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***St Ninian’s High School***

***PSHE Newsletter***

***Week Beginning 22nd October 2018***

***Focus:***

**[Daily Prayers](../../../Prayers/Prayers%202018%20-%202019/Monday%2022%20October%202018.docx)**

* **S6 Halloween Disco – Wednesday 24th October (7.30 – 9.30)**

**All staff welcome to attend and supervise this excellent event**

* [**Healthy Living**](../../PSHE%20Newsletter%20content%202018%202019/Weekly%20Bulletins%202018%202019/Healthy%20Living)

***Follow the 5 Ways to Better Wellbeing for the New Term:***

1. ***Connect***
2. ***Be Active***
3. ***Take Notice***
4. ***Learn***
5. ***Give***

[***For more information follow the hyperlink***](https://www.samh.org.uk/about-mental-health/self-help-and-wellbeing/five-ways-to-better-mental-health)

[**For S4, S5 & S6 – Please promote this Empoyabiltiy Event to pupils**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CWeekly%20Bulletins%202018%202019%5CFlyer.docx)

**[Extra-Curricular programme booklet](https://blogs.glowscotland.org.uk/er/StNinians/files/2018/09/Extra-Curricular-2018-19.pdf)**

**HWB Mental Strength**

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**S1**

**S1 assembly Wednesday 31st October P4 – Firework Safety talk – Please register pupils and take them to the forum**

**S1 Road Safety Lesson for 1a6 Wednesday 24 October and 1a1 Friday 26 October – Please collect speaker from school office**

**[S1 Tracking Exercise](../../PSHE%20Newsletter%20content%202018%202019/S1/S1%20tracking%20for%20PSHE.ppt)**

**Homework Diary Check – Pleaese check and sign pupils Diaries**

[**Film Club**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS1%5CFilm%20Club%20ad%20sept%202018.pptx)

[**GIRFEC Booklet – Work through SHANARRI Indicators and complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CS1%20GIRFEC%20Booklet.pptx)

**S2**

[**YPI Lessons for S2 PSHE – Please complete with class**](../../PSHE%20Newsletter%20content%202018%202019/S2/YPI%20Teacher%20PowerPoint%202018-19.pptx)

**S4 My WOW Ambassadors will be visiting classes this week in PSHE**

[**Discover Engineering for Girls – Please advertise to class**](../../PSHE%20Newsletter%20content%202018%202019/S2/Young%20Weir%20Wise%20Flyer%202019.pdf)

[**S2 Pupil Focus Group Minutes – Please go over with class.**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CS2%20Pupil%20Forum%20Minutes.pub)

[**Tracking for S2**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CS2%20tracking%20for%20PSHE.ppt) **– Please complete with class. Chromebooks are in R.E. corridor during P3 and P7. Candidate numbers can be found** [**HERE**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS2%5CSCN%20Numbers%20for%20S2%20HWB%20Evaluation.xlsx)

**S3**

**[STUC Presentation for 3a1, 3a2 and 3a3 – Please register classes and take them to the lecture – Click here for Presentation for STUC speaker](../../PSHE%20Newsletter%20content%202018%202019/S3/STUC%20Power%20point.ppt)**

**[Tracking Process to be completed by all S3 pupils](../../PSHE%20Newsletter%20content%202018%202019/S3/S3%20Tracking)**

**Homework Diary Check – Pleaese check and sign pupils Diaries**

[**PSHE Booklet Page 39 – CV Writing. Please complete Personal statement and Skills section with pupils. The hyperlink will also provide some usefule information for CV Writing.**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CMaking%20a%20CV.ppt)

**S4**

[**STUC Vists for 4a6, 4a7 and 4a8 Wednesday 24 October and 4a1, 4a2 and 4a3 Friday 26 October – Please register classes and take them to the Lecture theatre – Click here for STUC Presentation for Speaker**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS3%5CSTUC%20Power%20point.ppt)

[**Work Experience Prep – Please distribute to class and cover the attached lesson via the hyperlink**](../../PSHE%20Newsletter%20content%202018%202019/S4/S4%20Work%20Experience%202018.pptx)

[**Project Runway – Please advertise with pupils as this is a very exciting opportunity**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CWeekly%20Bulletins%202018%202019%5CProject%20Runway)

[**Study Timetable Template – Please Highlight to pupils and print off if pupils would like a copy.**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CSNHS%20Study%20TImetable.pub)

**[Focus group minutes for S4 – Please go over minutes with classes in PSHE](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5C%5CPSHE%20Newsletter%20content%202018%202019%5C%5CS4%5C%5CS4%20Pupil%20Forum%20Minutes%20September%202018.pdf)**

[**CV Writing**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS4%5CMaking%20a%20CV.ppt)

[**GIRFEC Booklet – Work through SHANARRI Indicators and complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CS4%20GIRFEC%20Booklet.pptx) **PSHE Booklet – Health and Wellbeing Pages 10, 11, 12 & 13.**

**Complete Term 1 Sections**

**S5**

[**Project Runway – Please advertise with pupils as this is a very exciting opportunity**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CWeekly%20Bulletins%202018%202019%5CProject%20Runway)

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**Wider Involvement – complete pages 36 – 40 in PSHE booklets**

**Complete S5 achievements profile on Pages 36, 37, 38 and 39. Also complete Academic transferable skills and Attributes Page 40.**

[**GIRFEC Booklet – Work through SHANARRI Indicators and complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CS5%20GIRFEC%20Booklet.pptx)

[**Study Skills – in booklets, highlight the different types of approach to studying. Use ‘Notes’ page for this activity**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS5%5CStudy%20Skills%2025%2008%2017.pptx)

**S6**

**Healthy Eating on a budget for 6a1 and ½ 6a2 – Register classes and go to Home Economics**

**Stuart Ivory Money Talks Presentation for 6a5 Please collect speaker from School office and take to classroom for talk**

**S6 pupils who have signed up to Caritas the first Gathering point is on the 29th October in the Oratory**

[**Project Runway – Please advertise with pupils as this is a very exciting opportunity**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CWeekly%20Bulletins%202018%202019%5CProject%20Runway)

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**Pupils should log on to the school website to see the advice available on how to complete their Personal Statement – See Below Hyperlinks**

[**Link to school website and advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 1 – Advice on completing Personal Statement**](https://blogs.glowscotland.org.uk/er/StNinians/2016/09/19/good-advice-on-preparing-your-personal-statement/)

[**Link 2 – How to structure Personal Statement**](https://blogs.glowscotland.org.uk/er/SNHPastoralSupportWebsite/ucas/personal-statement/)

[**Caritas Award**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CS6%5Ccaritas%20award%20PSHE.PPT)

[**GIRFEC Booklet – Work through SHANARRI Indicators and complete with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%202018%202019%5CPSHE%20Newsletter%20content%202018%202019%5CGIRFEC%20and%20HWB%20Lessons%5CS6%20GIRFEC%20Booklet.pptx)

T. Low