

## Department of Education

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## Mearns Castle High School

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Our Ref: MM

Your Ref:

Date: 9 September 2019

To Parents /Carers of S1 Pupils

### HEALTH & WELLBEING EVENT & SPONSORED FUN RUN – Thursday 26 September 2019

This year all S1 pupils will be involved in a Health and Wellbeing Day on **Thursday 26 September**. This will be our first ever S1 Health and Wellbeing day and should be an exciting expansion to our already successful annual Fun Run which will take place in the afternoon as part of the day. Periods 1 and 2 pupils will take part in HWB related carousels, before opting into activities periods 3 and 4 and then listening to a guest speaker period 5. The Fun Run will then be the final part of the day periods 6 and 7. Pupils will require PE clothing and appropriate footwear for the run.

The Fun Run is a fundraising even. The monies collected from this event are added to the School Fund, which enables us to support other whole school events throughout the year. The run will follow a circular route on the roads around the school and will last approximately 45 minutes. The route is stewarded by Staff and Prefects with the Police and Roads Department also informed. We also have qualified first-aiders available along the route.

The Run is a **fun** event, not a race and pupils are encouraged to dress up in fancy dress with prizes and house points for the best costumes, and for classes raising the most amount of money. We hope you will encourage your child both to participate on the day and in their efforts to raise sponsorship.

This letter will be accompanied with a sponsor form, which **must be** completed with **BLACK INK** and which should be **returned before the event**.

Sponsor forms will be collected from pupils when they are in **Science** on **Wednesday 18 and Thursday 19 September 2019**.

**All Sponsor money should be collected after the run and money can be paid using 'ParentPay' the online payment for schools system;**

Payment should be made **online** by visiting the school website and clicking on the 'ParentPay' icon and following the on-screen instructions.

We hope that your child will enjoy taking part on the day and will also benefit from the additions to the School Fund during their time at school.

Yours faithfully

Mr Paul Donnelly  
Depute Head Teacher