

| WEEK 3 - Gluten Free | | | | | |
|--|---|---|---|---|--|
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| SOUP IT UP | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day |
| Main 1 | Tandoori Chicken served with a Warm Wrap and Shredded Lettuce and Carrot (C) | Mince, Potatoes and Fresh Diced Carrots (B) | Quorn Cajun Pasta served with Seasonal Veg (V) | Macaroni Cheese with Garlic Bread and Garden Peas (V) | Savoury Cheese Pitta Pocket Salad Box (V) |
| Main 2 | Fish Goujons and Spicy Wedges with Coleslaw (F) | Pizza with Herb Bread and Crunchy Salad (V) | Cheese Toastie served with Diced Potatoes & Homemade Crunchy Coleslaw (V) | Meatball Marinara Baguette with Corn Salad (C) | Chicken Burger in a Warm Bun with Shredded Lettuce (C) |
| Filled Baked Potatoes Filled sandwiches and baguettes served with salad | Cheese (V), Tuna Mayonnaise (F), Egg Mayonnaise (V), Sliced Chicken (C) & Flaked Salmon (F) | | | | |
| DESSERT | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter |

All meals include each of the following options:

- Freshly made Soup of the day Starter
- Drink option including :Plain milk or water

Crudite Platter - peppers, baby corn, cucumber, carrot, 1/2 cherry tomatoes

Allergies

- Before you order food and drink, please speak to a member of the catering team if you have a food allergy or intolerance.

(V) - Vegetarian Option

Note:

- After any holiday the 1st day back will always be the Monday menu and then the normal days will follow.