



# Information Booklet

# Our Vision

We are a partnership of groups, agencies and organisations who come together to share information specifically relating to Additional Support Needs and Disabilities across the community.

During this unprecedented time of COVID-19 we are staying in touch and using different ways of communicating that allows us to support each other.

We want to complement the information which is already available, even more so in this 'new normal', working together with everyone to help people make the right choices.

We are a group of organisations who support and work with people with Additional Support Needs and Disabilities (ASN). Partners include East Renfrewshire Council, the Voluntary & Third Sector and local community groups in East Renfrewshire.

We meet to share ideas, practice, skills, and promote the services in East Renfrewshire that support people with ASN and disabilities.

For more information we have a Facebook page you can search for:

[Facebook/Additional Needs Partnership](#)



# Additional Needs Partnership Organisation Contact Details

Over the Page is a list of organisations that are part of the  
Additional Needs Partnership



Organisation	Website	Description	Address	Telephone	Email
Glasgow Centre for Inclusive Living	<a href="http://www.gcil.org.uk">www.gcil.org.uk</a>	Disabled people's user led organisation committed to promoting inclusive living by assisting disabled people to challenge barriers and make informed choices.	117-127 Brook St, Glasgow G40 3AP	0141 550 4455 Textphone: 0141 554 6482	<a href="mailto:gcil@gcil.org.uk">gcil@gcil.org.uk</a>
Glasgow Disability Alliance	<a href="http://gda.scot/">http://gda.scot/</a>	Membership organisation run by and for disabled people. Provides support to build confidence, create connections and enable contributions.	Suite 301, The White Studios, Templeton Business Centre, Templeton Court, Glasgow G40 1DA	0141 556 7103 0795 829 9496	<a href="mailto:info@gdaonline.co.uk">info@gdaonline.co.uk</a>
Inclusion Scotland	<a href="https://inclusionscotland.org">https://inclusionscotland.org</a>	Disabled people's organisation led by disabled people. Supports disabled people to be decision makers, develop capacity, awareness & engagement.	22-24 Earl Grey Street, Edinburgh EH3 9BN	0131 370 6700	<a href="mailto:info@inclusionscotland.org">info@inclusionscotland.org</a>
Neighbourhood Networks	<a href="http://www.neighbourhoodnetworks.org">www.neighbourhoodnetworks.org</a>	Registered charity supporting vulnerable adults mainly with learning & physical disabilities and mental health issues to live an independent life, safely within their own homes and be fully involved with their local communities.	Pavilion 5A, Moorpark Court, 25 Dava Street, Glasgow G51 2JE	0141 440 1005	<a href="mailto:info@neighbourhoodnetworks.org">info@neighbourhoodnetworks.org</a>
Cosgrove Care	<a href="http://www.cosgrovecare.org.uk">www.cosgrovecare.org.uk</a>	Provides support, advice and information to improve the lives of people with additional needs and their families.	May Terrace, Giffnock, Glasgow G46 6LD	0141 620 2500	<a href="mailto:care@cosgrovecare.org.uk">care@cosgrovecare.org.uk</a>
Richmond Fellowship	<a href="http://www.richmondfellowship.org.uk">www.richmondfellowship.org.uk</a>	Vision is working towards a society that values everyone with mental health problems. Services include residential recovery, supported living, employment support.	65a Main Street, Neilston G78 3NH	07503 587390	<a href="mailto:lmcghie@trfs.org.uk">lmcghie@trfs.org.uk</a>
Work EastRen	<a href="http://www.workeastren.co.uk">www.workeastren.co.uk</a>	East Renfrewshire Council's employability services.	Main St, Barrhead G78 1SW	0141 577 8438	<a href="mailto:worker@eastrenfrewshire.gov.uk">worker@eastrenfrewshire.gov.uk</a>

Organisation	Website	Description	Address	Telephone	Email
Dates-n-mates	<a href="http://www.dates-n-mates.co.uk">www.dates-n-mates.co.uk</a>	National dating & friendship agency run by and for adults with learning disabilities.	c/o C-Change, Melisa House, Unit 3 Festival Court, Brand Pl, Glasgow G51 1DR	0141 427 2957 07765 246 336	<a href="mailto:dnm@c-change.org.uk">dnm@c-change.org.uk</a>
The Advocacy Project	<a href="http://www.theadvocacyproject.org.uk">www.theadvocacyproject.org.uk</a>	Human rights based organisation which works with people to ensure their voice is heard and their needs are listened to. Ensures people have as much control as they want regarding decisions which affect their lives and have access to resources/ information appropriate to them.	Cumbræ House, 15 Carlton Court, Glasgow G5 9JP	0141 420 0961	<a href="mailto:enquiry@theadvocacyproject.org.uk">enquiry@theadvocacyproject.org.uk</a>
SupERkids	<a href="http://www.superkids.org.uk">www.superkids.org.uk</a>	Provides children with additional support needs with weekly club activities, for social interaction, independence and learning new skills.			<a href="mailto:supERkids2011@icloud.com">supERkids2011@icloud.com</a>
Mungo Foundation	<a href="http://www.themungofoundation.org.uk">www.themungofoundation.org.uk</a>	Providers of social care & support for vulnerable people: respite & short breaks; older people's services; young people/ homelessness & addiction; tenancy support services.	Rogart Street Campus, 4 Rogart St, Bridgeton, Glasgow G40 2AA	0141 226 1610	<a href="mailto:headoffice@themungofoundation.org.uk">headoffice@themungofoundation.org.uk</a>
East Renfrewshire Local Area Co-ordination Team	<a href="https://www.enable.org.uk/lac/east-renfrewshire-lac/">https://www.enable.org.uk/lac/east-renfrewshire-lac/</a>	Work alongside people with disabilities and/or autism and their families to enable them to become more confident and supporting them to achieve their dreams and build good lives. LAC also works alongside communities, groups and organisations, supporting them to become more welcoming and inclusive.	ENABLE Scotland, Thornliebank Resource Centre, Robslee Drive, Glasgow G46 7BA	0141 620 0287	<a href="mailto:eastren.lac@enable.org.uk">eastren.lac@enable.org.uk</a>

Organisation	Website	Description	Address	Telephone	Email
Care & Repair	<a href="http://www.carerepairrenfrewshire.org.uk">www.carerepairrenfrewshire.org.uk</a>	Provides free and confidential advice and practical assistance to older people or those with disabilities enabling repairs and adaptations to be carried out to allow people to maintain their independence and remain in their own homes safely & securely.	1st floor, Bridgewater Shopping Centre, Erskine PA8 7AA	0141 812 4111	<a href="mailto:enquiries@carerepairrenfrewshire.org.uk">enquiries@carerepairrenfrewshire.org.uk</a>
Sight Scotland Veterans	<a href="http://www.sightscotlandveterans.org.uk">www.sightscotlandveterans.org.uk</a>	Supports veterans across Scotland who have acquired sight impairment during or after service. To be eligible for support, a person needs to have a significant sight loss which impacts their daily living eg no longer able to drive.	Sight Scotland Veterans, 50 Gillespie Crescent, Edinburgh EH10 4JB	0131 229 1456	<a href="mailto:hello@sightscotlandveterans.org.uk">hello@sightscotlandveterans.org.uk</a>
Social Security Scotland	<a href="http://www.socialsecurity.gov.scot">www.socialsecurity.gov.scot</a>	Executive Agency of the Scottish Government, responsible for ensuring devolved benefits are managed correctly and fairly.	Ground Floor, 220 High St. Glasgow G4 0QW	Helpline: 0800 182 2222 Local Delivery Lead: 0141 242 5591/ 07827 955126	<a href="mailto:alun.parry@gov.scot">alun.parry@gov.scot</a>
Self-Directed Support Forum East Renfrewshire	<a href="http://www.sdsforumer.org">www.sdsforumer.org</a>	Provides information & support to local people who require every day care and/or support. Ensures all individuals, particularly those with an entitlement to funding from the local authority, are informed of SDS to ensure they have choice, control and flexibility over the support they receive. Help is provided via 1 to 1 support, training workshops, information sessions, awareness raising events & partnership working with community groups.	The Gate House, Eastwood Park, Rouken Glen Rd, Giffnock, Glasgow G46 6UG	0141 638 2525	<a href="mailto:admin@sdsforumer.org">admin@sdsforumer.org</a>
RAMH (Recovery Across Mental Health)	<a href="https://ramh.org/">https://ramh.org/</a>	Provides professional care and services to those affected by mental health, depression, self-harm, bipolar disorder, anxiety and other conditions.	42 Blackstoun Road, Paisley PA3 1LU	0141 847 8900	<a href="mailto:enquiries@ramh.org">enquiries@ramh.org</a>

Organisation	Website	Description	Address	Telephone	Email
Outside the Box	<a href="https://otbds.org/">https://otbds.org/</a>	Provides independent development support to groups and people who want to make a difference in their communities. Offer support, information, training, evaluation and advice on 4 themes: Having different conversations; Creating inclusive communities; People having more choice in their lives; Building strong sustainable organisations.	3.10, The Whisky Bond, 2 Dawson Road, Glasgow G4 9SS	0141 419 0451	<a href="mailto:admin@otbds.org">admin@otbds.org</a>
Rural Wisdom	<a href="https://ruralwisdom.org/">https://ruralwisdom.org/</a>	A community development and shared learning project that explores the impact of community-based activities that are led by older people living in rural areas. Project started in 2017 and runs for 5 years.	3.10, The Whisky Bond, 2 Dawson Road, Glasgow G4 9SS	0141 419 0451	<a href="mailto:hello@ruralwisdom.org">hello@ruralwisdom.org</a>
Kirkton Service		Offers a flexible programme of support to older people in East Renfrewshire to help them become as independent as possible, seven days a week.	Barrhead Health Centre, 213 Main Street, Barrhead, G78 1SW	0141 800 7156	
East Renfrewshire Carers' Centre	<a href="https://www.eastrenfrewshirecarers.co.uk/">https://www.eastrenfrewshirecarers.co.uk/</a>	Provide programme of support to carers, including young carers: respite and short break opportunities, stress management and relaxation classes, support groups, and activities.	Barrhead Resource Centre, 8 Carlibar Road, Barrhead, G78 1AA	0141 370 1100	<a href="mailto:enquiries@eastrenfrewshirecarers.co.uk">enquiries@eastrenfrewshirecarers.co.uk</a>
Paths for All	<a href="https://www.pathsforall.org.uk/">https://www.pathsforall.org.uk/</a>	Scottish charity which champions everyday walking for a happier, healthier Scotland. Includes dementia friendly walking, cancer walking friendly, workplace walking.	Kintail House, Forthside Way, Stirling FK8 1QZ	01786 641851	<a href="mailto:info@pathsforall.org.uk">info@pathsforall.org.uk</a>

Organisation	Website	Description	Address	Telephone	Email
ENABLE Scotland	<a href="https://www.enable.org.uk/">https://www.enable.org.uk/</a>	Largest member-led learning disability charity in Scotland campaigning to end discrimination, raising funds to support families, providing personalised support that enables a person with a disability to find work, develop their skills and live the life they choose.	INSPIRE House, 3 Renshaw Place, Eurocentral, North Lanarkshire ML1 4UF	01698 737000	<a href="mailto:enabledirect@enable.org.uk">enabledirect@enable.org.uk</a>
MART (Money Advice & Rights Team)	<a href="https://www.eastrenfrewshire.gov.uk/article/1016/Money-advice-and-rights">https://www.eastrenfrewshire.gov.uk/article/1016/Money-advice-and-rights</a>	The team is accredited by the Scottish Legal Aid Board and offers expert, free, confidential and impartial advice on all types of benefits, appeals, debts and budgeting. They can make sure you are getting all the benefits you are entitled to, can assist with Universal Credit and can help you manage your money.	East Renfrewshire Council, 211 Main Street, Barrhead, G78 1SY	0141 577 8420	<a href="mailto:mart@eastrenfrewshire.gov.uk">mart@eastrenfrewshire.gov.uk</a>
Scottish Women's Aid	<a href="https://womensaid.scot/">https://womensaid.scot/</a>	Lead organisation in Scotland working towards the prevention of domestic abuse.	2nd floor, 132 Rose Street, Edinburgh EH2 3JD	0131 226 6606/ 0800 027 1234	<a href="mailto:info@womensaid.scot">info@womensaid.scot</a>
Corra Foundation	<a href="https://www.corra.scot/">https://www.corra.scot/</a>	Contributes to improving the lives of individuals and communities experiencing disadvantage across Scotland and in developing countries: grant making, sharing expertise, working in partnership.	Riverside House, 502 Gorgie Road, Edinburgh EH11 3AF	0131 444 4020	<a href="mailto:hello@corra.scot">hello@corra.scot</a>
Community Transport ER		Provide range of transport services to East Renfrewshire communities, eg to and from medical appointments, vehicle hire with trained driver, afternoon teas and assisted shopping days.	56 Kelburn Street, Barrhead, Glasgow G78 1LR	0141 876 9572	



Organisation	Website	Description	Address	Telephone	Email
Tomorrow's Older People	<a href="https://www.facebook.com/tomorrowseastren/">https://www.facebook.com/tomorrowseastren/</a>	Brings together local people and organisations within East Renfrewshire to design the services, supports and opportunities required for a happy and healthy future.		0141 876 9555	<a href="mailto:hello@va-er.org.uk">hello@va-er.org.uk</a>
NDTi (National Development Team for Inclusion)	<a href="https://www.ndti.org.uk/">https://www.ndti.org.uk/</a>	Support policy makers, services and communities to make change happen, improving lives. Have nationally recognised experts in learning disability, ageing and older people, mental health and children and young people.	1st floor, 30-32 Westgate Buildings, Bath BA1 1EF	01225 789135	<a href="mailto:office@ndti.org.uk">office@ndti.org.uk</a>
ER Culture and Leisure	<a href="https://www.ercultureandleisure.org/corona-virus">https://www.ercultureandleisure.org/corona-virus</a>	Promotes the health, fitness, personal development and wellbeing of East Renfrewshire residents.	18 Commercial Road, St John's Campus, Barrhead, G78 1AJ	0141 577 3500	
Macmillan East Ren	<a href="https://www.ercultureandleisure.org/macmillan">https://www.ercultureandleisure.org/macmillan</a>	Provide opportunities for people affected by cancer to receive information and support throughout their cancer journey. Weekly drop-in sessions and physical activity programme offered to support people build up their strength, co-ordination and confidence through a range of activities.		0141 577 4149 /07867441486	<a href="mailto:macmillan@ercultureandlesiure.org">macmillan@ercultureandlesiure.org</a>
ERDA (East Renfrewshire Disability Action)	<a href="http://www.erda.org.uk/">http://www.erda.org.uk/</a>	Local disability organisation consisting of disabled, non-disabled and carer members raising the issues and concerns of disabled people at local and national level.	c/o Voluntary Action East Renfrewshire, 56 Kelburn Street, Barrhead G78 1LR	07482 076538	<a href="mailto:enquiries@erda.org.uk">enquiries@erda.org.uk</a>

Organisation	Website	Description	Address	Telephone	Email
ACUMEN	<a href="https://ramh.org/our-services/acumen/">https://ramh.org/our-services/acumen/</a>	Network of mental health service users and carers across Renfrewshire, East Renfrewshire, Inverclyde and Argyll and Bute. Its purpose is collective advocacy on behalf of its members to promote the wider involvement of experts by experience and carers in shaping mental health services and the promotion of recovery & wellbeing.	42 Blackstoun Road, Paisley PA3 1LU	0141 847 8900	<a href="mailto:enquiries@acumennetwork.org">enquiries@acumennetwork.org</a>
Mearns Kirk Helping Hands	<a href="https://www.mearnskirk.church/groups/mearns-kirk-helping-hands-charity/">https://www.mearnskirk.church/groups/mearns-kirk-helping-hands-charity/</a>	Provides wide range of support services in the community, including Friendship Club for those experiencing isolation, Lunch Club for people living with dementia.	Mearns Kirk, Church Halls, 404 Mearns Road, Newton Mearns, G77 5BU	0141 639 6555	<a href="mailto:office@mearnskirk.church">office@mearnskirk.church</a>
Age Concern Eastwood & Age Concern Eastwood Dementia	<a href="http://ageconcerneastwood.com/">http://ageconcerneastwood.com/</a>	Services include social lunch clubs, information and advice centre, wheelchair loans and minibus use. Provides specialist support for people with dementia and their carers.	The Stables, Eastwood Park, Rouken Glen Rd, Giffnock, G46 7JS	0141 638 2158	<a href="mailto:ageconcerneastwood@hotmail.com">ageconcerneastwood@hotmail.com</a>
Talking Points		'Talking Points' is the place where you can get information, advice and support on anything related to wellbeing eg mobility, things to do, health, finance or anything else that is impacting on you or someone you know. It brings together over 50 organisations. We can help you directly or get you to the right organisation that can.	East Renfrewshire Community Hub	0141 876 9555	<a href="mailto:Talkingpoints@eastrenfrewshire.gov.uk">Talkingpoints@eastrenfrewshire.gov.uk</a>
East Renfrewshire Additional Support Needs Parents Action Group	<a href="https://www.facebook.com/groups/1445706065749029/">https://www.facebook.com/groups/1445706065749029/</a>	Support group for local parents of children/young people aged between 0-25 and their siblings and other family members. Set up social groups and events for ASN children and siblings and to widen appreciation of additional support needs within the local community.			<a href="mailto:erasngroup2015@yahoo.com">erasngroup2015@yahoo.com</a>

Organisation	Website	Description	Address	Telephone	Email
East Renfrewshire Additional Support Need Services - <i>Monday Night Group</i>		Group 1: 12-17 year olds, 5.30-7pm Group 2: 17-25 year olds, 7.30-9pm Activities: arts & crafts, sensory room, table tennis, pool, computer games, seasonal activities, health & beauty, baking, issues-based work eg friendships, being safe on the internet. Cost £1 towards resources. <b>Referrals only</b> eg social work, school, family, carers. Taxi may be available for those unable to get to group.	The Edge, 2 Barrhead Road, Newton Mearns, G77 6BB		<a href="mailto:Alison.burton@eastrenfrewshire.gov.uk">Alison.burton@eastrenfrewshire.gov.uk</a>
East Renfrewshire Additional Support Need Services – <i>Rule Breakers</i>		Activities for 18-25 year olds on Thursdays, 7.00-9.00pm: quizzes, bingo, baking, chill-out nights, pizza and DVD nights, trips to the Overlee in Clarkston. Issues-based work eg sex & relationship education, employability, independent living, travel, friendships, drugs, alcohol, social media awareness. Cost £1 towards resources. Snacks provided. <b>Referrals only</b> eg social work, school, family, carers. Taxi may be available for those unable to get to group.	The Edge, 2 Barrhead Road, Newton Mearns, G77 6BB		<a href="mailto:Alison.burton@eastrenfrewshire.gov.uk">Alison.burton@eastrenfrewshire.gov.uk</a>
East Renfrewshire Additional Support Need Services – <i>Fantastic Friends Friday</i>		Run by members & parent committee, supported by Community Learning Development team for aged 18+ on Fridays 7.00-9.30pm. Activities: cooking, stand-up comedy, Zumba, drama, DJ workshops, bingo, quizzes, outings. Cost £5 towards trips/eating out. <b>Referrals only</b> eg social work, school, family, carers	The Edge, 2 Barrhead Road, Newton Mearns, G77 6BB		<a href="mailto:Alison.burton@eastrenfrewshire.gov.uk">Alison.burton@eastrenfrewshire.gov.uk</a>

Organisation	Website	Description	Address	Telephone	Email
East Renfrewshire Additional Support Need Services – <i>Autism Girls Group</i>		Activities for 12-18 year olds girls with high functioning Autism/ Asperger's on Wednesdays 3.30pm-5.00pm. Safe space for girls to make friends in a relaxing environment and take part in activities of their choice, eg chill-out, science experiments, arts & crafts, DVDs and games. <b>Referrals only</b> eg social work, school, family, carers.	The Edge, 2 Barrhead Road, Newton Mearns, G77 6BB		<a href="mailto:Alison.burton@eastrenfrewshire.gov.uk">Alison.burton@eastrenfrewshire.gov.uk</a>
ERC Housing Services	<a href="https://www.eastrenfrewshire.gov.uk/housing">https://www.eastrenfrewshire.gov.uk/housing</a>	Website provides information on council housing, private sector housing, private landlords, private renting, sheltered housing, homelessness and young person's housing support service.	211 Main Street, Barrhead, G78 1SY	0141 577 3001	<a href="mailto:housingadvice@eastrenfrewshire.gov.uk">housingadvice@eastrenfrewshire.gov.uk</a>
The magic of Showbiz	<a href="https://www.facebook.com/MagicofShowbiz/">https://www.facebook.com/MagicofShowbiz/</a>	A voluntary organisation that runs inclusive musical theatre, drama and dance club on a Saturday afternoons in Newton Mearns for young people aged 18 to 25 with additional support needs and learning difficulties.	The Edge, Fairweather Hall, Barrhead Road, Newton Mearns G77 6BB	0743 5668506	<a href="mailto:themagicofshowbiz@gmx.com">themagicofshowbiz@gmx.com</a>
Includeme2-club	<a href="http://www.includeme2club.org.uk">www.includeme2club.org.uk</a>	A volunteer-led charity working with children, young people and adults with additional support needs and disabilities, including physical, learning, mental health conditions, isolation and loneliness. Delivers a range of weekly social clubs, play programmes, inclusive community activities and specialist services.	The Hub at James McGuire Building, 124 Main Street, Barrhead, G78 1SG	Office: 0141 881 0544 Adult Services: 07525 208 738 Children's Services: 07587 109146	<a href="mailto:info@includeme2club.org.uk">info@includeme2club.org.uk</a>

Organisation	Website	Description	Address	Telephone	Email
The Food Train	<a href="http://www.thefoodtrain.co.uk">www.thefoodtrain.co.uk</a>	Food Train is a charity providing a grocery shopping and delivery service for residents over 65 years of age within East Renfrewshire. The shopping, driving and deliveries are undertaken by a team of friendly volunteers, who also help with household jobs, delivering books through Food Train's library service and providing friendly social contact and meals through Meal Makers (food sharing project connecting cooks and diners in the local area) and befriending services.	Unit 53, Embroidery Mill, Seedhill, Paisley PA1 1TJ	0141 887 2557	Stephen McGinty, Regional Manager <a href="mailto:Renfrewshire@thefoodtrain.co.uk">Renfrewshire@thefoodtrain.co.uk</a>
Food Train Connects – 1:1 shopping	<a href="https://www.thefoodtrain.co.uk/index.php/connects">https://www.thefoodtrain.co.uk/index.php/connects</a>  Referrals: <a href="https://www.foodtrainconnects.org.uk/Home/SuggestCustomer">https://www.foodtrainconnects.org.uk/Home/SuggestCustomer</a>  Volunteer enquiries: <a href="https://www.foodtrainconnects.org.uk/Account/Register">https://www.foodtrainconnects.org.uk/Account/Register</a>	Operating in all Scottish local authority areas, this service provides a volunteer to undertake a customer's weekly grocery shopping on a one to one basis. There is a £1 membership charge renewed annually and a £5 per shopping delivery charge to allow Food Train to cover administration and volunteer expense costs. Food Train deals with all payments. No money should change hands between volunteer and customer. There are currently over 200 volunteer shoppers registered ready to be paired up with anyone over 65 need shopping support.	Unit 53, Embroidery Mill, Seedhill, Paisley PA1 1TJ	0141 887 2557	<a href="mailto:Fiona.hamilton@thefoodtrain.co.uk">Fiona.hamilton@thefoodtrain.co.uk</a>

Organisation	Website	Description	Address	Telephone	Email
Voluntary Action East Renfrewshire SCIO	<a href="https://www.va-er.org.uk">https://www.va-er.org.uk</a>	Whether you're preparing to start a new community group, looking to promote your opportunities or simply looking to get involved locally, we can help you achieve your goals. We can also support: groups & events; collective impact; advice & support; getting involved; leadership and volunteering.	56 Kelburn St, Barrhead G78 1LR	0141 876 9555	<a href="mailto:hello@va-er.org.uk">hello@va-er.org.uk</a>
The Community Hub - We Care East Ren	<a href="https://wecareeastren.org.uk/">https://wecareeastren.org.uk/</a>	Information on local supports. VAER together with East Renfrewshire Council and Health & Social Care Partnership are operating a Community Hub help line to co-ordinate the community response and recovery across East Renfrewshire.	56 Kelburn Street, Barrhead G78 1LR	0141 876 9555	<a href="mailto:hello@va-er.org.uk">hello@va-er.org.uk</a>
The Michael Tracey Project	<a href="https://themichaeltraceyproject.co.uk">https://themichaeltraceyproject.co.uk</a>	Charitable organisation that supports young adults with additional support needs from 16 years and above: Transition support (school to adult services and living at home to independent living); Outreach support; Independent living; Short breaks; Hub Club (supporting individuals wishing to access IM2C hub club)	31 Newtongrange Ave, Glasgow G32 8NE	0141 483 5969	<a href="mailto:admin@themichaeltraceyproject.co.uk">admin@themichaeltraceyproject.co.uk</a>
Food Train – Phone Friends	<a href="http://www.thefoodtrain.co.uk">www.thefoodtrain.co.uk</a>	Befriending calls service for existing Food Train customers.	Unit 53, Embroidery Mill, Seedhill, Paisley PA1 1TJ	0141 887 2557	<a href="mailto:Fiona.hamilton@thefoodtrain.co.uk">Fiona.hamilton@thefoodtrain.co.uk</a>

# Awareness Days 2021

<u>Day</u>	<u>Day/Month</u>
Children Mental Health Week	3-9 February
Down Syndrome Week	18-24 March
World Down Syndrome Day	21 March
World Autism Week	29 March-4 April
World Autism Day	2 April
World Parkinson Day	11 April
MS Awareness Week	19-25 April
Scottish Mental Health Arts Festival	3-23 May
Deaf Awareness Week	4-9 May
Scottish Disability Week	10-16 May
Mental Health Week	10-16 May
National Epilepsy Week	20-25 May
Epilepsy Awareness Week	24-30 May
Dementia Week	1-7 June
Carers Week	8-13 June
World Alzheimer Day	21 September
Dyslexia Awareness Week	5-11 October
World Cerebral Day	6 October
Hate Crime Awareness Week	9-16 October
World Mental Health Day	10 October
World Sight Day	14 October
Purple Tuesday	2 November
International Day of People with a Disability	3 December
Human Rights Day	10 December

# Further Information

For more information please contact:

Kerry Cameron

Community Worker

0141 577 3099

[Kerry.cameron@eastrenfrewshire.gov.uk](mailto:Kerry.cameron@eastrenfrewshire.gov.uk)

# Useful Information

Organisation	Contact Details
NHS 24	111
Samaritans	116123
Talking Points (Initial contact Team)	0141 800 7850

If you require this information booklet to be printed in another format for example larger print, please contact Kerry Cameron on 07788 643 626. This booklet can also be emailed.

The information in this booklet is continually reviewed & updated by the Additional Needs Partnership network





Talking Points is the place where you can get information, advice and support on anything related to your wellbeing eg mobility, things to do, health, finance or anything else that is impacting on you or someone you know. It brings together over 50 organisations. We can help you directly or get you to the right organisation that can.

Phone 0141 876 9555

OR email: [talkingpoints@eastrenfrewshire.gov.uk](mailto:talkingpoints@eastrenfrewshire.gov.uk)