

## SUGGESTED LUNCH MENU

WEEK1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>STARTER/DESSERT</b>	Lentil Soup	Lentil Soup	Yoghurt	Jelly and fruit	Biscuit and cheese
<b>MEAL OPTION</b>	Wrap with tuna mayo and red onion	Wrap with tuna mayo and sweetcorn	Cheesy pasta with cherry tomatoes (see included recipe)	Vegetable Pizza (see included recipe)	Tomato pasta and sweetcorn (see recipe included)
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>STARTER/DESSERT</b>	Tomato soup	Tomato soup	Biscuits and cheese	Yoghurt	Jelly and fruit
<b>MEAL OPTION</b>	Baked potato and cheese and cherry tomatoes	Cheesy bean pizza (see included recipe)	Tomato pasta and sweetcorn (see recipe included)	Baked potato and beans	Cheesy pasta with cherry tomatoes (see included recipe)