***St Ninian’s High School***

***PSHE Newsletter***

***Week beginning 26th March 2018***

***Focus for the week:***

 [**Lenten Reflection No 7. Week 6: Holy Week.**](../../Bulletin%2033/Lent%207%202018%20-.pub)

* **Easter School:** Programme available from Year Heads and Pastoral Teachers. Many thanks to colleagues able to support the programme
* **Stars in Your Eyes, Tuesday 27th March, 7pm. Ticket: £3**
* **Wishing pupils & staff a happy Easter and safe & restful holiday**

**Enjoy the *Afternoon Tea For Life* 1-4pm Saturday 24 March. Sandwiches, cakes, beverages and wonderful live music. Ticket: £5/£3 from School Office. Thank you to staff supporting the day.**

* [**Estimate Grades: Please discuss with your pupils the grade you are submitting to SQA**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPastoral%20Support%20ALL%20STAFF%20MAY%2016%5CSigning%20Out%20Procedures.pptx)
* [**Go Safe East Ren – Road Safety**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulletin%2031%5CGo%20Safe%20East%20Ren.pptx)

**[Daily Prayers](../../../Prayers/Prayers%202018/Monday%2026%20March%202018.docx)**

**S1**

**Millport Trip – Please advertise to pupils. If interested please give your name to your pastoral support teacher who will pass this on to Mr Macdonald**

**[School Holidays – Balancing time](../S1/School%20Holidays%20Easter.pptx)**

[**Holiday Activities**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulletin%2032%5CHoliday%20Activities%202018%20flyer.pdf)

**Careers advisors subject talk**

**Wednesday P4 - 1a9 and 1a10**

**Talks will be in each class. Please register pupils and wait for careers advisor**

[**Family Functions and Role**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CThe%20Family%20-%20Functions%20%26%20Role.ppt)

[**Friends and Friendship**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CFriends%20%26%20Friendship.ppt)

[**What is good Mental Health?**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CWhat%20is%20good%20Mental%20Health.pptx)

**Collect in “Inspiring Purpose” poster and give to Mr Low.**

[**Planning for choices**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CPlanning%20for%20Choice%20and%20change%5CPlanning%20for%20choices.pptx)

**Music Trip to see “Wicked” in Edinburgh. Deadline for letters to be handed in is Friday 2nd March**

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CPSHE%20Evaluations.pptx)

[**Saltire Award – Please cover with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulletin%2026%5CSALTIRE%20PRESENTATION.pptx)

**S2**

**Millport Trip – Please advertise to pupils. If interested please give your name to your pastoral support teacher who will pass this on to Mr Macdonald**

**[School Holidays – Balancing time](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS1%5C%5CSchool%20Holidays%20Easter.pptx)**

[**Holiday Activities**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulletin%2032%5CHoliday%20Activities%202018%20flyer.pdf)

**PSHE Booklet Completion for end of term**

**[Stressed out](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS2%5C%5CStressed_Out%5B1%5D.ppt)**

[**Resilience 1**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CResilience.pptx)

[**Healthy Relationships**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CHealthy%20Relationships.ppt)

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CPSHE%20Evaluations.pptx)

**Pastoral to ask pupils how many YPI groups actually met with their Charities. Please give feedback to K.Grant**

[**Saltire Award – Please cover with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulletin%2026%5CSALTIRE%20PRESENTATION.pptx)

**[Mental Health – Eating Disorders](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS2%5C%5CMental%20Health%20Eating%20disorders.pptx)**

[**Mental Health**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CMental%20Health.pptx)

[**Human Rights**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS2%5CHuman%20Rights.ppt)

**S3**

**[School Holidays – Balancing time](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS1%5C%5CSchool%20Holidays%20Easter.pptx)**

[**Holiday Activities**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulletin%2032%5CHoliday%20Activities%202018%20flyer.pdf)

**Parents Evening Thursday – Complete PSHE booklet. Pupils are to take booklets home and bring to Parents evening on Thursday.**

[**Domestic Abuse**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CDomestice%20abuse.ppt)

[**Getting the Lowdown – Stress and Anxiety**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CShortcut%20to%20GTLDScotland.lnk)

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CPSHE%20Evaluations.pptx)

**Keeping Myself Safe- Using Technology: Clickview: *Becky’s Story***

[**Social Media**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CInternet%20use%20and%20social%20media.pptx)

[**Dress Code**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CDress%20code.pptx)

[**My World of Work Registration – For anyone who has not yet registered – See attached lesson**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CMy%20World%20of%20Work%20East%20Renfrewshire%2016%2B%20Nov2011.ppt)

**Work through completing PSHE booklets. Subjects and GIRFEC Section**

[**Young Carers**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CYoung%20Carers.pptx)

[**Study Skills**](file:///S%3A%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS3%5CS3%20Study%20Skills.ppt) **- Recap on how to study for class/block tests**

**S4**

**SQA Data Check completion and my SQA booklets to be handed out**

**[School Holidays – Balancing time](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS1%5C%5CSchool%20Holidays%20Easter.pptx)**

**PSHE Booklet - Complete Post 1 comments and skills section**

**[Positive Mental Attitudes – How does it feel?](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS4%5C%5CS4%20how%20does%20it%20feel.ppt)**

[**Film Course – Please advertise to classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulleting%2029%5CFilm%20course%20flyer.pdf)

**Knife Violence & Gang Culture‐ *Knife City (Clickview)***

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CPSHE%20Evaluations.pptx)

**S4 in to S5 Options – Please see packs in Pastoral base and email from S. McMaster for details –** [**Link to email - Do not put on main screen**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS4%5CS4%20into%20S5%20Options%20.msg)

[**Saltire Award – Please cover with class**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulletin%2026%5CSALTIRE%20PRESENTATION.pptx)

[**Online etiquette**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS4%5COnline%20etiquette.pptx)

**[Social Media](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS4%5C%5CInternet%20use%20and%20social%20media.pptx)**

[**Dress Code**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CDress%20code.pptx)

[**Self-Harm**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS4%5CSelf%20Harm.pptx)

[**Getting the Lowdown – Stress and Anxiety**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS4%5CStress%20and%20Anxiety.pptx) **– PPt**

**Use the below link for the application for class**

**S5**

**SQA Data Check completion and my SQA booklets to be handed out**

[**School Holidays – Balancing time**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CSchool%20Holidays%20Easter.pptx)

**S5 in to S6 Options to be completed**

**[Domestic Violence](https://www.youtube.com/watch?v=J3zzV-bZ5dU)**

***Click view -* Drug Education for Teens – (Pastoral Staff to choose video topic to be shown to class)**

[**Film Course – Please advertise to classes**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5CBulleting%2029%5CFilm%20course%20flyer.pdf)

[**Positive Mental Attitudes - Stigma**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS5%5CStigma%20on%20Mental%20Health.pptx)

[**Support Strategies - Discussion of support for pupils *E.g. Pastoral Teacher, Rainbows Group etc.***](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS5%5CSupport%20Strategies.pptx)

***Jennifer Hunter has also been in touch with Mrs McCrea and offered her support if any pupils feel they need someone to talk to.***

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CPSHE%20Evaluations.pptx)

[**Anti-Smoking**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS5%5CAnti%20Smoking.pptx)

[**Dress Code**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CDress%20code.pptx)

[**Peer Pressure, Drugs and alcohol**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS5%5CPeer%20Pressure%20-%20Drugs%20-%20Alcohol.pptx)

**Study Skills**

* **Preparing for Exams**
* **Study Plan**

**S6**

**SQA Data Check completion and my SQA booklets to be handed out**

[**School Holidays – Balancing time**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CSchool%20Holidays%20Easter.pptx)

[**PSHE Evaluation**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS1%5CPSHE%20Evaluations.pptx)

**Diploma – Pupils should have now completed their diplomas. These must be uploaded on to the Microsoft forms on glow. For this task pupils will require the use of a computer. Please ask pupils to follow the below instructions:**

* **Pupils go on to “Pupil Shared Area”**
* **Click on “PSHE”**
* **Pupils go on to “Diploma 2018”**
* **Pupils click on their own respective Alpha**
* **Click on their diploma which should be titled with their name**

**Next:**

* **Pupils are to open internet explorer/Google chrome**
* **Go to the school website**
* **Click on “S6 Diploma completion”**
* **Pupils must log in with their Glow username and password**
* **Pupils must then copy and paste the relevant areas from the diploma document they have opened, in to the boxes on Microsoft forms. Please remind pupils to put the correct information in to the right boxes**
* **It is important that when pupils are copying information in to the text box that they *do not hit the return key* *and that they remove any returns they have in the text.* These returns will not work with the software when transferring on to the Diploma template.**

[**Link to examples of previous diplomas**](file:///P%3A%5CPSHE%5CDiploma%202017)

[**Link to Lesson for “Responsible Citizen”**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS6%5CS6%20Diplomas%5CResponsible%20Citizen%20examples.pptx)

**[Link to Lesson for “Confident Individual”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS6%5C%5CS6%20Diplomas%5C%5CConfident%20Individual%20examples.pptx)**

[**Link to Lesson for “Successful Learner”**](file:///%5C%5Csnhm02%5CStaff%24%5CAll%20Staff%5CPSHE%20Newsletter%20Content%5C2017%202018%5CS6%5CS6%20Diplomas%5CSuccessful%20Learner%20examples.pptx)

**[Link to Lesson for “Effective Contributor”](%5C%5C%5C%5Csnhm02%5C%5CStaff%24%5C%5CAll%20Staff%5C%5CPSHE%20Newsletter%20Content%5C%5C2017%202018%5C%5CS6%5C%5CS6%20Diplomas%5C%5CEffective%20Contributor%20examples.pptx)**

[**Link to School Website**](https://blogs.glowscotland.org.uk/er/snhss5201617/2018/01/25/s6-diploma-confident-individuals/)