the clip on “Interview Techniques” and discuss with class**](file:///\\snhm02\Staff$\All%20Staff\Pastoral%20Support%20ALL%20STAFF%20MAY%202018%202019\PSHE%20Newsletter%20content%202018%202019\S6\The%20interview.ppt)

* **Pupils go on to “Pupil Shared Area”**
* **Click on “PSHE”**
* **Pupils go on to “Diploma 2019”**
* **Pupils click on their own respective Alpha**
* **Click on the “S6 Diploma” and immediately save in the folder using their name.**
* **Pupils are to complete each section of the Diploma by writing in to the text box at the bottom of each section**
* **This will be a working document and pupils should save their work as they go**
* **It is important that when pupils are writing information in to the text box that they *do not hit the return key* as this will not work with the software when transferring on to the Diploma**

[**Link to examples of previous diplomas**](file:///P:\PSHE\Diploma%202017)

[**Link to Lesson for “Responsible Citizen”**](file:///\\snhm02\Staff$\All%20Staff\PSHE%20Newsletter%20Content\2017%202018\S6\S6%20Diplomas\Responsible%20Citizen%20examples.pptx)

**[Link to Lesson for “Confident Individual”](\\\\snhm02\\Staff$\\All Staff\\PSHE Newsletter Content\\2017 2018\\S6\\S6 Diplomas\\Confident Individual examples.pptx)**

[**Link to Lesson for “Successful Learner”**](file:///\\snhm02\Staff$\All%20Staff\PSHE%20Newsletter%20Content\2017%202018\S6\S6%20Diplomas\Successful%20Learner%20examples.pptx)

**[Link to Lesson for “Effective Contributor”](\\\\snhm02\\Staff$\\All Staff\\PSHE Newsletter Content\\2017 2018\\S6\\S6 Diplomas\\Effective Contributor examples.pptx)**

**[Link to school website to be added for Diploma](\\\\snhm02\\Staff$\\All Staff\\PSHE Newsletter Content\\2017 2018\\S6\\S6 Diplomas\\Effective Contributor examples.pptx)**

**T. Low**