

MEARNS
CASTLE
HIGH
SCHOOL

EXTRA
CURRICULAR
ACTIVITIES



PLEASE NOTE

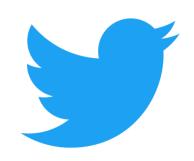
All after school clubs must be booked online through parent portal and all lunch time clubs are drop in classes so please just turn up on the day to your favourite club.

MEARNS
CASTLE
HIGH



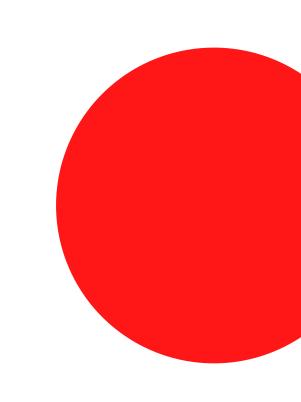








SPORTS



MEARNS
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ACTIVITIES



ATHLETICS

MR. TURNBULL

Come along to the PE
department to be involved in a
mixture of different athletic
events such as sprints, long
distance, shot put, long jump
and high jump. It's a great way
to keep fit, make new friends
and do something fun after
school. Looking forward to
seeing you all then.



MONDAY
15:35 - 16:25
ASTRO/FITNESS
SUITE



MR GIBSON

Come along to the PE
department to be involved in
playing a mixture of games and
a variety of different people.
It's a great way to keep fit,
make new friends and do
something fun after school.
Looking forward to seeing you
all then.



SERVITIUM

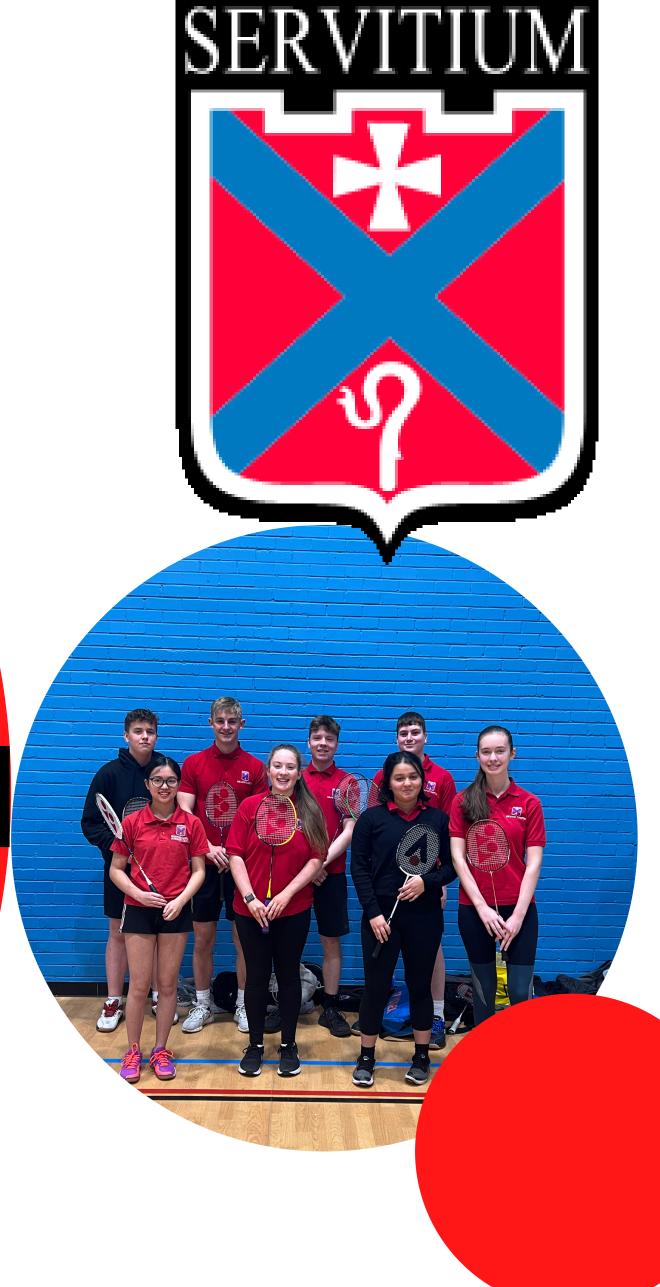
MONDAY 15:35 - 16:25 GAMES HALL

SIAND S2

BADMINTON

MISS ROBERTS

Come along to the PE
department to be involved in
playing a mixture of games and
a variety of different people.
It's a great way to keep fit,
make new friends and do
something fun after school.
Looking forward to seeing you
all then.



MONDAY 12:30-13:00 GAMES HALL

57-56

DANCE

MISS DAVIS

Come along to the PE
department to be involved in a
variety of different dance
styles. There will be a choice to
perform at several key events
in the school calendar and
compete in the East
Renfrewshire Dance
Championships.



THURSDAY 15:35 - 16:25 NEW GYM

SIAND S2

FITNESS CLUB

MRS LITTLE

department to be involved in a mixture of fitness activities such as using the rowing, treadmill bike and cross trainer machines whilst meeting a variety of different people. It's a great way to keep fit, make new friends and do something fun during your lunch time. Looking forward to seeing you all then.



WEDNESDAY 12:30 - 13:05 FITNESS SUITE

FITNESS CLUB

MRS GIBSON

department to be involved in a mixture of fitness activities such as using the rowing, treadmill bike and cross trainer machines whilst meeting a variety of different people. It's a great way to keep fit, make new friends and do something fun during your lunch time. Looking forward to seeing you all then.



FRIDAY 12:30 - 13:00 FITNESS SUITE

HOCKEY

MISS CRAWFORD

Come along to the PE
department to be involved in
playing a mixture of games and
a variety of different people.
It's a great way to keep fit,
make new friends and do
something fun after school.
Looking forward to seeing you
all then.



TUESDAY 15:35 - 16:25 ASTRO

SIAND S2

RUGBY CLUB

MR DALE

Come along to the PE
department to be involved in
playing a mixture of games and
a variety of different people.
It's a great way to keep fit,
make new friends and do
something fun during after
school. Looking forward to
seeing you all then.



MONDAY 15:35 - 16:25

ASTRO/GRASS

SIAND S2

VOLLEYBALL JUNIOR

MRS MCNAB

Come along to the PE
department to be involved in
playing a mixture of games
and a variety of different
people. It's a great way to
keep fit, make new friends and
do something fun. Looking
forward to seeing you all then.



TUESDAY 12:30 - 13:00 GAMES HALL

SIAND S2

VOLLEYBALL SENIOR

MR GILROY

Come along to the PE
department to be involved in
playing a mixture of games and
a variety of different people.
It's a great way to keep fit,
make new friends and do
something fun. Looking
forward to seeing you all then.



SERVITIUM

THURSDAY 15:35 - 16:25 GAMES HALL



LANGUAGE AND COMMUNICATION

MEARNS
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EXTRA
CURRICULAR
ACTIVITIES



CHINESE CLUB

MRS CHEN

Monkey King, Origami and paper cutting, Chinese chess, Calligraphy and brush painting, Chinese shuttlecock, Chinese opera masks, Chinese cartoon and pop music. Chinese is one of the richest cultures in the world. Don't miss the opportunity to experience the magical culture in the Chinese club!

Learning Chinese language offers great benefits to your child's personal and professional growth in the future.



WEDNESDAY 12:30 - 13:00 D3

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

SIAND S2

DEBATING CLUB JUNIOR

MR MCGOWNE

Pupils are involved in debating activities. Beginners to more advanced debaters are welcome.



MONDAY 15:35 - 17:30

S1 T0 S3

DEBATING CLUB SENIOR

MR MCGOWNE

Pupils are involved in debating activities. Beginners to more advanced debaters are welcome.



THURSDAY 15:35 - 17:30

S4 T0 S6



COMMITTEE

CLUB

MISS RUSSELL

Pupils will engage in thought-provoking discussions surrounding the differences we can all make to our planet. There will be opportunities to spend time in the local community and work with external agencies to allow their thoughts and ideas to come to life. Gardening and litter picks will feature in the activities! S6 pupils can undertake their Young Stem Leader Award through their involvement in both Eco-Committee and STEAM Club.

THURSDAY
12:30 - 13:00
CHEMISTRY
DEPARTMENT

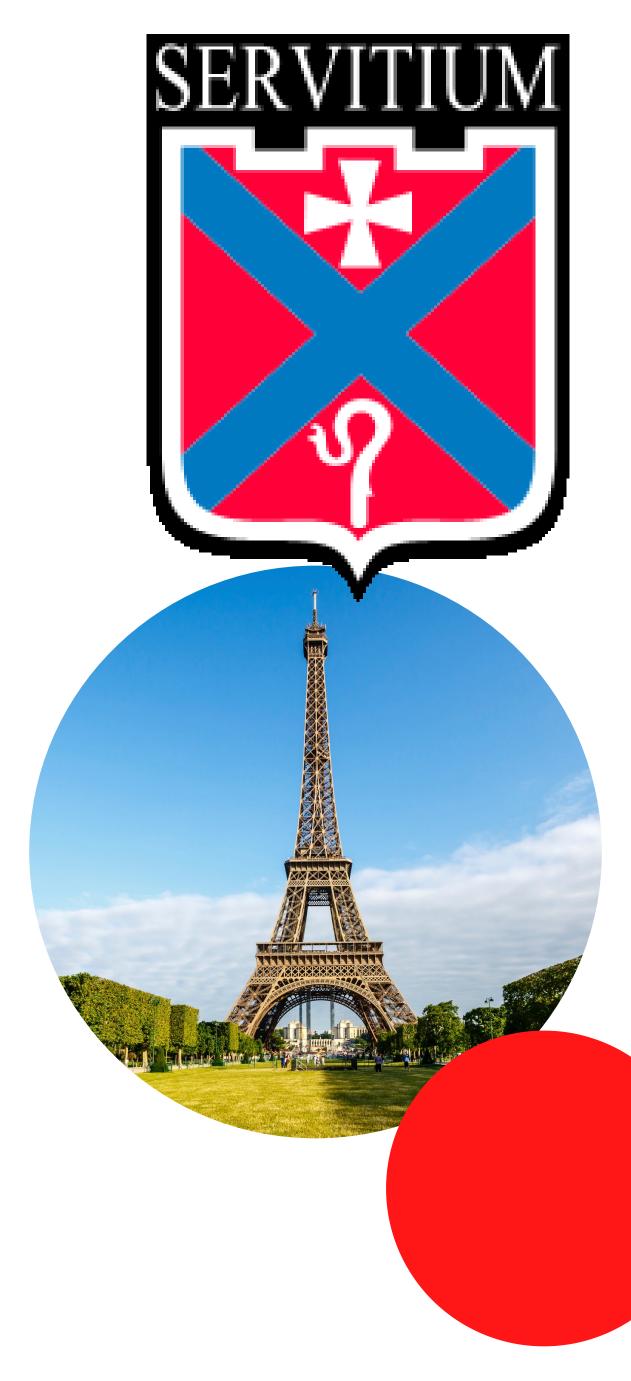
SERVITIUM

S1 T0 S6

FRENCH CLUB

MISS PEGEOT

Come along and learn more about the French language and culture through conversations, videos, music... There is something for everyone.



TUESDAY 12:40 - 13:20 MODERN LANGUAGES DEPTARTMENT

SIAND S2

VIDEO GAMING CLUB

PRITPAL PANESAR (STUDENT)

Come along and take part in all your favourite games against like minded competitors.



FRIDAY 14:45-15:45 B2 ENGLISH

S1 T0 S6

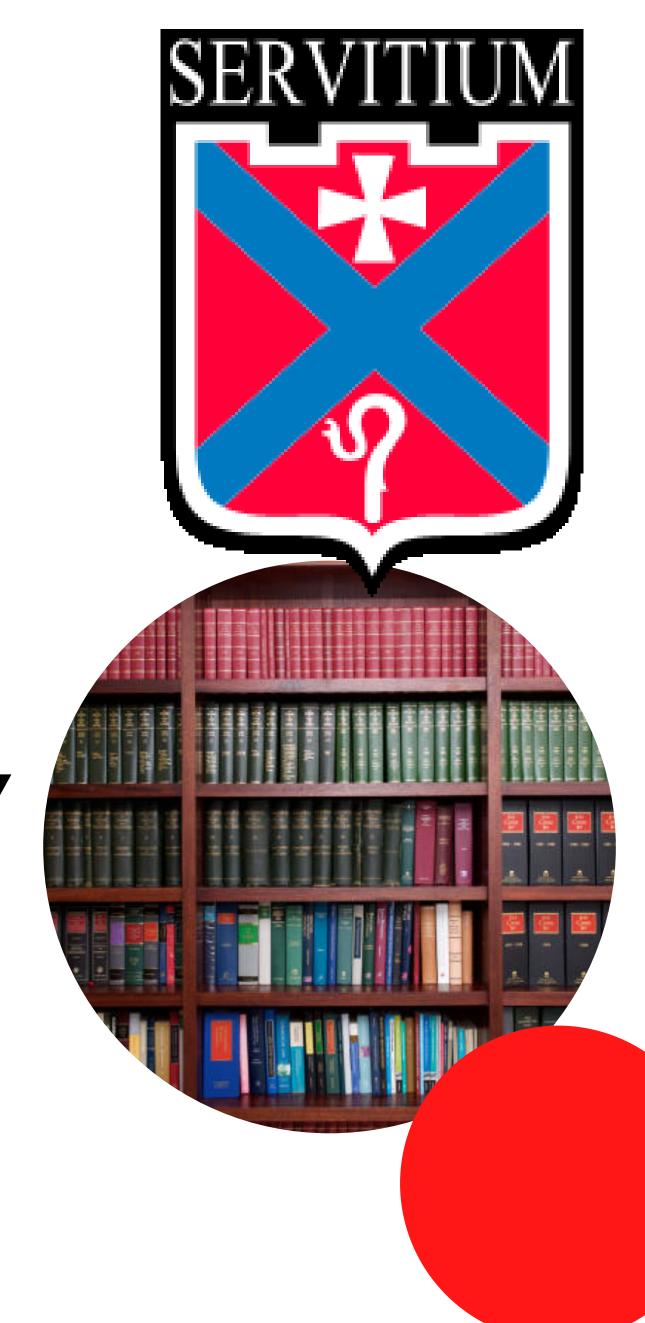
LAW SOCIETY

MISS DAWSON AND MR FULTON

Interested in pursuing a career in law? Come along and join Mearns Castles first ever law society! The society will welcome regular outside speakers who will share their experience and knowledge. This will give you the opportunity to gain valuable skills and insight as you move forward towards a career in law.

For updates follow: @MCHSlawsociety

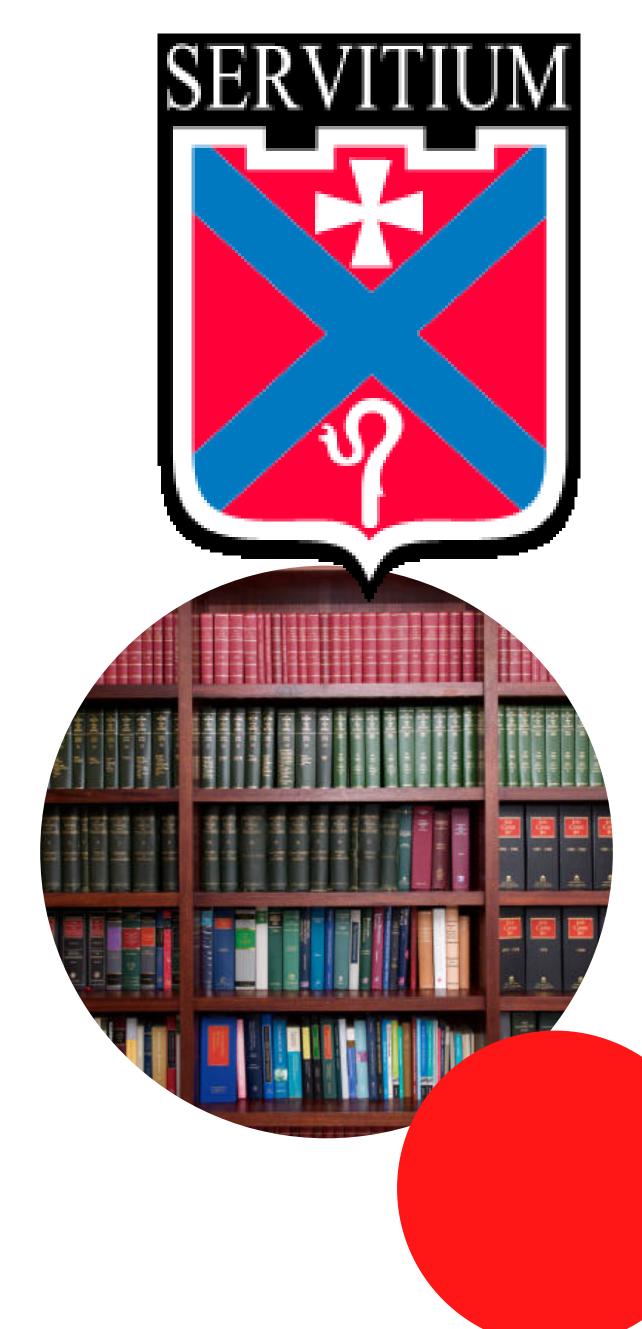
S5 TO S6



LIBRARY BOOK GROUP

MISS MCEACHERN

If you love books and reading then the Library Book Group is the place for you! Together we read (and vote for) great new books which have been nominated for two major children's book awards -The Scottish Teenage Book Prize and The Carnegie Book Award. We meet every second Wednesday at 12.40pm in the library to discuss the books we are reading and have fun with games and activities. Our reading is rewarded by winning valuable House Points for each completed book and culminates in the annual trip to the Edinburgh Book Festival in August to meet exciting authors and attend book signing sessions. Pupils from all year groups are very welcome to join the Library Book Group, so come along and join in the reading fun!



EVERY 2ND WEDNESDAY

S3: 12:40 - 13:05

S1+2: 12:40-13:25

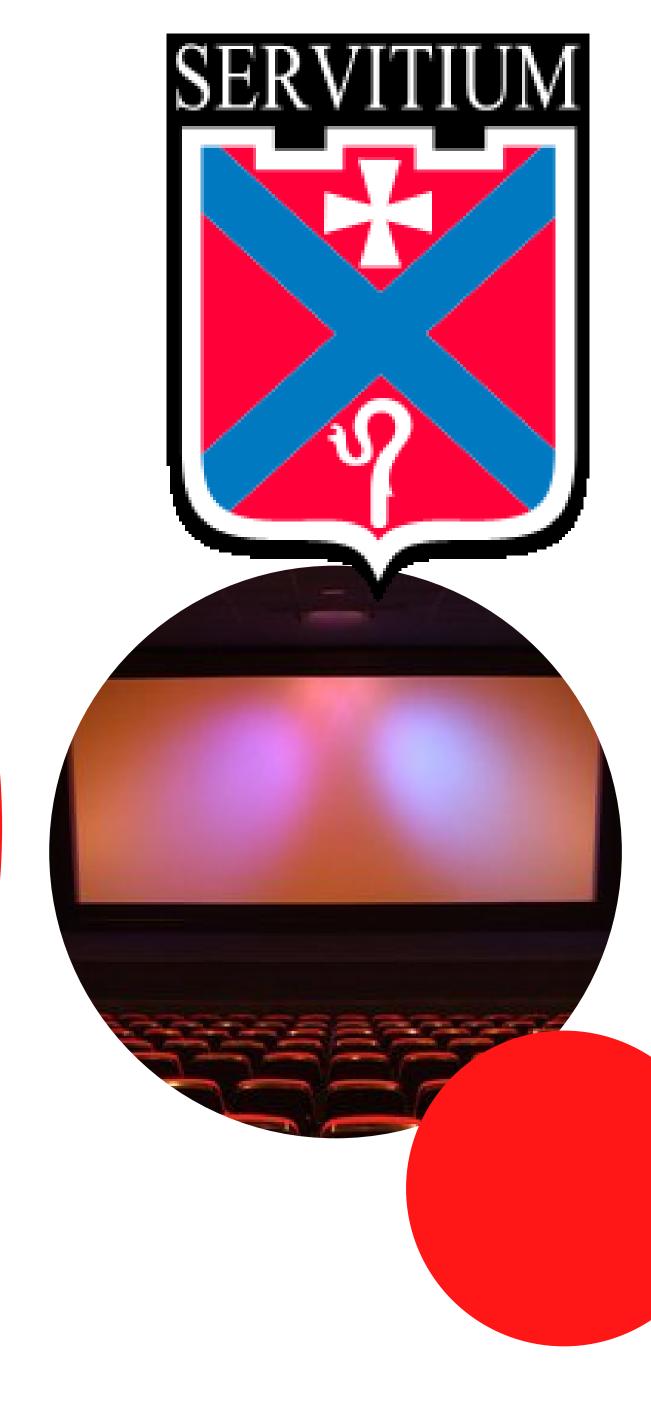
LIBRARY

LE CINÉCLUB FRANÇAIS

Madame Naddell

This club is on the last
Thursday of every month.
The club only runs once
per month.

S4 T0 S6



THURSDAY
(LAST ONE IN THE MONTH)
17:30 - 20:00
CONFERENCE
ROOM

PHILOSOPHY CLUB

MISS REDDEN

A chance to engage in philosophical discussion and ponder life's big questions.

So far this year pupils have enjoyed watching and discussing the philosophical themes in both The Truman Show and Disney's Soul



SERVITIUM

TUESDAY 12:40 - 13:25 D17

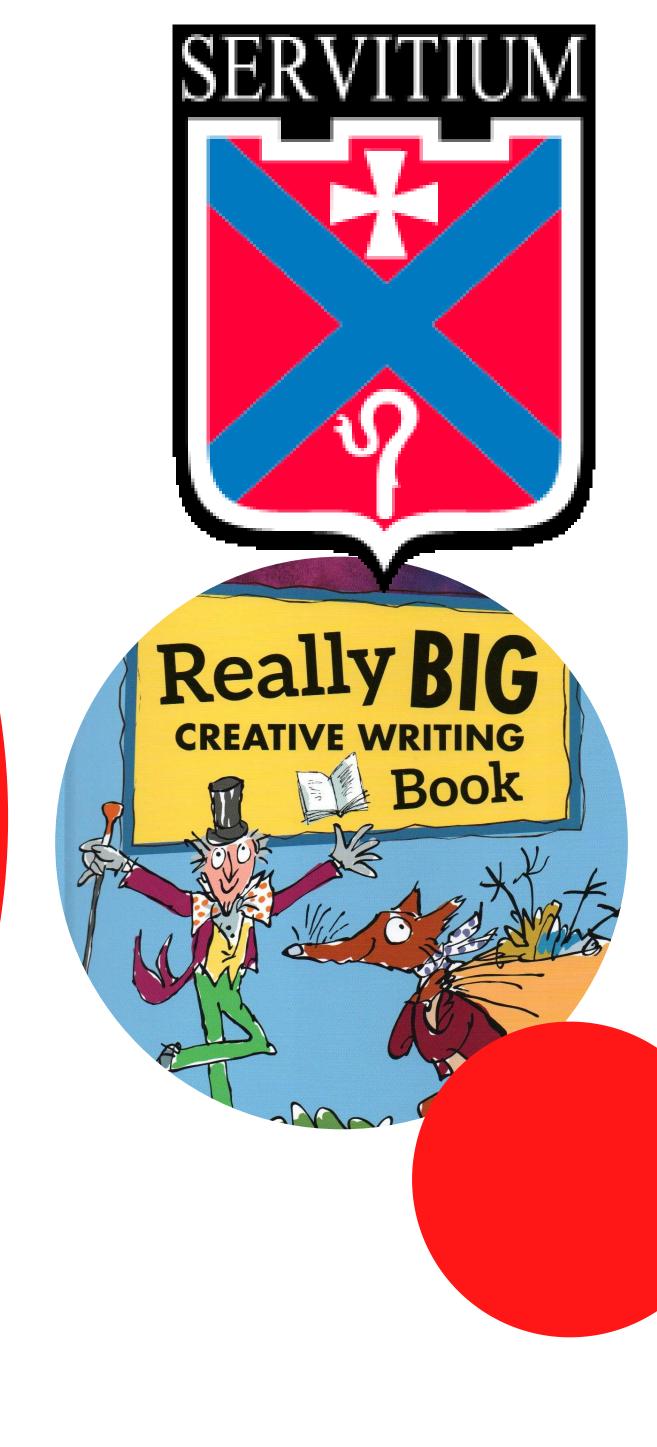
S1 T0 S2

PICTUREBOOK AND CREATIVE WRITING CLUB

DR DEY

The Picturebook and Creative Writing club will explore a range of striking, interactive and moving picturebook titles. The verbal and visual elements in the texts provoke thought-provoking discussions enhancing readers' visual and critical literacy skills. Pupils will be involved in creative responses to these texts in the form of retelling the narratives from different perspectives, alternate endings, book reviews, blogs, alternate book covers and much more.

SIAND S2



THURSDAY
12:50 - 13:25
LIBRARY

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

Club runs during set dates please see leading teacher

POSITIVE MENTAL HEALTH GROUP

MS CARTLEDGE

Discussing ideas for positive mental health and wellbeing activities across the school, and come up with ideas for bigger events like the Be Kind To Your Mind whole school event. During these events, pupils have been involved in creating lessons to be used as wellbeing starters in class, in lunch time activities such as having nominations for a Feel Good play list that is played in the open area, and in advertising events with posters and in assemblies. More recently the meetings have been focused on the wellbeing base



ANYDAY 12:30 - 13:05

S1 T0 S6

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

Announcements will be in the pupil news when there are meetings

PRIDE

MS ELLIOT

PRIDE! Mearns Castle HS's LGBTQ+ group. A regular Friday lunchtime exploring identity and expression in a safe and welcoming space.

All are welcome regardless of gender identity, sexual orientation or expression, this includes Allies!

We prepare for celebration and memorial events such as Black History Month, Pride month, IDaHoBiT and Trans Day of Remembrance.

We also work with other LGBTQ+ groups to create a network of support for all who are interested in #jointheconversation





FRIDAY 12:30 - 13:05

T2

S1 T0 S6

RIGHTS RESPECTING SCHOOLS GROUPS

MISS HENDERSON

The Rights Respecting Schools group has been set up to promote an inclusive environment at MCHS where pupils learn about their rights and how to ensure all young people have their rights respected. Pupils attend meetings where their voice is heard in matters that affect them, school life and life outside of MCHS. In the past pupils have been involved in delivering assemblies to different year groups, organising food bank collections and hosting a human rights week. We are always looking for new members who are passionate about making a difference to people's lives.



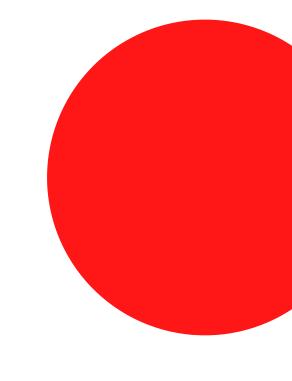


MONDAY 12:30 - 13:05 D18 RMPS

TERW2



FAITH



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JEWISH LUNCH CLUB

YOUTHWORKER SYDNEY FROM UJIA AND MADAME NADDELL

This club gives an opportunity to explore the Jewish religion in a relaxed setting and to celebrate its festivals with friends.

A bagel lunch is always provided. Interfaith events will also be planned during the year.



VARIOUS DAYS 12:30 - 13:05 CONFERENCE ROOM

S1 T0 S6

MUSLIM PRAYER GROUP

Mr Moghul



SERVITIUM

The club gives Muslim pupils the opportunity to offer their prayers during lunchtime, ask questions and spend time with like-minded friends. EVERY LUNCH TIME \$3-6: 12:20 - 13:05 \$1+\$2 12:40-13:25 MON-THURS- F10 FRI - CONTEMPLATION ROOM

S1 T0 S6

SCRIPTURE UNION

MR D CLARK

(FROM MAXWELL MEARNS CASTLE CHURCH)

Scripture Union is for anyone wanting to explore the Christian faith, ask any questions they have or just spend time together. We often have special events involving food.



FRIDAY 12:30 - 13:05 CONFERENCE ROOM

S1 T0 S6



MATHS AND PROBLEM SOLVING

MEARNS
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EXTRA
CURRICULAR
ACTIVITIES



CHESS CLUB



Suitable for beginners and advanced players. Come along to learn how to play and to challenge someone to a game.



TUESDAY 12:20 - 13:25 F11

S1 T0 S6



MISS DICKSON AND
MRS THOMSON

CryptoCrackers club runs on a Friday lunchtime in the Maths department. We will learn to crack codes and ciphers and compete in national competitions throughout the year, run by the University of Southampton and the University of Manchester. All year groups are welcome!





FRIDAY 12:30 - 13:05 F15 MATHS

S1 T0 S6

STEAM CLUB

MISS MCKISSOCK

STEAM Education is an approach to learning that uses Science, Technology, Engineering, the Arts and Mathematics as access points for guiding student inquiry, dialogue, and critical thinking. STEAM education results in students who take thoughtful risks, engage in experiential learning, persist in problem-solving, embrace collaboration, and work through the creative process. These are the innovators, educators, leaders, and learners of the 21st century! At STEAM club we will help you develop all these skills by setting you a variety of challenges that will really get you thinking, for example, do you think you could build the biggest spaghetti tower or create a tornado in a bottle? Is so come and join STEAM club!

SIAND S2



TUESDAY
15:35 - 16:25
SCIENCE
DEPARTMENT

ERW 2



CREATIVE ARTS, MUSIC, DRAMA AND HISTORY

MEARNS
CASTLE
HIGH
SCHOOL



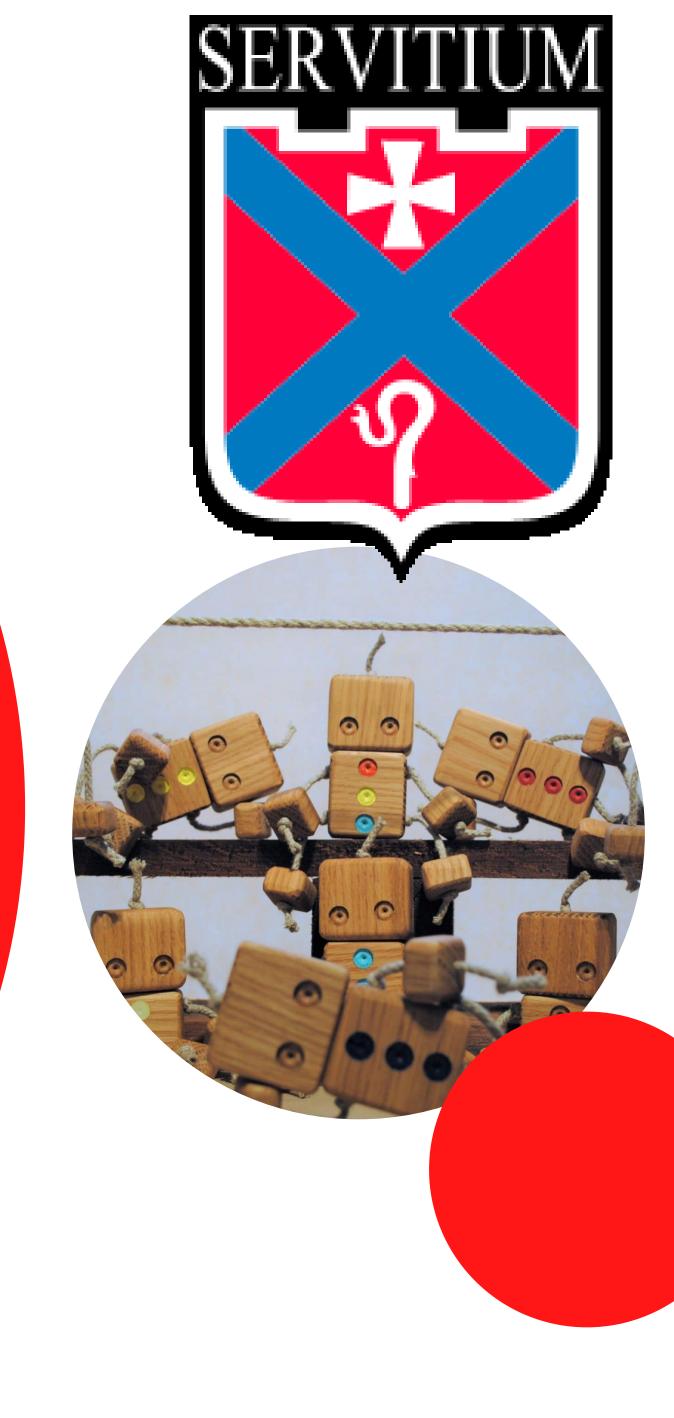


CRAFT CLUB

MS GRAY

If you love making things then come & join the craft club in the Technical Department!
You will be coming up with great ideas of things to make in wood, metal & plastic, as well as upcycling items to give them a new lease of life & save them from landfill.

Learn new skills & friends & improve the ones you already have!



TUESDAY 15:35 - 16:25

TI

CONCERT BAND

MISS BORLAND

This will take place in the
Theatre. If you play a
Woodwind or Brass instrument
then please come along. If you
would like to join the
Percussion section then please
ask about this. The group
performs at various concerts
and charity events and is a
great way of working as a team
to develop your playing skills.



TUESDAY 15:35 - 16:40 THEATRE





MISS DAVIS



MONDAY

15:35 - 16:25

C2

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

S1 T0 S3

JUGGLING CLUB

MS GUTHRIE

Have fun learning a new skill whilst improving your coordination and focus.





FRIDAY 12:40 - 13:25 E5

JUNIOR CHOIR

MISS BROWN

This will take place in the Theatre. Singing is a fun activity that not only develops your musical skills but is great for your well being. Come along at the start of lunchtime with a packed lunch!



WEDNESDAY 12:40 - 13:25 THEATRE

LEGO HISTORY CLUB

MISS THOMSON

The Lego History Club use Lego to build famous moments in history and then challenge the rest of the school to guess the event. We work as a team to decide on historical events, to design and build and then to organise our school-wide competition.



TUESDAY 12:30 - 13:05 F9

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

SIAND S2

SEWING CLUB

MRS THOMSON

Sewing Club is a fun relaxed sewing group developing your textile & creative skills through embracing sustainable fashion & up cycling. Reduce, reuse & recycle: give your unwanted shirt & or jeans a second life. Please note there is an allocated time for \$1 and \$2 as shown on the right.



WEDNESDAY

S2 (12/01 - 9/02)

S1 (16/02 - 23/03)

14:45 - 15:55

HOME ECONOMICS

PLEASE SEE LEADING
TEACHER FOR MORE
DETAILS

S1 T0 S2