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At Kirkhill we are #PROUD of our school community. Everyone is encouraged to be creative, strive for excellence and be inspired to attain, achieve and be their best.

Kirkhill Primary's Health and Wellbeing Programme - Bounce Back

Dear parent/carer,

As part of our Health and Wellbeing programme, we use the Bounce Back resource throughout our school.

One of the units we explore this term is called **People Bouncing Back**. <u>Here</u> you will find out some key messages and information we will be teaching this term in this area. This will also allow you to reinforce the language and messages which will allow our learners to get the most from this programme and overall benefit their health and wellbeing.

Please get in touch with our school office if you have any questions.

Yours sincerely,

Lorna Gray Depute Head Teacher

UNCRC Article 27

Every child has the right to a standard of living that is good enough to meet their physical and social needs and support their development.

UNCRC Article 28

Every child has the right to an education.

UNCRC Article 29

Education must develop every child's personality, talents and abilities to the full.