

MEARNS
CASTLE
HIGH
SCHOOL

EXTRA
CURRICULAR
ACTIVITIES



PLEASE NOTE

All after school clubs must be booked online through parent portal and all lunch time clubs are drop in classes so please just turn up on the day to your favourite club.

MEARNS
CASTLE
HIGH
SCHOOL



SERVITIUM

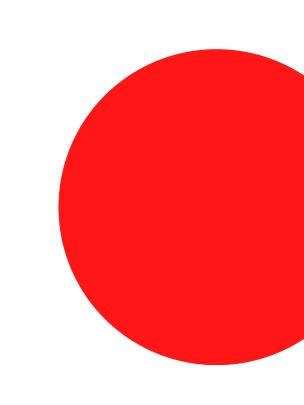
EXTRA
CURRICULAR
ACTIVITIES



Monday	Lunch Time	After School
	Rights, Respecting Schools Group Creative Writing Club Keyboard and Ukulele Club Muslim Prayer Group	Badminton Rugby Junior Rugby Senior Culture Club Debating Club Junior
Tuesday	Lunch Time	After School
	Fitness Anti-Bullying Club Library Book Group Philosophy Club Woodwind Group Lego History Club Muslim Prayer Group	Basketball Concert Band Drama Club Hockey
Wednesday	Lunch Time	After School
	Badminton + Table Tennis Basketball Chess Club Muslim Prayer Group Dance	The Hub Sewing Club
Thursday	Lunch Time	After School
	Fitness Volleyball ECO-Committee Club Brass Group Muslim Prayer Group	Dance Indoor Rowing Volleyball Junior Volleyball Senior Debating Club Senior STEAM Club
Friday Before School	Lunch Time	After School
Breakfast Club	Pride Chinese Club Languages Club Disney and Harry Potter club Cryptocrackers Guitar and Ukulele Group Junior Choir Muslim Prayer Group Senior Steel Band Scripture Union Club	Video Gaming Club
Irregular Times		
		Girls Football U16 Football Senior Football



SPORTS



MEARNS
CASTLE
HIGH
SCHOOL

EXTRA
CURRICULAR
ACTIVITIES





MR GIBSON AND MRS LITTLE

Come along to the PE
department to be involved in
playing a mixture of games and
a variety of different people.
It's a great way to keep fit,
make new friends and do
something fun after school.
Looking forward to seeing you
all then.





MONDAY 15:35 - 16:25 GAMES HALL

S1 AND S2

BADMINTON

MR GIBSON

Come along to the PE
department to be involved in
playing a mixture of games and
a variety of different people.
It's a great way to keep fit,
make new friends and do
something fun after school.
Looking forward to seeing you
all then.



SERVITIUM

WEDNESDAY 12:30-13:00 OLD GYM

S1 AND S2

BASKETBALL Boys

MR SCOTT

Come along to the PE
department to be involved in
playing a mixture of games and
a variety of different people.
It's a great way to keep fit,
make new friends and do
something fun after school.
Looking forward to seeing you
all then.



TUESDAY 15:35 - 16:25 OLD GYM

S1 AND S2

BASKETBALL

Girls

MR ROSS

Come along to the PE
department to be involved in
playing a mixture of games and
a variety of different people.
It's a great way to keep fit,
make new friends and do
something fun after school.
Looking forward to seeing you
all then.



SERVITIUM

TUESDAY 15:35 - 16:25 NEW GYM

S1 AND S2

BASKETBALL

MR ROBERTSON

Come along to the PE
department to be involved in
playing a mixture of games and
a variety of different people.
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Looking forward to seeing you
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WEDNESDAY 12:25 - 13:00 GAMES HALL

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

S1 T0 S6

DANCE MISS ROBERTS

This club is only for dance rehearsals for the East Renfrewshire Competition.

Pupils will come along and create their own dance routines in preparation for the dance competition.

Dances can be for solos or duets.

If you like working as a team this is for you. Open to all year groups

S1 - S6



WEDNESDAY 12:30 - 13:00 NEW GYM

DANCE MRS FREW

No dance experience required. You will learn dance performance and a range of different styles.

Lots of fun, lots of opportunities to perform and a great way to keep fit.

If you like working as a team this is for you. Open to all year groups



THURSDAY 15:35 - 16:25 NEW GYM

S1 - S6

FITNESS CLUB

MR GIBSON

department to be involved in a mixture of fitness activities such as using the rowing, treadmill bike and cross trainer machines whilst meeting a variety of different people. It's a great way to keep fit, make new friends and do something fun during your lunch time. Looking forward to seeing you all then.



TUESDAY 12:30 - 13:00 FITNESS

SUITE

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

S1 T0 S6

FITNESS CLUB

MR GIBSON

department to be involved in a mixture of fitness activities such as using the rowing, treadmill bike and cross trainer machines whilst meeting a variety of different people. It's a great way to keep fit, make new friends and do something fun during your lunch time. Looking forward to seeing you all then.



THURSDAY 12:30 - 13:00 FITNESS

SUITE

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

S1 T0 S6

GIRLS FOOTBALL

MR GILROY

Available to all levels. There is no formal training scheduled for this club. The club will compete in various competitions throughout the year.



S1 AND S2

FOOTBALL U16

MR THOMSON

This team will be selected through trials.

There is no formal training scheduled for this club.

The club will compete in various competitions throughout the year.

UNDER 16



FOOTBALL SENIORS

MR ROBERTSON

This team will be selected through trials.

There is no formal training scheduled for this club.

The club will compete in various competitions throughout the year.

SENIORS



1ERM 2 2023

HOCKEY MISS CRAWFORD

Come along to the PE
department to be involved in
playing a mixture of games and
a variety of different people.
It's a great way to keep fit,
make new friends and do
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Looking forward to seeing you
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TUESDAY 15:35 - 16:25 ASTRO

S1 AND S2

2023

INDOOR ROWING

MR MOON

Indoor rowing is an excellent cardiovascular, non-impact resistance sport in its own right, with Scottish and UK competitions. It is also excellent training for on-water rowers when outside conditions are unsuitable. A desire to work extremely hard to improve your personal bests is the single most important factor for progress in this demanding and highly rewarding activity.

Club members will be expected to do a little preparatory work between sessions (no more than 20 minutes of research or recording results).

So, if you have that strong desire for improvement and are prepared to work to achieve it, you will be most welcome.





S1 TO S6

THURSDAY 15:45 - 16:25 FITNESS SUITE

RUGBY CLUB JUNIOR

MR GOUDIE

department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun during after school. Looking forward to seeing you all then.

S1 AND S2



MONDAY 15:35 - 16:25 ASTRO/GRASS

ERM 2 2023

TABLE TENNIS

MR GIBSON

Come along to the PE
department to be involved in
playing a mixture of games and
a variety of different people.
It's a great way to keep fit,
make new friends and do
something fun.



WEDNESDAY
12:30 - 13:00
OLD GYM

S1 AND S2

RUGBY CLUB SENIOR

MR DALE

department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun during after school. Looking forward to seeing you all then.

S3 AND S4



MONDAY 15:35 - 16:25 ASTRO/GRASS

VOLLEYBALL CLUB

MRS. MCNAB

Come along to the PE
department to be involved in
playing a mixture of games
and a variety of different
people. It's a great way to
keep fit, make new friends and
do something fun. Looking
forward to seeing you all then



THURSDAY 12:30 - 13:00 GAMES HALL

S1 - S6

2 2 2023

VOLLEYBALL JUNIOR

MRS. MCNAB

Come along to the PE
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THURSDAY 15:35 - 16:25 OLD GYM

S1 AND S2

VOLLEYBALL SENIOR

MR GILROY

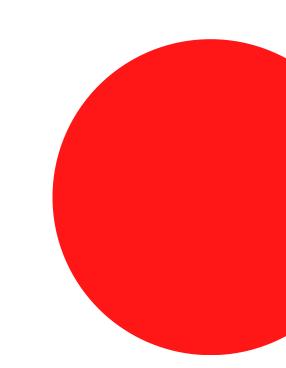
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THURSDAY 15:35 - 16:25 GAMES HALL



SHAPING THE FUTURE



MEARNS
CASTLE
HIGH
SCHOOL

EXTRA
CURRICULAR
ACTIVITIES



ANTIBULLYING CLUB

MISS ROBERTS AND MRS CRILLEY

This club will be responsible for creating posters, notice boards and creating online content to 'stamp out bullying'. They will have a visual presence within the school whilst working with staff in their role as antibullying ambassadors.

You will be trained to offer confidential support to prevent and stop bullying. This is your chance to make a big difference in Mearns Castle High School.

\$1 - S6

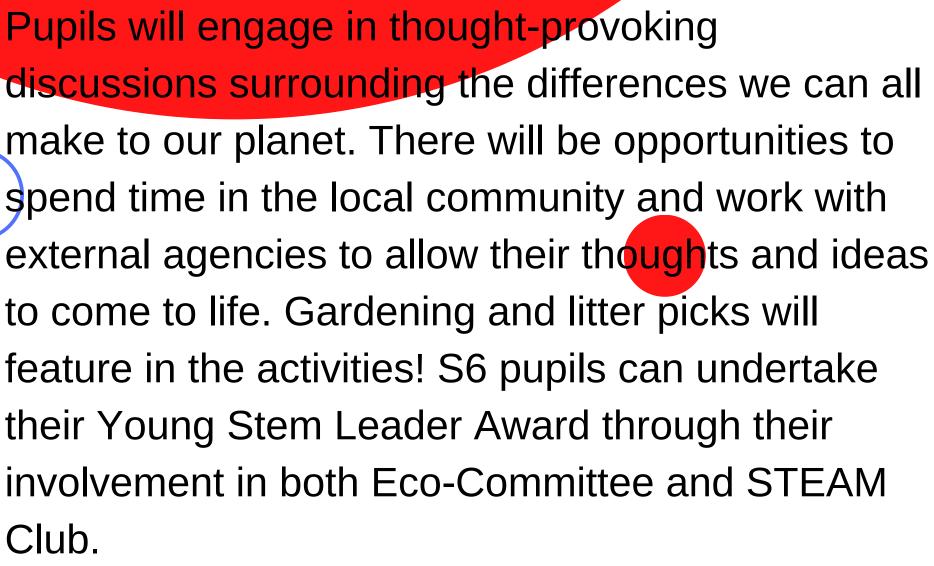


TUESDAY

12:30 - 13:00

PE CLASSROOM





S1 - S6



SERVITI

THURSDAY

12:35-13:05

CHEMISTRY DEPARTMENT

This club will run fortnightly on Thursdays at 12:30 but any changes will be updated via Teams/Pupil News. The code for the Teams Page is: unyeidf

2023

PRIDE

MR SORLEY

Our well established school Gender, Sexuality and Allies group is open to all to attend. It represents anyone who identifies as being part of the LGBTQ+ community, has a family member or friend who identifies as being LGBTQ+ or simply wants to support the work that we have been doing so far on our Equalities journey in the school.

We will continue to engage with other LGBTQ+ groups across East Renfrewshire Council and work with other LGBTQ+ organisations and groups to bring about positive change for the LGBQT+ community within our wider school community.

S1 - S6





FRIDAY

12:20- 13:05

IT ROOM IN MODERN LANGUAGES

1ERM 2 2023

RIGHTS RESPECTING SCHOOLS GROUPS

MISS HENDERSON

The Rights Respecting Schools group has been set up to promote an inclusive environment at MCHS where pupils learn about their rights and how to ensure all young people have their rights respected. Pupils attend meetings where their voice is heard in matters that affect them, school life and life outside of MCHS. In the past pupils have been involved in delivering assemblies to different year groups, organising food bank collections and hosting a human rights week. We are always looking for new members who are passionate about making a difference to people's lives.

S1 T0 S6





12:30 - 13:05

D18 RMPS

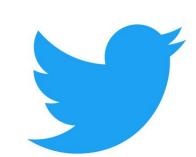


LANGUAGE AND



MEARNS
CASTLE
HIGH
SCHOOL

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CURRICULAR
ACTIVITIES



BREAKFAST CLUB

MISS BRYSON

Whether you are in school early or would like to come in earlier, then why not come along to the breakfast club! Hosted every

Friday morning, head along to the social subjects department for a chilled out morning before the school day. A space to complete some homework, or simply have a chat alongside some tasty breakfast treats to start your day!



FRIDAY 8:00- 8:40AM

E1

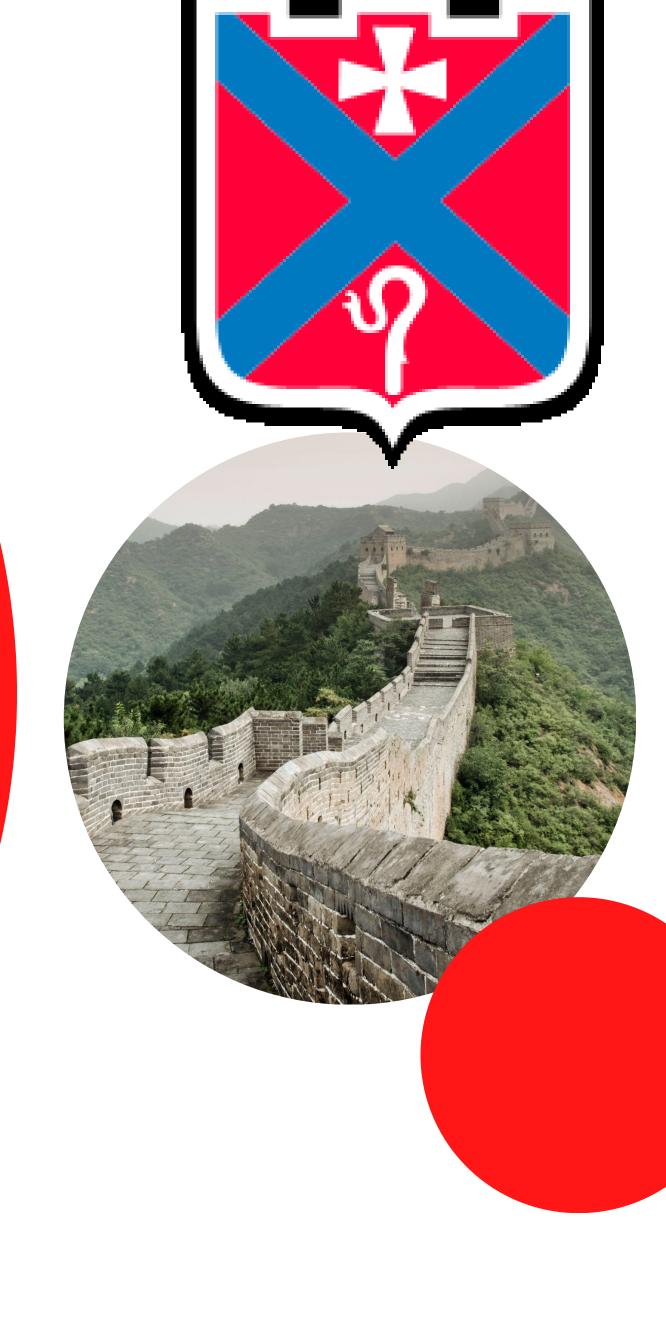
PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

S1 - S3

CHINESE CLUB

MS WINNING

Monkey King, Origami and paper cutting, Chinese chess, Calligraphy and brush painting, Chinese shuttlecock, Chinese opera masks, Chinese cartoon and pop music. Chinese is one of the richest cultures in the world. Don't miss the opportunity to experience the magical culture in the Chinese club! Learning Chinese language offers great benefits to your child's personal and professional growth in the future.



SERVITIUM

FRIDAY 12:30 - 13:05

D3

PLEASE SEE LEADING TEACHER FOR MORE **DETAILS**

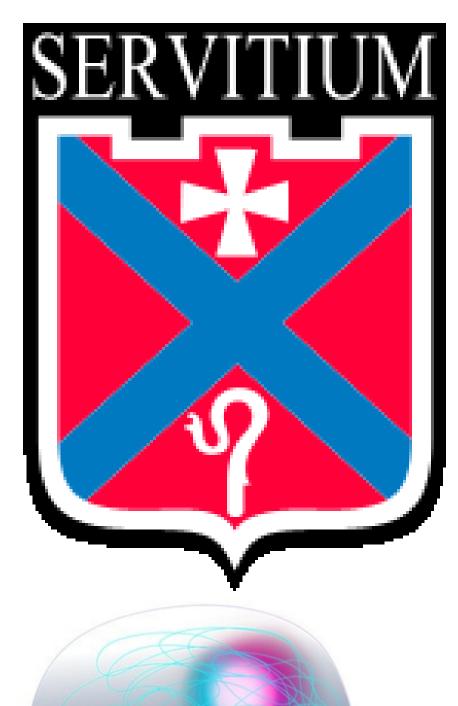
S1 AND S2

CREATIVE WRITING CLUB

MRS THORP AND MISS HEPBURN

A chance to stretch your imagination, grow your skills and enter competitions!

Speak to Mrs Thorp for more details.





MONDAY 12:20- 13:05 B7

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

S1 TO S6

2023

CULTURE CLUB

MISS SINGH

Culture Club is all about school culture and raising awareness of different traditions and events - so far we have raised awareness for Black History Month, Focused on raising money for Islamic Relief by selling candy canes at Christmas and much more.

This year we will be focussing on developing awareness for Holocaust Memorial Day, and ultimately hosting a cultural day event in the school. Newbies are welcome

S1 - S6





MONDAY

15:35 - 16:25

E1

LANGUAGES CLUB

MISS COLSON

Have you always wanted to be able to speak the language of the country you go to on holiday?

Do you want to learn more about different cultures? Do you want to try new food?

Come to the Languages Club! We will learn about languages and countries you're interested in!



FRIDAY 12:30 - 13:00

D9

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

S1 - S6

LIBRARY BOOK GROUP

MISS MCEACHERN

If you love books and reading then the Library Book Group is the place for you! Together we read (and vote for) great new books which have been nominated for various children's book awards such as The East Renfrewshire Teen Book Prize and The Carnegie Book Award.

We meet in the library to discuss the books we are reading and have fun with games and activities.

Our reading is rewarded by winning valuable
House Points for each completed book and
culminates in a trip to the Edinburgh
Book Festival in August to meet exciting authors
and attend book signing sessions.

Pupils from all year groups are very welcome to join the Library Book Group, so come along and join in the reading fun!





PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

S1 - S6

PHILOSOPHY CLUB

MISS CLOSE AND MR FREW

Are we players in a video game? Is it always wrong to steal? Why are we here? If you have ever thought about any of these questions, then you are already a philosopher. Come along to engage with life's big questions, develop your own views and share them with others. Sessions will involve watching and discussing philosophical films and TV, hearing from experts and debating ultimate questions.



TUESDAY 12:30 - 13:05 D17

PLEASE SEE LEADING
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DETAILS

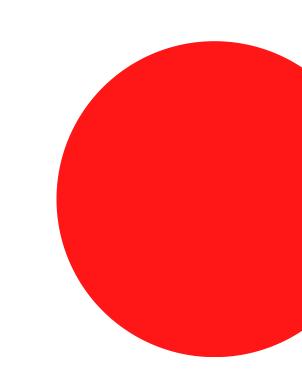
S1 T0 S6

TERW2



GAMES

AND



QUIZZING

MEARNS

CASTLE

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SCHOOL

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MISS MCDOUGALL

Are you a Potterhead or a Disney fanatic? Come along to the Social Subjects department to get involved in a range of Disney/Harry Potter themed activities such as: quizzes, movies and book reviews. A great way to make friends and share your enthusiasm and love for these wonderful films and books! You are welcome to bring your lunch with you.

S1 - S3





FRIDAY 12:20- 13:05 F9

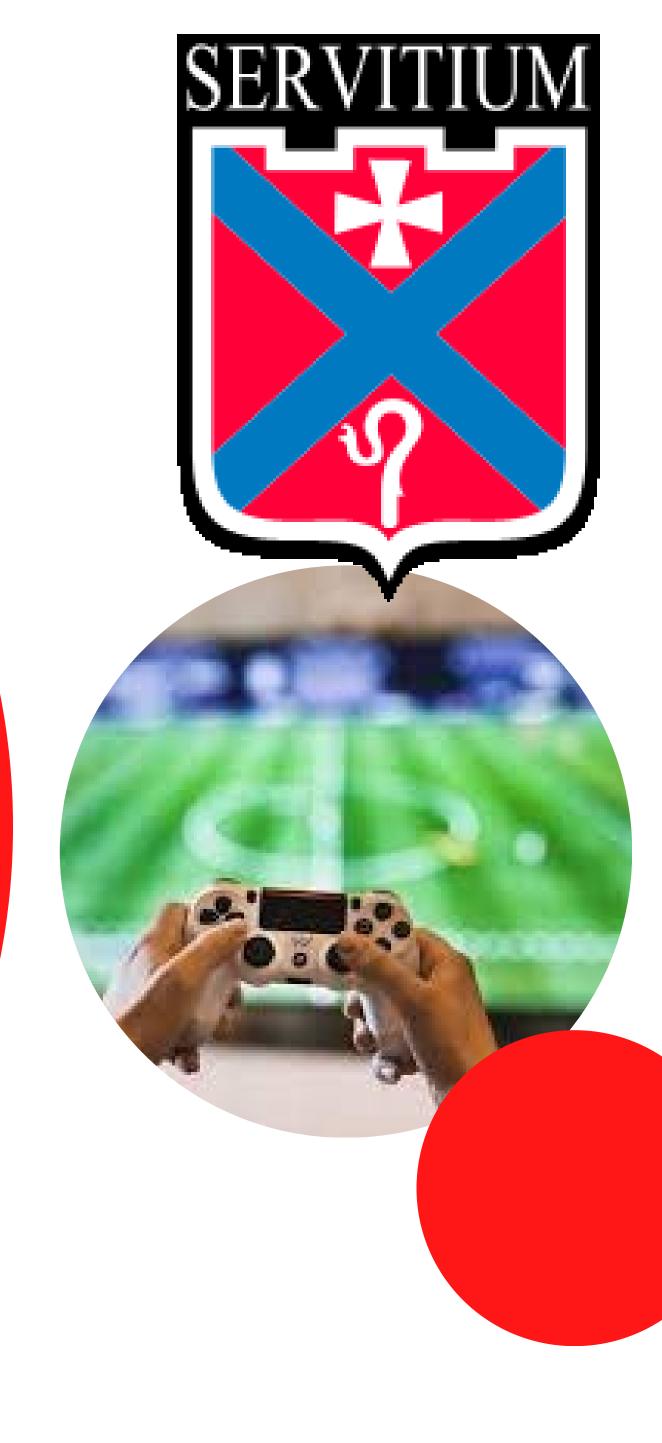
VIDEO GAMING CLUB

MR CAPALDI

relaxing way to end a school week.

Aside being good fun, gaming is shown to benefit response times; encourage teamwork and critical thinking skills; stimulate creativity, focus and visual memory and improve strategy and leadership.

We primarily play multi-player games on the Nintendo Switch but we encourage members to make suggestions, organise tournaments or even just to come along for a chat about their favourite games



FRIDAY 15:00-16:00 B1 ENGLISH

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

S1 T0 S6



DEBATING

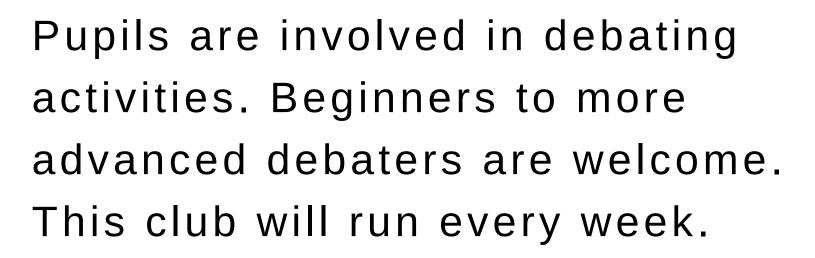
MEARNS
CASTLE
HIGH
SCHOOL

EXTRA
CURRICULAR
ACTIVITIES



DEBATING CLUB JUNIOR

MR. MCGOWNE





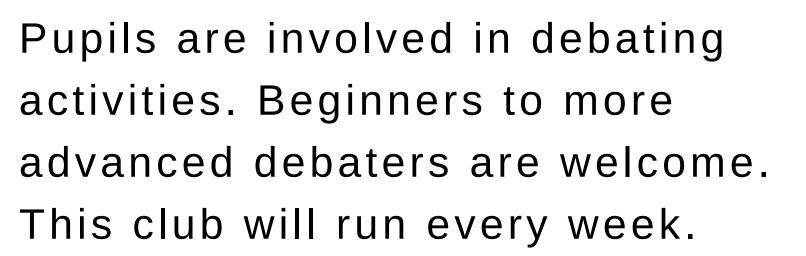
MONDAY 15:35 - 17:30

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

S1 - S3

DEBATING CLUB SENIOR

MR. MCGOWNE



S4 TO S6



THURSDAY 15:35- 17:30

TERWS



MATHS, PROBLEM SOLVING AND SCIENCE

MEARNS
CASTLE
HIGH
SCHOOL

EXTRA
CURRICULAR
ACTIVITIES



2 2 2023

CHESS CLUB

MR MOGHUL AND MISS DOSANJH

Suitable for beginners and advanced players. Come along to learn how to play and to challenge someone to a game.



WEDNESDAY

12:30 - 13:05

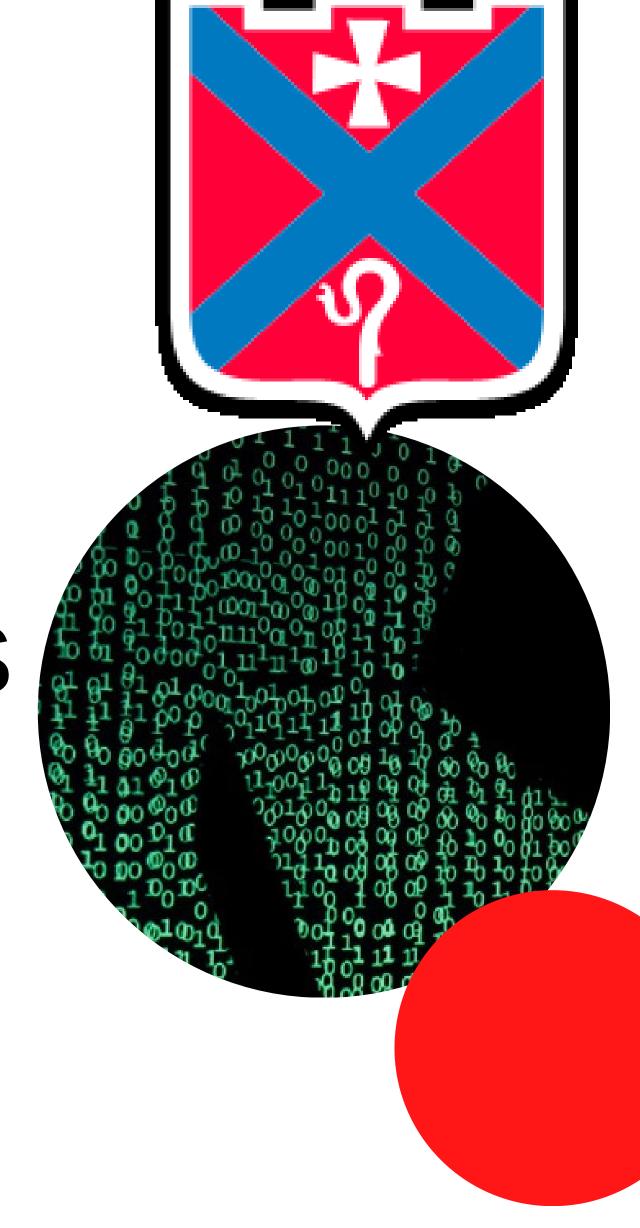
F11

S1 - S6

CRYPTOCRACKERS

MISS DICKSON AND MRS THOMSON

CryptoCrackers club runs on a Friday lunchtime in the Maths department. We will learn to crack codes and ciphers and compete in national competitions throughout the year, run by the University of Southampton and the University of Manchester. All year groups are welcome!



SERVITI

FRIDAY 12:30 - 13:05 F15 MATHS

S1 T0 S6

2023

STEAM CLUB

MISS MCKISSOCK

STEAM Education is an approach to learning that uses Science, Technology, Engineering, the Arts and Mathematics as access points for guiding student inquiry, dialogue, and critical thinking. STEAM education results in students who take thoughtful risks, engage in experiential learning, persist in problem-solving, embrace collaboration, and work through the creative process. These are the innovators, educators, leaders, and learners of the 21st century! At STEAM club we will help you develop all these skills by setting you a variety of challenges that will really get you thinking, for example, do you think you could build the biggest spaghetti tower or create a tornado in a bottle? Is so come and join STEAM club!

S1 AND S2



THURSDAY

15:35 - 16:25

S1+S2: 09/02 - 30/03

SCIENCE DEPARTMENT



HEALTH AND WELL-BEING

MEARNS
CASTLE
HIGH
SCHOOL

EXTRA
CURRICULAR
ACTIVITIES



THE HUB

THE HUB STAFF

S1-6 are welcome to come and join us at the hub on Wednesdays for our afterschool club until the end of November. Please see a member of staff in the hub to find out more and scan our QR code to sign up. It is important to take care of our health and wellbeing and this is what this club will aim to focus on. There will be a wide range of activities, alternating weekly, including arts and crafts, dance, sport, cooking, outdoor activities and mindful activities.







15:35 - 16:45

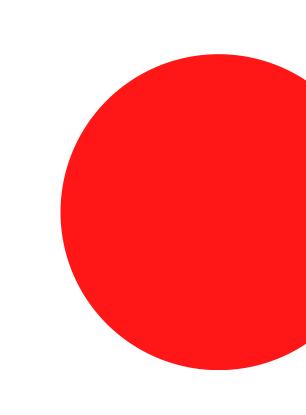
THE HUB

STARTS: 7TH SEPTEMBER

PLEASE SEE HUB STAFF FOR MORE DETAILS

S1 - S6





MEARNS
CASTLE
HIGH
SCHOOL

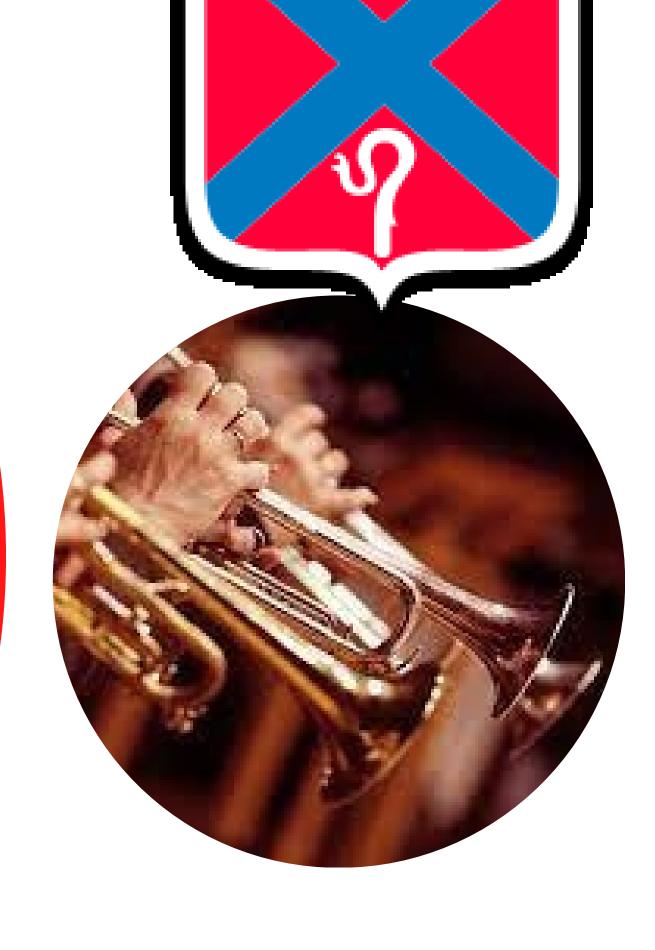
EXTRA
CURRICULAR
ACTIVITIES



BRASS GROUP

MISS BROWN AND MR BLACKWOOD

Ilf you play a Brass instrument then this is the group for you. Please see Miss Brown for more details.



SERVITIUM

THURSDAY 12:25-13:05

C3

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

S4 T0 S6

CONCERT BAND

MISS BORLAND

This will take place in the

Theatre. If you play a
Woodwind or Brass instrument
then please come along. If you
would like to join the
Percussion section then please
ask about this. The group
performs at various concerts and
charity events and is a
great way of working as a team to
develop your playing skills.



TUESDAY 15:35 - 16:45 THEATRE

GUITAR AND UKULELE GROUP

MRS MILLER

This group is open to any pupil who can read music and play Guitar or Ukulele. Please see Mrs Miller on a Friday in D1 for more details.



FRIDAY 12:25-13:05

D1

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

S4 T0 S6

JUNIOR CHOIR

MISS BORLAND

This will take place in the
Theatre. Singing is a fun
activity that not only develops
your musical skills but is great
for your well being. Come
along at the start of lunchtime
with a packed lunch!



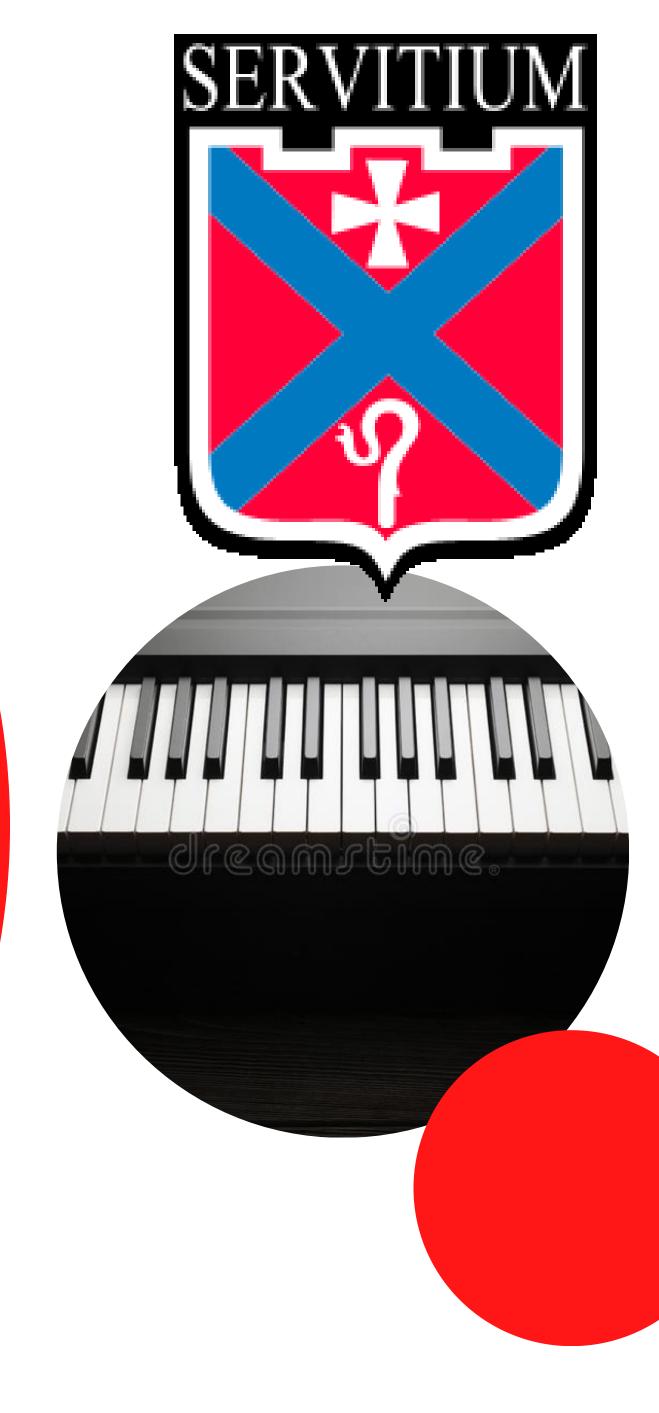
FRIDAY 12:25-13:05

C5

KEYBOARD AND UKULELE CLUB

MISS DI COSTANZO

Work with others to learn the basics and perform together and have some fun! Open to all levels as we will adapt music to suit everyone.



MONDAY 12:25-13:05

C5

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

S1 - S2

SENIOR STEEL BAND

MISS BORLAND

This is a brand new club where you will learn to play as part of a Steel Band. Great tunes and fun times. Come along and give it a try!





FRIDAY

12:25-13:05

C3

PLEASE SEE LEADING **TEACHER FOR MORE DETAILS**

S4 T0 S6

WOODWIND GROUP

MS BAILIE

If you play a Woodwind instrument then this is the group for you. Please see Ms Bailie on a Tuesday in D1 for more details.



TUESDAY 12:25-13:05

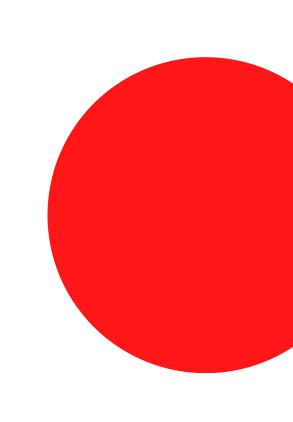
D1

PLEASE SEE LEADING
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S4 T0 S6



CREATIVE ARTS AND HISTORY



MEARNS
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2023

DRAMA CLUB

MRS FREW AND MRS GILES

Do you want to do something exciting this year? If so come along to the drama club.

Whether you are a singer, actor, dancer or are into production, if you enjoy drama, the drama club has something to offer you.

There will be plenty of opportunity for performance this year and it will help build your confidence, community, teamwork and creativity. Do not miss out.

TUESDAY 15:35 - 16:25 DRAMA

PLEASE SEE LEADING
TEACHER FOR MORE
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S3 T0 S4

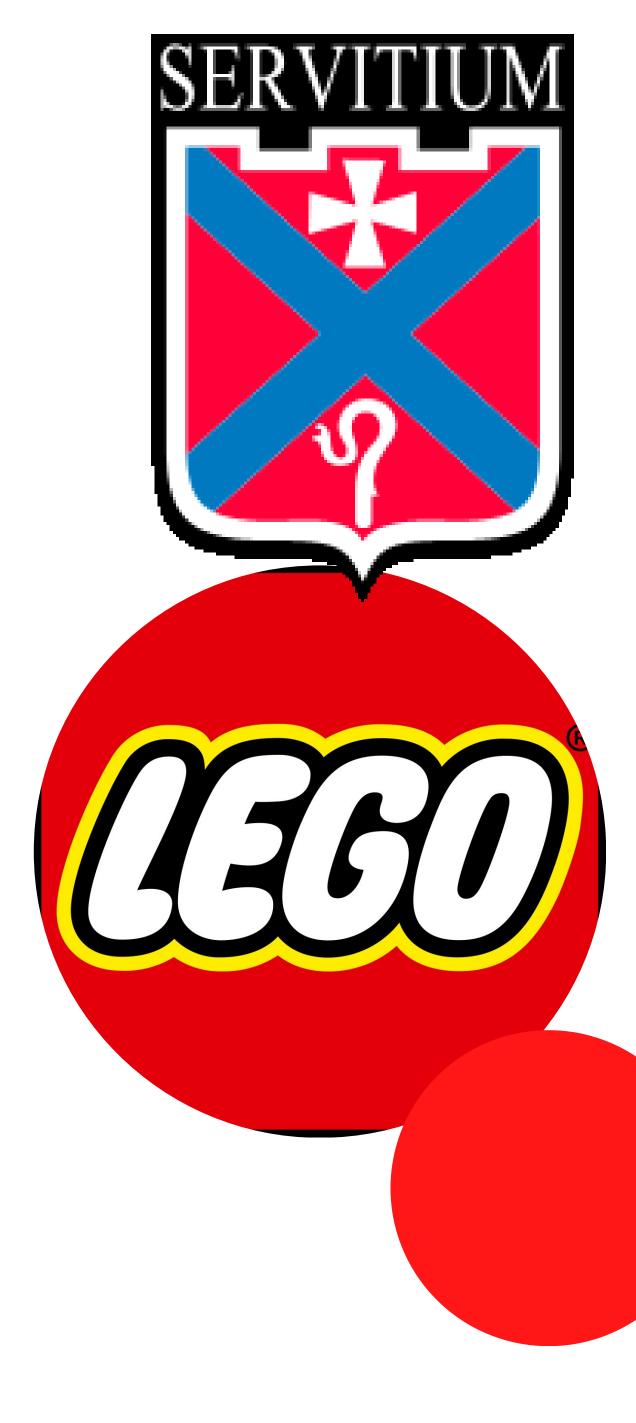


LEGO HISTORY CLUB

MISS THOMSON

The Lego History Club use Lego to build famous moments in history and then challenge the rest of the school to guess the event. We work as a team to decide on historical events, to design and build and then to organise our school-wide competition.

S1 AND S2



TUESDAY 12:30 - 13:05

F9

SEWING CLUB

MISS MCCARTNEY

Sewing Club is a fun relaxed sewing group developing your textile & creative skills through embracing sustainable fashion & up cycling. Reduce, reuse & recycle: give your unwanted shirt & or jeans a second life. Please note there is an allocated time for S1 and S2 as shown on the right.



S1 Starting 1st February
S2 Starting 8th February
(club will rotate year groups each week)

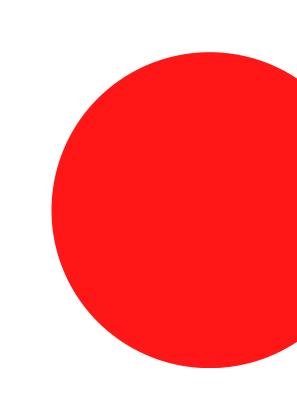
14:45 - 15:55

HOME ECONOMICS

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

S1 AND S2





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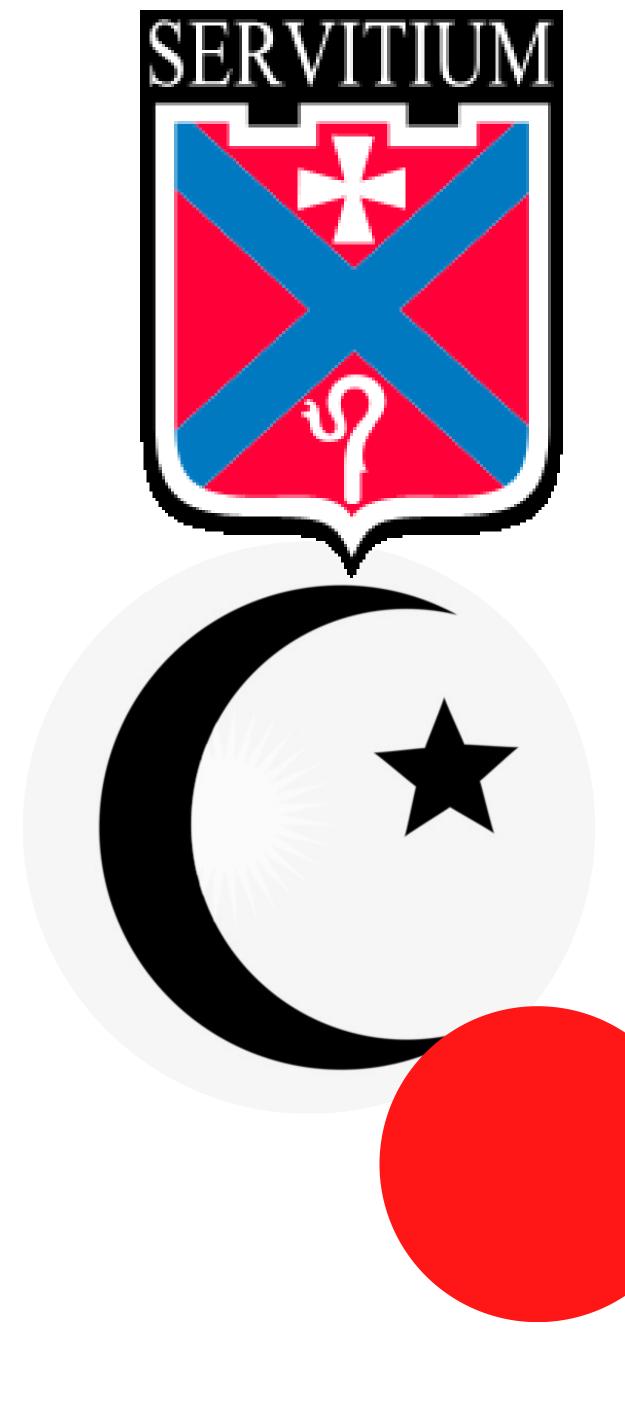


MUSLIM PRAYER GROUP

Mr Moghul

The club gives Muslim pupils the opportunity to offer their prayers during lunchtime, ask questions and spend time with friends. This club will begin in November.

S1 TO S6



MON-THUR- F10
FRI - CONTEMPLATION RM
STARTS NOVEMBER

SCRIPTURE UNION CLUB

JACOB

(FROM MAXWELL MEARNS CHURCH)

Scripture Union is for anyone wanting to explore the Christian faith, ask any questions they have or just spend time together. We often have special events involving food.



FRIDAY 12:30 - 13:05 CONFERENCE ROOM

PLEASE SEE LEADING
TEACHER FOR MORE
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S1 - S6