



Kirkhill Primary School

Family Health & Wellbeing Event



Wednesday 3rd May 2023
6pm - 7pm

Come along as a family to explore Health and Wellbeing at Kirkhill and beyond



Health and wellbeing resources from across the school



Healthy food and nutrition including tasters from the Kirkhill Kitchen



Active Schools – archery, boccia and bowls



Kurling



Taster Judo sessions



Family CPR training from Heartstart



Information for families from Family First and ERC HealthIER minds team

And lots more...

