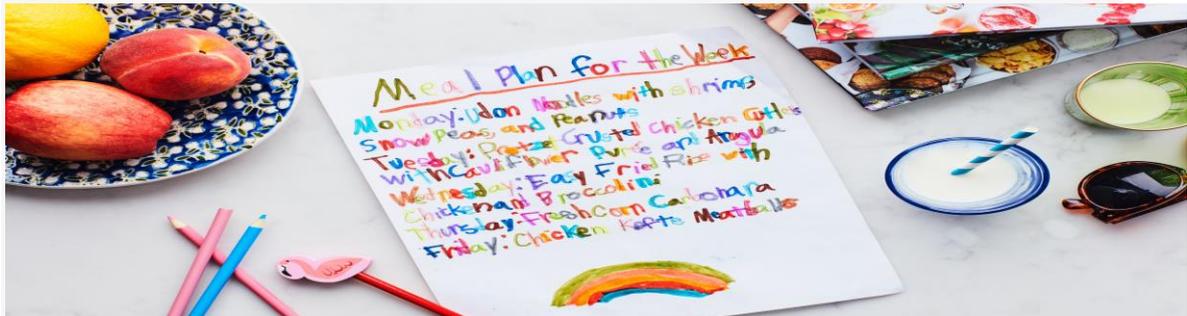


Mealtime fun – Writing a Menu



- Discuss with the children if they would like to create a menu for the week. This could include breakfast, lunchtime and/or dinner time. You may wish to use cookery books or magazines to stimulate discussion.
- Encourage children to think about their menu by asking questions. For example:
 1. What type of food should we offer?
 2. Should it be hot or cold or both?
 3. How many courses will we have?
 4. Will we have vegetables?
 5. Will we have a dessert?
 6. Should there be a choice of vegetables or drinks?
- Support children to draw, mark-make or write their ideas for their menu.
- Once the menu is complete, ask the children to identify a good place to display the menu.
- Each day, at each mealtime, encourage children to ask their friends or family members what they would like from the menu. Support children to share what choices are available.
- Encourage children to listen carefully and record each individual's request on paper by drawing, mark-making or writing.

What are the children learning?

Within real and imaginary situations, I share experiences and feelings, ideas and information in a way that communicates my message. **LIT 0-09a**

As I play and learn, I enjoy exploring interesting materials for writing and different ways of recording my experiences and feelings, ideas and information. **LIT 0-21b**

As I listen and talk in different situations, I am learning to take turns and am developing my awareness of when to talk and when to listen. **LIT 0-02a / ENG 0-03a**

Together we enjoy handling, tasting, talking and learning about different foods, discovering ways in which eating and drinking may help us to grow and keep healthy. **HWB 0-30a**

- Ask questions to extend knowledge and understanding and to clarify thinking.
- Select and use mark making material
- Demonstrate fine motor control.
- Talk to describe different food types – meat, bread, fruit and vegetables etc.



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