

Education Department

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Our Ref: KW/TM

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Dear Parent/Carer

Gold Duke of Edinburgh ONLY – Training Day - Friday 16 August 2019. Training will take place in the Conference Room from 9am until 4pm. This session is run by Adventure Expeditions and it is essential all participants attend. This is a non-uniform event.

Silver and Gold Duke of Edinburgh Practice Expedition Details

Silver and Gold participants should meet in the Open Area of school on Thursday 22 August 2019 at 7.30 am. Two buses will depart from school at 7.45am to the start locations of the Expedition routes. More details are outlined below:

Bus 1 Group A (All Gold Groups + 4 Silver Groups)

Day 1 Start Caldbeck Lake District (North Lake District –Skiddaw area). Expedition follows tracks, minor roads and the Cumbria Way SW to the Campsite at Kestrel Lodge (near Bassenthwaite campsite 01768776752)

Gold Group will follow a more challenging route with more height and navigation involved. They will be at the same campsites.

Day 2 Expedition route follows footpaths to Skiddaw House then onto Burns Farm Campsite (01768779112) off the A66 to the East of Keswick. The Silver groups will meet the groups coming from the other direction on Day 2.

Day 3 Expedition finishes at Troutbeck next to the A66 just East of Keswick.

Bus 2 Group B (Remaining Silver Groups)

Day 1 Start at Troutbeck next to the A66 East of Keswick (North Lake District –Skiddaw area). Expedition follows tracks across fields and minor roads to Burns Farm Campsite (01768779112) off the A66 to the East of Keswick.

Day 2 Expedition route follows footpaths to Skiddaw House then onto Campsite at Kestrel Lodge (near Bassenthwaite campsite 01768776752) The silver groups will meet the groups coming from the other direction on Day 2.

Day 3 Expedition follows tracks, minor roads and the Cumbria Way NE. Finishing at Caldbeck Lake District.

The buses will return on Saturday 24 August 2019 at approx. 5.30pm (updates will be given on Twitter).

The Silver and Gold participants will be supervised on the Expeditions by Adventure Expedition Leaders. At the campsite Adventure Expedition Leaders and MCHS staff will be present. Emergency contact details: K Ward mobile – 07816673605.

All pupils will be issued with a Training Guide which includes a **kit list** and **meal suggestions**. Please make sure that pupils have walking boots with ankle support for insurance. They should also have water proof over trousers and a waterproof jacket.

We would advise pupils to leave mobile phones at home. If they are brought they should be in a waterproof case in the rucksack, it is the pupil's responsibility to look after them and they should not be used when walking, unless it is an emergency.

Pupils participating in the Silver Award will be taken out of PSE classes next week to cover the information they need for the Practice Expedition.

All pupils must complete 2 sections of their Award before going out on Expedition. The requirements for completing are on the school website.

If you have any queries about the Practice Expedition please do not hesitate to get in contact.

Yours sincerely

Kathryn Ward
Duke of Edinburgh Co-ordinator