

**Regional Day**  
**Hazelwood School, 50 Dumbeck Court, Glasgow, G41 5DQ**

We are pleased to invite you to our first free regional event in Scotland on the evening of 22<sup>nd</sup> & 23<sup>rd</sup> April 2016.

Scotland is the very first stop on the programme of regional events. We are hoping that these events will help us develop better services locally for our families, by engaging with the services and the people that provide your on-going support.

On Friday 22<sup>nd</sup>, we are planning an awareness session, for school staff and other professionals. If any of the professionals involved in the care of your son/daughter would like to attend, please ask them to contact me via email, [Julie.benson@rettuk.org](mailto:Julie.benson@rettuk.org) by 1<sup>st</sup> April 2016.

On the Friday evening the Rett UK staff team will be in Glasgow and are happy to hold an informal meet and greet session for local families or for those who have to travel a distance and need to stay over on the Friday evening.

Depending upon demand and interest we will tailor the evening to meet the needs of the families. That could be a meeting for newly diagnosed families or to explore the possibility of starting a local support group, or just to find mutual support at the bar!

Please let us know if you going to be staying over or would like to come along on the Friday evening. We are happy to have suggestions about what would be useful to you on the Friday evening. We cannot guarantee to meet all requests but will do our best to go with the majority.

On Saturday, we will be holding an all-day event for families & professionals. There will be opportunities to hear presentations, on topics such as Music Therapy, Dental Health & Oral Hygiene, Breathing Irregularities & Sleep Issues and Transition. There will also be an update about the latest research. In addition, there will be opportunities for families to have one to one sessions with some of our experts, which includes eye-gaze technology.

There will be activities and care for people with Rett syndrome as well as their siblings if required on the Saturday. In addition, there will be a number of stalls offering useful information and advice about local services and items to purchase.

We hope that during the course of event families will have the opportunity to get together and meet with others, share experiences and contact details. Our aim is also to look at how we can provide more regular support to you if that would be helpful.

We are aware that many of you may have still have a considerable distance to travel to the event and may also require overnight accommodation. Rett UK can provide additional support for families who may not be able to attend due to financial difficulties, lack of support for the Rett person or feel it may be too far to travel, please contact me tel: 01582 798911 or email [Julie.benson@rettuk.org](mailto:Julie.benson@rettuk.org)

If you've not been to one of our events before and would like to talk about the any aspect of the day in more detail, then please give me a call.

We are enclosing the booking forms & programme for the event.

We look forward to seeing you.

Kind regards

Julie Benson  
Family Support Manager

Enclosed with this pack is:

1. Draft Programme
2. Booking form
3. Rett/sibling care forms (\*please note only 2 siblings per family)
4. 1:1 sessions Booking Form and Consent
5. Location map of Hazelwood School, Glasgow, G41 5DQ

**Rett UK**

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Charitable Status Reg. No: SCO16645