

WEEK 1

4/10, 25/10, 15/11, 6/12, 27/12, 17/1, 7/2, 28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7, 25/7, 15/8, 5/9, 26/9	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal Allergens	Fish & chips with garden peas (F)	Chicken Curry with Wild Rice & Sweetcorn (C)	Vegetarian Sausages with Mashed Potato and Seasonal Veg (V)	Cheese & tomato Pizza with Garlic Bread & Summer Corn Salad (V)	Quorn Burger in a Warm Bun, Diced Potatoes and Sliced Tomato (V)

WEEK 2

11/10, 1/11, 22/11, 13/12, 3/1, 24/1, 14/2, 7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7, 1/8, 22/8, 12/9, 3/10	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Allergens	Chicken tikka with pitta bread and shredded lettuce/carrots (C)	Quorn Dippers served with a warm wrap and seasonal veg (V)	Cheese & tomato Pizza with Garlic Bread & Sweetcorn (V)	Fish Goujons and spicy wedges and Sweetcorn (F)	Quorn Hotdog in a Finger Roll served with Relish & cherry Tomatoes (V)

WEEK 3

18/10, 8/11, 29/11, 20/12, 10/1, 31/1, 21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7, 8/8, 29/8, 19/9, 10/10	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Allergens	Tomato Pasta with Mozzarella, garlic bread and roasted vegetables (V)	Cheese Pizza with Garlic Bread and Mixed Salad (V)	Spicy Chicken served with a warm wrap and shredded lettuce/carrot (C)	Meatball Marinara Baguette with corn salad (C)	Chicken Burger in a warm Bun with Shredded Lettuce (C)

Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter included with all meal choices Allergens	Vegetable soup	Golden lentil Soup	Vegetable Soup	Lentil and vegatable soup	Spring vegetable soup