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*At Kirkhill we are #PROUD of our school community. Everyone is encouraged to be creative, strive for excellence and be inspired to attain, achieve and be their best.*

## P5 Bikeability Training

Dear Parent/ Carer,

Friday 31<sup>st</sup> March

Every year, we offer our P5 pupils Level 1 Bikeability Training. Level 1 skills focus on helping the pupils develop their control and confidence in using their bikes in preparation for learning how to cycle safely on the road next year in P6. The P5 training takes place in our school playground during the school day. The learning has been developed to match the Curriculum for Excellence, Second Level, Health and Wellbeing Experiences and Outcomes noted below:

*I know and can demonstrate how to travel safely.*

*I am learning to assess and manage risk, to protect others, and myself and to reduce the potential harm when possible.*

We would encourage all pupils to participate in the Bikeability Training if possible. If you are happy for your child to take part, please complete the link below by **Friday 21<sup>st</sup> April**.

<https://forms.office.com/Pages/ResponsePage.aspx?id=oyzTzM4Wj0KVQTctawUZKYqO-gYDqAlIH9ydSSeFnxUQ1o2TDRBSjNJRZHQJRNUNYNUpMQk0wTi4u>

Please find attached a diagram showing the checks that should be carried out by a parent or carer to ensure that the bike is in good working order to complete the training in school. Pupils are required to have their own bike to take part in the training and should not borrow bikes from other pupils. Pupils should bring their bikes to school each cycling day and store them in the P4/5 playground. Unfortunately bikes cannot be stored in school overnight. Pupils are also required to wear a securely fitted cycle helmet for the sessions. Please note that helmets which cover the face are not suitable for this training.

Your child will start their Bikeability 1 on the week beginning Monday 24<sup>th</sup> April.

**P5a will cycle on a Wednesday**

**P5b will cycle on a Thursday**

**P5c will cycle on a Monday**

If cycling to school, children do so at parents' own risk. Please remind your child to take extra care when travelling to and from school, using the crossing patrols or safe crossings where available. Children must dismount bikes at the school gates and walk their bike round to the cycle parks in the playground. If you have any questions regarding any of the information above, please do not hesitate to contact me at the school.

Yours sincerely,

Jane Tees

(Principal Teacher)



**Article 29** Your education should help you use and develop your talents and abilities. It should also help you learn to live peacefully, protect the environment and respect other people.