

Health and Wellbeing: Religious Education



Nurtured

For me this could be:

- Growing in the virtues of faith, hope, charity, prudence, justice, fortitude and temperance
- Being able to express my feelings in class and directly with my teacher and peers

Examples of this in action:

- Lenten observances, prayer and service opportunities for all pupils
- Encouragement and support to be open, honest and thoughtful at all times

Active

For me this could be:

- Creative opportunities for self-expression in the context of the curriculum e.g. Abraham interview
- The opportunity to go on religious themed trips e.g. Carfin, Whithorn and Rome

Examples of this in action:

- Opportunities to create and perform drama as part of a lesson
- Supervised visits and excursions to notable places and events

Achieving

For me this could be:

- Taking part in a huge number of Faith Life activities in the school
- The opportunity to receive affirmation of my attitude, effort and contribution in the RE department

Examples of this in action:

- Liturgy, Life Group, Worship Group, retreats, pilgrimages, Liturgical Services, SCIAF group, Lenten fundraising, November Services, Mary's Meals, Talks and Inputs, visits to local churches and faith events
- Receiving a Religious Education badge

Respected

For me this could be:

- Contributing to the RE department tweets about events and activities
- Being taken seriously by my teachers

Examples of this in action:

- The RE Twitter account is updated regularly
- Staff behave professionally and in a pastoral manner in all dealings with pupils

Healthy

For me this could be:

- Appreciating the support and care I receive and give within good relationships
- Knowing about the value of health: physically, emotionally, spiritually and psychologically

Examples of this in action:

- Curriculum and volunteering opportunities lead to a higher awareness of supportive relationships
- A consistent authentic Catholic ethos emphasises the wholeness of life

Responsible

For me this could be:

- Being accountable against a clear, coherent and authentic school ethos
- Being responsible for my conduct, my work and my impact on learning in the classroom

Examples of this in action:

- Learning about different faiths in RE and understanding the importance of upholding the Catholic ethos within the school
- Procedures in place to ensure a positive working environment for all

Safe

For me this could be:

- Reflection on issues around the human experience of pain and suffering
- Feeling safe because I know that everyone is committed to healthy, positive, Catholic values

Examples of this in action:

- Activities and discussions on issues of moral choice, consequences and the impact we have on ourselves and others
- Respect shown to all pupils regardless of sex, race, creed, sexual orientation or family background

Included

For me this could be:

- Staff acknowledgment of diversity and understanding that it is my responsibility to challenge discrimination
- Encouragement of class discussion, helping me to form opinions and participate in decision making

Examples of this in action:

- Awareness that the school has a positive attitude towards all faiths, cultures and languages
- Feeling listened to and taken seriously whilst in regular contact with supportive adults who can be trusted

