



Feeling Seen at Hazeldene

My Photo

My Personal Care Plan

My name is _____

My birthday is _____

The People who live with me at home are called

My favourite things are

Feeling Seen at Hazeldene

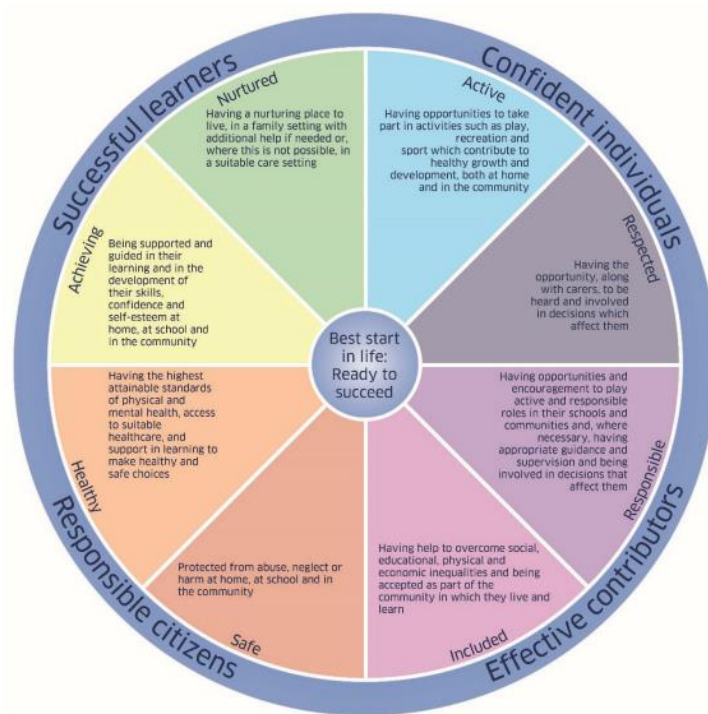
My Daily Routine

What Interests Me:

Anything that makes me feel scared or worried:

How I feel about Starting Nursery?

My Wellbeing Wheel



There are eight wellbeing indicators at the heart of the GIRFEC approach, commonly known as the 'SHANARRI Wellbeing indicators':

- safe
- healthy
- achieving
- nurtured
- active
- respected
- responsible
- Included.

These wellbeing indicators help make it easier for children and families, and the people working with them, to discuss how a child is doing at a point in time and if there is need for support. The GIRFEC approach and wellbeing indicators underpins the approach to personal planning for children. Each child is unique, and their wellbeing is influenced by children's individual experiences and changing needs as they develop.

Safe

Personal safety

Being safe - self and others

Does the child know to stay close to an adult in public places? Park? Roads?

Any safety concerns?

Who will collect? Any custody Arrangements?

Date

Healthy

Health appointments, dentist, diet, toileting

Eating/Varied diet?

Toilet trained?

Any allergies/ Medical needs/ Medication

Date

Achieving

Birth

Dev. milestones

Speech and Language Involvements

Bilingual?

Interests?

Fine motor skills?

Date

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Nurtured

Family details

Who is in the family?

Childminder?

Good with self-help skills? Dressing eating?

Is a sleep required?

Date

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Active

Active

Gross motor skills? Balance - scooter/ bike?

Running/ walking/ climbing?

Outdoor Play

Date

Respected/Responsible

Do they listen to and follow instructions?
Comfort toy/ object?

Date

Included

Involvement in activities within the community.
Contact with peers.
Clubs in the community?
Any other agencies involved with the family?

Date	

