



Woodland Adventures



Thank you for joining our IMFC Woodland Adventures group. We hope you find this information useful.

Dates, times and general information for Woodland Adventures will be clearly outlined in the IMFC weekly E-Bulletin. If you are not receiving the weekly news flash please ask to be added to our mailing list

Play is vital for the early stages of brain development, it creates a brain that has increased flexibility and improved potential for learning later in life.

Approaches such as nature and forest kindergartens typify how free play in nature can be integrated into the curriculum on a frequent basis throughout the year, in almost all weathers.

Staff at Isobel Mair Family Centre are committed to providing the best play opportunities for children and we ask you to follow the following guidelines to ensure the most positive experience.



Woodland Adventure Handy Hints

Woodland Adventures shouldn't be about rules; children will be actively encouraged to direct their own play and learning however here are some handy hints to use as basic guidance.

- * **Parent/carer must stay for the duration and is solely responsible for own child(ren)**
- * **Parent should bring a small (litter free) snack and have any required medications plus ensure appropriate outdoor clothing is worn**
- * **Parents should encourage a fully natural environment whilst participating in Woodland Adventures which includes ensuring mobile phones are turned off and put away.**
- * **Photos will be taken by the children and/or outdoor lead staff member only.**
- * **Rules of the forest apply i.e. wild flowers are not for picking.**
- * **Have fun, use sense, stay safe, keep sight of your child at all times and stick with the group.**