

MEARNS CASTLE HIGH SCHOOL

EXTRA CURRICULAR ACTIVITIES

FOLLOW FOR UPDATES @MCHSCLUBS





PLEASE NOTE

All after school clubs must be





booked through a Microsoft Form which will be emailed to parents/guardians with a link to the extra-curricular booklet.

All lunch time clubs are drop in classes so please just turn up on the day to your favourite club.

TERM 2 2025

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TERM 2025



SKILLS FRAMEWORK KEY

NUMERACY

The ability to understand and work with numbers and subsequently apply them within your daily life.

DIGITAL LITERACY

The ability and skill to find, evaluate, utilise, share, and create content using information technologies and the Internet.

Pupils will use

THINKING

The ability to take in information in order to gain knowledge or new skills.

CREATIVITY

The ability to use your imagination or original ideas to create something. Your paragraph text

LITERACY The ability to read and write.

COLLABORATION

The ability to cooperate and work with your peers to create or produce a new idea or product.

ADAPTABILITY

The ability to adjust to new conditions as well as being able to care for your own health in physical and mental terms.

MEARNS CASTLE HIGH SCHOOL their Skills Logbook to record their skills which can be accessed

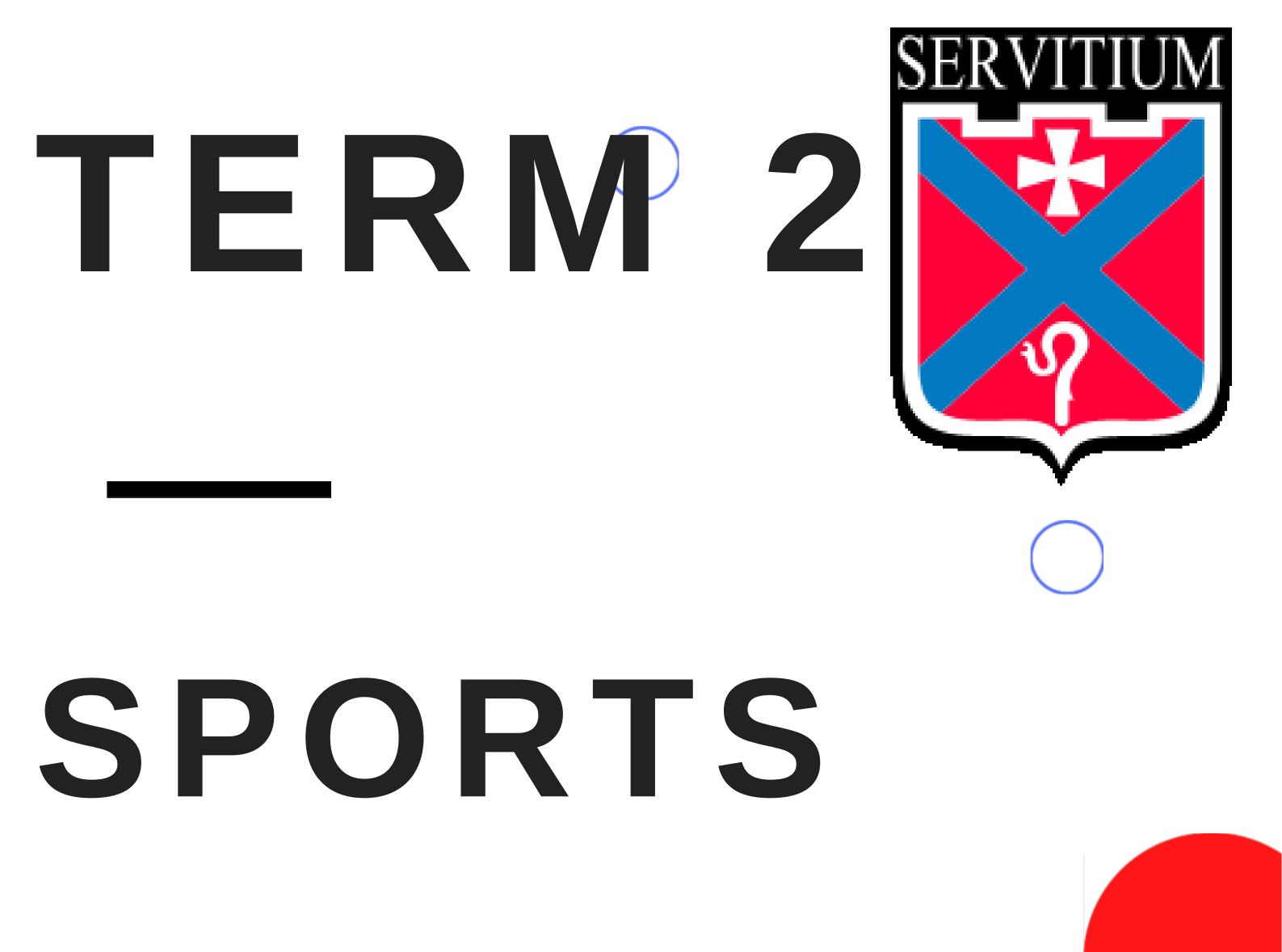
here:



EXTRA CURRICULAR ACTIVITIES



Monday	Lunch Time	After School
	N5+ Higher Practical Performance Rights Respecting Schools Club Volleyball Senior Club Art and Design Club Muslim Prayer Group	Netball Rugby Debating Junior Maths Study Club
Tuesday	Lunch Time	After School
	Badminton Library Book Group Muslim Prayer Group Lego History Club	Girls Football Hockey Club Basketball
Wednesday	Lunch Time	After School
Mindful Morning Club	Futsal Leadership Qualification Saltire Award S1 Drama Group Engineering Society Muslim Prayer Group PRIDE French Club Philosophy Club	The Hub
Thursday	Lunch Time	After School
	Basketball Eco-Committee Chess Club Chinese Club Muslim Prayer Group Film Club Scripture Union Club	Debating Senior STEAM Club Drama Club Video Gaming Club
Friday	Lunch Time	After School
	Ultimate Frisbee Cryptocrackers Urdu Club Dungeons and Dragons Club Swifty Society Muslim Prayer Group	Volleyball Junior Warhammer Alliance Club
Irregular Times		
		U14 Football U16 Football



MEARNS CASTLE HIGH SCHOOL





FOLLOW FOR UPDATES @MCHSCLUBS

EXTRA **CURRICULAR**



BADMINTON MR ROBERTSON

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.



TUESDAY 12:20 - 13:00 GAMES HALL

S1 - S6



BADMINTON MR GIBSON

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.



TBC 12:20 - 13:00 GAMES HALL





BADMINTON MR GIBSON

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.



TBC 12:20 - 13:00 GAMES HALL





BASKETBALL MR ROBERTSON

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.

S1 TO S6



PLEASE SEE LEADING TEACHER FOR MORE DETAILS

SERVITIUM

THURSDAY 12:20 - 13:00 OLD GYM AND NEW GYM



BASKETBALL MR FINDLAY

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.



S1 TO S6



PLEASE SEE LEADING TEACHER FOR MORE DETAILS

TUESDAY 15:40 - 16:30 OLD GYM AND GAMES HALL



GIRLS FOOTBALL



MR MCFARLANE

All years, levels and abilities welcome to come along. This acts as training and provides opportunity to be picked for future games and tournaments - as well as a space to learn, chat and enjoy yourself!



PLEASE SEE LEADING **TEACHER FOR MORE** DETAILS

TUESDAY

15:35 - 16:25

TOP PITCH



FOOTBALL U14



MS RASUL

This team will be selected through trials.

There is no formal scheduled for this club.



The club will compete in various competitions throughout the year.





FOOTBALL U16



MR KYLE

This team will be selected through trials.

formal There is no scheduled for this club.



The club will compete in various competitions throughout the year.





FUTSAL mr mcfarlane



This team will be selected through trials.

There is no formal scheduled for this club.



The club will compete in various competitions throughout the year.



OLD GYM PLEASE SEE LEADING TEACHER FOR MORE

WEDNESDAY

12:20 - 13:00

DETAILS



N5+HIGHER PE Mrs McNab and Miss Roberts

Come along to develop your practical performance in the PE department. This programme will be custom built to those who wish to develop their practical performance prior to being assessed.

> MONDAY 12:20 - 13:00OLD GYM

SERVITIUM

S5 - S6



HOCKEY MRS LITTLE

S1 - S6



Come along to develop your practical performance in the PE department. This programme will be custom built to those who wish to develop their practical performance prior to being assessed.

TUESDAY 15:35 - 16:25 **ASTRO TOP PITCH**



MS PRINGLE AND MS LAFFERTY



Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.

MONDAY 15:35 - 16:25 GAMES HALL





RUGBY CLUB

WHITECRAIGS



COACHES AND MR FINDLAY

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun during after school. Looking forward to seeing you all then.

S1 - S4 BOYS

MONDAY 15:40-16:30 BOTTOM PITCH

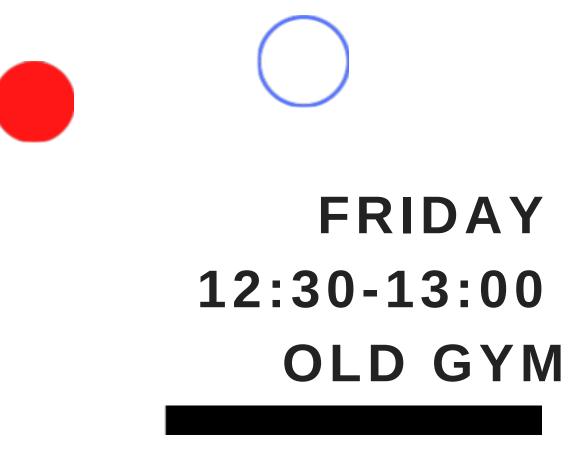


ULTIMATE FRISBEE CLUB



DR OLESEN

Come along to the PE department for a relaxed game of Frisbee. This is a fun, low-stakes, non-contact sport that encourages teamwork and fair play







VOLLEYBALL JUNIOR CLUR



MR MCFARLANE

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun. Looking forward to seeing you all then.

FRIDAY 14:45 - 16:00 OLD GYM

S1 - S2





VOLLEYBALL SENIOR CLUR



MR GIBSON

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun. Looking forward to seeing you all then.

TBC GAMES HALL

S 3 - S 6





VOLLEYBALL SENIOR CLUR



MR ROBERTSON

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun. Looking forward to seeing you all then.

MONDAY 12:20 - 13:00 GAMES HALL

S 3 - S 6





FUTURE

MEARNS CASTLE HIGH SCHOOL

EXTRA CURRICULAR ACTIVITIES

FOLLOW FOR UPDATES @MCHSCLUBS

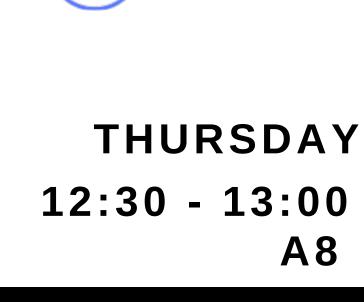






MISS RUSSELL AND MS LAFFERTY

Pupils will engage in thought-provoking discussions surrounding the differences we can all make to our planet. There will be opportunities to spend time in the local community and work with external agencies to allow their thoughts and ideas to come to life. Gardening and litter picks will feature in the activities! S6 pupils can undertake their Young Stem Leader Award through their involvement in both Eco-Committee and STEAM Club.

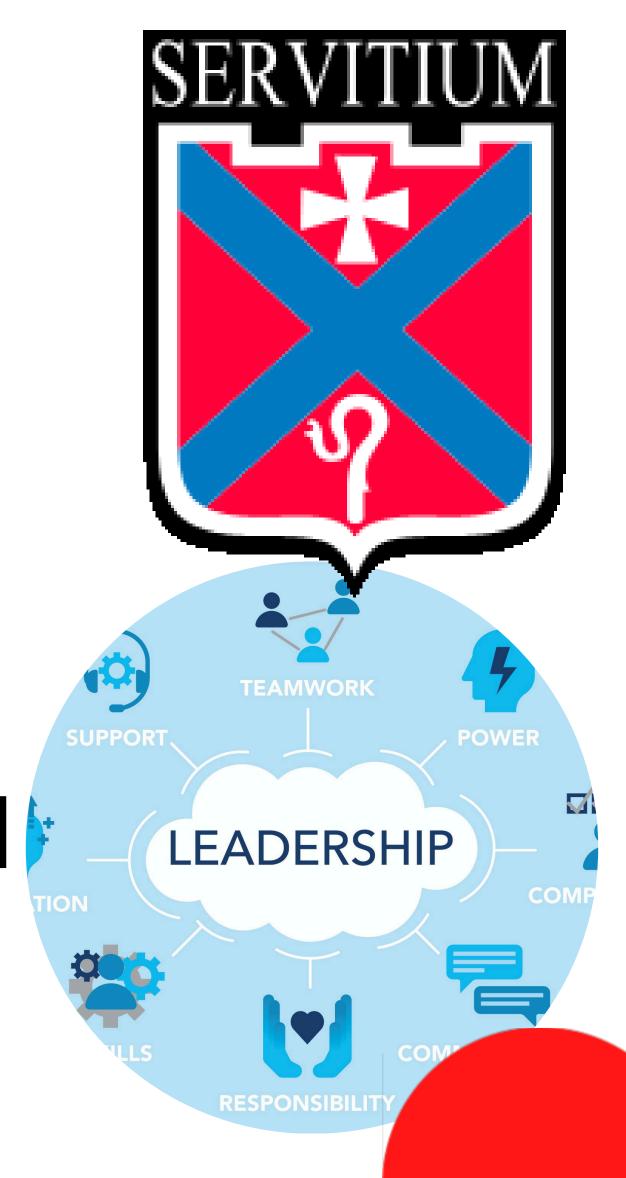


CHEMISTRY DEPARTMENT





LEADERSHIP QUALIFICATION MISS ROBERTS



Pupils who were involved in the World Challenge 2024 have an opportunity to undertake their leadership qualification for the work that they completed in June 2024.

If any other pupils have been involved in leadership opportunities either within or out with school please come along and speak to Miss Roberts.

WEDNESDAY 12:30 - 13:00 PE CLASSROOM

PE DEPARTMENT





Our well established school Gender, Sexuality and Allies group is open to all to attend. It represents anyone who identifies as being part of the LGBTQ+ community, has a family member or friend who identifies as being LGBTQ+ or simply wants to support the work that we have been doing so far on our Equalities journey in the school.



We will continue to engage with other LGBTQ+ groups across East Renfrewshire Council and work with other LGBTQ+ organisations and groups to bring about positive change for the LGBQT+ community within our wider school community.

WEDNESDAY 12:20 - 13:00 SUNROOM





JE R M



MISS GILLAN AND HENDERSON

The Rights Respecting Schools group has been set up to promote an inclusive environment at MCHS where pupils learn about their rights and how to ensure all young people have their rights respected. Pupils attend meetings where their voice is heard in matters that affect them, school life and life outside of MCHS. In the past pupils have been involved in delivering assemblies to different year groups, organising food bank collections and hosting a human rights week. We are always looking for new members who are passionate about making a difference to people's lives.



PLEASE SEE LEADING TEACHER FOR MORE DETAILS

MONDAY

C18

12:30 - 13:00

JE R M 2025

SALTIRE AWARD **MISS ROBERTS** The Saltire Award is a prestigious award recognising and celebrating the achievements of volunteers, particularly young people. Please see Miss Roberts for more information.



Congratulations on your achievement on The Ascent

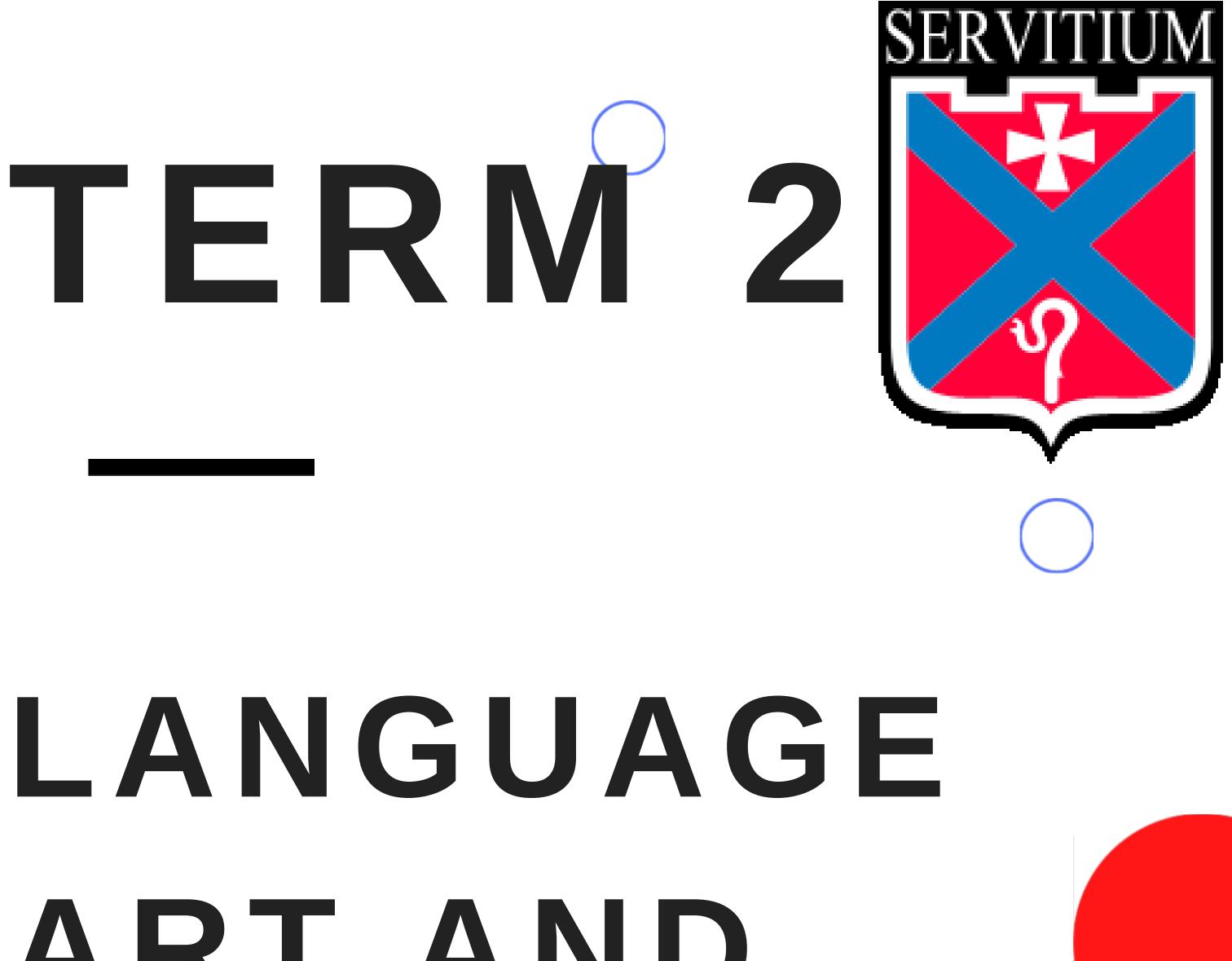


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WEDNESDAY 12:20 - 13:00**PE CLASSROOM**

S1 TO S6





ART AND CULTURE MEARNS CASTLE HIGH SCHOOL

EXTRA CURRICULAR ACTIVITIES

FOLLOW FOR UPDATES @MCHSCLUBS





ARTAND DESIGN CLUB



ADAMS

S1 - S3

During this club we will work on a wide range of creative projects such as ceramics, jewellery, crochet, painting and many more.

MONDAY 12:20 - 13:00 C12



CHINESE CLUB



MS ZHANG

- Monkey King, Origami and paper cutting, Chinese chess, Calligraphy
- and brush painting, Chinese
- shuttlck, Chinese opera masks, Chinese
- cartoon and pop music. Chinese is one of the richest cultures in the world. Don't
- miss the
- opportunity to experience the magical
- culture in the Chinese club!
- gereaarnt inbge nCehfiintse steo laynoguura gceh ioldff'esr spersonal
- and professional growth in the future.



D3

THURSDAY

12:20 - 13:05



FILM CLUB



MS GIFFNEY

Come along to the English department on Thursday lunchtimes to enjoy a range of different films and the chance to chat about all things 'miseen-scene'. Film suggestions will be welcome!

THURSDAY 12:20 - 13:00 B4



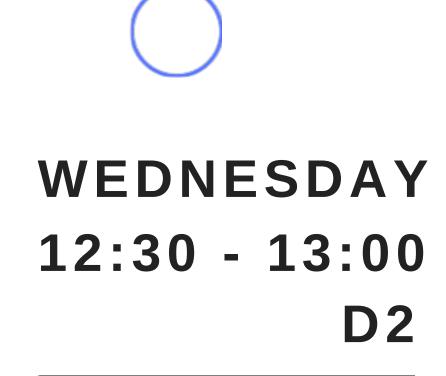


FRENCH CLUB



MISS BHANDARI

Dive into the world of languages and cultures with us! Whether you're fluent in multiple languages or just starting out, our club is the perfect place to explore, practice and learn. We host fun activities with the opportunity to meet new friends. Everyone is welcome!

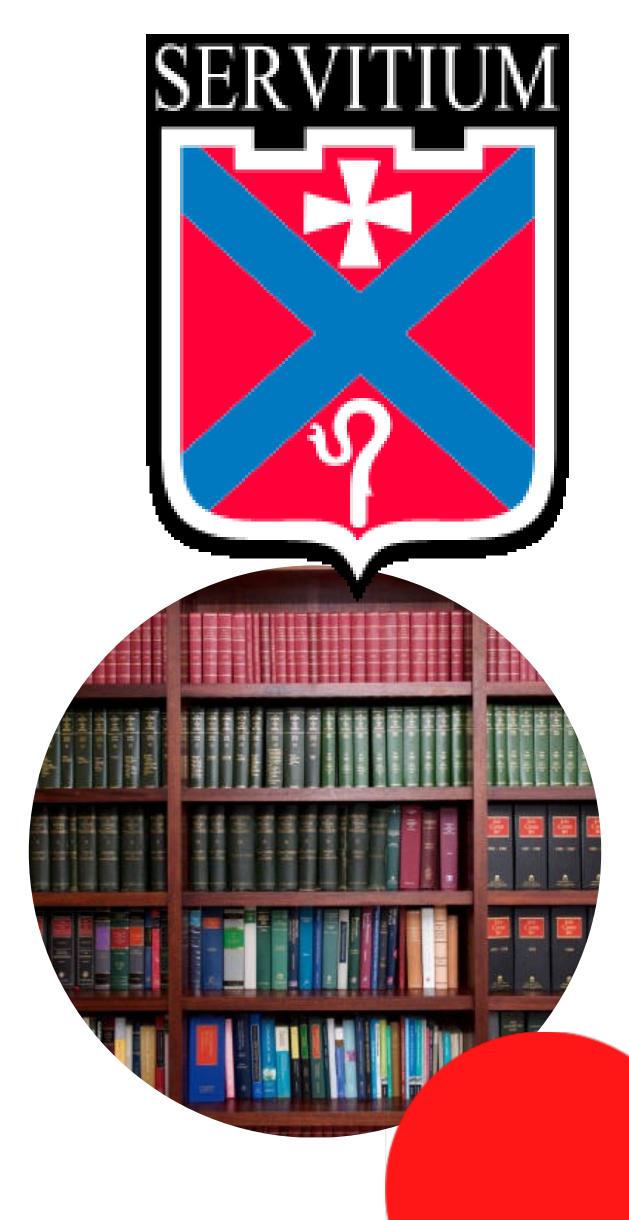






IBRARY BOOK GROUP

MISS MCEACHERN



If you love books and reading then the Library Book Group is the place for you! You will have the chance to meet new (and old) friends in the library and chat about the books you are reading and get great recommendations. You will also be able to make suggestions for new books to be bought by the librarian for the library. We also shadow the Carnegie Book Award and you will be the first to read lots of brilliant new books which have been nominated for this important book prize. You can decide on a winner and vote online. We also have great fun taking part in various book-based games, quizzes, activities and competitions with great book prizes up for grabs! The Library Book Group is open to all year groups so come along and share your love of books and reading with like-minded friends in a safe, welcoming environment.

EVERY 2ND TUESDAY 12:20-13:05 LIBRARY





PHILOSOPHY CLUB MR MACPHEE AND MS HAYES



Are we players in a video game? Is it always wrong to steal? Why are we here? If you have ever thought about any of these questions, then you are already a philosopher. Come along to engage with life's big questions, develop your own views and share them with others. Sessions will involve watching and discussing philosophical films and TV, hearing from experts and debating ultimate questions.

S1 TO S6

WEDNESDAY 12:20 - 13:00 D18

PLEASE SEE LEADING TEACHER FOR MORE

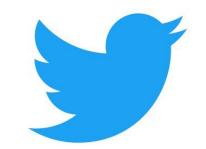
DETAILS



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TERM 2 2025 DEBATING CLUB JUNIOR MR. MCGOWNE



Pupils are involved in debating activities. Beginners to more advanced debaters are welcome. This club will run every week.



PLEASE SEE LEADING TEACHER FOR MORE DETAILS

MONDAY

E4

15:35 - 17:30

TERM 2 2025

DEBATING CLUB



SENIOR

MR. MCGOWNE

Pupils are involved in debating activities. Beginners to more advanced debaters are welcome. This club will run every week.



PLEASE SEE LEADING TEACHER FOR MORE DETAILS

THURSDAY

15:35-17:30

E4

MATHS, PROBLEM SOLVING AND

TERM2



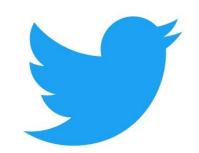
SCIENCE

MEARNS CASTLE HIGH SCHOOL

CURRICULAR ACTIVITIES

EXTRA

FOLLOW FOR UPDATES @MCHSCLUBS



TERM 2 2025

CHESS CLUB MR WANG

Suitable for beginners and advanced players. Come along to learn how to play and to



challenge someone to a game.

THURSDAY 12:20-13:00 F11

S1 - S6



TERM 2
2025

CRYPTOCRACKERS

MISS DICKSON AND MRS THOMSON

CryptoCrackers club runs on a Friday lunchtime in the maths department.

We will learn to crack codes and ciphers and compete in national competitions throughout the year, run by the University of Southampton and the University of Manchester. All year groups are welcome!

> FRIDAY 12:20 - 13:00 F15 MATHS

S1 TO S6



PLEASE SEE LEADING TEACHER FOR MORE DETAILS

SERVITIUM

TERM 2 2025

ENGINEERING SOCIETY DR. VAN VEGGEL



Looking to learn more about the world of engineering and put your engineering skills to the test? Join the engineering

Society.

WEDNESDAY 12:20 - 12:50 A9

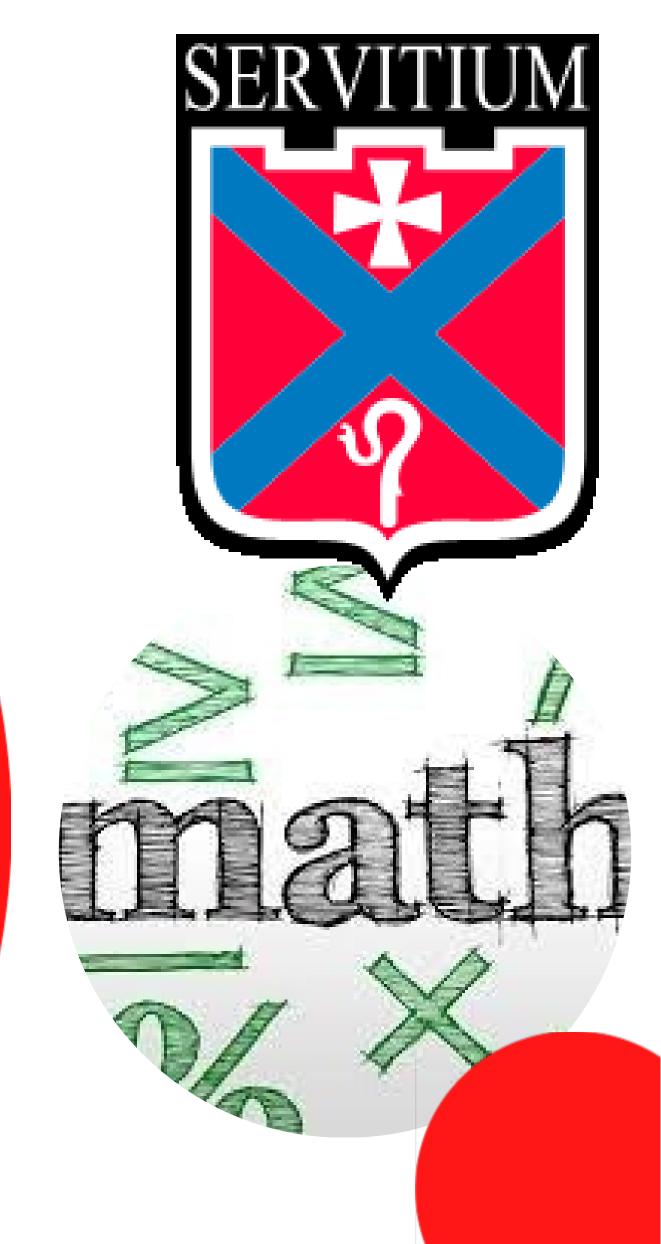
S4 + S5



TERM 2 2025

MATHS STUDY CLUB

MR WANG



The maths club is where pupils can come together to complete homework and get help with anything maths related. As well as this pupils will be able to revise for assessments and receive help.

S1 - S4



PLEASE SEE LEADING TEACHER FOR MORE DETAILS

MONDAY 15:35 - 16:30 F15

TERM 2
2025

STEAM CLUB

MISS RASUL

STEAM Education is an approach to learning that uses Science, Technology, Engineering, the Arts and Mathematics as access points for guiding student inquiry, dialogue, and critical thinking. STEAM education results in students who take thoughtful risks, engage in experiential learning, persist in problem-solving, embrace collaboration, and work through the creative process. These are the innovators, educators, leaders, and learners of the 21st century!



THURSDAY 15:35-16:25 A4+A5

S1 - S2



MEARNS CASTLE HIGH SCHOOL







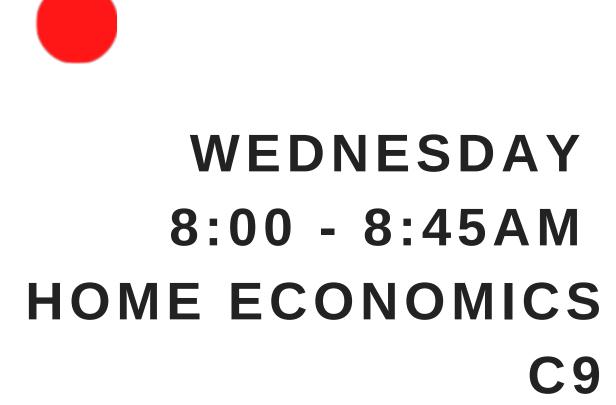
FOLLOW FOR UPDATES @MCHSCLUBS

TERM2 2025

Miss Jamil



Rise and shine, early birds! Swing by Home Economics for a lively start to your day with some fun chit-chat, exciting games, and entertaining movies. Don't miss out on the morning excitement!

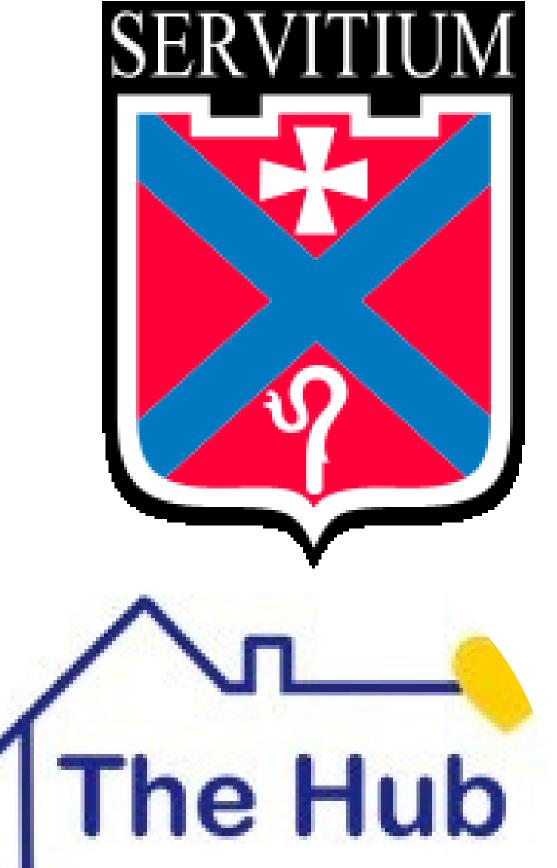




PLEASE SEE HUB STAFF FOR MORE DETAILS THE HUB THE HUB STAFF

2025

S1-4 are welcome to join the afterschool Hub Club, based in The Hub every Wednesday afternoon from 20/9, at 2.45.



It is important to take care of our health and wellbeing and this is what this club will focus on. There will be a wide range of activities on offer, alternating weekly, including s and crafts, sport, cooking, dance, outdoor fun and mindful activities.

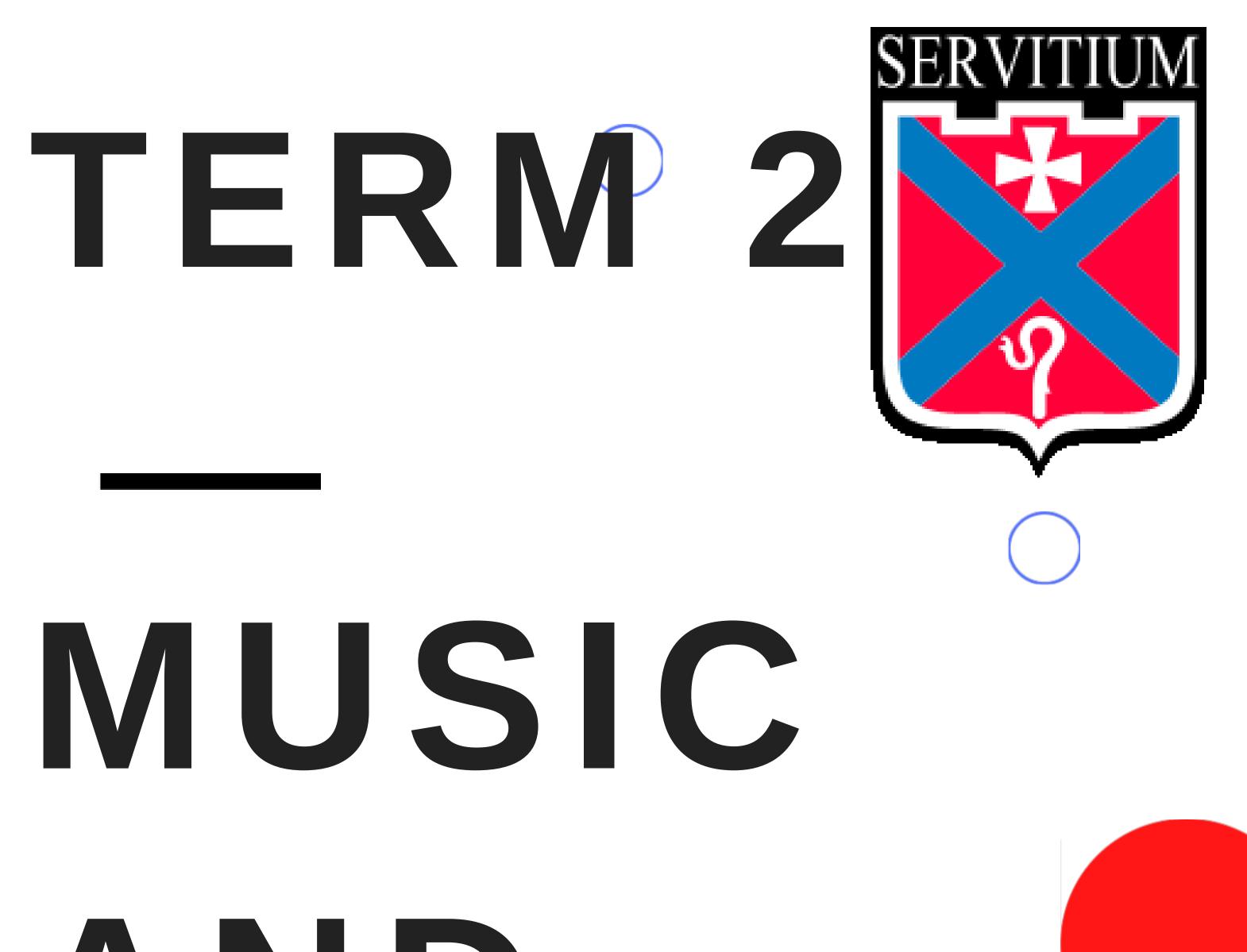
We look forward to welcoming you!

S1 - S4

PLEASE NOTE: This club will finish on 26th March.

WEDNESDAY 14:45 - 15:25 THE HUB

PLEASE SEE HUB STAFF FOR MORE DETAILS





DRAMA MEARNS CASTLE HIGH SCHOOL



BRASS GROUP MR MITCHELL



If you are interested in this club please speak to lead teacher to find out more information.







CHOIR MISS BROWN



If you are interested in this club please speak to lead teacher to find out more information.







CONCERT BAND MISS BORLAND

S1 - S6



If you are interested in this club please speak to lead teacher to find out more information.

ONLY MISS BORLAND CAN BOOK PUPILS INTO MUSIC CLUB SEE MISS BORLAND

PLEASE SEE LEADING

TEACHER FOR MORE DETAILS

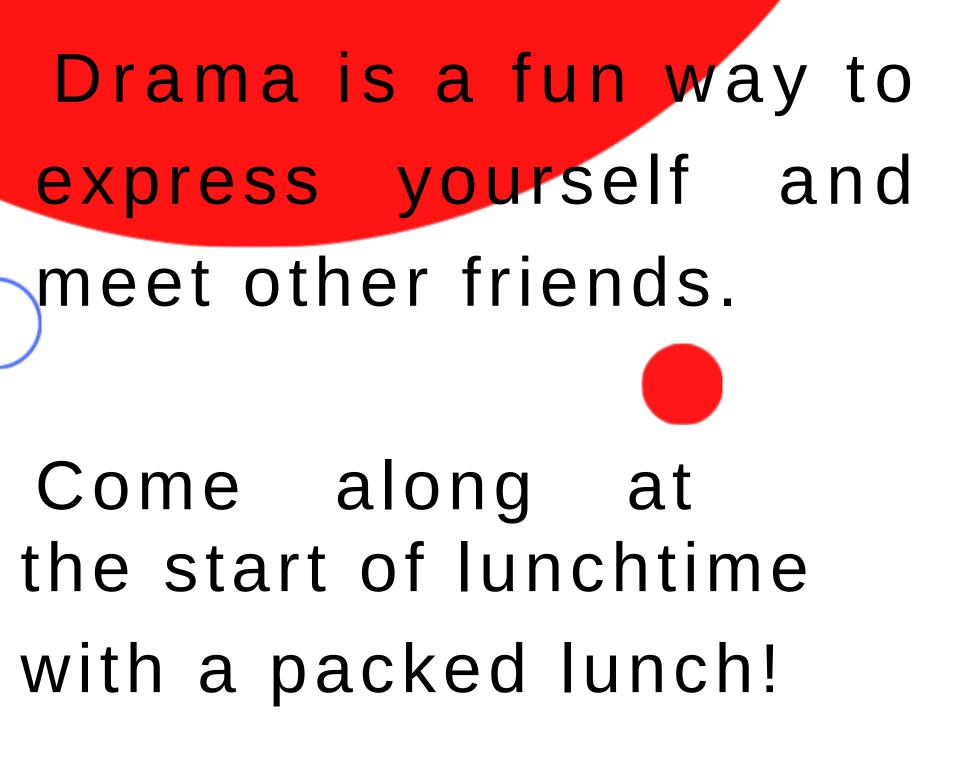




DRAMA CLUB MRS GILES

S1





WEDNESDAY 12:25-13:00 C1





DRAMA CLUB MRS GILES, MRS FREW



AND MR MATHIESON

Drama is a fun way to express yourself and meet other friends.

Come along at the start of lunchtime with a packed lunch! THURSDAY 15:35-16:45 C1

S 2 - S 6



GOUITAR GROUP MRS MILLER



If you are interested in this club please speak to lead teacher to find out more information.

> ONLY MISS BORLAND CAN BOOK PUPILS INTO GUITAR GROUP SEE MISS BORLAND





S1 MUSIC CLUB MISS GIBSON

S1 - S2



If you are interested in this club please speak to lead teacher to find out more information.

> ONLY MISS BORLAND CAN BOOK PUPILS INTO MUSIC CLUB SEE MISS BORLAND



STRING ENSEMBLE MS BAILIE



If you are interested in this club please speak to lead teacher to find out more information.

> ONLY MISS BORLAND CAN BOOK PUPILS INTO MUSIC CLUB SEE MISS BORLAND



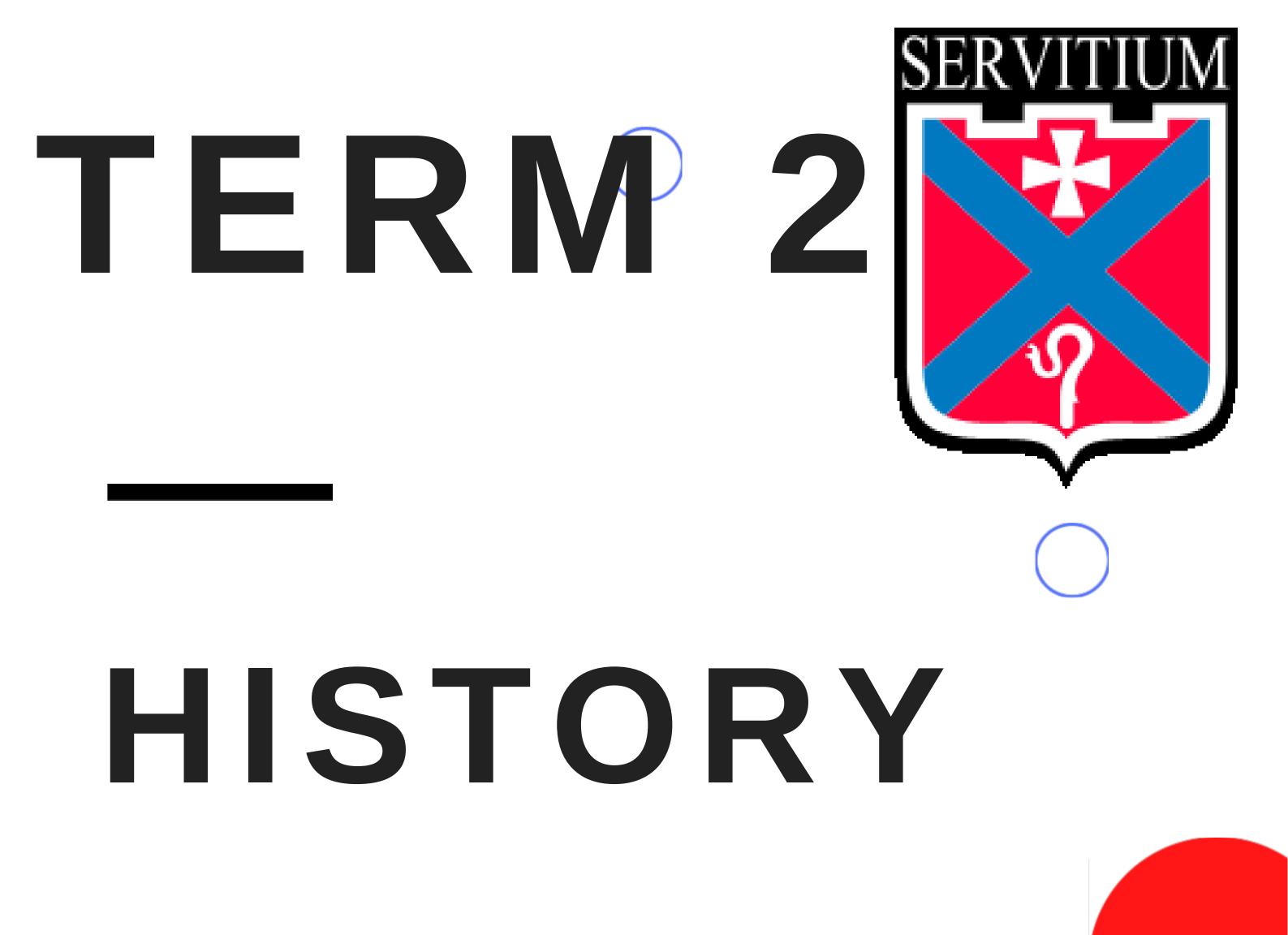
WOODWIND ENSEMBLE

S4 T0 S6



If you are interested in this club please speak to lead teacher to find out more information.

> ONLY MISS BORLAND CAN BOOK PUPILS INTO MUSIC CLUB SEE MISS BORLAND



MEARNS CASTLE HIGH SCHOOL



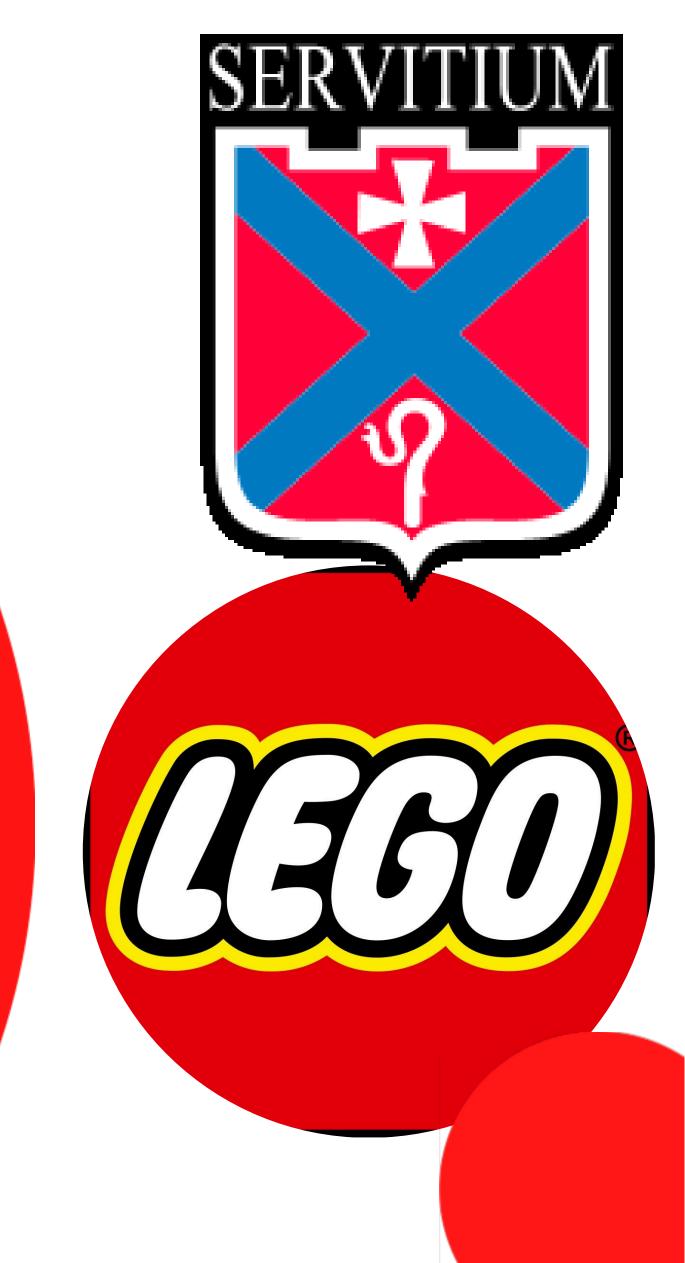


FOLLOW FOR UPDATES @MCHSCLUBS

EXTRA **CURRICULAR**



LEGO HISTORY



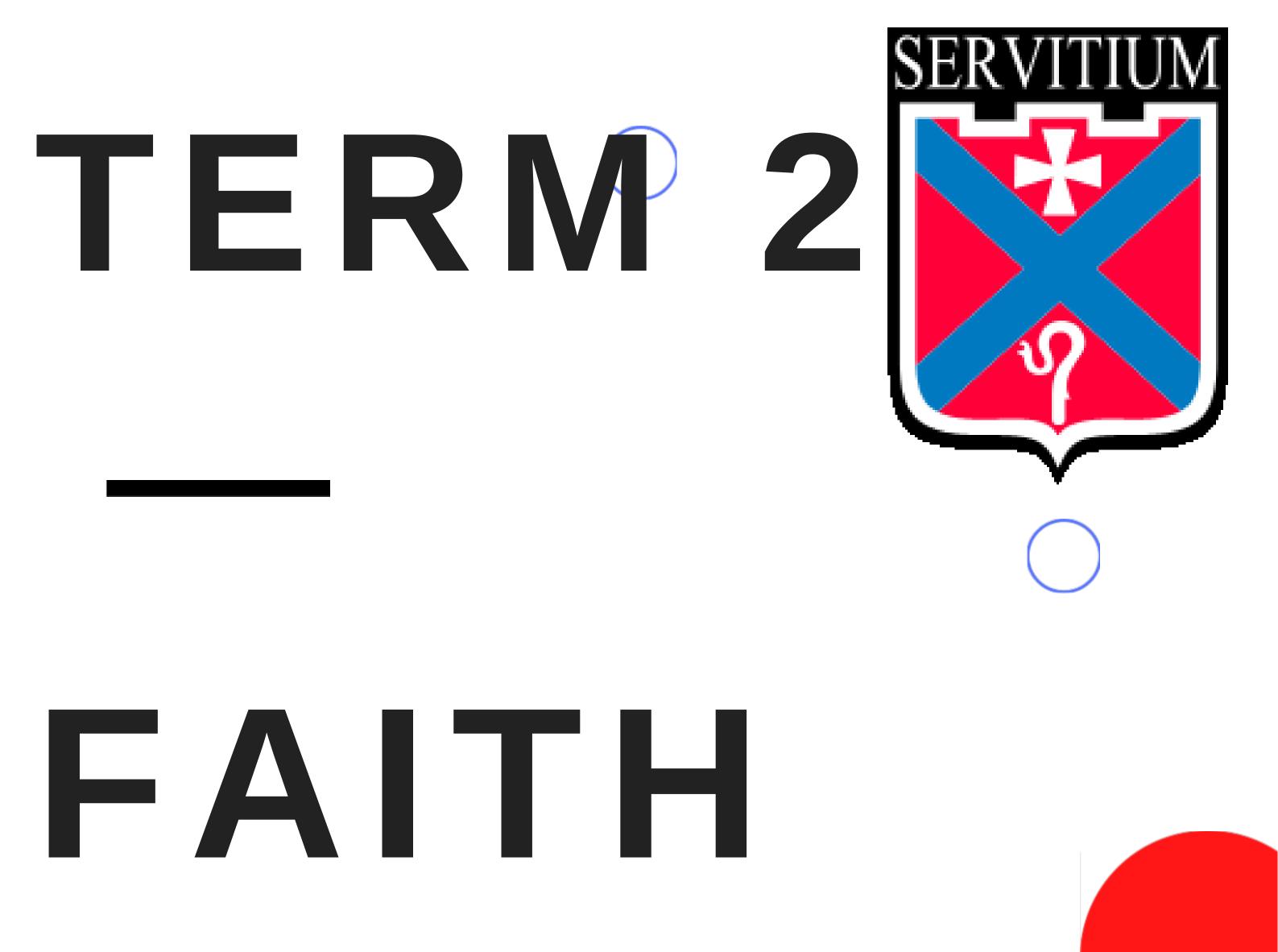
MISS THOMSON

The Lego History Club use Lego to build famous moments in history and then challenge the rest of the school to guess the event. We work as a team to decide on historical events, to design and build and then to organise our school-wide competition.

S1 AND S2



TUESDAY 12:20 - 13:05**F9**



MEARNS CASTLE HIGH SCHOOL

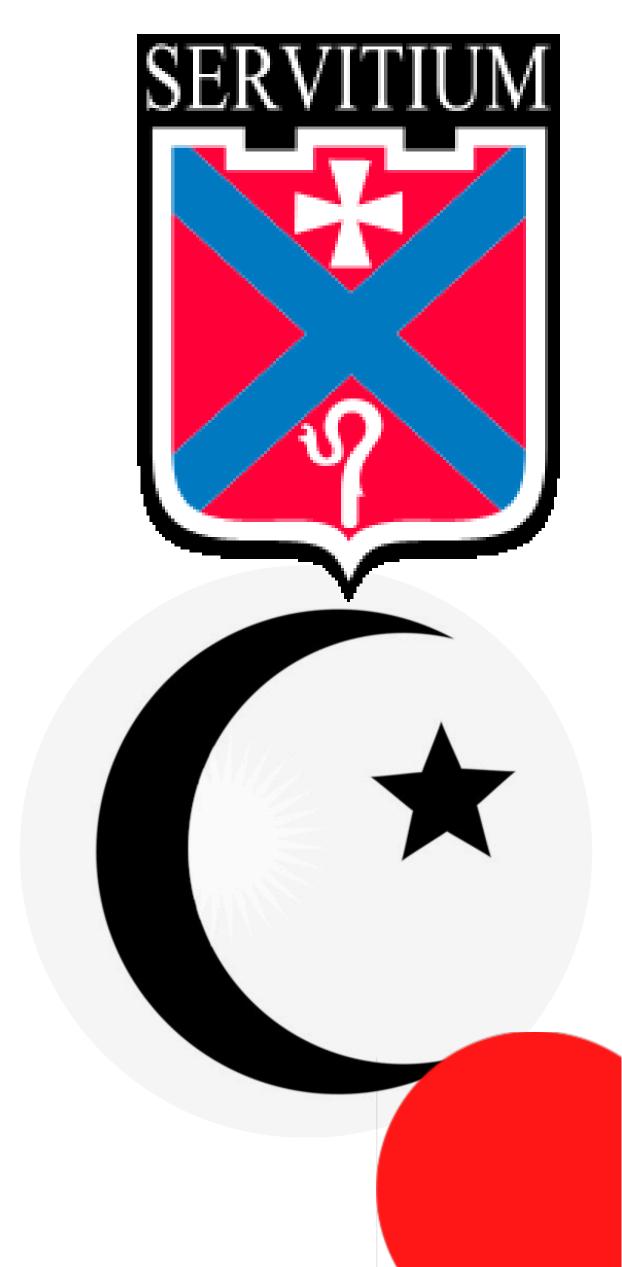


FOLLOW FOR UPDATES @MCHSCLUBS

EXTRA **CURRICULAR**



MUSLIM PRAYER GROUP



Mr Moghul

The club gives Muslim pupils the opportunity to offer their prayers during lunchtime, ask questions and spend time with friends.



PLEASE SEE LEADING TEACHER FOR MORE DETAILS

MON-FRI

F10



SCRIPTURE UNION CLUB



MS FORESTER

Scripture Union is for anyone wanting to explore the Christian faith, ask any questions they have or just spend time together. We often have special events involving food.



THURSDAY 12:30-13:00 F2



URDU

MS KHAN

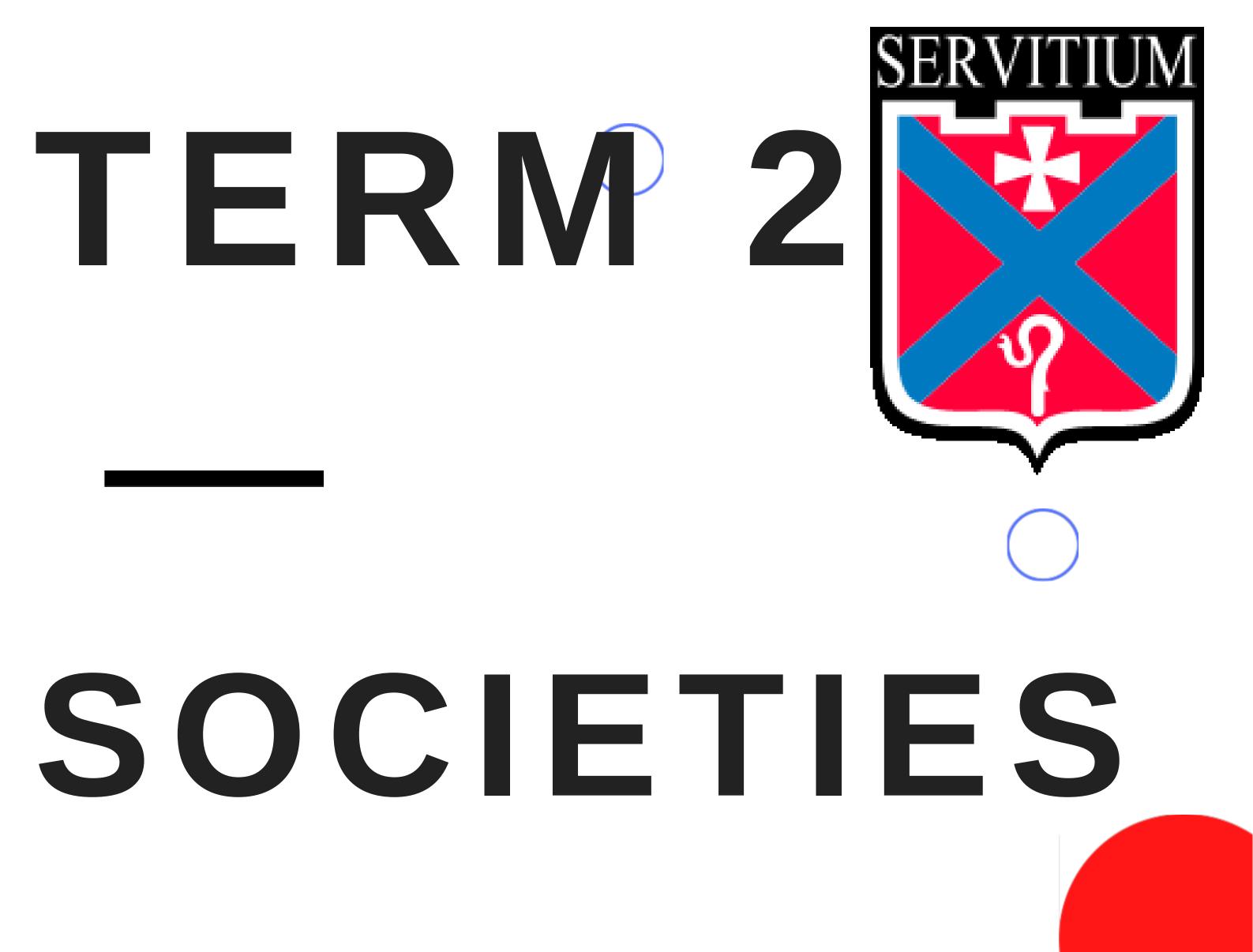


Learn Urdu language in a fun way. Improve your reading, writing, listening and speaking skills.

S1 - S6

PLEASE SEE LEADING TEACHER FOR MORE DETAILS

FRIDAY 12:20-13:00 D5



MEARNS CASTLE HIGH SCHOOL



@MCHSCLUBS

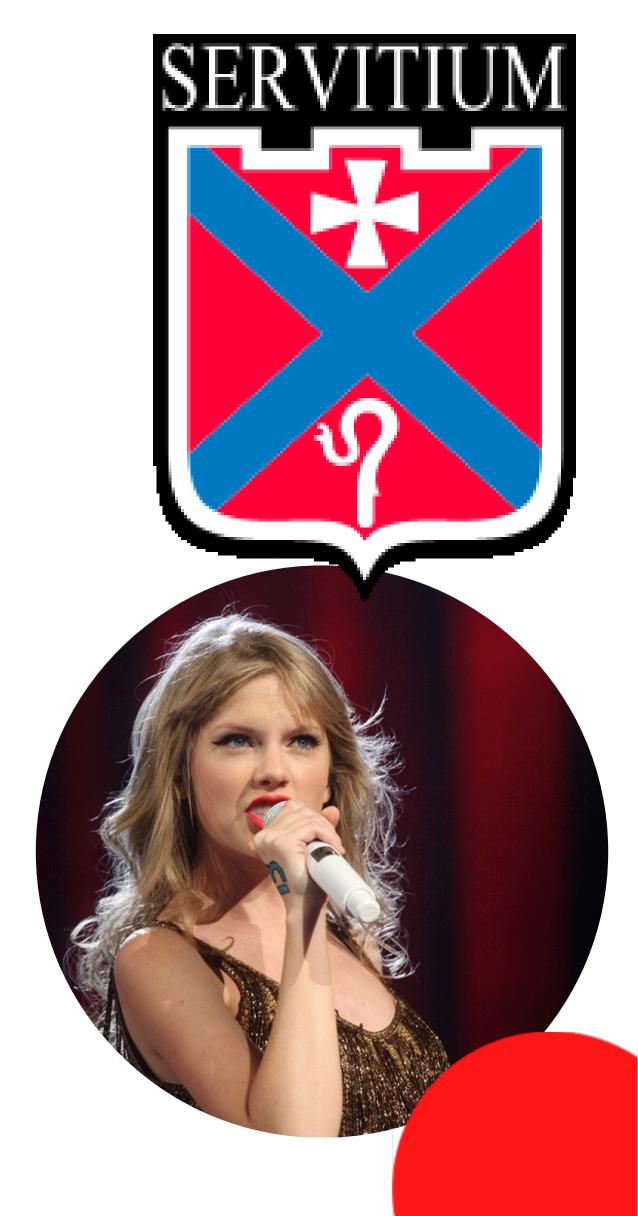
EXTRA **CURRICULAR**

FOLLOW FOR UPDATES



SWIFTY SOCIETY MS MECHAN

Are you in your Swiftie era? Are you a Lover of everything Taylor Swift? If so, Speak Now!



Don't miss out on album ranking, secret song concert predictions, bracelet making, the Reputation release party, Karaoke and more!

...Ready for it? Come along and join us!



FRIDAY 12:30-13:00 C12



MEARNS CASTLE HIGH SCHOOL



FOLLOW FOR UPDATES @MCHSCLUBS





DUNGEONS AND DRAGON CLUB



Calling all adventurers, come along and be introduced to the world of Dungeons and Dragons.

Get involved in character creation and development.

Explore the lore, form an adventuring party to complete quests and exploration.

This club can only accommodate 8 pupils and therefore a waiting list will be available with Mr Johnson.

S1

FRIDAY 12:30-13:00 A8



VIDEO GAME CLUB

MR MACPHEE

Game Club is an enjoyable and relaxing way to end a school week.



Aside being good fun, gaming is shown to benefit response times; encourage teamwork and critical thinking skills; stimulate creativity, focus and visual memory and improve strategy and leadership.

We primarily play multi-player games on the Nintendo Switch but we encourage members to make suggestions, organise tournaments or even just to come along for a chat about their favourite games.

THURSDAY 15:35-16:25 D18

S1 - S6 TEAC



S1 - S6

WARHAMMER ALLIANCE CLUB MR MACPHEE



What is Warhammer? More than a game, the Warhammer hobby is your gateway to a global community of likeminded people who share a love for our worlds and the characters that inhabit them. With spectacular battles, extraordinary characters, and limitless creativity, Warhammer encompasses a variety of tabletop games, miniatures, universes, and stories. With loads of ways to enjoy Warhammer, from Collecting, Building, Painting, Playing or reading there is something for everyone.

