

Health and Wellbeing :

Music



Nurtured

For me this could be:

- Receiving regular praise and encouragement during class group performances
- Experiencing a supportive and positive ethos which is promoted during class and rehearsal times

Examples of this in action:

- Pupils receive regular and constructive teacher and peer feedback and self-evaluation
- Performing in front of others builds confidence

Active

For me this could be:

- Participating in group performing and knowing my contribution is valued
- Being active through my participation in practical exercises and rehearsals

Examples of this in action:

- Pupils are given opportunities to participate in extra curricular activities
- Practise opportunities available to all pupils in class, at lunchtimes and after school hours

Achieving

For me this could be:

- Having clear goals and targets on how to achieve my potential during class
- The opportunity to perform in front of others

Examples of this in action:

- Learning objectives are shared with the class at the beginning of every lesson
- Regular feedback is given helping pupils to best develop their skills

Respected

For me this could be:

- Listening attentively and showing respect when others are performing, knowing I can expect the same in return
- Working with others in class to make up appropriate pieces of music to perform

Examples of this in action:

- Pupils regularly have the opportunity to perform and take responsibility for their role
- Tasks are set within lessons that pupils have to work towards achieving

Healthy

For me this could be:

- Feeling welcomed into a positive and friendly department
- Being encouraged to communicate with staff and peers to ensure my wellbeing

Examples of this in action:

- Teachers are present to welcome pupils into class and are there as they leave
- Pupils know their thoughts and feelings are listened to and are taken into account

Responsible

For me this could be:

- The responsibility to organise my practise time
- The responsibility to look after my instruments and equipment

Examples of this in action:

- The department is always open to pupils for practise and instruments are available for pupils to take home for additional practise
- Pupils are given the responsibility to work without supervision if they need to revise or practise

Safe

For me this could be:

- Being confident in using equipment safely and correctly
- Knowing my teacher monitors physical activity in the classroom during practical work and that all pupils are monitored at all times

Examples of this in action:

- Teachers demonstrate the safe use of all new equipment and continuously remind pupils of safety rules
- A teacher is always present throughout lessons and regularly provides feedback

Included

For me this could be:

- The opportunity to rehearse and perform as part of a group and feel included in group activities
- Feeling welcome in the department and knowing there are various extra curricular opportunities that I can take part in

Examples of this in action:

- Pupils have the opportunity to build relationships out with their circle of friends and year group
- A variety of different instrumental groups are available as part of the extensive extra curricular programme

