

Kirkhill Primary School

Parent/Carer Update

Keeping our community safe



Keeping Kirkhill Safe – what are we doing?



- Continue to keep up to date and follow guidance
- Continue to encourage very high standards of hygiene amongst pupils and staff
- Handwashing regularly throughout the school day
- Hand sanitiser available in all rooms and at front entrance
- Pupils encouraged to bring their own sanitiser and carry with them at all times
- 2m distance between adults and pupils and adults and adults throughout the school
- Visitors to school limited
- Staff wearing masks around the school (except those medically exempt)
- Parents/Carers encouraged to wear masks at gates and keep 2m distance from others.



Keeping the Kirkhill Community safe
Please limit to 1 adult per household at pick up and drop off times

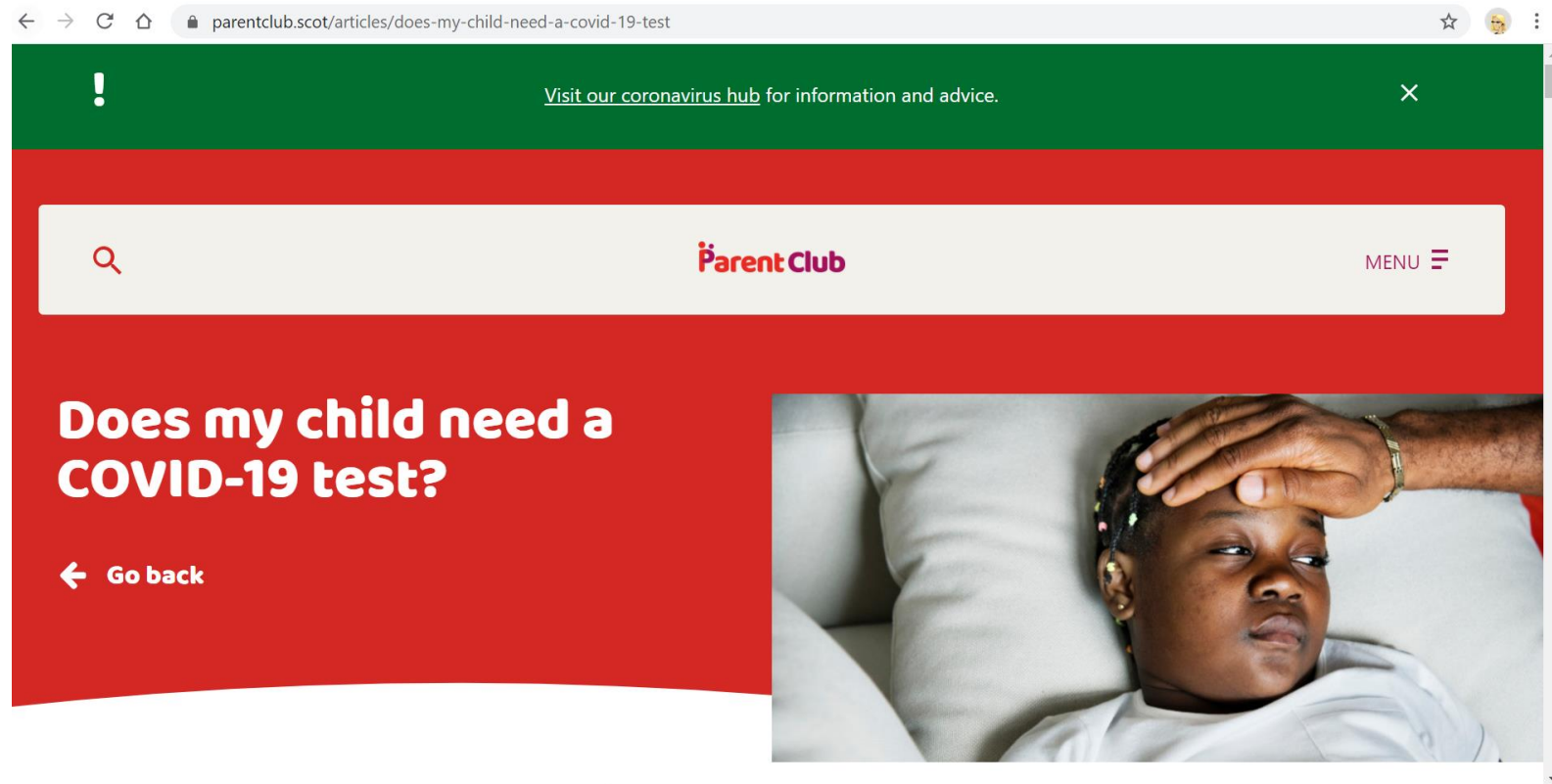


When you have dropped off or collected please help us to keep the area clear by moving on swiftly

Please keep your distance
6 feet
↔
2 metres
Thank you for practising social distancing

It is really important that we work together to ensure the safety of our school community. If you or anyone in your household has symptoms you should book a test and your child should not come to school. If your child has been in contact with someone out of school who has tested positive and is deemed as a “close contact” your child should not come to school and you should follow advice from Test and Protect when you get it. Parent Club Scotland has lots of up to date advice to support families

[The https://www.parentclub.scot/](https://www.parentclub.scot/)





Do they have a fever?

YES

Book a test - stay at home

You can book a test online on the NHS Inform website. If you can't book online, you can call 0800 028 2816. Anyone who has symptoms can be tested.

NO

Do they have a new continuous cough*?

YES

If your child tests positive they need to isolate for 10 days from the day their symptoms first appeared. Everyone else in the house will need to isolate for 14 days from when these symptoms first appeared.

NO

Do they have a loss of or change in smell or taste?

YES

If the child that had symptoms test negative and they are not already isolating as a 'close contact' of a confirmed case they can stop isolating and go back to school or nursery when they are well enough and have not had a fever for 48 hours. The rest of their household can end isolation straight away.

NO

If your child doesn't have symptoms of COVID-19 but has other cold-like symptoms, such as a runny nose, they don't need to be tested. The advice on self-isolation only applies if your child (or someone in your household) has Covid-19 symptoms.

*Your child needs tested if they have a cough that has lasted for more than an hour, if they have had three or more coughing episodes in 24 hours or if they are coughing more than usual.

What if my child tests positive?



If your child tests positive they need to isolate for 10 days from the day their symptoms first appeared. Everyone else in the house will need to isolate for 14 days from when these symptoms first appeared.

Does everyone else at home need tested too?



No. Other family members only need tested if they also develop symptoms.

I have one child who tested negative and one who tested positive. Does the child with the negative test still need to isolate?



Yes. If someone at home has tested positive they should isolate for 10 days from symptom start date and everyone else in their household for 14 days whether they have tested positive or not.

If my child is isolating, can I go out to get food or medicine?



No, everyone in the household should isolate which means nobody should leave the house unless in an emergency or to get tested. Ask your family, friends, or neighbours if they can collect essentials for you like food or medicine, or arrange for things to be delivered. If you're having trouble isolating and need support, call the National Assistance Helpline on 0800 111 4000.

How do I know if I need to self-isolate?



If you're unsure about when you do or don't have to isolate, check out our summary below:

You should isolate if ANY of the following apply to you:

- You or anyone in your household has any of the symptoms of coronavirus. Everyone in the household should isolate until the symptomatic person/people has been tested and has received the results.
- You or anyone in your household has tested positive for coronavirus. The person with symptoms should continue to isolate for 10 days. Everyone else in the household should isolate for 14 days
- You are contacted by **Test and Protect**. If you are contacted by Test and Protect as a close contact of someone who has tested positive for coronavirus, you should isolate for 14 days. If you have any symptoms, you should get a test. However even if the results are negative, you must isolate for the full 14 days.

Anyone who has travelled overseas must self-isolate for 14 days unless you've travelled from a country on the quarantine exemption list. This means staying in your accommodation, even if you don't have symptoms, to help control coronavirus and to comply with the guidance. You can find out more on the [Scottish Government website](#).

If you've been told to self-isolate by Test and Protect, you may be eligible for a [Self-Isolation Support Grant](#).

Home Learning Resources



Resources have been created and links to teaching videos created to support any pupils learning at home due to self-isolation. This is all accessible on the school website.

A variety of resources to support pupils who need to be off for any reason due to Covid-19

If a class or large group goes into self-isolation we will send home information on seesaw for pupils.

<https://blogs.glowscotland.org.uk/er/Kirkhill/our-classes/>

#PROUD Perseverance Resilience and Respect Optimism Unity Diversity

Kirkhill Primary

WELCOME LATEST NEWS ABOUT US IMPROVING OUR SCHOOL RECOVERY PARENTS CLASS SUPPORT AND INFORMATION PUPIL VOICE ACHIEVEMENTS

KIRK HILL PRIMARY

CONTACT US

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Tel: 0141 870 7200
Email: schoolmail@kirkhill.nhs.uk
info@kirkhill.nhs.uk
0141 870 7200
Monday - Friday
9.00 a.m. - 3.00 p.m.

RIGHTS RESPECTING SCHOOL

RIGHTS RESPECTING SCHOOLS
unicef
UNITED NATIONS

Article 26: You have the right to education which develops your personality, respects your rights and the rights of others.

ONLINE SCHOOL PAYMENTS

ParentPay

PARENTS PORTAL GUIDELINES
<https://www.kirkhill.nhs.uk/parentsportal>

CLASS INFORMATION AND HOME LEARNING

Welcome to our Class Information Pages. We are now using seesaw to share some of the great achievements of our pupils and to share key information with our families.

Moving forward we will use this area to share learning activities and resources to support our pupils at home should they ever need to self-isolate or have time off school during this term.

We have also created a resources site for across the school with links to some online learning activities that can be completed by all pupils.

<https://sites.google.com/er/glowscot/learningathome/>

Primary 1
Primary 2
Primary 3
Primary 4
Primary 5
Primary 6
Primary 7

FOLLOW ME ON TWITTER

Tweets by @kirkhill19

Kirkhill Primary School @kirkhill19
Primary 7a started the new today to get their #Kirkhill Level 2 training underway. They all made a very positive and safe start before getting onto the road in a couple of weeks. #Kirkhill19 @glowscot

WELCOME

I am delighted as Head Teacher to welcome you to our school website. Our website is designed to give our school community an insight into our school, priorities and expectations. I know you will find it a place where you will be able to find all the information needed about our school and get a real flavour of the life of our thriving school community.

Liz Edmonstone
Head Teacher

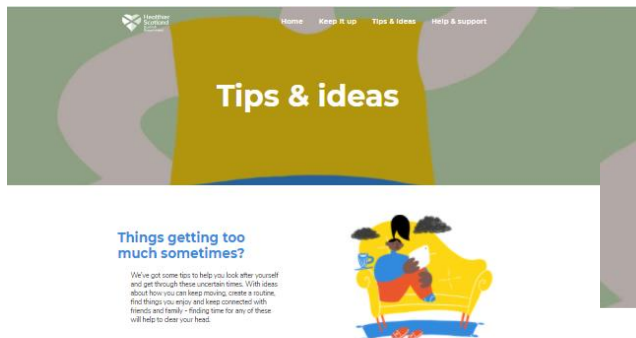
KIRK HILL PRIMARY

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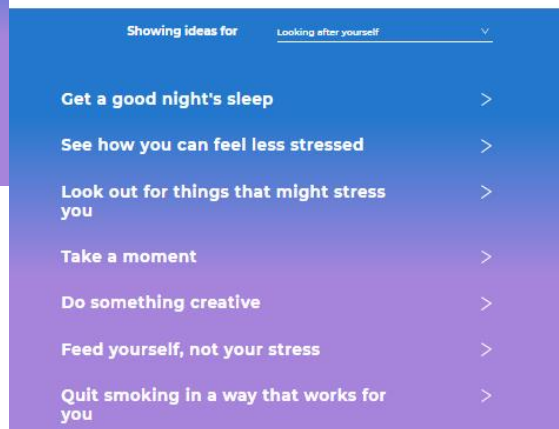
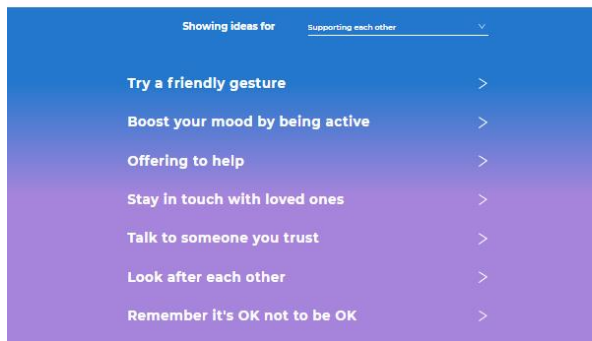
Supporting each other and your own wellbeing



<https://blogs.glowscotland.org.uk/er/healthierminds/mental-wellbeing/parents-carers/>



HEALTHIER MINDS
A Guide for Parents and Carers



Always be kind.
If you see someone falling behind, walk beside them.
If someone is being ignored, find a way to include them.
If someone has been knocked down, lift them up.
Always remind people of their worth.
Be who you needed when you were going through hard times.
Just one small act of kindness could mean the world to someone.

<https://clearyourhead.scot/>

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