



KIRKHILL PRIMARY SCHOOL

Kirkhill Road, Newton Mearns, Glasgow G77 5RJ (0141-570 7200)

e-mail: schoolmail@kirkhill.e-renfrew.sch.uk

Website: www.ea.e-renfrew.sch.uk/kirkhill



At Kirkhill we are #PROUD of our school community. Everyone is encouraged to be creative, strive for excellence and be inspired to attain, achieve and be their best.

Relationships, Sexual Health and Parenthood (RSHP) Curriculum

Dear Primary 6 Parents/Carers,

I am writing to you to give you some background information on the Primary 6 RSHP curriculum that is a key part of our wider Health and Wellbeing curriculum and which our P6 classes will be working on between now and the end of the term. We will be following the Scottish national RSHP curriculum which was introduced a few years ago as part of a Curriculum for Excellence update. These resources are different to the previous resources used in Primary 6 and 7 which you may have seen at curriculum evenings in the past.

The curriculum is designed to be progressive from Primary 1 through to high school and gives pupils the age appropriate content they need to achieve each level. As this year's Primary 6 pupils missed the content last year due to lockdown, they will be covering the content for Primary 5 and Primary 6. Here are two short videos that will explain more about the rationale behind the RSHP curriculum and its age appropriateness:

The rationale behind RSHP: <https://vimeo.com/361263347>

An age appropriate curriculum: <https://vimeo.com/361994410>

The Second level RSHP content is outlined on page two of this letter and you can find out more information on the RSHP website <https://rshp.scot/> where there is an excellent information section for parents and carers <https://rshp.scot/about-the-resource/#parentsandcarers> with a presentation you can download and look through. There are also some questions in the FAQ section that are directly applicable to parents and carers <https://rshp.scot/fag/>

I have also attached a link to the lessons and teaching resources that our Primary 6 teachers will use to deliver these lessons. Please feel free to use these as a reference for any conversations your child may have with you about this topic.

<https://drive.google.com/drive/folders/1vAKAf492dM5Jm9NWP7pYGNSpHPLKNucW?usp=sharing>

Kind regards

Lesley Menzies

Depute Head Teacher

Kirkhill Primary School



At Kirkhill we are #PROUD of our school community. Everyone is encouraged to be creative, strive for excellence and be inspired to attain, achieve and be their best.

Second Level RSHP Content

When it comes to **relationships** children learn about:

- What makes them unique and what makes people alike and what makes us different (diversity)
- Making and having friends
- Being a boy and a girl, and that they can be any kind of boy or girl they want to be
- Loving relationships and being attracted to others.
- Introducing the terms heterosexual, gay, lesbian, bisexual and transgender
- Respect for others and the importance of being kind – in our face-to-face relationships and online.

When it comes to **being safe** children learn about:

- Social media and being safe and smart online
- Feeling safe and unsafe
- Different kinds of abuse and neglect that can happen to a child
- What we mean by consent
- Who they can go to for help and support.

When it comes to **growing up and learning about their body** children learn about:

- Making choices and decisions
- Looking after their body and keeping clean
- Puberty and how the bodies and emotions of both girls and boys change as they grow
- What 'having sex' is and how people have sex.

When it comes to **conception, pregnancy, birth and being a parent/carers** children learn about:

- How a baby is made (conception)
- Pregnancy and how a baby is born
- Being a parent and thinking about what kind of parent they would be.