***St. Ninian’s High School***

***PSHE Newsletter***

***Week beginning 14th January 2019***

***Focus:***

* [**Courtesy Counts & Kindness**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CWeekly%20Bulletins%202018%202019%5CCourtesy%20%26%20Kindness.pub)
* **S4 prelims 14th January-25th January. Timetable / Revision Advice.**
* **The Holy Hour for Vocations will take place at 7.00pm in the Oratory on Tuesday 22 January 2019 and will be led by Fr Matthew Carlin. This is a great opportunity to put aside some time to pray for vocations especially to the priesthood. All pupils, staff and families are invited.**
* [**5 steps to wellbeing video – Please show all classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5C5%20Steps%20to%20Wellbeing%20Video%5C5%20Steps%20to%20Wellbeing.MP4)

**Daily Prayers**

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| **HWB Mental Strength** |



**S1**

**1a4 First Aid Visit Friday 18th January – please collect speaker from the school office**

[**S1 Peer Awards**](file:///C%3A%5CUsers%5CWilson%20D%20C%5CAppData%5CLocal%5CPackages%5CMicrosoft.MicrosoftEdge_8wekyb3d8bbwe%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CS1%20and%20S2%20Peer%20Awards.ppt) **– Please pick up slips from Pastoral base for nominations.**

**Young Carers**

**S2**

[**S2 Peer Awards**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CS1%20and%20S2%20Peer%20Awards.ppt) **– Please pick up slips from Pastoral base for nominations.**

**Factors Affecting Food Choice**

**Pupil PSHE Booklet completion – Complete profile on skills and attributes**

**S3**

[**Study Techniques**](file:///C%3A%5CUsers%5CWilson%20D%20C%5CAppData%5CLocal%5CPackages%5CMicrosoft.MicrosoftEdge_8wekyb3d8bbwe%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CStudy%20skills%202019.pptx) **– Pupils will learn a variety of methods that can be used when they are studying**

[**Study Skills**](file:///C%3A%5CUsers%5CWilson%20D%20C%5CAppData%5CLocal%5CPackages%5CMicrosoft.MicrosoftEdge_8wekyb3d8bbwe%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CS3%20Study%20Skills.ppt) **- Recap on how to study for class/block tests**

**S4**

**Please complete Page 63 with all pupils following Work Experience**

[**EMA – Education Maintenance Allowance**](file:///C%3A%5CUsers%5CWilson%20D%20C%5CAppData%5CLocal%5CPackages%5CMicrosoft.MicrosoftEdge_8wekyb3d8bbwe%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5CEducation%20Maintenance%20Allowance%20%28EMA%29.pptx) **– Go over with pupils**

[**Stress and Anxiety – Dealing with Exam stress**](file:///C%3A%5CUsers%5CWilson%20D%20C%5CAppData%5CLocal%5CPackages%5CMicrosoft.MicrosoftEdge_8wekyb3d8bbwe%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CStress%20and%20Anxiety.pptx)

**STUC Talks**

**Wednesday 16th January Period 3 for classes 4a6 and 4a7. Please register pupils and take them to the lecture theatre. Please collect the lecture theatre key and collect speaker from the school office**

**RAMH Visits**

**Wednesday 16th January, 4a10 Period 3 – Talk to take place in classroom**

**Friday 18th January, 4a5 Period 5 - Talk to take place in classroom**

**Please ensure to collect the speaker from the school office.**

**Creating a study plan**

**S5**

[**EMA – Education Maintenance Allowance**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5CEducation%20Maintenance%20Allowance%20%28EMA%29.pptx)

[**Young Carers**](file:///C%3A%5CUsers%5CWilson%20D%20C%5CAppData%5CLocal%5CPackages%5CMicrosoft.MicrosoftEdge_8wekyb3d8bbwe%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CYoung%20Carers.pptx)

**[Scottish Space School Opportunity](https://blogs.glowscotland.org.uk/er/snhscareers/2019/01/08/s5-pupils-scottish-space-school-applications-now-open/)**

**Please complete Page 23 in PSHE booklets**

**RAMH Visits**

**Monday 14th January, 5a2 & 5a5 Period 5**

**Tuesday 15th January, 5a7 Period 6**

**Classes should be registered and then taken to the Lecture theatre for their respective talks. Please ensure to collect the lecture theatre keys and speaker from the school office.**

**S6**

[**EMA – Education Maintenance Allowance**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5CEducation%20Maintenance%20Allowance%20%28EMA%29.pptx)

[**Interview Techniques – Watch the clip on “Interview Techniques” and discuss with class**](file:///C%3A%5CUsers%5CWilson%20D%20C%5CAppData%5CLocal%5CPackages%5CMicrosoft.MicrosoftEdge_8wekyb3d8bbwe%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5CThe%20interview.ppt)

* **Pupils go on to “Pupil Shared Area”**
* **Click on “PSHE”**
* **Pupils go on to “Diploma 2019”**
* **Pupils click on their own respective Alpha**
* **Click on the “S6 Diploma” and immediately save in the folder using their name.**
* **Pupils are to complete each section of the Diploma by writing in to the text box at the bottom of each section**
* **This will be a working document and pupils should save their work as they go**
* **It is important that when pupils are writing information in to the text box that they *do not hit the return key* as this will not work with the software when transferring on to the Diploma**

[**Link to examples of previous diplomas**](file:///P%3A%5CPSHE%5CDiploma%202017)

[**Link to Lesson for “Responsible Citizen”**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS6%5CS6%20Diplomas%5CResponsible%20Citizen%20examples.pptx)

**[Link to Lesson for “Confident Individual”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS6%5C%5CS6%20Diplomas%5C%5CConfident%20Individual%20examples.pptx)**

[**Link to Lesson for “Successful Learner”**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS6%5CS6%20Diplomas%5CSuccessful%20Learner%20examples.pptx)

**[Link to Lesson for “Effective Contributor”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS6%5C%5CS6%20Diplomas%5C%5CEffective%20Contributor%20examples.pptx)**

**[Link to school website to be added for Diploma](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS6%5C%5CS6%20Diplomas%5C%5CEffective%20Contributor%20examples.pptx)**

**Presentation Slides for BARCLAYS Money Survival**

**T. Low**