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***St Ninian’s High School***

***PSHE Newsletter***

***Week Beginning 17th December 2018***

***Focus:***

**[Daily Prayers](../../../Prayers/Prayers%202018%20-%202019/Monday%2017%20December%202018.docx)**

* **[Focus on Advent Week 3: Holy Mass each morning](../../PSHE%20Newsletter%20content%202018%202019/Weekly%20Bulletins%202018%202019/Advent%20Week%203%202018.pub)**
* **Advent: Morning Mass each day at 8.25am. Please encourage our young people to spend time each morning, preparing in the best way for the Nativity of the Lord. I have attached a resource sheet for use with classes**
* **A Holy and Peaceful Christmas and a safe and restful holiday**
* **Thank you to pupils and staff for your support through 2018**
* [**HGIOURS Groups oppostunity for all Pupils – Please promote to all year groups**](../../PSHE%20Newsletter%20content%202018%202019/Weekly%20Bulletins%202018%202019/assembly%20HGIOUR%20slides.pptx)

**[Extra-Curricular programme booklet](https://blogs.glowscotland.org.uk/er/StNinians/files/2018/09/Extra-Curricular-2018-19.pdf)**

**[](https://blogs.glowscotland.org.uk/er/StNinians/files/2018/09/Extra-Curricular-2018-19.pdf)HWB Physical and Mental Strength**

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**S1**

1. [**HWB – Pupils supporting each other – Please complete in PSHE Booklets after a class discussion**](../../PSHE%20Newsletter%20content%202018%202019/S1/HWB%20pupils%20supporting%20each%20other.ppt)
2. [**Please ask a class reperesentative to type up the class comments as whole on the attached document**](../../PSHE%20Newsletter%20content%202018%202019/WB%20indicator%20Returns/Pupils%20supporting%20the%20wellbeing%20of%20others.docx)

[**Anti Sectarianism Poster Competition**](../../PSHE%20Newsletter%20content%202018%202019/S1/anti%20sectarianism%20PSHE%20competition.pub) **– Please complete this poster competition with your classes. Pupils should work in Groups of 3 or 4 to create their poster**

[**Eating for Success**](../../PSHE%20Newsletter%20content%202018%202019/S1/Healthy%20Eating%20MMCK.ppt)

**S1 Road Safety Lesson for 1a10 Wednesday 5th December – Please collect speaker from school office [Transport Options](file:///%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CTransport%20Options%202.pptx)**

**First Aid Talk for 1a4 and 1a5 7th December in the Lecture Theatre – Please register pupils and take classes to the lecture theatre for talk. Collect speaker from school office**

[**GIRFEC Booklet – Work through SHANARRI Indicators and complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CS1%20GIRFEC%20Booklet.pptx)

**S2**

1. [**HWB – Pupils supporting each other – Please complete in PSHE Booklets after a class discussion**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CHWB%20pupils%20supporting%20each%20other.ppt)
2. [**Please ask a class reperesentative to type up the class comments as whole on the attached document**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CWB%20indicator%20Returns%5CPupils%20supporting%20the%20wellbeing%20of%20others.docx)

[**YPI**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CYPI%20Teacher%20PowerPoint%202018-19.pptx) **Class Presentations**

[**Food and Health**](../../PSHE%20Newsletter%20content%202018%202019/S2/Healthy%20Lifestyle%20S2.pptx)

**[Road Safety Week 19 – 25 November](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS1%5C%5CRoad%20Safety%20%20%20MMCK.ppt)**

[**Tracking for S2**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CS2%20tracking%20for%20PSHE.ppt) **– Please complete with class. Chromebooks are in R.E. corridor during P3 and P7. Candidate numbers can be found** [**HERE**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CSCN%20Numbers%20for%20S2%20HWB%20Evaluation.xlsx)

**S3**

1. [**HWB – Pupils supporting each other – Please complete in PSHE Booklets after a class discussion**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CHWB%20pupils%20supporting%20each%20other.ppt)
2. [**Please ask a class reperesentative to type up the class comments as whole on the attached document**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CWB%20indicator%20Returns%5CPupils%20supporting%20the%20wellbeing%20of%20others.docx)

**PSHE booklet completition – Pupils are to complete GIRFEC section pages 13 to 17 for term 1.**

[**Drugs Lesson 1**](../../PSHE%20Newsletter%20content%202018%202019/S3/S3%20Drugs.pptx)

[**Anti Social Behaviour**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CS3%20Antisocial%20behaviour%20-%202018.pptx)

[**PSHE Booklet Page 39 – CV Writing. Please complete Personal statement and Skills section with pupils. The hyperlink will also provide some usefule information for CV Writing.**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CMaking%20a%20CV.ppt)

**S4**

[**Work Experience lesson for PSHE booklets – Please aks pupils to bring in their Work Experience booklets and complete as soon as possible**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CS4%20Work%20Experience%202017%20update%20for%20after%20work%20experience.pptx)

[**Inspire Stem Opportunity for all pupils**](../../PSHE%20Newsletter%20content%202018%202019/S4/_Inspire%20Poster%202019.pdf)

[**What to remember at Christmas**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CWhat%20to%20remember%20at%20Christmas.pptx)

[**STUC Presentation Wednesday 12th December 4a6, 4a7 and 4a8 – Please register classes and take them to the lecture theatre – Click here for Presentation for STUC speaker**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CSTUC%20Power%20point.ppt)

**RAMH Talk - Wednesday 19th December, 4a6 & 4a7 Period 3. Please register classes and take them to the lecture theatre with their bags**

[**S4 Photograph Consents – Please ask pupils to complete the GDPR forms in class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPhotography%20Consent%5CPhotography%20Consent%2018-19.xlsx)

[**Target Setting following Parents Night – Complete Targets in PSHE booklets. – click on link for “7 things to remember about feedback”.**](../../PSHE%20Newsletter%20content%202018%202019/S4/Listening%20and%20responding%20to%20feedback.pptx)

[**Drugs Lesson**](../../PSHE%20Newsletter%20content%202018%202019/S4/Drugs%20-%20Illegal%20Part%201.ppt)

**S5**

[**S5 PSHE Evaluation**](../../PSHE%20Newsletter%20content%202018%202019/S5/S5%20PSHE%20Evaluation.pptx)

[**Study Plan – Please speak to pupils about creating a study plan over Christmas and New Year**](../../PSHE%20Newsletter%20content%202018%202019/S5/Study%20Plan.ppt)

[**Space School Opportunity – Pleaes promote to all S5 pupils**](../../PSHE%20Newsletter%20content%202018%202019/S5/S5%20Space%20School%20opportunity.pptx)

[**Self-Harm**](../../PSHE%20Newsletter%20content%202018%202019/S5/Self%20Harm.pptx) **– Watch Claire’s story Positive Mental Attitudes on Clickview. Staff will need to use their Glow account details to log in**

**Road Safety Click View: Staff will need to use there Glow login’s to access videos**

* [**Donnie’s Story**](http://online.clickview.co.uk/libraries/videos/341540d3-d0ce-a2e3-e4f6-a1e701b1b1b8/road-safety-donnie-s-story)
* [**Driving with Grace**](http://online.clickview.co.uk/libraries/videos/669f5450-2121-0aeb-c92c-ca23a4dc21a0/driving-with-grace)

[**Organ Donation**](../../PSHE%20Newsletter%20content%202018%202019/S5/Organ%20Donation.ppt)

[**Road Safety Week 19 – 25 November**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CRoad%20Safety%20Week%2020%20-%2026%20November%202017%20S4-S6.pptx)

[**Every Action has consequences Lessson 1**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5CEvery%20Action%20has%20Consequences%5CEvery%20Action%20Has%20Consequences%20lesson%201.pptx)

[**Alcohol Lesson**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5CS5%20Alcohol.pptx)

[**Keeping myself safe – Safety at parties and nights out – Staff should log in to Clickview through ‘Glow’ and show video of Jo’s Story**](http://online.clickview.co.uk/libraries/videos/e140d935-5780-af17-4da8-05f1b65dacf4/jo-s-story)

[**Study Timetable Template – Please Highlight to pupils and print off if pupils would like a copy.**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CSNHS%20Study%20TImetable.pub)

**S6**

[**Substance abuse – Just say No!**](../../PSHE%20Newsletter%20content%202018%202019/S6/S6%20Talk%20Substance%20and%20Alcohol%20misuse.pptx)

[**Anti – Bullying week – Slides and link to discussion – Please ensure that all classes provide a return on the Microsoft Forms using the QR Code reader or via the school website**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CAnti%20Bullying%20discussion%20S4%20to%20S6.pptx)

[**Award in Volunteering Skills SCQF Level 3 – Please promote to pupils**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CAward%20in%20Volunteering%20Skills%20SCQF%20Level%203%20new.pptx)

**UCAS – All pupils who are looking at applying through the UCAS process are to log on and fill in basic details including:**

**1. Personal Details**

**2. Additional information**

**3. Student Finance**

**4. Choices (If Pupils are aware of what Course they are applying for).**

**5. Education**

**6. Employment**

**Pupils should also be looking to complete drafts of Personal Statements for feedback from Pastoral Teacher. Highlight the links below which are on the school website.**

**Pupils should log on to the school website to see the advice available on how to complete their Personal Statement – See Below Hyperlinks**

[**Link to school website and advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 1 – Advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 2 – How to structure Personal Statement**](https://blogs.glowscotland.org.uk/er/SNHPastoralSupportWebsite/ucas/personal-statement/)

[**GIRFEC Booklet – Work through SHANARRI Indicators and complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CS6%20GIRFEC%20Booklet.pptx)

T. Low