

Anti Bullying

‘It’s every child’s right not to be bullied’

Bullying behaviour is the intent to cause harm or distress to a pupil by another individual or by a group , through undermining her/his sense of security and self-esteem.

Bullying behaviour can include:

- Being called names, teased, put down or threatened
- Being hit, tripped or kicked
- Having belongings stolen or damaged
- Being ignored, left out or having rumours spread about you
- Receiving abusive /defamatory comments on Social Networking Sites eg Facebook/ Twitter
- Receiving abusive text messages or e-mails
- Being forced to do things against your will
- Being targeted for who you are or who you are perceived to be

Dealing with Incidents of Bullying Behaviour

What can you do to help?

- Zero Tolerance in St Ninian's High School
- Put yourself in the position of the person being bullied
- Don't give the person showing bullying behaviour an audience
- Don't be a bystander or remain uninvolved
- Don't participate in social networking by 'liking' pages that may cause upset to others.
- Always report Bullying incidents to a member of staff or your parent
- This can be done **in confidence** and concerns will always be acted upon

Consequences:

- All bullying behaviour carries consequences
- All alleged instances of bullying behaviour will be **investigated** fully and **recorded** in school and with East Renfrewshire Council Education Department
- Laws surrounding the use of mobile phones and the Internet
- Cyberbullying may result in a Criminal Record
- Employers/Colleges/ Universities may look at your Social Network Profile
- Impact on Job Prospects

Anti- Bullying Strategies in St Ninian's

- Gospel Values in our day to day dealings with one another- TOLERANCE, RESPECT, LOVE, COMPASSION, EMPATHY
- PSHE lessons
- Assemblies
- Pupil Council
- Posters/ Campaigns
- Student Mentoring/ Tutoring
- Clubs

Anti -Bullying

Visit these websites!

- www.respectme.org.uk
- www.anti-bullyingalliance.org.uk
- www.cyberbullying.org