

BRODIES Solicitors are delighted to support Scottish Schools Swimming

To all Primary and Secondary Schools

Scottish Schools Swimming Championships 2020 Renfrewshire Area Heats - Friday 1st November 2019

VENUE: ON- X SPORTS CENTRE; LINWOOD

WARM UP: 6pm

Heats are open to all pupils attending school in Inverclyde, Renfrewshire & East Renfrewshire.

Heats will be swum as combined ages and sexes, with results separated into the appropriate age groups. (as determined by age as at 31 Dec 2020). Presentations will be awarded to the fastest 3 swimmers in each age group. From the top performances in each age group, 3 swimmers names will be submitted for consideration for the SCOTTISH SCHOOLS CHAMPIONSHIPS. (provided they have met the qualifying time), to be held in January 2020. (exact date & venue tbc)

A swimmer may enter a maximum of 2 individual events as detailed below:-

Born 2008 and later 2 individual events of 50m

2007 and earlier 2 individual events of which at least one must be a 200m or a 400m event.

Enclosed are an entry form, qualifying times and order of events and declaration form. Swimmers should consider the order of events when entering swims to allow optimum performance.

Please submit the swimmer's current time for each event he/she wishes to enter

It must be stressed that qualifying times are of a high standard and will only refer to a few swimmers in your school. **PLEASE ENSURE THAT ONLY SWIMMERS WHO HAVE ACHIEVED THE QUALIFYING TIMES ARE ENTERED.** Swimmers outside qualifying times or with no qualifying times **WILL BE REJECTED.** Due to the time constraints in running this event the organisers also reserve the right to reject swimmers where an event is over subscribed

Any queries about an individual's entry after it has been submitted can only be made by the school and these will be considered by the organising committee.

Please Note

- 1 Schools are asked to advise of any known withdrawals by Email to the address below up to the day before the event.
- 2 Age is determined by the year of birth as shown in the list of events. (age groups are as at 31 Dec 2020)
- 3 Entries will only be accepted from schools on the entry form enclosed, and must be accompanied by the appropriate entry fee (cheques payable to Renfrewshire School Swimming Association)
- 4 **Closing date for entries is Friday 11th October 2020. No late entries will be accepted.**
- 5 Relay teams should comprise of 4 swimmers of same sex who will all be 12 or under at 31 Dec 2020
- 5 Declaration form signed by a responsible member of school staff should also be returned with the application form.
- 6 Notification will only be issued to swimmers NOT accepted to compete - therefore if you do not hear otherwise please assume that swimmers have been accepted.
- 7 Assistance would be welcomed from any Swimming Technical Officials as this meet has a Level 2 Licence. The number of officials will be crucial if the meet is to be accredited. Please email if you are available.

Entries should be sent to
Swimming,

Fiona Todd, Entries Secretary Renfrewshire Area Schools
37 Highfield Avenue Paisley PA281.G

Requests for further information: **Email only please to renschoollsswim@hotmail.co.uk**

Renfrewshire Area Schools Swimming Heats Nov 2019

Entry times

	QUALIFYING	TIMES
	BOYS	GIRLS
<u>BORN 2008 and Later</u>		
50m Freestyle	0.40.00	0.40.00
50m Backstroke	0.48.00	0.48.00
50m Breaststroke	0.49.00	0.49.00
50m Butterfly	0.46.00	0.46.00
<u>BORN 2006 and 2007</u>		
100m Freestyle	01.13.00	01.17.00
200m Freestyle	02.33.00	02.43.00
100m Backstroke	01.27.00	01.27.00
200m Backstroke	03.04.00	03.04.00
100m Breaststroke	01.38.00	01.38.00
200m Breaststroke	03.24.00	03.29.00
100m Butterfly	01.33.00	01.33.00
200m Butterfly	03.09.00	03.09.00
200m Ind. Medley	03.06.00	03.06.00
<u>BORN 2004 and 2005</u>		
100m Freestyle	01.09.00	01.15.00
200m Freestyle	02.29.00	02.39.00
100m Backstroke	01.17.00	01.25.00
200m Backstroke	02.49.00	03.04.00
100m Breaststroke	01.26.00	01.36.00
200m Breaststroke	03.04.00	03.24.00
100m Butterfly	01.23.00	01.28.00
200m Butterfly	02.59.00	03.04.00
200m Ind. Medley	02.54.00	02.59.00
<u>BORN 2003 & earlier</u>		
100m Freestyle	01.08.00	01.15.00
200m Freestyle	02.24.00	02.34.00
100m Backstroke	01.19.00	01.29.00
200m Backstroke	02.49.00	03.04.00
100m Breaststroke	01.28.00	01.43.00
200m Breaststroke	03.04.00	03.24.00
100m Butterfly	01.20.00	01.28.00
200m Butterfly	02.44.00	03.04.00
200m Ind. Medley	02.52.00	03.09.00
<u>OPEN EVENTS</u>		
(no age groups)		
400m Freestyle	05.05.00	05.20.00
400m Ind. Medley	05.40.00	05.55.00