

# Health and Wellbeing :

# English



**Nurtured**

For me this could be:

- Being encouraged to express opinions in discussion and in writing
- Recognising and using my strengths by entering competitions

Examples of this in action:

- Staff organise writing and speaking competitions
- Staff help pupils to explore issues relevant to them and provide a framework for discussion

**Active**

For me this could be:

- Participation in drama based activities, e.g. hot seating, role play
- Participation in the school library programme

Examples of this in action:

- Pupils are encouraged to take an active role in the study of drama
- Pupils liaise with the school librarian on appropriate programme of work

**Achieving**

For me this could be:

- Developing confidence in personal choice
- Using reading logs to evaluate my personal choice of literature

Examples of this in action:

- Pupils are challenged to read a variety of genres
- Teachers help pupils develop skills to ensure their understanding of complex text

**Respected**

For me this could be:

- Confidence in expressing opinions when talking and listening
- Having pride in the presentation of my work and the content of my learning

Examples of this in action:

- Pupils are given the opportunity to talk to a variety of audiences, e.g. small groups and whole class
- Pupils develop an understanding of questioning skills and their work is displayed throughout department

**Healthy**

For me this could be:

- Encouragement to discuss a range of social and emotional issues through study of literature and media
- An awareness of when and where to get support when making decisions

Examples of this in action:

- Staff choose relevant texts allowing pupils to reflect on their own and others' experiences
- Staff discuss social and emotional issues that affect transitional stages

**Responsible**

For me this could be:

- Participation in paired reading
- Feedback findings of group and paired investigations

Examples of this in action:

- Appropriate pupils identified for paired reading
- Roles and responsibilities organised for group and paired work

**Safe**

For me this could be:

- Exploring the experience of inequalities in life and how to overcome them individually and for others
- An awareness of social and health issues that affect young people

Examples of this in action:

- Staff lead pupils in exploration of issues such as bullying, healthy lifestyles, relationships, etc.
- Staff advise on topics for thematic investigation

**Included**

For me this could be:

- Feeling involved in my learning choices
- The opportunity to write about what is personally important to me

Examples of this in action:

- Pupils are given the opportunity to choose texts to study
- Encouragement of personal writing from individual experiences

