

### **Cost of Living Support in East Renfrewshire**

We know that many East Renfrewshire families may be struggling with rising costs of living, especially as we emerge from the festive period, so we want to assure you that help is available. A good place to start is the Council's website, where there is a range of support and advice: [www.eastrenfrewshire.gov.uk/cost-of-living-support](http://www.eastrenfrewshire.gov.uk/cost-of-living-support)

If you'd like free, expert and confidential advice, you can speak to our Money Advice and Rights Team by calling 0141 577 8420 or emailing [mart@eastrenfrewshire.gov.uk](mailto:mart@eastrenfrewshire.gov.uk).

The Community Hub can also connect you with groups, organisations and services that can provide the support you need. Get in touch on 0141 876 9555 or [hello@valer.org.uk](mailto:hello@valer.org.uk).