

## **Monday 20<sup>th</sup> October**

Let us pray for the strength and courage to begin a week of success; may we be prepared, yet not anxious, for the days ahead and have faith that God will strengthen and protect us.

“Do not fear what may happen tomorrow; the same everlasting Father who cares for you today will take care of you tomorrow and every day. Either He will shield you from suffering, or He will give you unfailing strength to bear it. Be at peace, then. Put aside all anxious thoughts and imaginations, and say continually: "The Lord is my strength and my shield. My heart has trusted in Him and I am helped. He is not only with me but in me, and I in Him." St Francis de Sales

**Let us say together,  
Our Father...**

## **Tuesday 21<sup>st</sup> October**

On the 21<sup>st</sup> of October 1854, Florence Nightingale (the founder of modern nursing) and a staff of 38 nurses were sent to the Crimean War to tend wounded soldiers. Even under intense pressure and with their own lives at risk, the nurses battled adversity to care for those in their charge.

Let us pray for those who care for others in times of need; may we too have the strength of character to put others before ourselves regardless of the circumstances.

**Together we say,  
Hail Mary....**

## **Wednesday 22<sup>nd</sup> October**

We remember Saint Pope John Paul II on this, the anniversary of his Papal inauguration. He committed his life fully to spreading the word of God and to leading the church. He was ill for many years of his papacy but remained active until his very last moments.

Let us pray that we too can share in his example of commitment to duty and faith, both in our personal lives and within the school.

**Let us say together,  
Our Father...**

### **Thursday 23<sup>rd</sup> October**

Pope Francis uses every means of communication possible to reach out to Catholics of all ages around the world. Specifically, he reaches out to the youth in the church - his twitter page has 4.56million followers to date! In his frequent posts he offers food for thought and words of comfort:

“Dear you people, listen within: Christ is knocking at the door of your heart.”

Pray that we too can find ways to reach out to each other and lend our unconditional support.

**Together we say,  
Hail Mary...**

### **Friday 24<sup>th</sup> October**

This month, Pope Francis opened a two week global Synod of the Family of nearly 200 priests to discuss the future of the church concerning contemporary issues; they explored the nature of modern family within the church and how they can be supported best.

Let us give thanks for our families in whatever form they take and consider how we too can support each other and our communities.

**Let us say together,  
Our Father...**