

MEARNS CASTLE HIGH SCHOOL ASSISTED STUDY

PROGRESS TOGETHER



UNLOCK YOUR POTENTIAL

WITH DEDICATED STUDY SESSIONS

Assisted Study is your pathway to success this year!

This year, S4-6 prelim Assisted Study will run from October to January. This will allow you to spread out your study more evenly and to target all your subject areas, where offered, without feeling overwhelmed by too many study sessions too close together.

You should:

- Sign up in advance for Assisted Study sessions with your class teachers
- If you sign up – you must attend the session. If you have a good reason you cannot attend, please let your class teacher know in advance.
- Prepare a weekly Study Plan – this is essential for maximising your success this year.



Knowledge Boost



- Master tricky content you're stuck on.
- Solidify your understanding of crucial topics.
- Ensure no knowledge gaps are left behind.
- Feel fully prepared for all aspects of your subject.



Wellbeing & Confidence



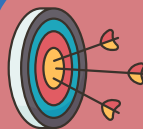
- Reduce exam anxiety, feel more prepared, so there's less to worry about.
- Feel in control, taking charge of your own progress boosts your confidence.
- You'll develop a strong mental approach to tackling challenges head-on.
- Find a balance, helping you study smarter, not just longer.



Supercharged Study Skills



- Find out what study methods work best for you and your subjects.
- Learn to connect ideas and understand the bigger picture.
- Elevate your academic game. These skills will help you not just in school, but in all your future studies.



Focus on your Future Goals

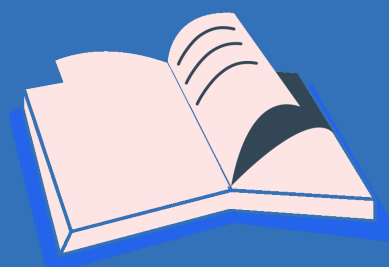


- These sessions are designed to meet your specific needs so you can get the most out of your time.
- Stronger exam results open doors to the university, college, or job you're aiming for.
- This extra time is a direct investment in your future and your success.

ASSISTED STUDY TIMETABLE

Week Commencing 20 October 2025			
Day	National 5	Higher	Advanced Higher
Monday 20/10/25 3:35 – 4:35	Biology Chemistry Geography Graphic Communication History Music Spanish	French Geography Graphic Communication Maths Modern Studies Music Spanish	
Tuesday 21/10/25 3:35 – 4:35	Art English Metalwork Modern Studies Physics Woodwork	Art Photography	Art
Thursday 23/10/25 3:35 – 4:35	Music	Chemistry Human Biology Music	Business Management

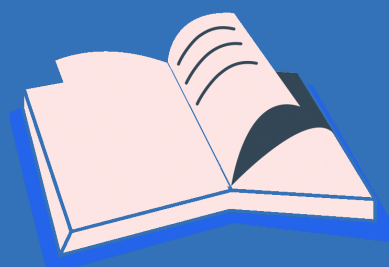
Week Commencing 27 October 2025			
	National 5	Higher	Advanced Higher
Monday 27/10/25 3:35 – 4:35	Biology Chemistry Geography Graphic Communication History Spanish	French Geography Graphic Communication Maths Modern Studies Spanish	Biology
Tuesday 28/10/25 3:35 – 4:35	Art English Metalwork Woodwork	Art Photography	Art
Wednesday 29/10/25 2:45 – 3:45	Admin & IT Art Biology Business Management French	Art Photography	Art
Thursday 30/10/25 3:35 – 4:35	Physics Maths	Chemistry Human Biology	Business Management



ASSISTED STUDY TIMETABLE

Week Commencing 3 November 2025			
	National 5	Higher	Advanced Higher
Monday 03/11/25 3:35 – 4:35	Biology Chemistry Geography Graphic Communication History Spanish	French Geography Graphic Communication Maths Modern Studies Spanish	Biology
Tuesday 04/11/25 3:35 – 4:35	Art English Modern Studies Metalwork Physics Woodwork	Art Photography	Art
Thursday 06/11/25 3:35 – 4:35	Maths	Chemistry Human Biology	Business Management

Week Commencing 10 November 2025			
	National 5	Higher	Advanced Higher
Monday 10/11/25 3:35 – 4:35	Biology Chemistry Geography Graphic Communication History Spanish	French Geography Graphic Communication Maths Modern Studies Spanish	Biology
Tuesday 11/11/25 3:35 – 4:35	Art English Modern Studies Metalwork Physics Woodwork	Art Photography	Art
Wednesday 12/11/25 2:45 – 3:45	Admin & IT Art Business Management French	Art Human Biology Photography	Art
Thursday 13/11/25 3:35 – 4:35	Maths	Chemistry	Business Management
Friday 14/11/24 2:45 – 3:45	ESOL Urdu	ESOL Urdu	



ASSISTED STUDY TIMETABLE

Week Commencing 17 November 2025			
	National 5	Higher	Advanced Higher
Monday 17/11/25 3:35 – 4:35	Biology Chemistry Geography Graphic Communication History Spanish	French Geography Graphic Communication Maths Modern Studies Spanish	
Tuesday 18/11/25 3:35 – 4:35	Art English Metalwork Modern Studies Physics Woodwork	Art Photography	Art
Wednesday 19/11/25 2:45 – 3:45	Admin & IT Art Business Management French	Art Photography	Art
Thursday 20/11/25 3:35 – 4:35	Maths	Chemistry Human Biology	Business Management
Friday 21/11/25 2:45 – 3:45	ESOL Urdu	ESOL Urdu	

Week Commencing 24 November 2025			
	National 5	Higher	Advanced Higher
Monday 24/11/25 3:35 – 4:35	Biology Chemistry Geography Graphic Communication History Music Spanish	French Geography Graphic Communication Maths Modern Studies Music Spanish	Biology
Tuesday 25/11/25 3:35 – 4:35	Art English Metalwork Woodwork	Art Photography	Art
Wednesday 26/11/25 2:45 – 3:45	Art Admin & IT Biology Business Management French Maths (18.30 – 20.00)	Art Photography Maths (18.30 – 20.00)	Art Maths (18.30 – 20.00)
Thursday 27/11/25 3:35 – 4:35	Physics Maths	Chemistry Human Biology	Business Management
Friday 28/11/25 2:45 – 3:45	ESOL Urdu	ESOL Urdu	

