

# EMERGENCY NURSERY SCHOOL LUNCH MENU - Oct 2021

WEEK 1 4/10, 25/10, 15/11, 6/12, 27/12, 17/1, 7/2, 28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7, 25/7, 15/8, 5/9, 26/9		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
STARTER	MEAL OPTION	Vegetable soup <i>Celery</i>	Golden lentil Soup <i>Celery</i>	Vegetable Soup <i>Celery</i>	Lentil and vegetable soup <i>Celery</i>	Spring vegetable soup <i>Celery</i>					
		Fish or Fishless Fingers with Diced Potatoes and Peas (F) (V)	Chicken or Vegetable Curry with Wild Rice and Sweetcorn (C V)	Vegetarian Sausages with Mashed Potatoes and Seasonal Vegetables (V)	Cheese & tomato Pizza with Garlic Bread & Summer Corn Salad (V)	Vegi Meatballs in a Tomato Sauce with Penne Pasta & Seasonal Vegetables (V)					
WEEK 2 11/10, 1/11, 22/11, 13/12, 3/1, 24/1, 14/2, 7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7, 1/8, 22/8, 12/9, 3/10		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
STARTER	MEAL OPTION	Vegetable soup <i>Celery</i>	Golden lentil Soup <i>Celery</i>	Vegetable Soup <i>Celery</i>	Lentil and vegetable soup <i>Celery</i>	Spring vegetable soup <i>Celery</i>					
		Omelette, Diced Potatoes and Seasonal Vegetables (V)	Macaroni Cheese with Garlic Bread and Garden Peas (V)	Cheese and Tomato Pizza with Garlic Bread & Sweetcorn (V)	Tomato & Mozzarella Pasta with Garlic bread and roasted	Salmon & White Fish Goujons or Fishless fingers with Wedges (F)					
WEEK 3		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	

18/10, 8/11, 29/11, 20/12,  
10/1, 31/1, 21/2, 14/3, 4/4,  
25/4, 16/5, 6/6, 27/6, 18/7,  
8/8, 29/8, 19/9, 10/10

STARTER	Vegetable soup <i>Celery</i>	Golden lentil Soup <i>Celery</i>	Vegetable Soup <i>Celery</i>	Lentil and vegetable soup <i>Celery</i>	Spring vegetable soup <i>Celery</i>
	Tomato and Roasted Vegetable Pasta with Garlic Bread  (V)	Vegetarian Sausages with Mashed Potatoes and Seasonal Vegetables (V)	Cheese and Tomato Pizza with Garlic Bread and Mixed Salad  (V)	Macaroni Cheese with Wedges and garden peas  (V)	Mini Chicken or Quorn Burgers in a Warm Bun with Shredded Lettuce and Mayonnaise  (C V)
MEAL OPTION					

Vegetarian option available on request only

Food Allergies -Before you order food and drink, please speak to a member of the catering team if you have a food allergy or intolerance.

Note: After any holiday the 1<sup>st</sup> day back will always be the Monday menu and then the normal days will follow.