

WEEK 1 - Gluten Free

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP IT UP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Main 1	Fish & Chips with Garden Peas (F)	Italian Chicken Pasta Bake served with Green Beans (C)	Quorn Pasta Bolognaise with Fresh Broccoli (V)	Chicken Korma Fillet served with Savoury Rice Box (C)	Flaked Salmon Fillet with Oriental Veg and Noodles (F)
Main 2	Tomato & Mozzarella Pasta with Garlic Bread and Roasted Vegetables (V)	Quorn Dippers with a Warm Wrap and Crunchy Salad (V)	Cheese & Tomato Pizza with Herb Bread & Summer Corn Salad (V)	Homemade Vegetarian Sausage Roll with Mashed Potato and Seasonal Veg (V)	Quorn Burger with Warm Bun , Diced Potatoes and Sliced Tomato (V)
Filled Baked Potatoes Filled sandwiches and baguettes served with salad	Cheese (V), Tuna Mayonnaise (F), Egg Mayonnaise (V), Sliced Chicken (C) & Flaked Salmon (F)				
DESSERT	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter

All meals include each of the following options:

- Freshly made Soup of the day Starter
- Drink option including :Plain milk or water

Crudite Portion - peppers, baby corn, cucumber, carrot, 1/2 cherry tomatoes

- Crudities portion

Allergies

- Before you order food and drink, please speak to a member of the catering team if you have a food allergy or intolerance.

(V) - Vegetarian Option

Note:

- After any holiday the 1st day back will always be the Monday menu and then the normal days will follow.