

Young Carers Poster Competition

To highlight Young Carers Action Day 2022 East Renfrewshire Carers Centre is running a Poster Competition to show 'What it is like to be a Young Carer'

If you are a Young Carer, or would like to show support for Young Carers, and you are under 18 years you are invited to take part. There are 2 categories:

- Junior Young Carers (aged 8-11 years)
- Senior Young Carers (aged 12-18 years)

The entries will be judged by an independent group (not Young Carers Staff). The closing date is Friday 22nd April.

There will be a prize for each category and the winning posters will be used to highlight the hugely important role that Young Carers contribute within their families & the wider community.

To make the posters we have free Poster Packs available. Inside you will find A4 size card, paper, pens, scissors & glue. Please feel free to add collage, stickers etc or use your own materials.

Free Poster Packs available from:

Kevin - <u>kevin@eastrenfrewshirecarers.co.uk</u> 07752 833756 Sarah - <u>sarah@eastrenfrewshirecarers.co.uk</u> 07964 859932

Entries to be returned by Friday 22nd April

On the BACK of your poster please put your name, contact phone number or email address & the name of your school or college Deliver by Hand to Miss MacGregor

Or Post to East Renfrewshire Carers Centre, Barrhead Centre, 8 Carlibar Road, Barrhead, G78 1AA