



Isobel Mair Family Centre Sun Protection Policy

At Isobel Mair Family Centre we acknowledge the importance of sun protection and want staff and children to enjoy the sun safely. We will work with staff and parents to achieve this through:

EDUCATION - these measures are in place:

- Children will be given information on sun safety through a variety of experiences i.e. Sun Smart Story telling
- Parents and carers will be emailed a letter explaining what we are doing about sun protection and how they can help at the beginning of the summer term and during summer holidays if required (copy of sample letter is attached to this policy - Appendix A)
- Staff are happy to run sun safety workshops for parents if requested to do so

PROTECTION - this is an ongoing process.

- When the sun is strong staff will ensure there are plenty of shaded areas for children to play and learn i.e. pop up tents, under canopies and rugs etc. strategically placed under trees etc.
- Children should always wear a t shirt especially when playing in paddling pools
- Parents and carers are asked to always provide a sun hat that covers the child's ears, face and neck. Children should be encouraged to wear a sun hat at all times when out playing
- Where possible staff should provide a sun hat from the nursery clothing stock to any child who has forgotten their own
- In warm/hot weather staff will ensure children have access to water at all times to prevent dehydration
- Children will be brought inside if it is felt the sun is too strong
- Parents are asked to apply sun screen to their child **BEFORE** they attend nursery
- Parents/carers of children attending a full day or extended session should be asked to provide a bottle of high factor sun screen for their child. This should be clearly labelled with the child's name and stored appropriately
- During induction, all parents are asked to give consent for staff to apply sunscreen to children who may require a 'top up'

Parents should note that Isobel Mair Family Centre are unable to provide or apply sun screen for all children on a daily basis due to the excessive costs involved.



Isobel Mair Family Centre
Sun Protection Parent/Carer Information Letter

Dear Parent/Carer,

Now the summer term is approaching, I wanted to take the time to write and tell you about our new sun protection policy. We have developed this with the help of parents, staff, children and health agencies to ensure that we can all enjoy the sun safely over the coming months (hopefully it will last that long!)

The sun's rays are particularly strong over the summer and they can damage skin. This may not seem like a problem at this young age, however the damage can cause skin cancer in later life. Your child's health and well-being are very important to us. So we have decided to:

- Spend more time discussing sun protection with the children within the learning environment of the Family Centre
- Increase the amount of shaded areas in our playground and encourage children to use them well
- Actively encourage all children to wear a hat when they play outside. Please send your child to nursery wearing a comfortable wide brimmed hat or legionnaire style cap.
- Raise awareness with parents via our Sun Protection Policy and through this information letter

All parents should apply a high factor sun screen to their child before dropping off at nursery. If you feel your child may require a 'top up' during the session please provide a bottle of sun cream to be stored in the nursery. The sunscreen should be clearly marked with your child's name. We will not allow this sunscreen to be shared with other children.

Parent's support is very important if our policies are going to work well. You can help by:

- Speaking with your child about the importance of sun protection at home
- Remembering to provide sunscreen and a sunhat for your child
- Reading our Sun Protection Policy and letting us know what you think about it

Together, I hope we can have a very happy and safe term to come!

Kind Regards,

Donna

Donna Quaile
Depute Head of Isobel Mair Family Centre