
Rosh Hashanah

Jewish New Year

A special meal is served at home after services at the synagogue.

This meal includes:

*Apples dipped in honey,
a symbol of the sweet new year*

A sweet carrot stew called a tzimmes

*Hallah (or challah) bread in a round loaf,
symbolizing the circle of life and of the year.*

*Pomegranates are served on dining tables because
of a tradition that pomegranates have 613 seeds,
one for each of the commandments that people of
Jewish faith are obliged to keep.*