



St Ninian's High School
S6 Service
2018-2019

***'GO,
DO NOT BE AFRAID,
AND SERVE'***

**Pope Francis
World Youth Day 2013**



In Service of Others

S6 Service Programme

There is a long and strong tradition of Service at St Ninian's High School, stemming from our belief that we are called by Christ to serve others. As part of your journey here at St Ninian's, you will be provided with a myriad of opportunities to reach out to and make a difference to the lives of others.

The S6 Service Programme will enable you to:

- Reflect upon your vocation and reach out in love to others
- Develop your leadership, teamwork and communication skills
- Act as excellent role models to younger pupils
- Become ambassadors for St Ninian's in the local community



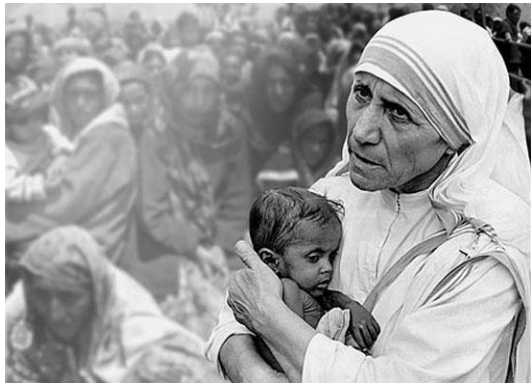
A Tradition of Service...

Whoever wants to become great among you must be your servant, and whoever wants to be first must be slave of all. For even the Son of

*Man did not come to be served, but to serve,
and to give his life as a ransom for many.*

Mark 10:43-45

Our Christian faith, upon which this school is based, enjoins us to love our neighbour as ourselves. This can be a challenge and yet, it is only by loving others in a selfless manner that we will find fulfilment in this life.



*At the end of life we will not be
judged by how many diplomas
we have received, how much
money we have made, how many
great things we have done. We
will be judged by 'I was hungry,
and you gave me something to eat, I was naked and you clothed
me. I was homeless, and you took me in.'*

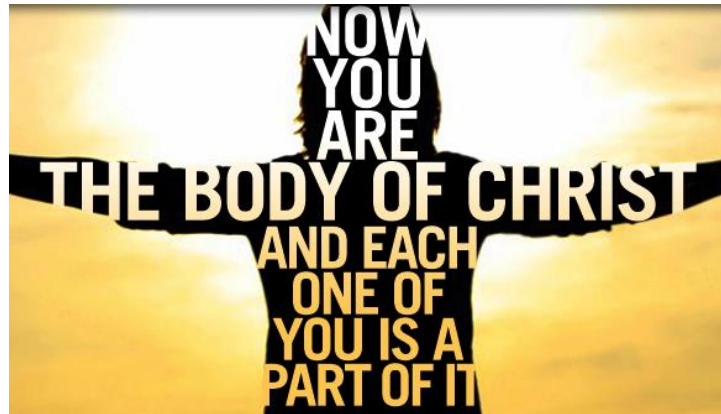
Mother Teresa

Scripture reminds us that although we are all called to love, we are called to do so in different ways, in keeping with our skills and talents.

*For just as each of us has one body with many members, and
these members do not all have the same function, so in Christ*

we, though many, form one body, and each member belongs to all the others.

Romans 12:4-5



There are various projects that you can become involved in which will allow you to work with staff, pupils and members of the local community. Please read this booklet carefully and consider, to which projects you would like to give of your time, energy and commitment?

If you are unsure about which project to volunteer for then speak with your pastoral support teacher or the staff member named as responsible for the project you are interested in.

Consider the following:

- **How the project could assist you with your academic studies or career aspirations? For example, aspiring**

teachers may wish to carry out placements in schools;
potential nurses may want to work in a care home.

- **How you might use your talents for the good of younger students?** For example, skilled artists might devote time to assisting in the art department; outgoing students might want to reach out to an S1 pupil as a buddy.

We try hard to match requests with the available placements and source new placements to fulfil requests as far as possible, but some may be disappointed in the first instance. In the past this has led to some pupils discovering a new area of interest—the key seems to be to throw yourself into whatever you are doing!

*God calls all the souls he has created to love him with their whole being, here and thereafter, which means that he calls all of them to holiness, to perfection, to a close following of him and obedience to his will. But he does not ask all souls to show their love by the same works, to climb to heaven by the same ladder, to achieve goodness in the same way. **What sort of work, then, must I***



do? Which is my road to heaven? In what kind of life am I to sanctify myself?

Blessed Charles de Foucauld

Community Placements

Worship Group

Wayside Club

Friday Sports Club

Class Tutors

Film Club

Individual Tutoring

Chess Club

Buddy Programme

Caritas Award

PSHE Mentor

Eucharistic Ministers & Readers

Homework Club

Liturgical Services & Retreats

Lunchtime Club

Paired Reading

Library Assistants

Lasallian Projects

Life Group

Fitness Suite Supervision

Helping Hands

Head Team & Prefects

S6 Service Projects

Standards and Expectations

Remember you are an ambassador for St Ninian's High School. Your conduct should reflect our values and expectations at all times.

Commitment

- It is of the utmost importance that you remain committed to your chosen project for its duration. People will be reliant upon you and put their trust in you and so it is important that you do not let them down.
- You will volunteer for these projects and so you will be expected to show enthusiasm, maturity and dedication.

Attendance & Timekeeping

- Any absences must be reported to the member of staff in charge at least **24 hours in advance of the absence**—many local organisations rely on our help and it is vital that we give them notice and time to make any necessary changes.
- Unauthorised absences can result in the loss of placement.
- Be on time for your placements and projects—this is a common courtesy and also has implications for the organisations we work with.

Attire

- Ensure that you are dressed appropriately — unless otherwise advised this will be in your full School Uniform.

Over the next few pages there are descriptions of the various community placements and school based projects along with the person responsible for

organising them. You should contact the teachers responsible for each project as soon as possible.

Aim: For all S6 pupils to get involved in at least one opportunity!!!

Pupil Experiences...

I have learned that no matter what our disabilities and limitations are, with patience, tolerance and a sense of humour, we can all make a difference to each other's lives.

Community Placement – Isobel Mair

This experience has made me realise just how much I want to go into teaching and has made me strive for it even more.

Community Placement – St Cadoc's

Friendships were very quickly formed with a few individual pupils and it always brightens my day to see them happy when I enter the class.

Class Tutor – Computing

Tutoring a younger pupil in English has been a very rewarding experience, particularly when you can see how you've changed a person's view of a subject which you love but they are not so fond of.

Individual tutor - English

Being a buddy has improved my listening skills and my ability to empathise whilst also developing my communication skills. My buddy has benefitted from being encouraged and having someone to confide in and trust.

Buddy

Community



Placements

Contact for all community placements: Miss Goodenough,
Pastoral Support Teacher

Duration: All year; all placements are weekly

Descriptions of the placements:

Primary Placements



Visit a local primary school and assist the class teacher with a range of activities, from helping solve maths problems to sharing your musical talents. This would be a great choice for those interested in working with children or teaching. Chose from St Joseph's, St Cadoc's, OLM, St Clare's and St Angela's.

Nursery Placements



Visit Glenwood nursery and assist staff in a variety of ways. Previous placements have involved pupils assisting with anything from arts and crafts to story time. This would be a great choice for those interested in working with children or teaching.

Isobel Mair

Isobel Mair School provides specialist provision for pupils who have additional support needs. Training will be provided



from the staff prior to your placement starting. This would be a great choice for those interested in working with children or teaching.

Eastwood Hill Care Home

This placement involves socialising with the residents of the home, participating in activities and assisting staff with basic tasks such as serving tea/coffee. It is a fantastic opportunity for those who enjoy spending time with others and in particular, those who wish to pursue a



career as a healthcare professional. Eastwood Hill is located just off Fenwick Road.

Age Concern Dementia Centre



Situated within Eastwood Park, this centre offers day care to older people with dementia. You would assist with activities and spend time with the persons with dementia. It is a fantastic opportunity for those who enjoy spending time with others and in particular, those who wish to pursue a career as a healthcare professional.

Play Teds

Located within the Eastwood Theatre building, these classes provide young children with the basic skills for sport and helps set them on the path to a healthy and active life. You will be working with children aged 18 months - 4 years of age alongside experienced staff. This would be a great choice for those interested in working with children.



Woodfarm Day Centre

Woodfarm Pavilion has a day centre organised by Age Concern. Your role would be to participate and assist with activities, from cards and dominoes to quizzes and board games.



Arranging your own placement...

If you wish to pursue your own placement then you are encouraged to do so. If it is during the school day then it must be arranged during your study periods. It is important that you give the details of any such placements to Miss Goodenough.

Attendance at placements...

You will be provided with an attendance form which we would ask you to have signed each time you are at your placement. This will be checked regularly by your pastoral support teacher. This will also enable the placement to provide feedback about your contributions

School Based Projects

Support for Pupils

Class Tutors

Contact: Principal Teachers of Subject Departments

Duration: All year

Description: Why not consider assisting within a department that you have enjoyed learning in throughout your time in St Ninian's. Give something back to



the department and younger pupils by sharing your enthusiasm with a class and working with groups of pupils. You should approach the Principal Teacher in order to arrange a suitable time to carry out this work.

PSHE Mentor

Contact: Your Pastoral Support Teacher

Duration: All year

Description: This excellent leadership opportunity will allow you to work with a PSHE class and your pastoral support teacher every week.



You will contribute to class discussions from a senior perspective, assist with group discussions and even give small presentations at key points throughout the year.

Individual Tutoring

Contact: Your Pastoral Support Teacher

Duration: As necessary

Description: Is there a subject that you have a particular flair for? Are you confident at sharing your knowledge with others? Then let your pastoral support teacher know and they will pair you up with a younger pupil who needs a little help in a specific subject area.



Buddy Programme

Contact: Your Pastoral Support Teacher;

Training delivered by Miss Goodenough, Pastoral Support teacher

Duration: All year

Description: Some pupils can be quite anxious about the transition from primary to secondary. Other pupils have difficulty making friends and socialising. These pupils



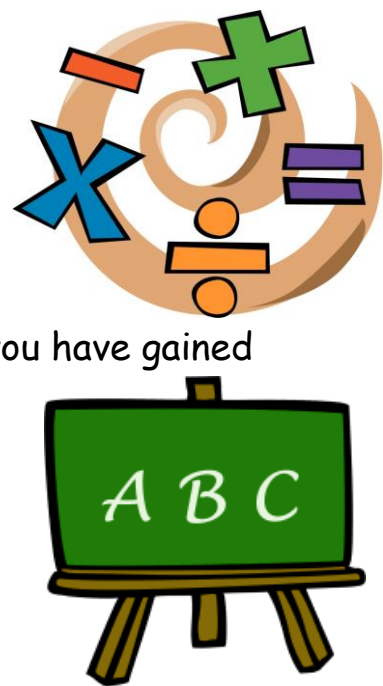
benefit immensely from having an S6 pupil who is there to talk to them, be a friendly face and act as an excellent role model. If you think that you would enjoy this opportunity then please inform your pastoral support teacher who will pair you with a younger pupil.

Pupil Learning Centre

Contact: Mrs Merrigan

Duration: All year

Description: There is the opportunity for you to assist younger pupils in the Pupil Learning Centre. Volunteer for a period of so a week and use the skills and knowledge you have gained during your time at St Ninian's to help others.

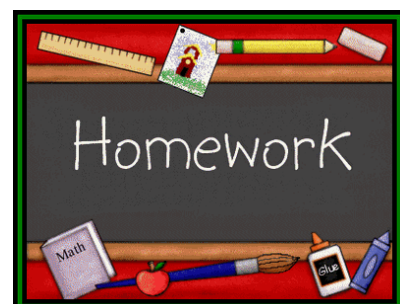


Homework Club

Contact: Maths department

Duration: All year

Description: This group takes place at



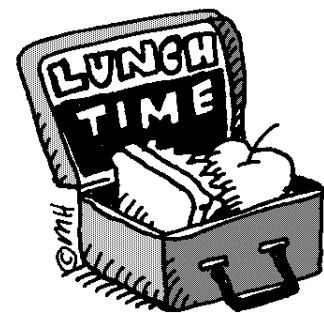
lunchtime on a Tuesday in the English department and allows younger pupils to seek advice and support with their homework. If you can devote one of your lunch breaks to this group that would be very much appreciated.

Lunchtime Club

Contact: Head Team

Duration: All year

Description: There is also a general lunchtime club that you can help out at that meets every day in the RE department. This is a safe and friendly environment for pupils to come along, meet new friends and eat their lunch. If you can devote one of your lunch breaks to this group that would be very much appreciated.



Library

Contact: Mrs Baird, Librarian

Duration: All year

Description: If you are a keen reader and would like to assist Mrs Baird in the library then you



can do so during one of your study periods or at lunchtime.

Clubs and Groups

There is a full list of Extra-curricular groups and activities which can be found on the school website.

Life Group

Contact: RE Department

Duration: All year

Description: The Life Group meets every Friday, in R.E. 3, at 12.40.

The group raises funds to help support pregnant women in difficult circumstances. They also donate money to children's hospices and other children's charities. If you would like to lead such fundraising activities and support the pro-life cause then this is the group for you!



Helping Hands

Contact: Miss McLuskey, Biology Department

Duration: All year



Description: The Helping Hands group meet every Monday, in ICT 10, at 12.30. The group fundraises through activities such as the fun run in order to support a whole range of charitable causes.

Worship Group

Contact: Mr Docharty, Mr Blair, Mrs Bastable

Duration: All year

Description: The Worship Group meets every Thursday, after school, in the oratory. It is an opportunity to spend time with others, in prayer and to discuss your



faith. S6 pupils are very much encouraged to come along and take a leading role. Those who play a musical instrument are encouraged to come along and use their talent to lead the group in hymns.

Friday Sports Club

Contact: Physical Education Department

Duration: All year



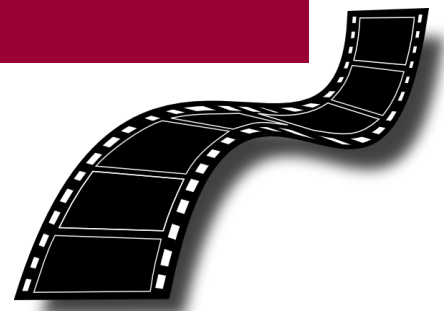
Description: Many of you will have enjoyed attending the Friday club back in S1/2. If you would now like to take a leading role in this group and share your passion for sport with younger pupils then please volunteer for this club.

Film Club

Contact: Miss Higgins, Miss O'Donnell

Duration: All year

Description: The film club meet every Wednesday after school from 2.40-4.40 in ICT1. If you would like to get involved and act as a mentor to the younger members of this group then please let the contact teacher know you are interested.



Chess Club

Contact: Mr Wilson, Maths

Duration: All year

Description: This group meets on a Monday after school, 3.30-4.30. As well as learning a new skill and helping younger pupils do so too, you will also be able to assist pupils with any homework issues they may have and act as a great role model.



Saturday Sports Club

Saturday's all year - 9:30am to 12pm

Sports Camps



Contact for above opportunities: Mr Fuchs, Physical Education Department

Description of above opportunities: Recreational multi-sports camps for Primary 1 to Secondary 1 pupils. You will gain experience of working with children and adults and be given practical leadership opportunities that will develop communication skills, teamwork and confidence. No experience of sport is necessary! Contact Mr Fuchs if you would like to offer your time over the Summer or Easter holidays.

Dates:

2-6 July 2018

6-10 August 2018

15-19 October 2018

1-5 April 2019

8-12 April 2019

Faith Life

There are many opportunities for you to get involved in the faith life of the school. For those pupils who volunteer in these activities, there will be several Catholic Leadership meetings over the course of the year. These will provide you with opportunities for spiritual reflection and to discuss more practical matters. It is expected that those who undertake any of the faith roles in the school attend these leadership meetings.

Liturgical Services & Retreats

Contact: Mr Bradshaw, Religious Education Department

Duration: All year

Description: During your time at St Ninian's you have participated in many liturgical services during PSHE and taken part in retreats. You now have the chance help lead those services and retreats alongside R.E. and Pastoral staff.

Caritas Award

Contact: Miss Kennedy, Chemistry department

Duration: All year

Description: The Caritas award was established by the Bishops of Scotland to encourage and promote the ongoing faith journey of young people. To receive the Caritas medal you will, over the course of the year, take place in reflections as a small group, submit a piece of work about your faith learning as well as undertake 20 hours of work in school and 20 hours in your parish.



Readers

Contact: Mr Bradshaw, Religious Education Department

Duration: All year

Description: As you will know, Mass is celebrated on Tuesday, Thursday and Friday mornings at 8.25am in the school oratory. If you would like to volunteer to read at Mass please put yourself forward for this wonderful act of service.



Lasallian

Contact: Year Head, RE Department

Duration: All year

Description: For those of you undertaking a Lasallian Developing World Project in 2017, there will be regular **Catholic Leadership** meetings to help prepare you. As part of this opportunity you will be expected to share your experiences with other pupils during assemblies and class time



Leadership

Prefects

Contact: Mrs McCrea, Year Head

Duration: All year

Description: Prefects play an important role in the school; from acting as role models to younger pupils to assisting with lunchtime supervision and school discos. If you are interested in becoming a prefect then pass on your name to Mr Macdonald.

Head Team

Contact: Mrs McCrea, Year Head

Duration: All year

Description: If you are interested in running for the head team (head girl/head boy/ depute head girl/depute head boy) then contact Mr Macdonald. This role will require you to represent the school at a variety of events, speak at assemblies and act as an excellent role model to other pupils.



Recognising Achievement

By volunteering for one or more of these projects you will develop a range of skills and make a difference to the lives of others.



By way of recognising these contributions there is the opportunity to receive a Saltire Award.



To receive this award you must complete the Registration Form and submit it to Mrs Howard who will then provide you with a Timesheet.

For more information contact Mrs Howard, Art Department.

Many pupils have received Diana Awards for their Service to Others





**Former S6 have received
Caritas Awards for their Service to Others**





The Mission of My Life

God has created me to do Him some definite service. He has committed some work to me which He has not committed to another. I have my mission. I may never know it in this life, but I shall be told it in the next. I am a link in a chain, a bond of connection between persons. He has not created me for naught. I shall do good; I shall do His work. I shall be an angel of peace, a preacher of truth in my own place, while not intending it if I do but keep His commandments. Therefore, I will trust Him, whatever I am, I can never be thrown away. If I am in sickness, my sickness may serve Him, in perplexity, my perplexity may serve Him. If I am in sorrow, my sorrow may serve Him. He does nothing in vain. He knows what He is about. He may take away my friends. He may throw me among strangers. He may make me feel desolate, make my spirits sink, hide my future from me. Still, He knows what He is about.

Blessed John Henry Cardinal Newman