



WORK AND WELLBEING COURSE

Work EastRen is holding a one week training course on work and wellbeing starting Monday 27 March.

It's free and open to East Renfrewshire parents.

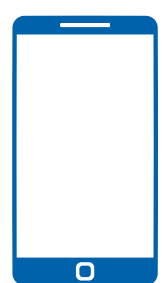
This accredited training will cover a variety of topics including food hygiene safety and paediatric first aid.

Our **Money Advice and Rights Team** will attend to offer financial support and **Recovery Across Mental Health** will also run a wellbeing session.



The course will take place at:

Work EastRen, 14 Lowndes Street, Barrhead, G78 2QY



Find out more and book your place:

Email worker@eastrenfrewshire.gov.uk

Call 0141 577 8438