

## NETHERLEE PRIMARY SCHOOL and NURSERY CLASS Clarkston Road, Netherlee, East Renfrewshire G44 3SF ☎0141-570 7260

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### **Isolation guidance**

We are aware with the newly changed guidance on COVID it has been a challenge for everyone to navigate the new procedures. We have therefore provided some bullet points below to try and help with this.

# I /my child has symptoms of COVID-19, do I need to book a PCR test or do a LFD test?

- If you/ your child have any symptoms such as a new continuous cough; high temperature; or a loss of, or change in normal sense of taste and smell you should book a PCR test as soon as a slot is available.
- If other household members are a fully vaccinated adult or under 18 years and 4 months, they do not need to isolate awaiting a family members PCR result as long as they continue to return daily negative LFDs until the test result is received and follow appropriate guidance thereafter.

### I /my child's PCR was positive, what should members of my household do?

- All household members who have symptoms should isolate immediately and book a PCR test.
- Fully vaccinated household members and those under 18 years and 4 months may take 7 daily LFD tests as an alternative to isolation so long as they do not have symptoms and test negative each day.

# I /my child has tested positive on a LFD test but have no symptoms, do I need a follow up PCR?

- Given the current high incidence and prevalence rates, there is no longer a requirement to book a PCR test to confirm the LFD positive result.
- Please ensure that you have reported your test result online as soon as possible. This only takes a few minutes to do and you can report tests for the current day and the previous day.
- When you have recorded you/your child's positive test you will receive information about required isolation dates. Once this information is received, we kindly ask that you forward onto <a href="mailto:schoolmail@netherlee.e-renfrew.sch.uk">schoolmail@netherlee.e-renfrew.sch.uk</a>.

### How to arrange a COVID-19 test

Lateral flow tests: Free at-home LFD test kits are available for you and your primary school aged children by collection from COVID test centres or pharmacies, or delivery by ordering online. More information can be found at:

<u>www.gov.scot/publications/coronavirus-covid-19-getting-tested/pages/no-covid-symptoms.</u>

PCR tests: Book a test at NHS Inform for your nearest COVID-19 test site. There are drive-through, walk-through, and mobile testing units across Scotland which are open from 8-am until 8pm, 7 days a week. A full list of sites can be found at <a href="Gov.Scot">Gov.Scot</a>. Or you can order a home PCR test kit online, or by calling 119. A test will then be delivered to your home. To return you can either drop the test at your nearest priority post box, or if you are unable to go out, you can also call 119 to book a courier collection from your home.

For general Coronavirus Frequently Asked Questions and information: <a href="https://www.parentclub.scot/topics/coronavirus/coronavirus-faq?age=0">https://www.parentclub.scot/topics/coronavirus/coronavirus-faq?age=0</a> and <a href="https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19">https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19</a>

Please remain vigilant for symptoms of COVID-19 and follow the testing guidelines from NHS as required.

If you have any questions or require further information on the above please don't hesitate to get in contact through the usual methods.

Kind regards

Netherlee Office Team

