

MEARNS CASTLE HIGH SCHOOL

EXTRA CURRICULAR ACTIVITIES





PLEASE NOTE

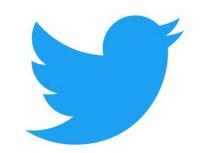


All after school clubs must be booked through a Microsoft Form which will be emailed to parents/guardians with a link to the extra-curricular booklet.

All lunch time clubs are drop in classes so please just turn up on the day to your favourite club.

MEARNS CASTLE HIGH SCHOOL

EXTRA CURRICULAR ACTIVITIES

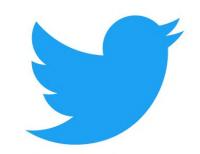


Monday	Lunch Time	After School
	Rights, Respecting Schools Group Woodwind Club Music Club Gymnastics DYW Drop-In Muslim Prayer Group Language and Film Club Higher PE Practical Performance Development IDEA (Inspiring Digital Enterprise Award) club Art Club	Badminton Maths Club Rugby Junior Basketball Senior Club Debating Club Junior Girls Football
Tuesday	Lunch Time	After School
	Anti-Bullying Club Library Book Group Philosophy Club Lego History Club Muslim Prayer Group Basketball Handball	Basketball Junior Club Concert Band Hockey
Wednesday Before School	Lunch Time	After School
Basketball	Badminton Table Tennis Drama Club Muslim Prayer Group	The Hub Netball Cookery Club
Thursday	Lunch Time	After School
	Fitness Volleyball String Ensenble Brass Group Muslim Prayer Group Chess Club	Rugby Senior Volleyball Junior Debating Club Senior Drama Club Junior Drama Club Senior Athletics
Friday Before School	Lunch Time	After School
Basketball	Pride Cryptocrackers Guitar Group Choir Muslim Prayer Group Senior Steel Band Swift Society Scripture Union Club	
Irregular Times		
		Girls Football U16 Football School Show STEAM: TBC



MEARNS CASTLE HIGH SCHOOL

EXTRA CURRICULAR ACTIVITIES



TERM

ATHLETICS MISS MITCHELL

Come along to the PE department to be involved in athletics. It's a great way to keep fit,



make new friends and do something fun after school. Looking forward to seeing you all then.

THURSDAY 15:35 - 16:25 MEET: FITNESS SUITE

PLEASE SEE LEADING TEACHER FOR MORE DETAILS

S1 - S6

TERM

BADMINTON MR GIBSON

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.



MONDAY 15:35 - 16:25 GAMES HALL

S1 - S6

TERM

BADMINTON MR GIBSON

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.



WEDNESDAY 12:30-13:00 OLD GYM

S1 - S6

TERM

BASKETBALL MR SCOTT

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.

> MONDAY 15:35 - 16:25 OLD GYM

SERVITIUM

S4 - S6

TERM

BASKETBALL MR GIBSON

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.

> FRIDAY 7:45 - 8:30 GAMES HALL

SERVITIUM

S1 - S6

TERM

BASKETBALL MR GIBSON

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.

> FRIDAY 7:45 - 8:30 GAMES HALL

SERVITIUM

S1 - S6

TERM

BASKETBALL

MR SCOTT

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.

S1 - S3

TUESDAY 15:35 - 16:25 GAMES HALL

PLEASE SEE LEADING TEACHER FOR MORE DETAILS

SERVITIU

JM

TERM

BASKETBALL MR ROBERTSON

Come along to the PE department to be involved in playing a mixture of games and

a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.

> TUESDAY 12:25 - 13:00 GAMES HALL

SERVITIUM

S1 TO S6



FITNESS CLUB MR SCOTT



Come along to the PE department to be involved in a mixture of fitness activities such as using the rowing, treadmill bike and cross trainer machines whilst meeting a variety of different people. It's a great way to keep fit, make new friends and do something fun during your lunch time. Looking forward to seeing you all then.

S1TOS6

THURSDAY 12:30 - 13:00 FITNESS SUITE



GIRLS FOOTBALL MISS RASUL



Available to all levels. There is no formal training scheduled for this club. The club will compete in various competitions throughout the year.

MONDAY 15:35 - 16:25FOOTBALL PITCH

PLEASE SEE LEADING **TEACHER FOR MORE** DETAILS

S1 - S3



FOOTBALL U14 MR WESTON



This team will be selected through trials.

There is no formal training scheduled for this club.

The club will compete in various competitions throughout the year.

UNDER 14



FOOTBALL U16 Mr kyle



This team will be selected through trials.

There is no formal training scheduled for this club.

The club will compete in various competitions throughout the year.

UNDER 16



TERM

GYMNASTIC 5

NEVE MCNAB, SOPHIE MO AND

MISS ROBERTS

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.

S1 - S6

PLEASE SEE LEADING TEACHER FOR MORE DETAILS

MONDAY

NEW GYM

12:30 - 13:00

SERVITIUM

TERM

HANDBALL MRS LITTLE

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.



TUESDAY 12:30 - 13:00 OLD GYM

S1 - S6



TERM

HIGHER PE PE STAFF

Come along to develop your practical performance in the PE department. This programme will be custom built to those who wish to develop their practical performance prior to being assessed.



MONDAY 12:30 - 13:00 GAMES HALL + OLD GYM

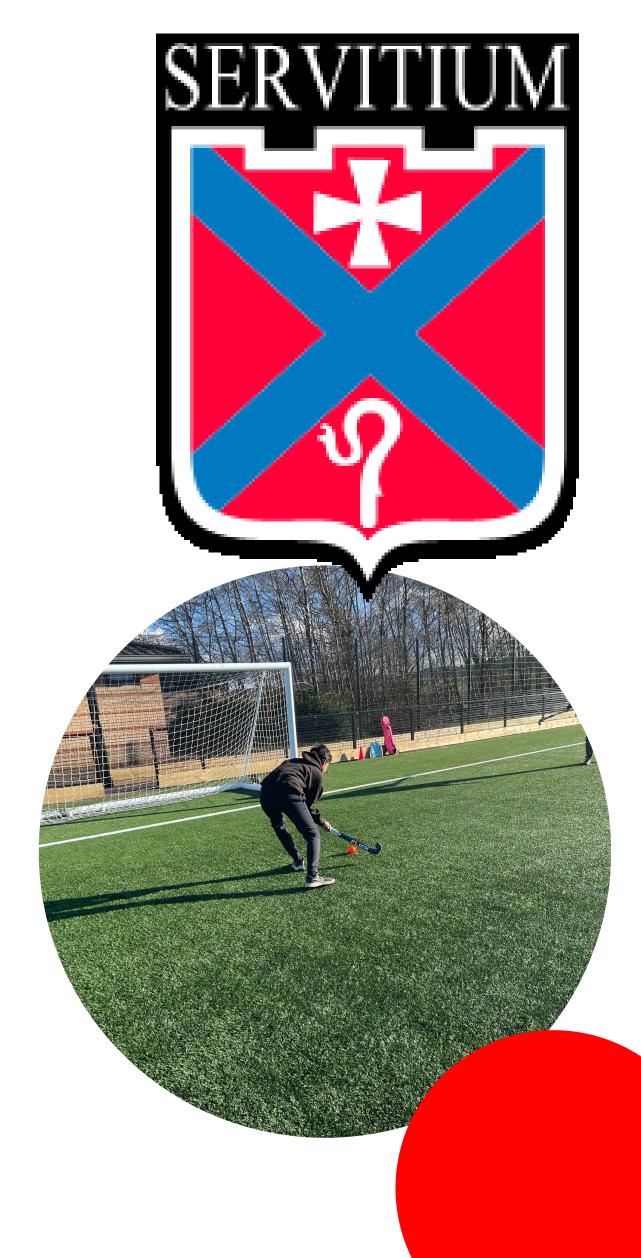
PLEASE SEE LEADING TEACHER FOR MORE DETAILS

S5 - S6

TERM

HOCKEY MRS TELFER

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all



then.

TUESDAY 15:35 - 16:25 OLD GYM + OUTSIDE

> PLEASE SEE LEADING TEACHER FOR MORE DETAILS

S1 - S3

TERM

NETBALL Jemma moffat, naomi

O'BRIEN AND MISS MCCALL

PLEASE NOTE: Club will not run on 27th



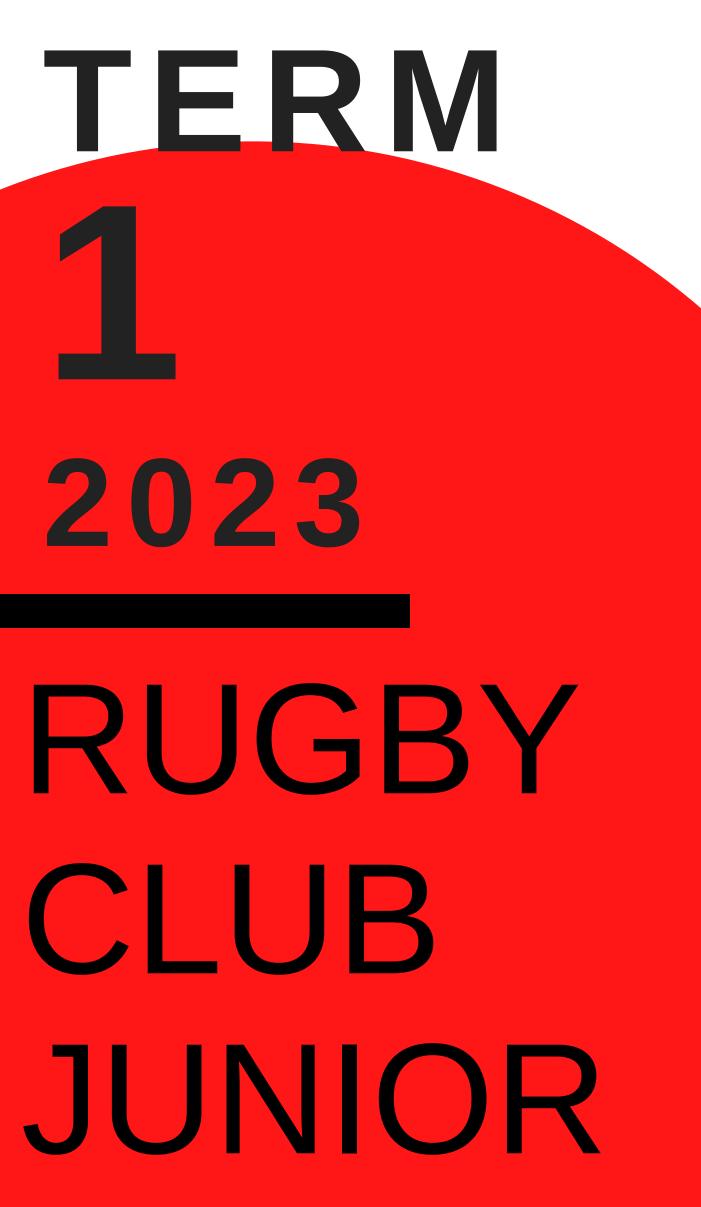
September or 8th November

Come along to the PE

S1 - S2

department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.

WEDNESDAY 14:45 - 15:25 GAMES HALL





MR MARTIN AND RUGBY DEVELOPMENT OFFICER

Come along to the PE

department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun during after school. Looking forward to seeing you all then.

S1 AND S2

MONDAY 15:35 - 16:25 ASTRO/GRASS



RUGBY CLUB SENIOR



Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun during after school. Looking forward to seeing you all then.

S3 AND S4

THURSDAY 15:35 - 16:25 ASTRO/GRAS



TABLE TENNIS MR GIBSON



Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun.

S1 AND S2

PLEASE SEE LEADING TEACHER FOR MORE DETAILS

WEDNESDAY 12:30 - 13:00 OLD GYM



TERM

VOLLEYBALL CLUB MRS MCNAB



Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun. Looking forward to seeing you all then.

S1 - S6

THURSDAY 12:30 - 13:00 GAMES HALL



TERM

VOLLEYBALL JUNIOR MRS. MCNAB

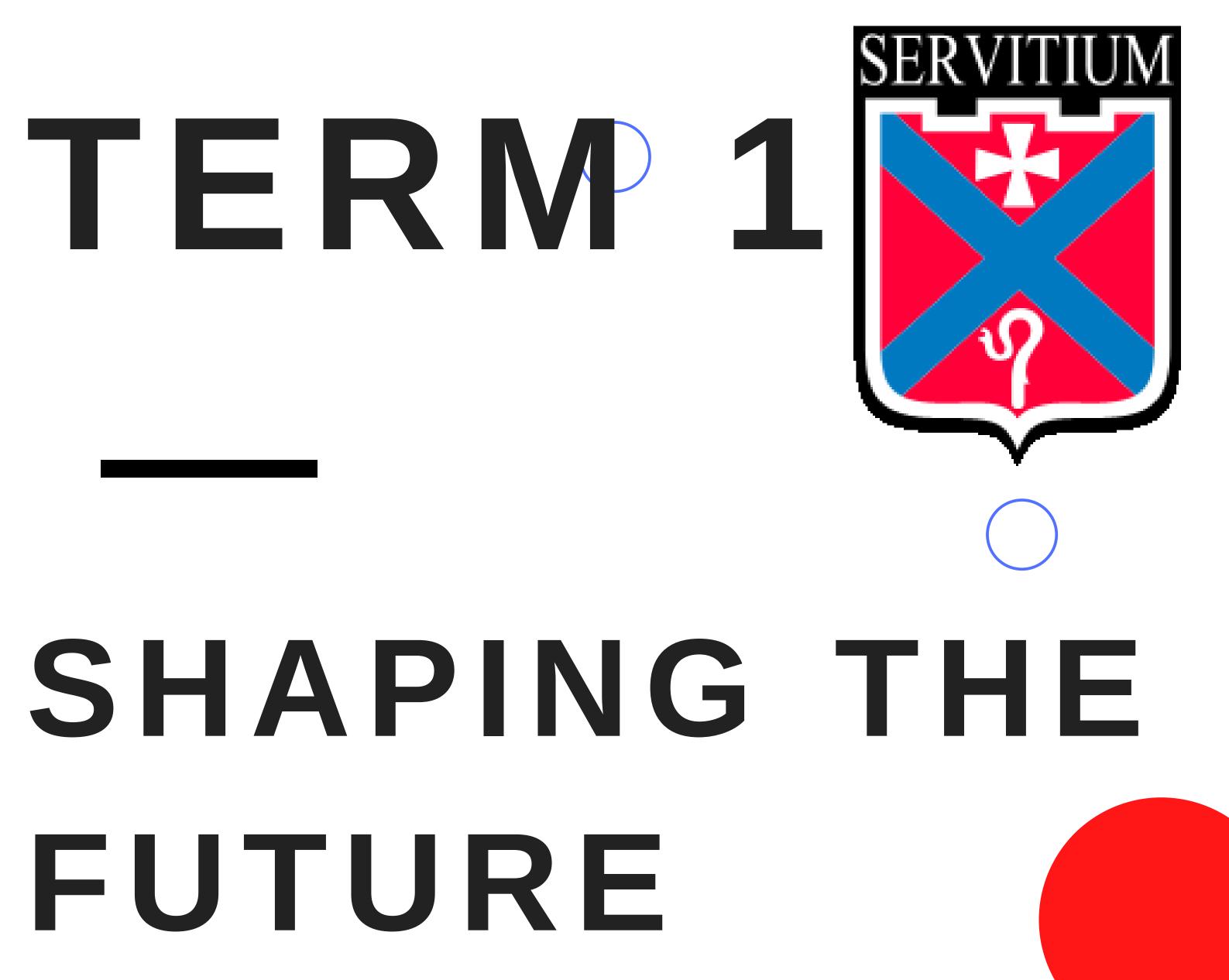


Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun. Looking forward to seeing you all then.

S1 AND S2

PLEASE SEE LEADING TEACHER FOR MORE DETAILS

THURSDAY 15:35 - 16:25 OLD GYM



MEARNS CASTLE HIGH SCHOOL

EXTRA CURRICULAR ACTIVITIES







MISS ROBERTS AND MRS CRILLEY

This club will be responsible for creating posters, notice boards and creating online content to 'stamp out bullying'. They will have a visual presence within the school whilst working with staff in their role as antibullying ambassadors.

You will be trained to offer confidential support to prevent and stop bullying. This is your chance to make a big difference in Mearns Castle High School. $S_1 - S_6$ TUESDAY 12:30 - 13:00 E2



DROPIN MICHELLE O'DONNELL



Pop in for a quick chat about your career goals or find out more about:

Virtual Insight Webinars

- Work Experience
- College Applications
- Apprenticeships
- Job Vacancies
- Open Days
- Volunteering

- S6

• And more!

MONDAY 12:30 - 13:00 PASTORAL SUPPORT OFFICE



MISS RUSSELL

Pupils will engage in thought-provoking discussions surrounding the differences we can all make to our planet. There will be opportunities to spend time in the local community and work with external agencies to allow their thoughts and ideas to come to life. Gardening and litter picks will feature in the activities! S6 pupils can undertake their Young Stem Leader Award through their involvement in both Eco-Committee and STEAM Club.

S1 - S6

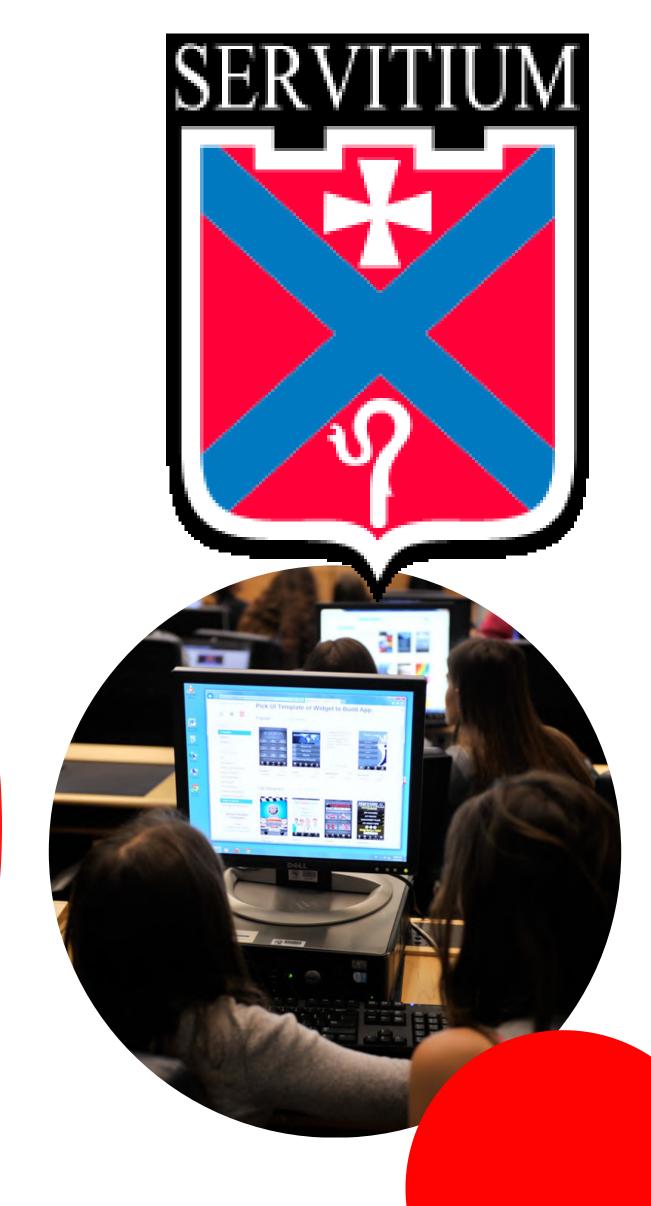
DAY: TBC TIME: TBC

CHEMISTRY DEPARTMENT

TERM

IDEA Club (Inspiring Digital Enterprise Award) MS NICOL AND MRS

MCKINNON



The IDEA (Inspiring Digital Enterprise Award) club provides pupils with the opportunity to earn badges to attain certain levels of digital attainment.

Badges include AI, Coding, Internet safety, virtual reality etc

MONDAY 12:30-13:00 D7

S 1

TERM

PRIDE MR SORLEY

Our well established school Gender, Sexuality and Allies group is open to all to attend. It represents anyone who identifies as being part of the LGBTQ+ community, has a family member or friend who identifies as being LGBTQ+ or simply wants to support the work that we have been doing so far on our



Equalities journey in the school.

We will continue to engage with other LGBTQ+ groups across East Renfrewshire Council and work with other LGBTQ+ organisations and groups to bring about positive change for the LGBQT+ community within our wider school community.

S1 - S6

FRIDAY 12:40- 13:05 T2 TECHNICAL DEPARTMENT



RIGHTS RESPECTING SCHOOLS GROUPS



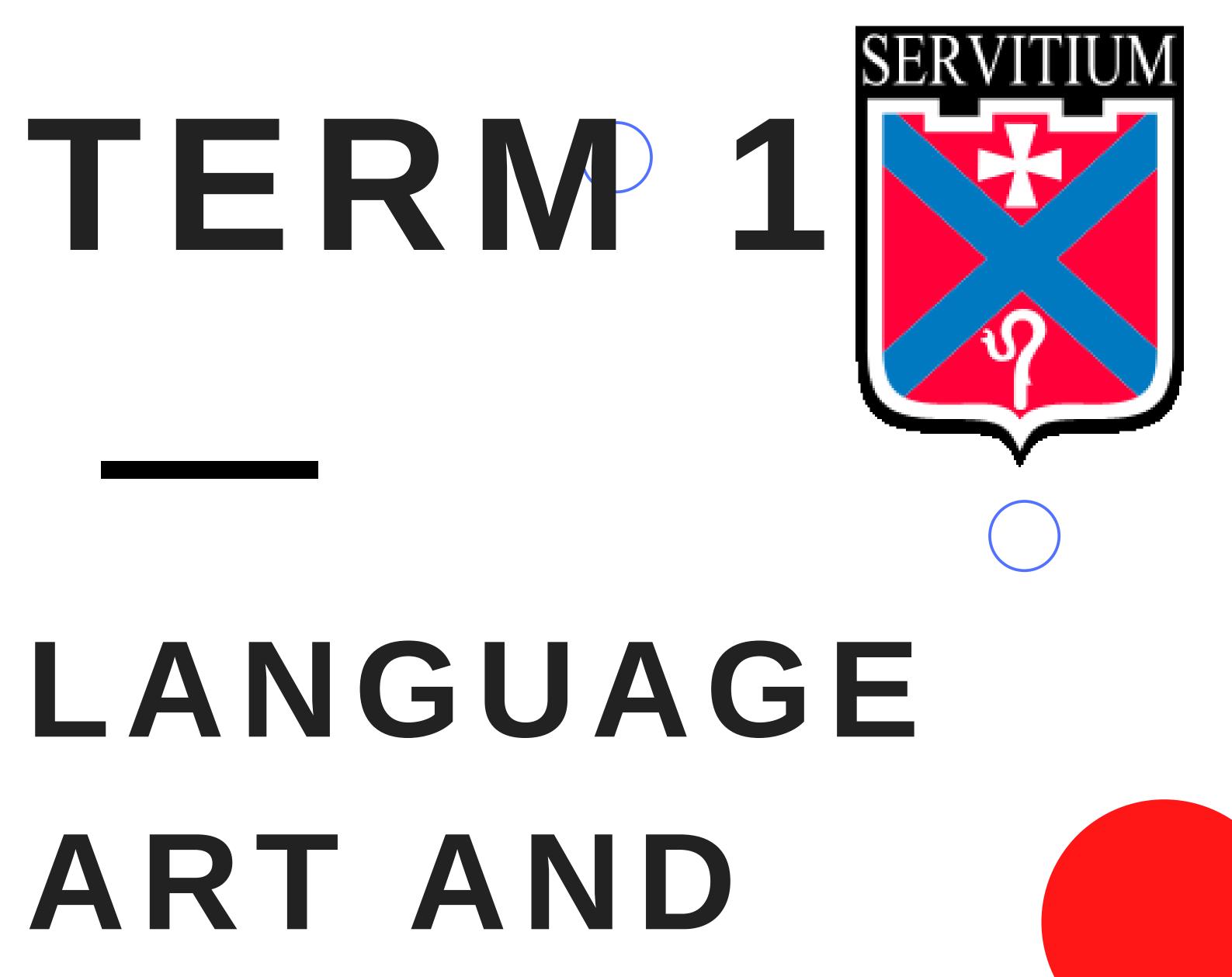
MISS GILLAN AND

HENDERSON

The Rights Respecting Schools group has been set up to promote an inclusive environment at MCHS where pupils learn about their rights and how to ensure all young people have their rights respected. Pupils attend meetings where their voice is heard in matters that affect them, school life and life outside of MCHS. In the past pupils have been involved in delivering assemblies to different year groups, organising food bank collections and hosting a human rights week. We are always looking for new members who are passionate about making a difference to people's lives.

S1 TO S6

MONDAY 12:30 - 13:05 D18 RMPS



MEARNS CASTLE HIGH SCHOOL

CULTURE

EXTRA CURRICULAR ACTIVITIES





TERM

ART CLUB MS MECHAN AND MS MCGILL



Come along and join in some art activities!

MONDAY 12:30 - 13:00 ART DEPARTMENT

PLEASE SEE LEADING TEACHER FOR MORE DETAILS

S1 - S2



CHNESE CLUB



MS ZHANG

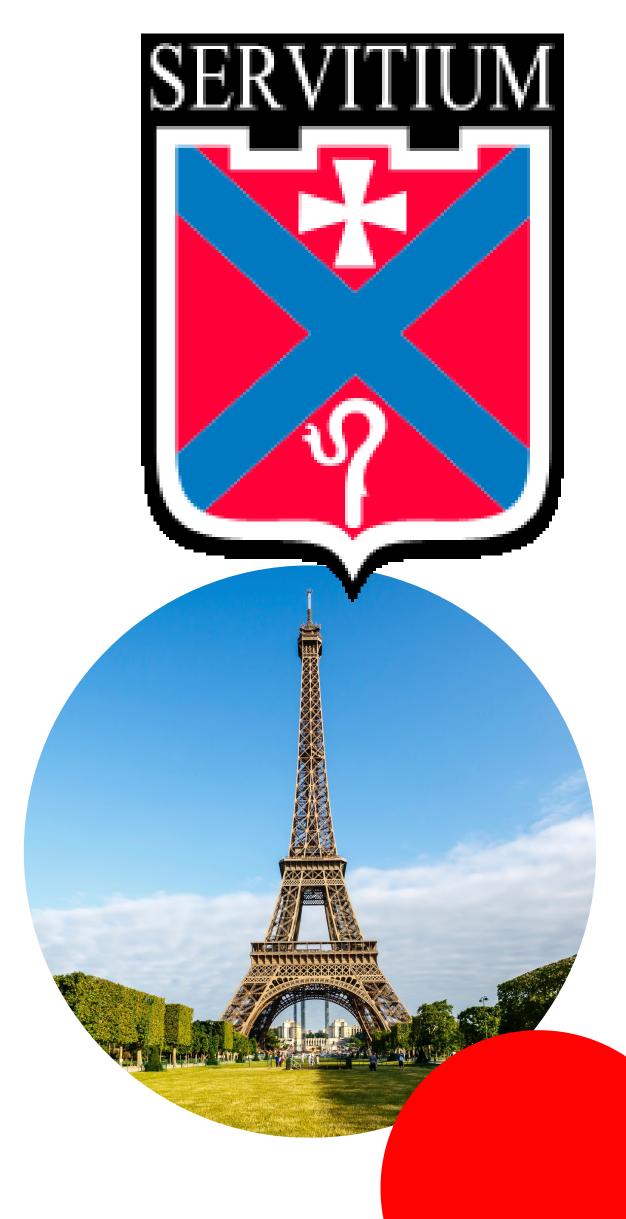
- Monkey King, Origami and paper cutting, Chinese chess, Calligraphy and brush painting, Chinese shuttlecock, Chinese opera masks,
- Chinese cartoon and pop music. Chinese
- is one of the richest cultures in the world. Don't miss the
- opportunity to experience the magical
- culture in the Chinese club!
- Learning Chinese language offers
- great benefits to your child's personal
- and professional growth in the future.

S1 AND S2

THURSDAY 12:30 - 13:05**D**3



LANGUAGE + FILM CLUB MISS MCCULLOUGH



Interested in languages and culture? Or just love films and filmmaking? How about blending the two?

Come to the Language and Film Club!

We'll learn about languages and cultures, watch films and even have

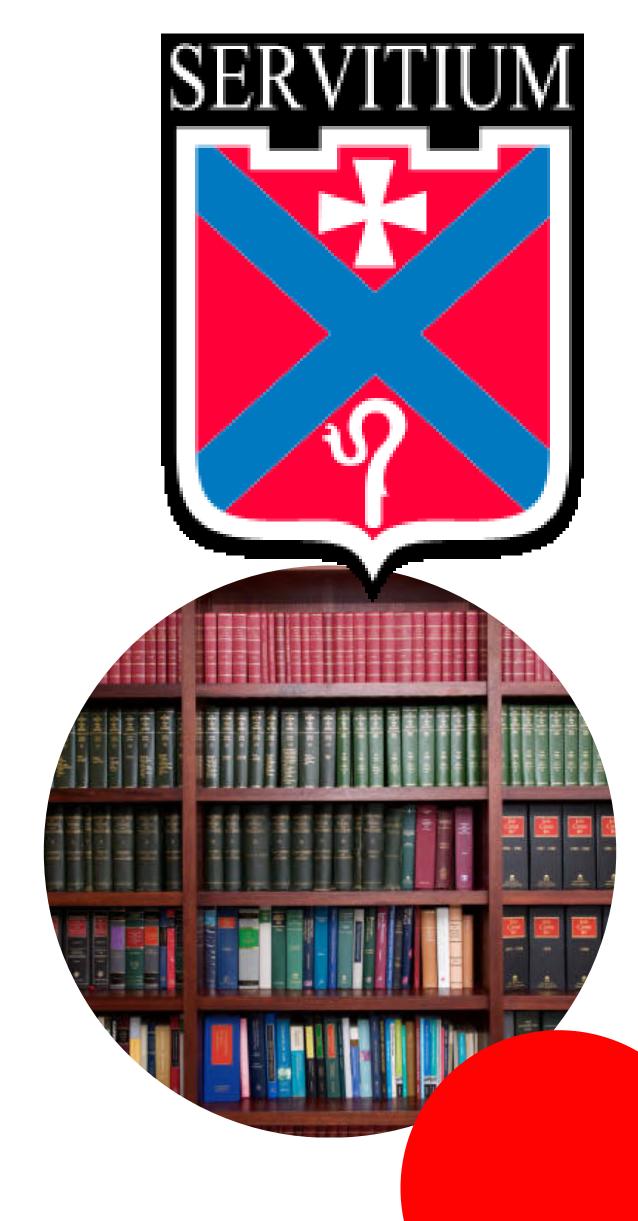
the chance make a film!

S1 - S6

MONDAY 12:30 - 13:00 D9

2023 LIBRARY BOOK GROUP MISS MCEACHERN

TERM



If you love books and reading then the Library Book Group is the place for you! Together we read (and vote for) great new books which have been nominated for various children's book awards such as The East Renfrewshire Teen Book Prize and The Carnegie Book Award.

We meet in the library to discuss the books we are reading and have fun with games and activities.

Our reading is rewarded by winning valuable House Points for each completed book and culminates in a trip to the Edinburgh Book Festival in August to meet exciting authors and attend book signing sessions.

Pupils from all year groups are very welcome to join the Library Book Group, so come along and join in the reading fun!

S1 - S6

EVERY 2ND TUESDAY 12:20-13:05 LIBRARY



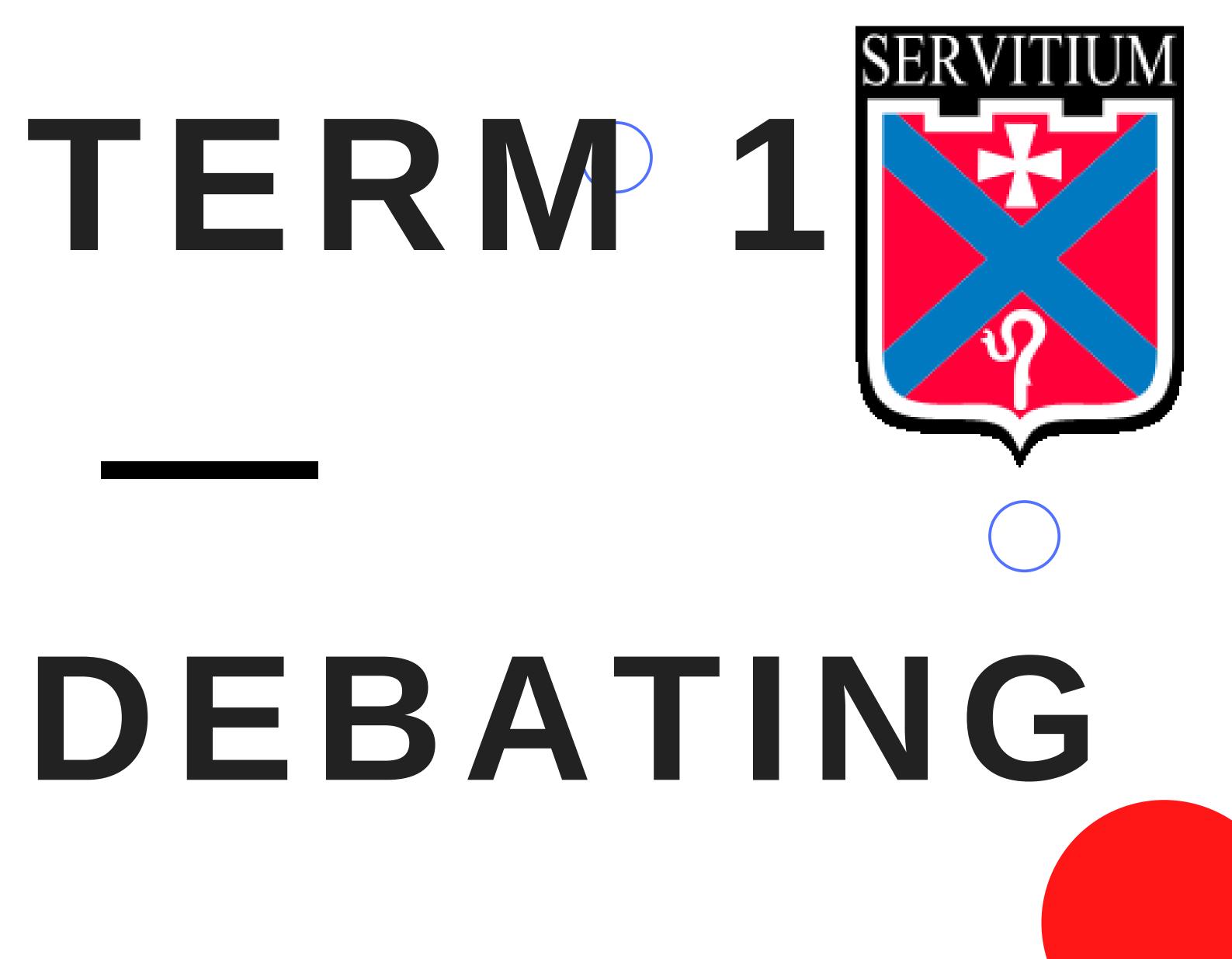
PHILOSOPHY CLUB MISS WALLACE AND MR LAIRD



Are we players in a video game? Is it always wrong to steal? Why are we here? If you have ever thought about any of these questions, then you are already a philosopher. Come along to engage with life's big questions, develop your own views and share them with others. Sessions will involve watching and discussing philosophical films and TV, hearing from experts and debating ultimate questions.

S1 TO S6

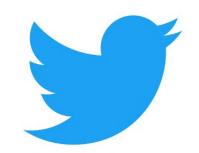
TUESDAY 12:30 - 13:00 D18



MEARNS CASTLE HIGH SCHOOL

EXTRA CURRICULAR ACTIVITIES

FOLLOW FOR UPDATES @MCHSCLUBS



TERM

DEBATING CLUB JUNIOR MR. MCGOWNE



Pupils are involved in debating activities. Beginners to more advanced debaters are welcome. This club will run every week.

S1 - S3

MONDAY 15:35 - 17:30 Room: E4



DEBATING CLUB

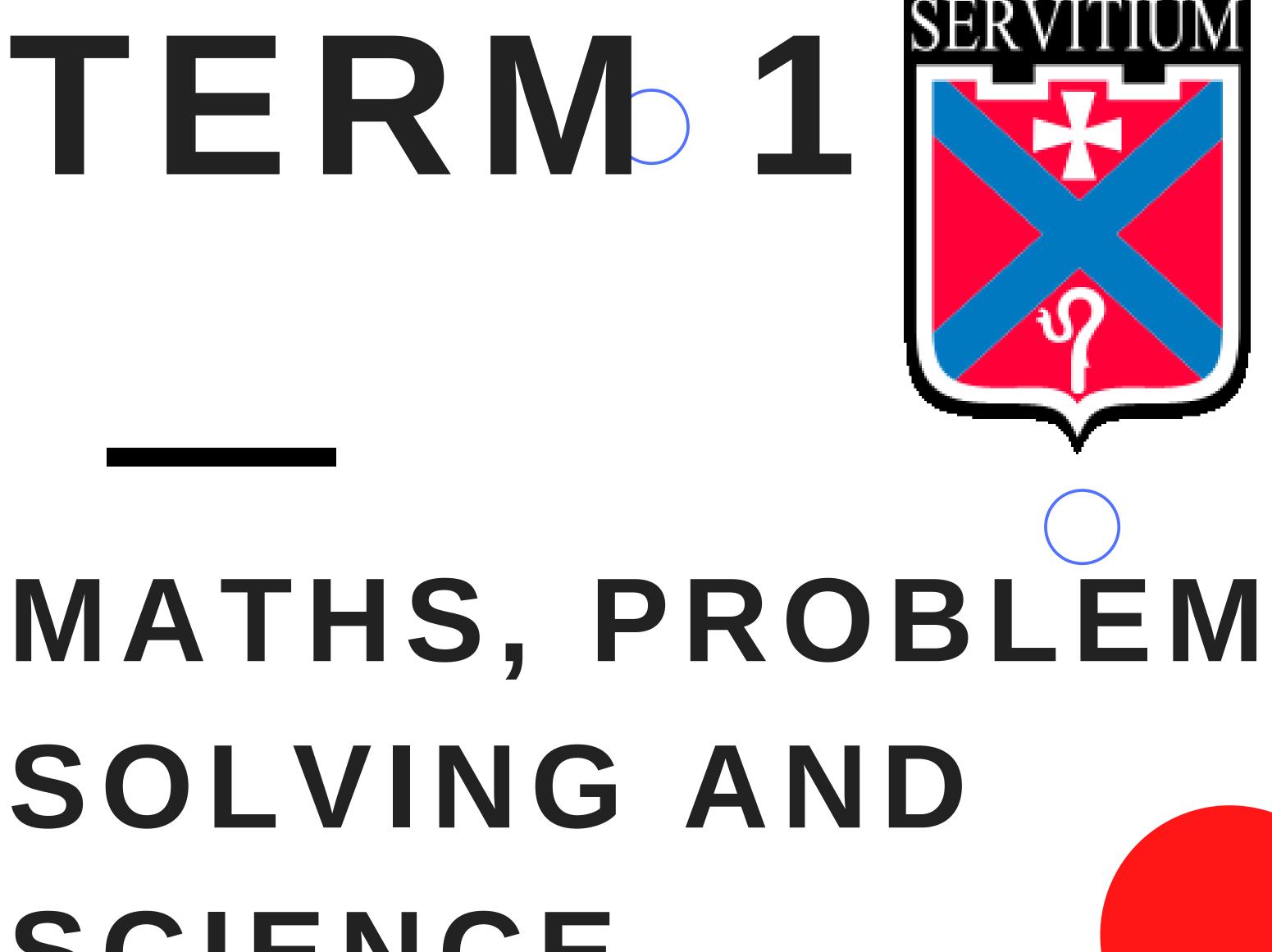


SENIOR MR. MCGOWNE

Pupils are involved in debating activities. Beginners to more advanced debaters are welcome. This club will run every week.

S4 TO S6

THURSDAY 15:35- 17:30 Room: E4

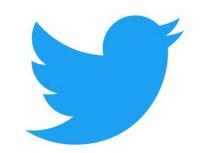


SCIENCE

MEARNS CASTLE HIGH SCHOOL

EXTRA CURRICULAR ACTIVITIES

FOLLOW FOR UPDATES @MCHSCLUBS





CHESS CLUB MS BENN

Suitable for beginners and advanced players. Come along to learn how to play and to challenge someone to a game.



S1 - S3

PLEASE SEE LEADING TEACHER FOR MORE DETAILS

THURSDAY

12:30-13:05

F11

TERM

CRYPTOCRACKERS MISS DICKSON AND MRS THOMSON

CryptoCrackers club runs on a Friday lunchtime in the Maths department. We will learn to crack codes and ciphers and compete in national competitions throughout the year, run by the University of Southampton and the University of Manchester. All year groups are welcome!

S1 TO S6

PLEASE SEE LEADING TEACHER FOR MORE DETAILS

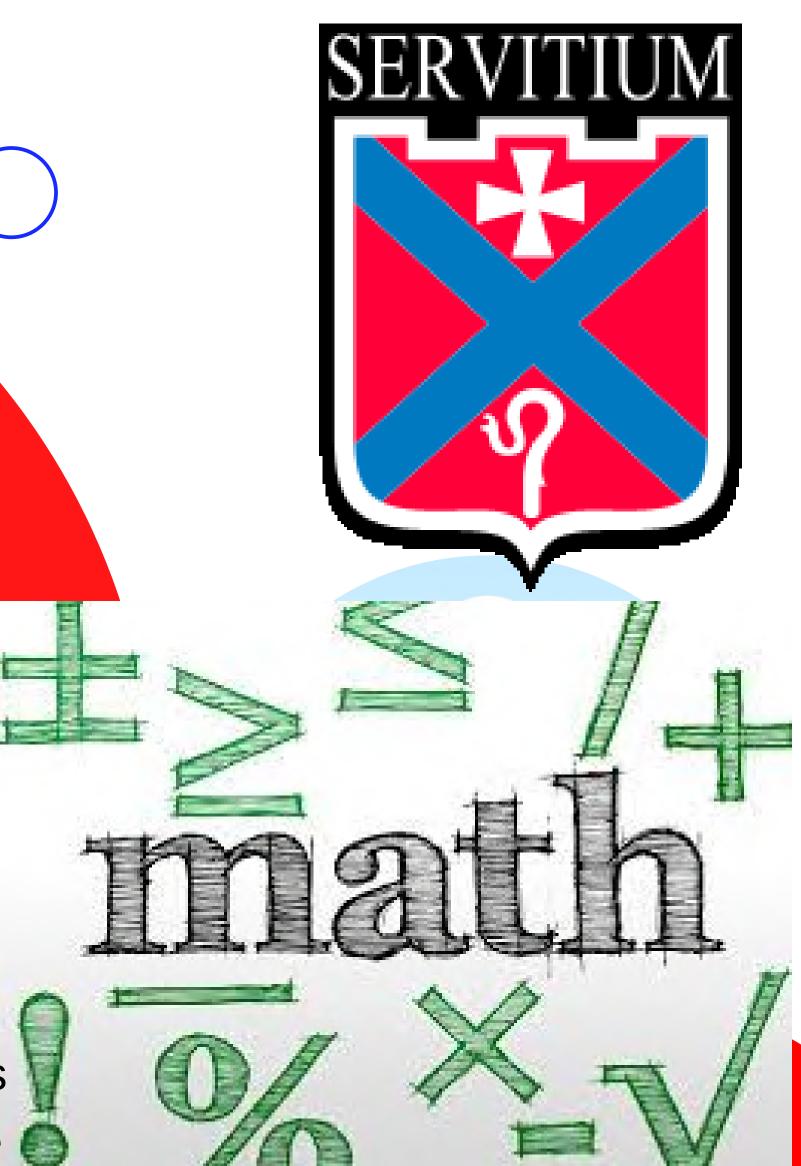
SERVITIU

FRIDAY 12:30 - 13:05 F15 MATHS

TERM

MATHS CLUB MISS MCCALL

The maths club is where pupils can come together to complete



homework and get help with anything maths related.

As well as this pupils will be able to revise for assessments

and receive help.

MONDAY 15:35 - 16:25 F14 MATHS

S1 - S3

TERM

STEAM CLUB MISS RASUL

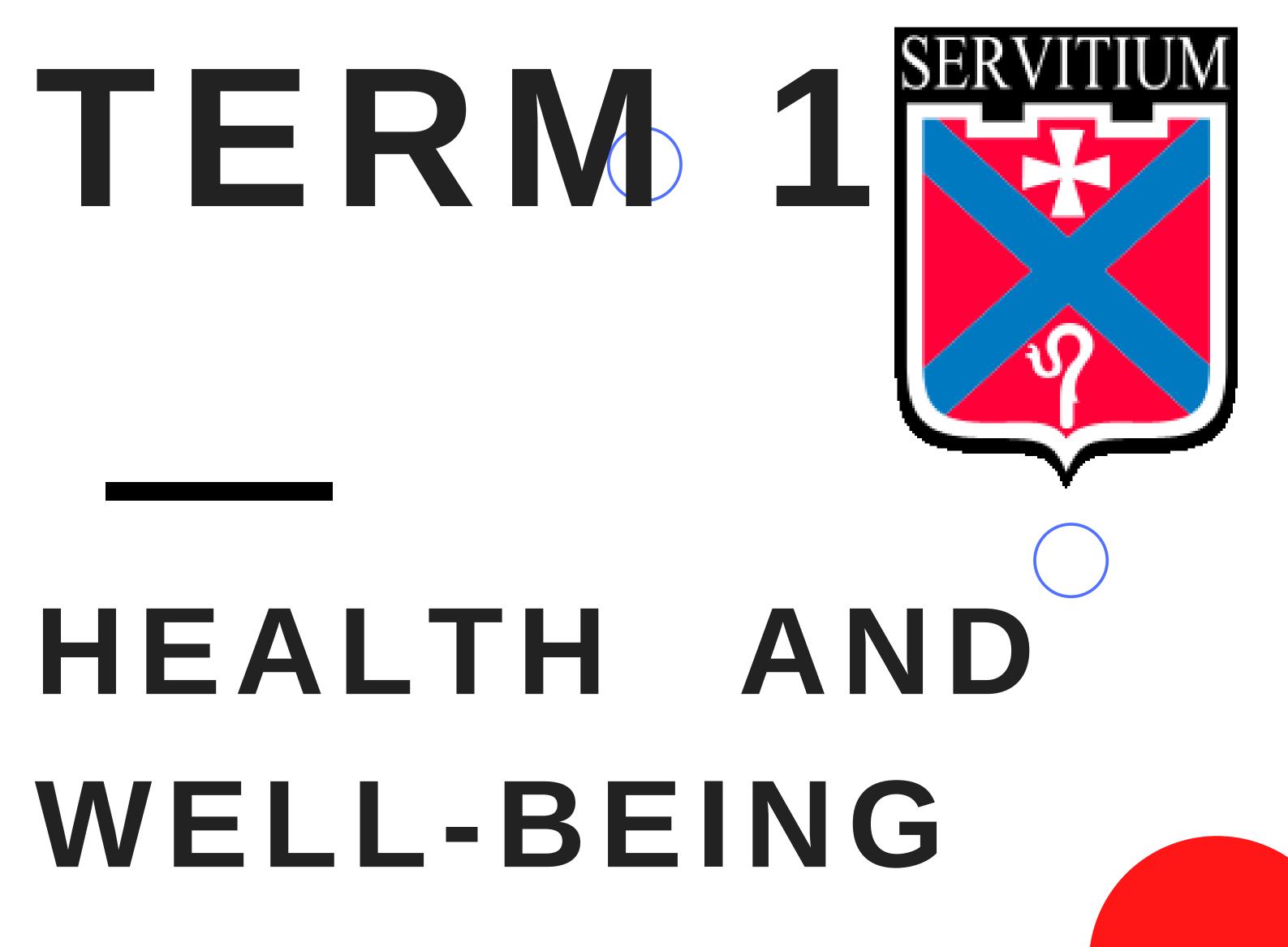
STEAM Education is an approach to learning that uses Science, Technology, Engineering, the Arts and Mathematics as access points for guiding student inquiry, dialogue, and critical thinking. STEAM education results in students who take thoughtful risks, engage in experiential learning, persist in problem-solving, embrace collaboration, and work through the creative process. These are the innovators, educators, leaders, and learners of the 21st century!



DAY: TBC TIME: TBC LOCATION: A5

PLEASE SEE LEADING TEACHER FOR MORE DETAILS

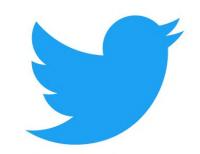
S1 - S2



MEARNS CASTLE HIGH SCHOOL

EXTRA CURRICULAR ACTIVITIES

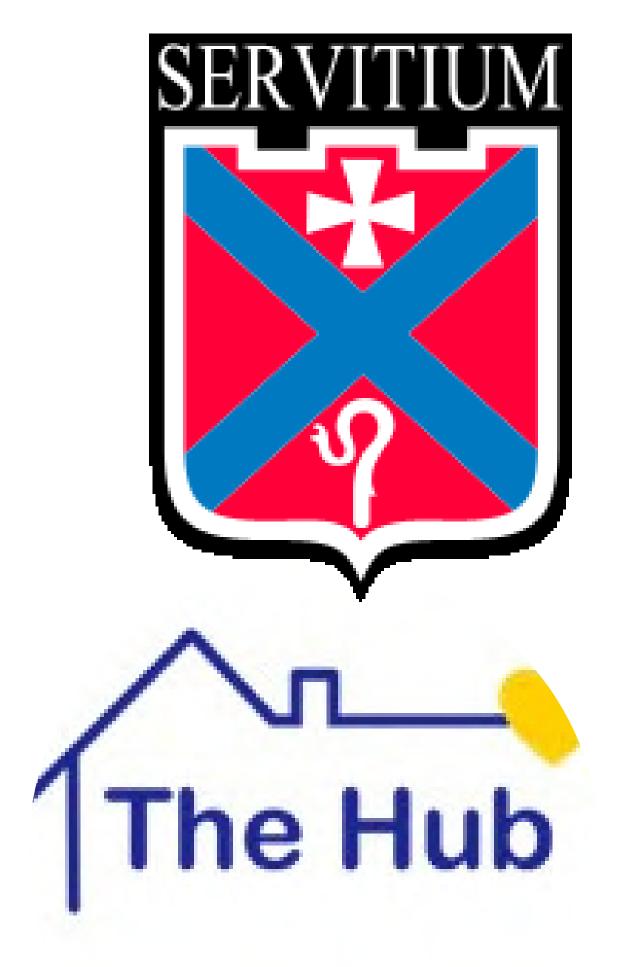
FOLLOW FOR UPDATES @MCHSCLUBS





THE HUB STAFF

S1- 4 are welcome to join the afterschoolHub Club , based in The Hub everyWednesday afternoon from 20/9, at 2.45.



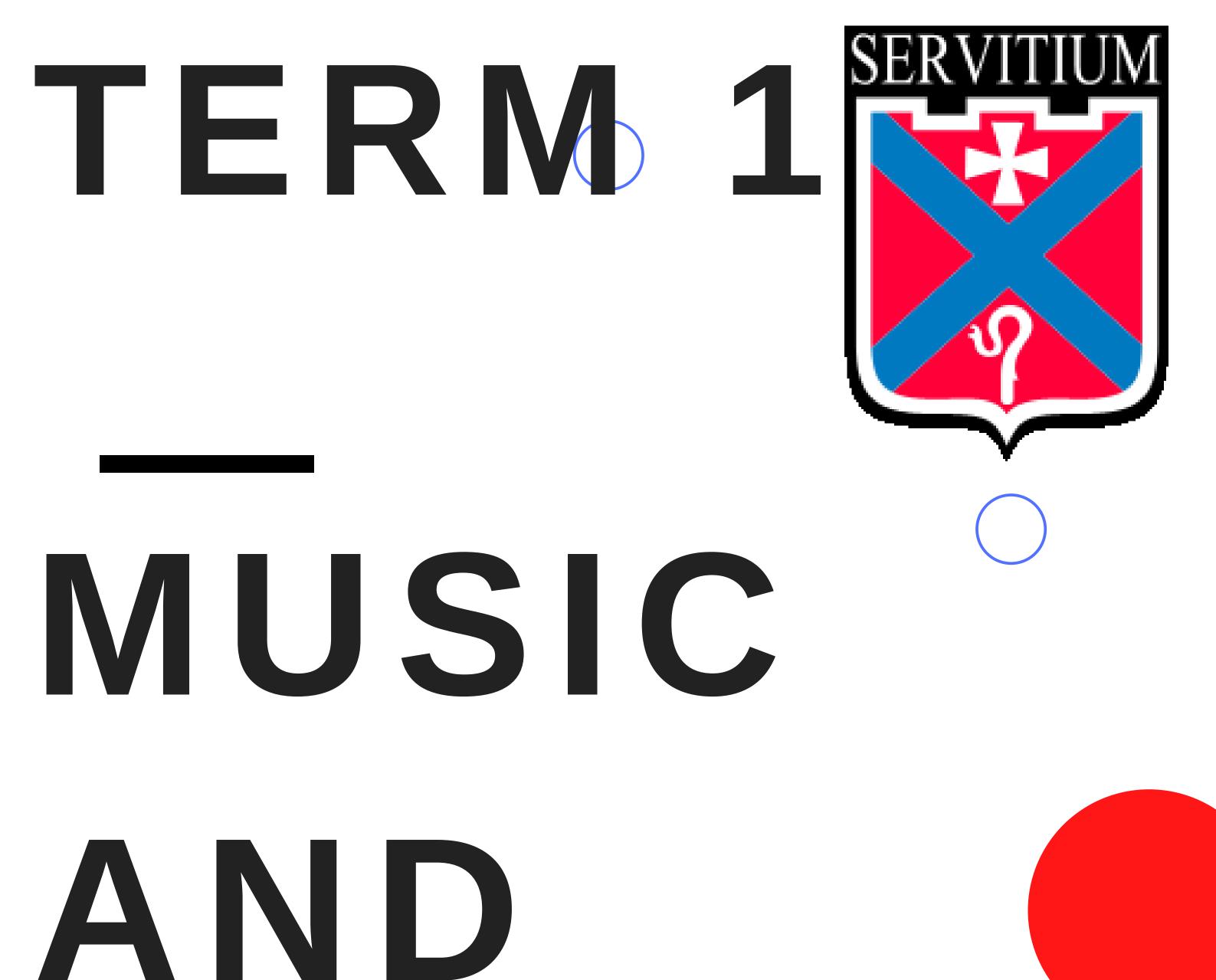
It is important to take care of our health and wellbeing and this is what this club will focus on. There will be a wide range of activities on offer, alternating weekly, including arts and crafts, sport, cooking, dance, outdoor fun and mindful activities.

We look forward to welcoming you!

WEDNESDAY 14:45 - 15:25 THE HUB

PLEASE SEE HUB STAFF FOR MORE DETAILS

S1 - S4



DRAMA EXTRA MEARNS CURRICULAR CASTLE ACTIVITIES **FOLLOW FOR UPDATES** HIGH @MCHSCLUBS SCHOOL





Requirement: You MUST already be able to play a brass instrument for this club

If you already play a Brass instrument then this is the group for you. Please see leadteacher for more details.

S4 T0 S6

THURSDAY 12:25-13:00 C3



CONCERT BAND MISS BORLAND



Requirement:

You MUST already be able to play a woodwind or brass instrument for this club

If you already play a Woodwind or Brass instrument then please come along. If you would like to join the Percussion section then please ask about this.

TUESDAY 15:35 - 16:45 THEATRE

The group performs at various concerts and charity events and is a great way of working as a team to develop your playing skills. DETAILS

S1 - S6



GROUTAR GROUP MRS MILLER



Requirement: You MUST already be able to play the guitar for this club.

This group is open to any pupil who can read music and play the Guitar. Please see Mrs Miller on a Friday in D1 for more details.

S4 T0 S6

PLEASE SEE LEADING TEACHER FOR MORE DETAILS

FRIDAY

D1

12:25-13:05



CHOIR **MISS BROWN**



Singing is a fun activity that not only develops your musical skills but is great for your well being.

Come along at the start of funchtime with a packed lunch!

FRIDAY 12:25-13:00 **C5**

PLEASE SEE LEADING **TEACHER FOR MORE** DETAILS

S1 - S3

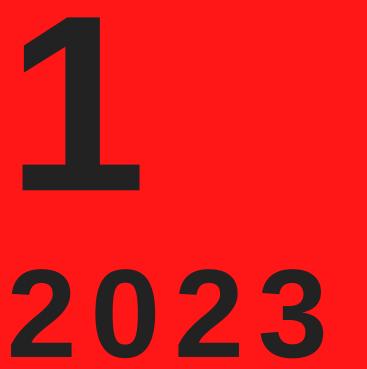


DRAMA CLUB MRS GILES





S 1



DRAMA CLUB



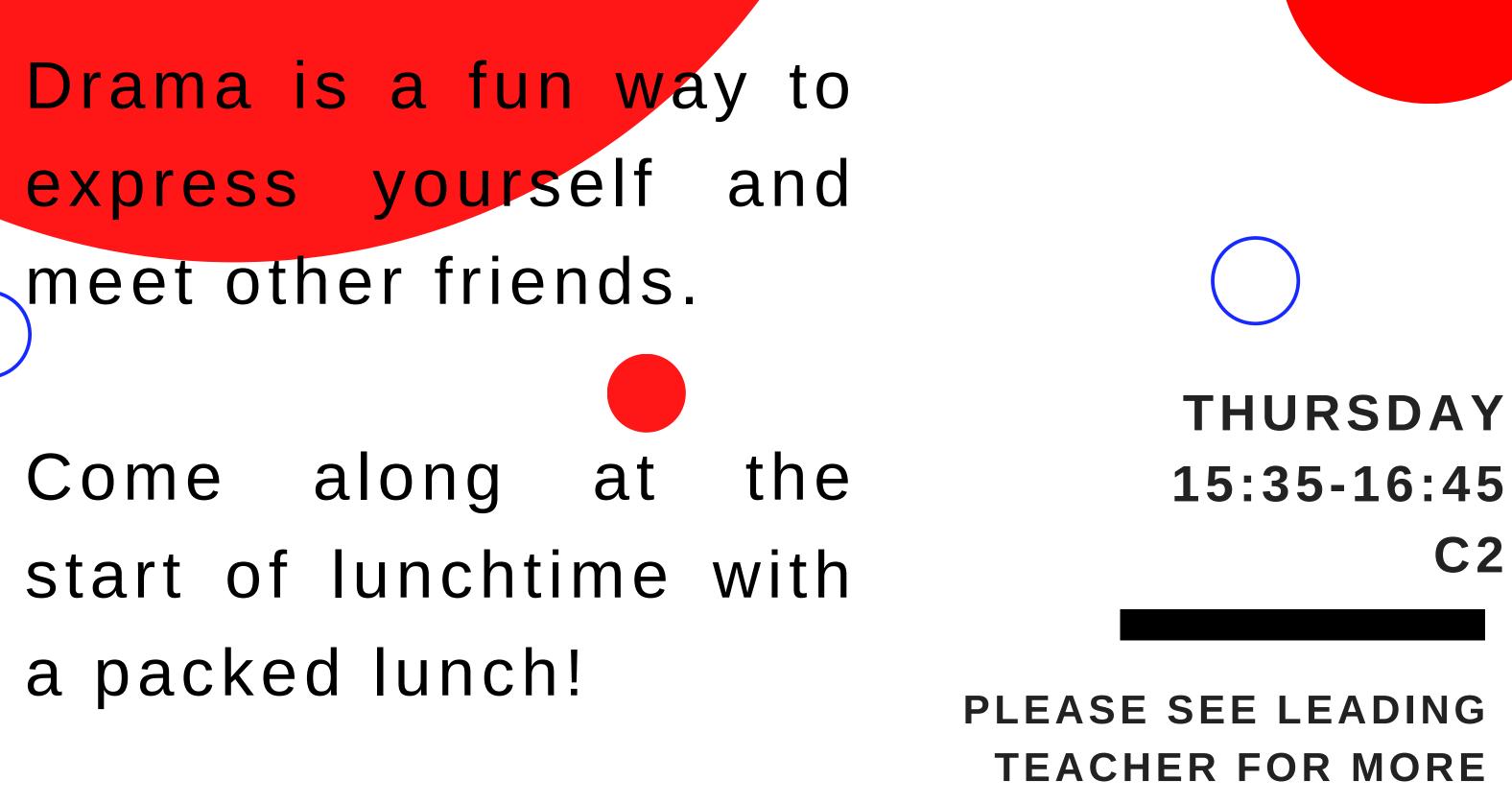
S1- S4

DETAILS



DRAMA CLUB MRS GODOLPHIN





DETAILS

S5-S6



MISS MITCHELL



Come along to the music department to learn great songs and have fun whilst playing both solo and group performances. This is a great space to make friends so give it a try!

S1 - S2

MONDAY 12:25-13:00 C5

TERM

SCHOOL SHOW! MISS BORLAND

S1 - S6

COMING SOON!

WATCH THIS SPACE!

MONDAY 15:35-17:00 START DATE: TBC

SERVITIUM



SENIOR STEEL BAND MISS BORLAND



This is a brand new club where you will learn to play as part of a Steel Band.

Great tunes and fun times. Come along and give it a try!

S6

12:25-13:05 C3 PLEASE SEE LEADING

FRIDAY

TEACHER FOR MORE DETAILS



STRING ENSEMBLE MS BAILIE



Requirement: You MUST already be able to play a string instrument for this club.

This group is open to any pupil who can **ALREADY** play a string instrument. Please see Ms Bailie on a Thursday in D1 for more details

PLEASE SEE LEADING TEACHER FOR MORE DETAILS

THURSDAY

12:25-13:05

D1

S1-S6



WOODWIND GROUP MS BAILIE



Requirement: You MUST already be able to play a woodwind instrument for this club.

If you already play a Woodwind instrument then this is the group for you. Please see Ms Bailie on a Monday in D1 for more details.

S4 T0 S6

PLEASE SEE LEADING TEACHER FOR MORE DETAILS

MONDAY

D1

12:25-13:05



AND

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MEARNS CASTLE HIGH SCHOOL

EXTRA CURRICULAR ACTIVITIES

FOLLOW FOR UPDATES @MCHSCLUBS





COOKERY CLUB Home economics



STAFF

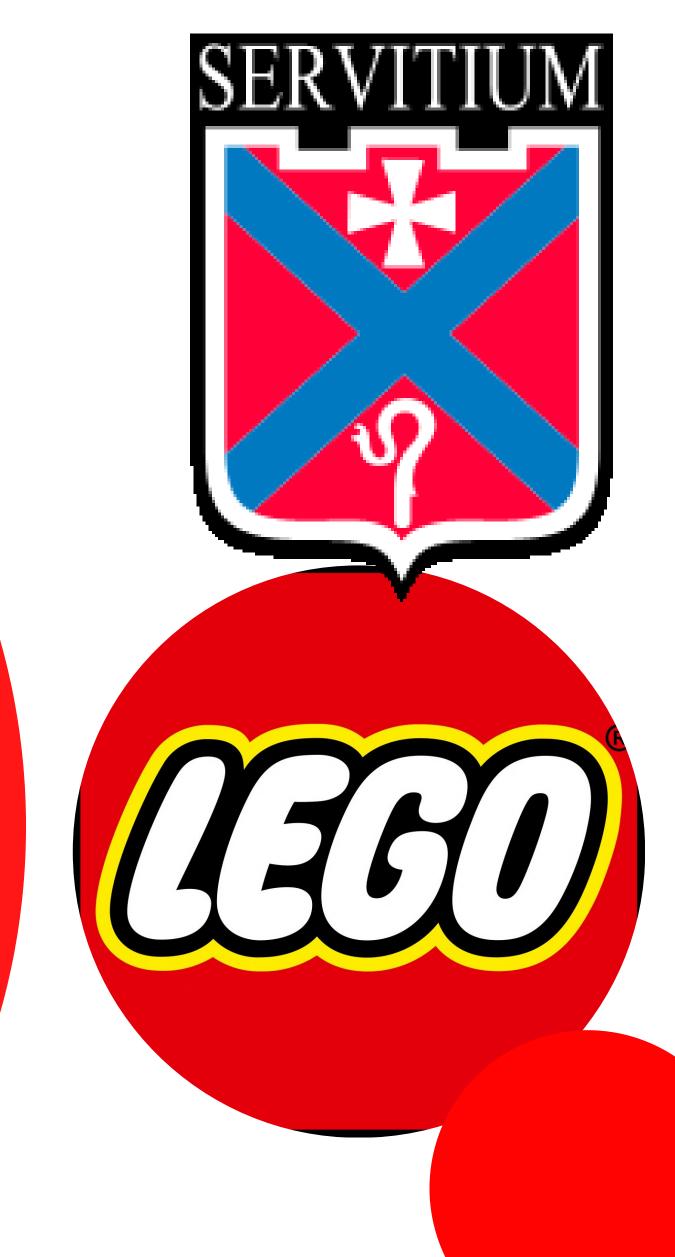
You will have the opportunity to work individually and part as a team in learning different cookery skills.

S1 AND S2

WEDNESDAY 14:45 - 15:25 C7



LEGO HISTORY CLUB

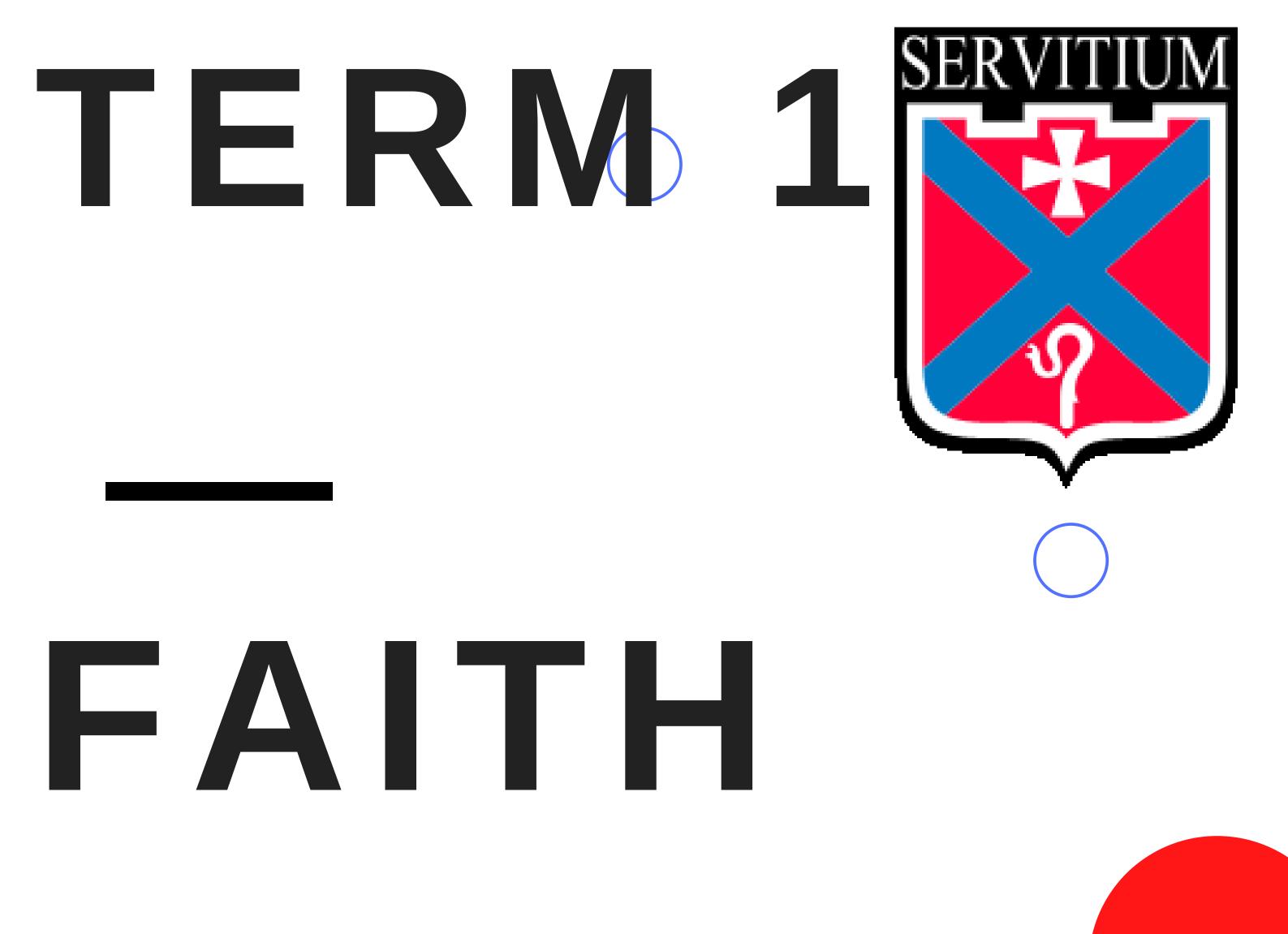


MISS THOMSON

The Lego History Club use Lego to build famous moments in history and then challenge the rest of the school to guess the event. We work as a team to decide on historical events, to design and build and then to organise our school-wide competition.

S1 AND S2

TUESDAY 12:30 - 13:05 F9



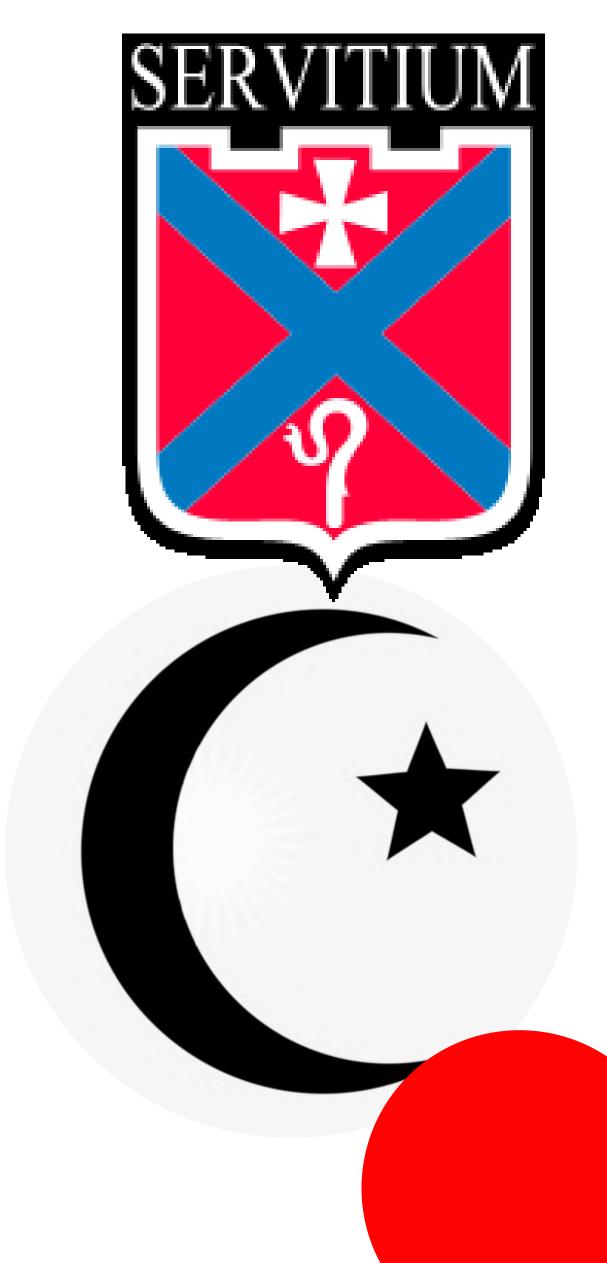
MEARNS CASTLE HIGH SCHOOL

EXTRA CURRICULAR ACTIVITIES

FOLLOW FOR UPDATES @MCHSCLUBS







S1 - S6

Mr Moghul

The club gives Muslim pupils the opportunity to offer their prayers during lunchtime, ask questions and spend time with friends.

MON-THUR- F10 FRI - CONTEMPLATION RM STARTS NOVEMBER



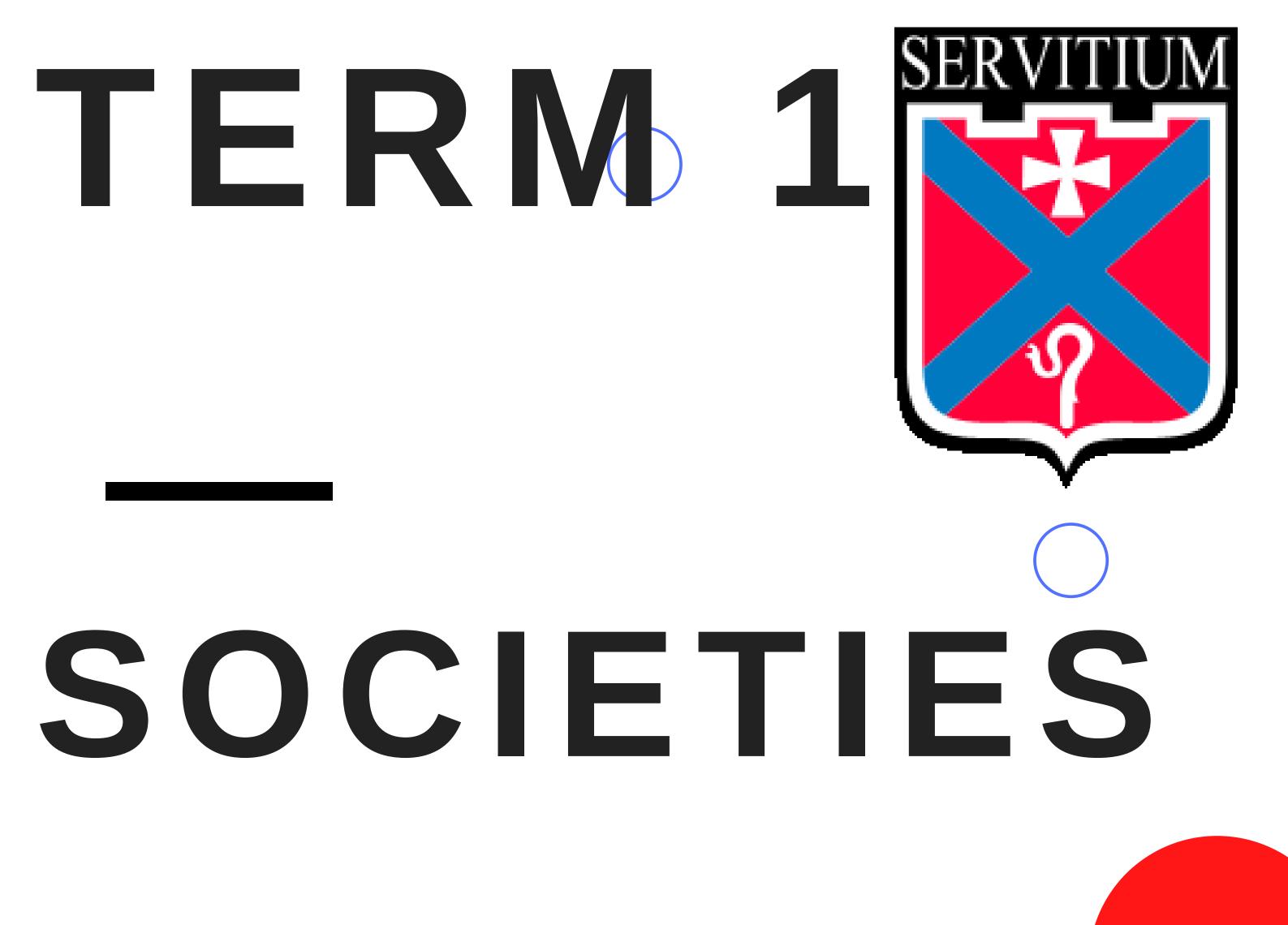
SCRIPTURE UNION CLUB



JACOB (FROM MAXWELL MEARNS CHURCH)

Scripture Union is for anyone wanting to explore the Christian faith, ask any questions they have or just spend time together. We often have special events involving food. S1 - S6

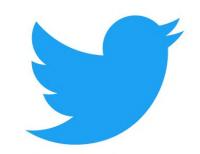
FRIDAY 12:30-13:00 CONFERENCE ROOM



MEARNS CASTLE HIGH SCHOOL

EXTRA CURRICULAR ACTIVITIES

FOLLOW FOR UPDATES @MCHSCLUBS





SWIFT DAY SOCIETY MISS HALL AND MISS



Are you in your Swiftie era? Are you a Lover of everything Taylor Swift? If so, Speak Now!

Don't miss out on album ranking, secret song concert predictions, bracelet making, the 1989 release party, 'Swiftmas' **S** and more! Ready for It? Come along and join us!"

S1 - S3

FRIDAY 12:30-13:00 SOCIAL SUBJECTS E6