

Week 1 menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Melon slices	Soup of the day	Soup of the day	Crudity platter with herb dip	Soup of the day
Meal option	Tomato and mozzarella pasta with garlic bread and roasted vegetables (v)	Chicken or vegetable curry with wild rice and sweetcorn	Homemade vegetarian sausage rolls with mashed potatoes and seasonal vegetables (v)	Beef or Quorn lasagne with crunchy salad	Vegi meatballs in a tomato sauce with penne pasta and seasonal vegetables (v)

Week 3 menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Melon boats	Crudity platter with salmon pate dip	Soup of the day	Soup of the day	Soup of the day
Meal option	Tomato and roasted vegetable pasta with garlic bread (v)	Chicken or Quorn pie with baby boils and seasonal vegetables	Cheese and tomato pizza with garlic bread and mixed salad (v)	Macaroni cheese with wedges and garden peas (v)	Mini chicken or Quorn burgers in a warm bun with shredded lettuce and mayonnaise

Week 2 menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Fruit platter	Soup of the day	Soup of the day	Crudity platter with herb dip	Soup of the day
Meal option	Omelette, diced potatoes and seasonal vegetables (v)	Macaroni cheese with garlic bread and garden peas (v)	Cheese and tomato pizza with garlic bread and sweetcorn (v)	Steak or Quorn pie with baby boils and seasonal vegetables	Salmon and white fish goujons or fishless fingers with wedges and sweetcorn.

Week 1 dates

Week commencing	04/10	25/10	15/11	06/12	27/12	17/01	07/02	28/02	21/03	11/04	02/05	23/05	13/06	04/07
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Week 2 dates

Week commencing	11/10	01/11	22/11	13/12	03/01	24/01	14/02	07/03	28/03	18/04	09/05	30/05	20/06	11/07
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Week 3 dates

Week commencing	18/10	08/11	29/11	20/12	10/01	31/01	21/02	14/03	04/04	25/04	16/05	06/06	27/06	18/07
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Menus run on a 3 week rotating basis.

The first day back after any holiday is always Monday's menu for that week. Normal menu days follow thereafter.