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| **East Renfrewshire Young Ambassadors with expectations to attend the Sports Leadership Academy Application Mearns Castle High School** |
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| Name |  |  |  |  |  |
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| Class |  |  |
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1. What physical activities/sports would you like to be offered at the school and why?

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2. Think of 3 different ways that you would get S4-S6 pupils involved and engaged in after school activities.

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3. Describe a time that you have organised or arranged an activity – this me be sporting or non-sporting related?

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**ER Sports Leadership Academy**

Our Sports Leadership Academy is designed to provide high quality, regular support, training and development for young people that are committed to actively volunteering within their school and community. The aim of the academy is to give the candidates an understanding of what it means to be an effective leader and knowledge of the skills and abilities they will need in order to lead others successfully.

With over 30 hours of tutor delivery in addition to 20 hours of volunteering opportunities guaranteed as part of the programme, the pupils will be able to achieve awards such as, a Saltire Award or Youth Achievement Award. In order for the pupils to further develop the skills and knowledge they have learnt we would like for them to attend 2 Active Schools Events during the school day, **(ER Badminton Quaich and ER Cross Country).** We would appreciate your understanding and assistance in releasing these pupils from school in order for them to attend.

Throughout the academic year the pupils will get the opportunity to develop their skills in communication and organisation as well as the gaining certificates and awards including UKCC Level 1 courses. All pupils that successfully completed the programme will be guaranteed the opportunity to gain employment with ERCL. I have enclosed below outline of this year programme.

The Academy is open to those pupils in S5/S6 (16+) who have expressed an interest in sport and gaining valuable experience in volunteering or looking to a career in the industry.

**Four Pupil from each High School** will be nominated to go through the programme.

If you wish to apply please do so, **by Friday 30th August** to New Active School Co-Coordinator Brandon Wamberg – In P.E base or email [WambergB@ea.e-renfrew.sch.uk](mailto:WambergB@ea.e-renfrew.sch.uk) Or Mr. Gibson in P.E.

**ER Sports Leadership Academy Time Table**

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| Date | Activity | Where | Time |
| Parents evening September 16th 2019 Eastwood House 17:30-18:30 | | | |
| 25th September 2019 | Introduction and Coaching Skills | Mearns Castle High | 16:00-18:30 |
| 3rd October 2019 | Planning a successful session and delivering | Mearns Castle High | 16:00-18:30 |
| 11th October 2019 | In-service: Badminton – Leaders/ Intro  Gymnastics – Learn 2 | Barrhead High School | 16:00-19.00 |
| Eastwood Holiday Camp  Eastwood High School | | | |
| 14th October 2019 | Communication Skills and Rugby Leaders | Eastwood | 09:30-15:30 |
| 15th October 2019 | Competition Organiser Training and Tennis Leaders | Eastwood | 09:30-15:30 |
| 16th October 2019 (TBC) | Racket Sports UKCC level 1 Day 1 (TBC) | Eastwood (TBC) | 09:00-17:00 (TBC) |
| 17th October 2019 (TBC) | Racket Sports UKCC Level 1 Day 2 (TBC) | Eastwood (TBC) | 09:00-17:00 (TBC) |
| 18th October2019 | Sport Delivery Session | Eastwood | 10:00-15:30 |
| 29th October 2019 | ER Badminton Quaich | Barrhead Foundry | 09:00-15.00 |
| 12th November 2019 | ER Badminton Quaich | Barrhead Foundry | 09:00-15.00 |
| November | After-school Club Placement Delivery and Mentoring Practice | Various | 15:00-16:00 |
| 6th November 2019 | Interview Skills (External Employment Providers) | St Johns Campus ERCL Head Office | 16:00-18:00 |
| 18th December 2019 | Planning for preschool delivery and Christmas party | Williamwood High School |  |
| 29th January 2019 | SDS and Sportscotland Safeguarding Training | St Johns Campus ERCL Head Office | 15:30-18:30 |
| 7th February 2019 | In-service  Netball – Getting Started  Basketball – Make it Happen | Various | 9:00-16:00 |
| 27th February 2019 | Cross Country | Roukenglen park | 08:45 – 14.30 |
| 17th March 2019 | Dance Championships | Eastwood High School | 18:00 – 20:30 |
| 18th March 2019 | Dance Championships | Eastwood High School | 18:00 – 20:30 |
| 17th June 2019 | Wrap – up Awards Ceremony Parent and Invited Guests | Eastwood House | 19:00-21:00 |

**The role of a Young Ambassador**

At the heart of the Young Ambassador programme is the principle that their views, and those of other young people are heard, valued and influence decision making; and that they are engaged in driving change.

In this context, a Young Ambassador has two key roles:

* **to promote sport, and motivate and inspire other young people to get involved in sport in a wide range of settings within their local communities, including schools, clubs and community organisations**
* **to influence six key aspects of school sport:**
  + **extra-curricular sport provision**
  + **links to community sport opportunities**
  + **opportunities for competition**
  + **celebration of pupil achievements in sport**
  + **leadership opportunities for young people**
  + **PE in schools**

As role models and leaders for other young people, Young Ambassadors can have a pivotal role within their school and wider community.