



Dear parent,

I would like to take this opportunity to introduce myself and offer my service to your child within the daily workings of Isobel Mair Family Centre, where at present I am employed by East Renfrewshire Council in the position of Child Development Officers (supply).

I also have a qualification V.T.C.T. Level 3 in Complementary Therapy; enabling me to perform professional Body Therapy and Reflexology for all, including children. This qualification enables me as an Aroma Therapist to provide body therapy (massage) using only Pure Essential oils which provide an array of beneficial actions for the Mind, Body and Spiritual Being.

Holistic therapy supports the skin, the respiratory system, the heart and circulatory system, the digestive system, the urinary system, the muscular and skeletal system, the endocrine system, the nervous system, the immune system and reproductive system.

Aroma Body Therapy has many proven therapeutic abilities such as improves blood circulation and lymphatic drainage, eliminating tissue waste such as lactic and carbonic acids which can build up in the muscle fibres causing aches and pains and also stiffness.

It can also help by reducing back, leg, knee pain, neck pain and headaches, aids digestion and helps intestinal disorders. In addition, it helps to reduce high blood pressure and balances hormones. Furthermore it encourages deeper breathing which is helpful with respiratory ailments such as asthma. Deeper breathing also brings about a sense of letting go, thus reducing stress levels, beneficial for anxiety and depression.

This type of therapy also encourages and supports post surgical rehabilitation, Chronic Fatigue Syndrome. Therapy is beneficial in inflammatory conditions such as Arthritis and Bursitis. The art of body therapy allows fresh blood and oxygen to flush through the soft tissues in the body, encouraging stimulation and excretion of toxins, which provides the opportunity for healing comfort, even repair to begin.

Treatments can prove beneficial in palliative care; stroke patients, Multiple Sclerosis, Motor Neuron Disease, Parkinson's disease, and much more.

I believe that within Isobel Mair there are children whom would benefit greatly from Aromatherapy body treatment; if you would like your child to gain access to this beneficial service please fill in a Parent Permission slip (below). I will then speak to you about completing a Client Confidentiality Cards and about any required Doctors approval where necessary, to enable us to get started.

Kindest Regards

Anita Coyne

Isobel Mair Family Centre
Therapy Sessions
28.10.16



If you are interested in the therapy sessions please complete the slip below and I will 'follow up' by speaking with you thereafter.

Many Thanks for reading this letter and I look forward to hearing from you.



Isobel Mair Therapy Information Request

I would like to talk to Anita Coyne about the therapies my child may benefit from.

Parents Name_____

Child Name_____

Date of request_____

Signature_____

Please complete and return the tear of slip directly to myself (Anita Coyne) or hand in at the Depute Head of Centre Office (foyer area)

Many Thanks,

Anita Coyne