

RMPS Superstar

Challenge



Complete as many of the challenges below as possible during May and June. You can keep track of your progress via the notebook in Teams (you all have an individual section), and keep your evidence all together and submit at the end 😊 Evidence can include photos, drawings, computer work etc. There will be a prize for the most completed in each year

<p>Complete a (safe) random act of kindness (e.g. washing the dishes, giving someone a compliment)</p>	<p>Design your own stained-glass window. This can be drawn, painted, a collage or you can use a computer.</p>	<p>Make a list of as many religions as you can possibly find online. The person who finds the most religions will get a prize!</p>	<p>Write down five things you are grateful for today.</p>
<p>Cook a religious food (e.g. challah bread, hot cross buns, baklava). PLEASE ASK PERMISSION</p>	<p>Try writing some religious calligraphy – write your own name! Look at the Book of Kells, or Islamic calligraphy for inspiration.</p>	<p>Have a go at some yoga. It's great for relaxation and it developed from Hinduism!</p>	<p>Research a celebrity who is religious or non-religious. Create a set of questions about their beliefs e.g. "What do you believe in?" or "What do you celebrate?" Try and find the answers to your questions too!</p>
<p>Colour in a mandala, online or on paper. Why not see if you can create your own?</p>	<p>Write a creative story with a moral (e.g. treat others the way you would like to be treated, don't give in to temptation).</p>	<p>Research a random country in the world and create a leaflet about the main religion within this country. What do they celebrate? Do they have a holy book?</p>	
<p>Research and create an informative leaflet about a religious celebration which happens in May or June.</p>	<p>Go for a walk (safely) and pay attention to the sights, sounds, and smells around you. Take a photo of something you find interesting along the way.</p>	<p>Find a news story about how a religion in the UK has helped the community during the coronavirus pandemic. Create a newspaper front page about it.</p>	
<p>Write a paragraph about the following: Where do you like to go when you want to feel peaceful? Why does this place bring you peace?</p>	<p>Create a new religion. What are the beliefs? What festivals do you celebrate?</p>		