

# TERM

# 2021



MEARNS  
CASTLE  
HIGH  
SCHOOL

**EXTRA  
CURRICULAR  
ACTIVITIES**

**FOLLOW FOR UPDATES  
@MCHSCLUBS**





# TERM

# 2021

# PLEASE NOTE



All after school clubs must be booked online through parent portal and all lunch time clubs are drop in classes so please just turn up on the day to your favourite club.

MEARNS  
CASTLE  
HIGH  
SCHOOL

**EXTRA  
CURRICULAR  
ACTIVITIES**

**FOLLOW FOR UPDATES  
@MCHSCLUBS**



# TERM

# 2021



Monday	Lunch Time	After School
	Chess Club Netball Club Rights Respecting Schools Group Chinese Club Muslim Prayer Group	Badminton Rugby Athletics + Fitness Debating Junior
Tuesday	Lunch Time	After School
	Junior Volleyball Chess Club French Club Lego History Club Philosophy Club Muslim Prayer Group	Hockey STEAM Rowing
Wednesday	Lunch Time	After School
	Library Book Group Fitness Club Muslim Prayer Group	Sewing Club
Thursday	Lunch Time	After School
	Picturebook and Creative Writing Club Eco-Committee Muslim Prayer Group	Senior Volleyball Football Dance Le Cinéclub Français Debating Senior
Friday	Lunch Time	After School
	CryptoCrackers Scripture Union Pride Group Muslim Prayer Group	
Irregular Days	Positive Mental Health Group Jewish Lunch Club	

MEARNS  
CASTLE HIGH  
SCHOOL

## EXTRA CURRICULAR ACTIVITIES

FOLLOW FOR UPDATES  
@MCHSCLUBS



# TERM 1



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# SPORTS

MEARNS  
CASTLE  
HIGH  
SCHOOL

**EXTRA  
CURRICULAR  
ACTIVITIES**

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@MCHSCLUBS**





# TERM

# 2021

# ATHLETICS/ FITNESS

MR. TURNBULL AND MISS  
REDDEN

Come along to the PE department to be involved in a mixture of different athletic events such as sprints, long distance, shot put, long jump and high jump. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.

S1 AND S2



**MONDAY**

**15:35 - 16:25**

**ASTRO/FITNESS**

**SUITE**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM

# 2021

# BADMINTON

MR. GIBSON

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school. Looking forward to seeing you all then.

S1 AND S2



**MONDAY**  
**15:35 - 16:25**  
**GAMES HALL**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**



# TERM

# 2021

# DANCE

MISS DAVIS

Come along to the PE department to be involved in a variety of different dance styles. There will be a choice to perform at several key events in the school calendar and compete in the East Renfrewshire Dance Championships.

S1 AND S2



**THURSDAY**  
**15:35 - 16:25**  
**NEW GYM**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM

# 2021

# FITNESS CLUB

MRS LITTLE

Come along to the PE department to be involved in a mixture of fitness activities such as using the rowing, treadmill bike and cross trainer machines whilst meeting a variety of different people. It's a great way to keep fit, make new friends and do something fun during your lunch time. Looking forward to seeing you all then.

S1 TO S6



**WEDNESDAY**  
**12:30 - 13:05**  
**FITNESS SUITE**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**



# TERM

7  
**2021**

# FOOTBALL

MISS RASUL

Available to all levels for both boys and girls. There will be the chance to compete in tournaments which is a great way to develop as a team and play in a semi competitive environment.



**THURSDAY**  
**15:35 - 16:25**  
**ASTRO**

S1 AND S2

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM

# 2021

# HOCKEY

MISS CRAWFORD

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun after school.

Looking forward to seeing you all then.

S1 AND S2



**TUESDAY**  
**15:35 - 16:25**  
**ASTRO**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**



# TERM

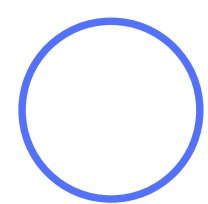
# 2021

# NETBALL

MISS ROBERTS

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun during your lunch time. Looking forward to seeing you all then.

S3 AND S4



**MONDAY**  
**12:30 - 13:05**  
**GAMES HALL**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM

# 2021

# ROWING CLUB

MR MOON

Come along to the PE department to learn how to improve your rowing time and speed when out on the water by using our rowing machines in the fitness suite. It's a great way to keep fit, make new friends and do something fun during after school. Looking forward to seeing you all then.

S1 TO S6



**TUESDAY**

**15:35 - 16:25**

**FITNESS SUITE**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**



# TERM

# 2021

# RUGBY CLUB

MR DALE AND MR FULTON

Come along to the PE department to be involved in playing a mixture of games and a variety of different people.

It's a great way to keep fit, make new friends and do something fun during after school. Looking forward to seeing you all then.

S1 AND S2



**MONDAY**

**15:35 - 16:25**

**ASTRO/GRASS**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM

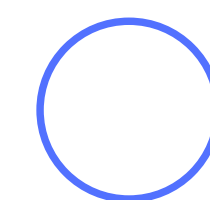
# 2021

# VOLLEYBALL JUNIOR

MRS. MCNAB

Come along to the PE department to be involved in playing a mixture of games and a variety of different people. It's a great way to keep fit, make new friends and do something fun. Looking forward to seeing you all then.

S1 AND S2



**TUESDAY**  
**12:30 - 13:05**  
**GAMES HALL**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**



# TERM

7  
**2021**

# VOLLEYBALL SENIOR

MR GILROY

Come along to the PE department to be involved in playing a mixture of games and a variety of different people.

It's a great way to keep fit, make new friends and do something fun. Looking forward to seeing you all then.

S3 TO S6



**THURSDAY**  
**15:35 - 16:25**  
**GAMES HALL**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM 1



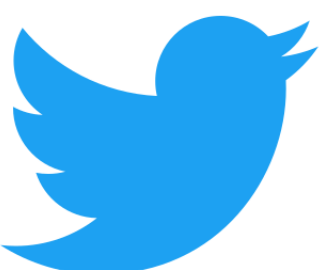
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# LANGUAGE AND COMMUNICATION

MEARNS  
CASTLE  
HIGH  
SCHOOL

**EXTRA  
CURRICULAR  
ACTIVITIES**

**FOLLOW FOR UPDATES  
@MCHSCLUBS**





# TERM

7  
**2021**

# CHINESE CLUB

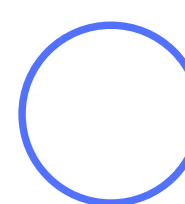
MRS CHEN

Monkey King, Origami and paper cutting, Chinese chess, Calligraphy and brush painting, Chinese shuttlecock, Chinese opera masks, Chinese cartoon and pop music.

Chinese is one of the richest cultures in the world. Don't miss the opportunity to experience the magical culture in the Chinese club!

Learning Chinese language offers great benefits to your child's personal and professional growth in the future.

S1 AND S2



**MONDAY**  
**12:30 - 13:05**  
**D3**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM

7  
**2021**

# DEBATING CLUB JUNIOR

MR. MCGOWNE

Pupils are involved in debating activities. Beginners to more advanced debaters are welcome.

S1 TO S3



**MONDAY**  
**15:35 - 17:30**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**



# TERM

7  
**2021**

# DEBATING CLUB SENIOR

MR. MCGOWNE

Pupils are involved in debating activities. Beginners to more advanced debaters are welcome.

S4 TO S6



**THURSDAY  
15:35 - 17:30**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM

# 2021

# ECO-COMMITTEE CLUB

MISS RUSSELL

Pupils will engage in thought-provoking discussions surrounding the differences we can all make to our planet. There will be opportunities to spend time in the local community and work with external agencies to allow their thoughts and ideas to come to life. Gardening and litter picks will feature in the activities! S6 pupils can undertake their Young Stem Leader Award through their involvement in both Eco-Committee and STEAM Club.

S1 TO S6



**THURSDAY**  
**12:30 - 13:05**  
**CHEMISTRY**  
**DEPARTMENT**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

\*This club will not run every week: pupils will be informed via Microsoft Teams when to attend\*



# TERM

7  
**2021**

# FRENCH CLUB

MISS PEGEOT

Come along and learn more about the French language through conversations, writing and reading there is something for everyone.

S1 AND S2



**TUESDAY**  
**12:30 - 13:05**  
**MODERN LANGUAGES**  
**DEPARTMENT**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM

# 2021

## JEWISH LUNCH CLUB

YOUTHWORKER SYDNEY FROM UJIA AND MADAME NADDELL

This club gives an opportunity to explore the Jewish religion in a relaxed setting and to celebrate its festivals with friends.

A bagel lunch is always provided. Interfaith events will also be planned during the year.

S1 TO S6



**VARIOUS DAYS**

**12:30 - 13:05**

**CONFERENCE ROOM**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**



# TERM

# 2021

# LIBRARY BOOK GROUP

MISS MCEACHERN

If you love books and reading then the Library Book Group is the place for you! Together we read (and vote for) great new books which have been nominated for two major children's book awards - The Scottish Teenage Book Prize and The Carnegie Book Award. We meet every second Wednesday at 12.40pm in the library to discuss the books we are reading and have fun with games and activities. Our reading is rewarded by winning valuable House Points for each completed book and culminates in the annual trip to the Edinburgh Book Festival in August to meet exciting authors and attend book signing sessions. Pupils from all year groups are very welcome to join the Library Book Group, so come along and join in the reading fun!

S1 TO S4



**EVERY 2ND  
WEDNESDAY**

**S3: 12:40 - 13:05**

**S1+2: 12:40-13:25**

**LIBRARY**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM

7  
**2021**

# LE CINÉCLUB FRANÇAIS

Madame Naddell

This club is on the last  
Thursday of every month.  
The club only runs once  
per month.

S4 TO S6



**THURSDAY**  
(LAST ONE IN THE MONTH)  
**17:30 - 20:00**  
**CONFERENCE**  
**ROOM**

PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS



# TERM

# 2021

# MUSLIM PRAYER GROUP

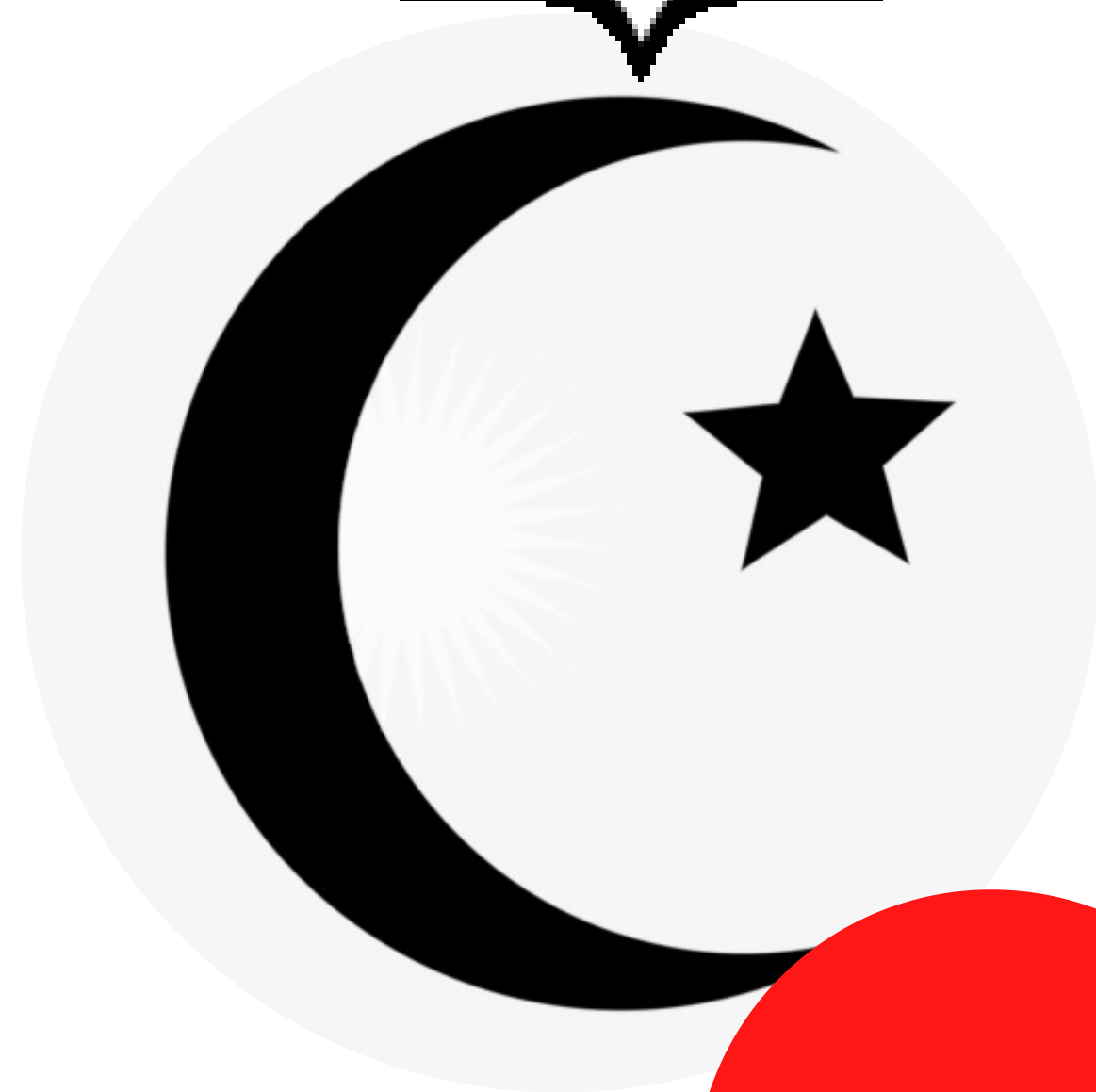
Mr Moghul

The club gives pupil the opportunity to offer their prayers during lunchtime for all Muslim pupils

Monday to Thursday in Maths F10.

Friday the prayer on Friday will be held in the contemplation rooms for all Muslim pupils

S1 TO S6



**EVERY LUNCH TIME**

**S3-6: 12:20 - 13:05**

**S1+S2 12:40-13:25**

**MON-THURS- F10**

**FRI - CONTEMPLATION ROOM**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM

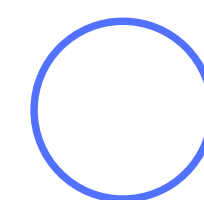
7  
**2021**

# PHILOSOPHY CLUB

MISS REDEN

So in Philosophy club we discuss the big questions in life. We watch films and discuss what philosophical messages they might contain. It's a chance to engage in discussion and to learn a bit more about history, the great thinkers and ponder life's big questions. ...

S1 TO S6



**TUESDAY**  
**12:30 - 13:05**  
D17

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**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**



# TERM

# 2021

## PICTUREBOOK AND CREATIVE WRITING CLUB

DR DEY

The Picturebook and Creative Writing club will explore a range of striking, interactive and moving picturebook titles. The verbal and visual elements in the texts provoke thought-provoking discussions enhancing readers' visual and critical literacy skills. Pupils will be involved in creative responses to these texts in the form of retelling the narratives from different perspectives, alternate endings, book reviews, blogs, alternate book covers and much more.

S1 AND S2

**\*Club runs 2/9 to 25/11\***



**THURSDAY  
12:30 - 13:05  
LIBRARY**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM

# 2021

# POSITIVE MENTAL HEALTH GROUP

MS CARTLEDGE

Discussing ideas for positive mental health and wellbeing activities across the school, and come up with ideas for bigger events like the Be Kind To Your Mind whole school event. During these events, pupils have been involved in creating lessons to be used as wellbeing starters in class, in lunch time activities such as having nominations for a Feel Good play list that is played in the open area, and in advertising events with posters and in assemblies. More recently the meetings have been focused on the wellbeing base

S1 TO S6



**ANYDAY**

**12:30 - 13:05**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

**\*Announcements will be in the pupil news when there are meetings\***



# TERM

2021

## PRIDE

MS ELLIOT

**PRIDE!** Mearns Castle HS's LGBTQ+ group. A regular Friday lunchtime exploring identity and expression in a safe and welcoming space.

All are welcome regardless of gender identity, sexual orientation or expression, this includes Allies!

We prepare for celebration and memorial events such as Black History Month, Pride month, IDaHoBiT and Trans Day of Remembrance.

We also work with other LGBTQ+ groups to create a network of support for all who are interested in #jointheconversation



**FRIDAY**

**12:30 - 13:05**

S1 TO S6

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM

# 2021

# RIGHTS RESPECTING SCHOOLS GROUPS

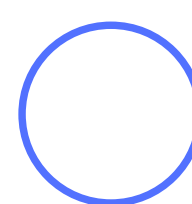
MISS HENDERSON

The Rights Respecting Schools group has been set up to promote an inclusive environment at MCHS where pupils learn about their rights and how to ensure all young people have their rights respected. Pupils attend meetings where their voice is heard in matters that affect them, school life and life outside of MCHS. In the past pupils have been involved in delivering assemblies to different year groups, organising food bank collections and hosting a human rights week. We are always looking for new members who are passionate about making a difference to people's lives.

S1 TO S6



HUMAN  
RIGHTS



**MONDAY**  
**12:30 - 13:05**  
**D18 RMPS**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**



# TERM

# 2021

## SCRIPTURE UNION

MR D CLARK  
(FROM MAXWELL MEARNS CASTLE CHURCH)

:It is for anyone wanting to explore the Christian faith, ask any questions they have or just spend time together. We often have special events involving food.

S1 TO S6



**FRIDAY**

**12:30 - 13:05**

**CONFERENCE ROOM**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM 1



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# MATHS AND PROBLEM SOLVING

MEARNS  
CASTLE  
HIGH  
SCHOOL

**EXTRA  
CURRICULAR  
ACTIVITIES**

**FOLLOW FOR UPDATES  
@MCHSCLUBS**





# TERM

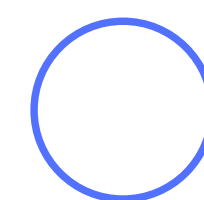
7  
**2021**

# CHESS CLUB JUNIOR

MR MOGHUL

Suitable for beginners and advanced players. Come along to learn how to play and to challenge someone to a game.

S1



**TUESDAY**  
**12:30 - 13:05**  
**F11**

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**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM

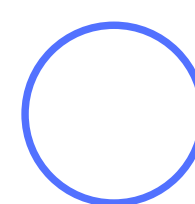
7  
**2021**

# CHESS CLUB SENIOR

MR MOGHUL

Suitable for beginners and advanced players. Come along to learn how to play and to challenge someone to a game.

S2 - S6



**MONDAY**  
**12:30 - 13:05**  
**F11**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**



# TERM

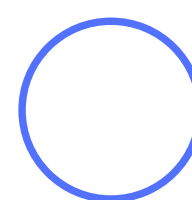
# 2021

## CRYPTOCCRACKERS

MISS DICKSON AND  
MISS THOMSON

CryptoCrackers club runs on a Friday lunchtime in the Maths department. We will learn to crack codes and ciphers and compete in national competitions throughout the year, run by the University of Southampton and the University of Manchester. All year groups are welcome!

S1 TO S6



**FRIDAY**  
**12:30 - 13:05**  
**F15 MATHS**

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM

# 2021

## STEAM CLUB

MISS MCKISSOCK

STEAM Education is an approach to learning that uses Science, Technology, Engineering, the Arts and Mathematics as access points for guiding student inquiry, dialogue, and critical thinking. STEAM education results in students who take thoughtful risks, engage in experiential learning, persist in problem-solving, embrace collaboration, and work through the creative process. These are the innovators, educators, leaders, and learners of the 21st century! At STEAM club we will help you develop all these skills by setting you a variety of challenges that will really get you thinking, for example, do you think you could build the biggest spaghetti tower or create a tornado in a bottle? Is so come and join STEAM club!

S1 AND S2

**\*Starts 28th September - 7th December\***



**TUESDAY**  
**15:35 - 16:25**  
**SCIENCE**  
**DEPARTMENT**

**PLEASE SEE LEADING**  
**TEACHER FOR MORE**  
**DETAILS**

# TERM 1



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# CREATIVE ARTS AND HISTORY

MEARNS  
CASTLE  
HIGH  
SCHOOL

**EXTRA  
CURRICULAR  
ACTIVITIES**

**FOLLOW FOR UPDATES  
@MCHSCLUBS**





# TERM

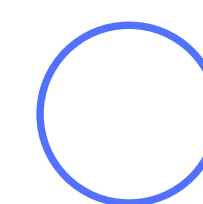
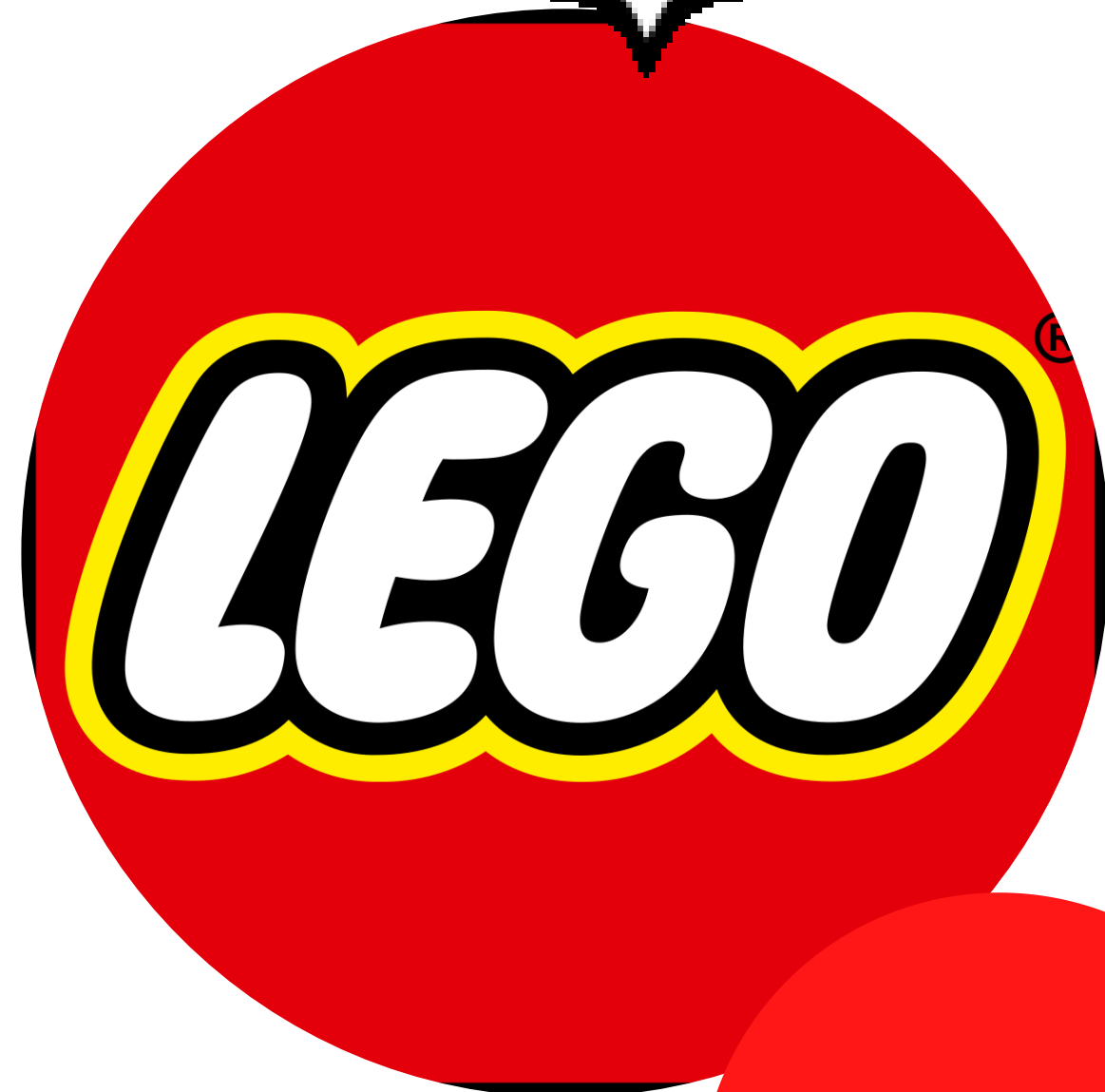
# 2021

# LEGO HISTORY CLUB

MISS THOMSON

The Lego History Club use Lego to build famous moments in history and then challenge the rest of the school to guess the event. We work as a team to decide on historical events, to design and build and then to organise our school-wide competition.

S1 AND S2



**TUESDAY**  
**12:30 - 13:05**  
F9

**PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS**

# TERM

# 2021

# SEWING CLUB

MISS THOMSON

Sewing Club is a fun relaxed sewing group developing your textile & creative skills through embracing sustainable fashion & up cycling. Reduce, reuse & recycle: give your unwanted shirt & or jeans a second life. Please note there is an allocated time for S1 and S2 as shown on the right.

S1 TO S2



**WEDNESDAY**  
S2 (15/09 - 27/10)  
S1 (3/11 - 15/12)  
15:35 - 16:25  
**HOME ECONOMICS**

PLEASE SEE LEADING  
TEACHER FOR MORE  
DETAILS