

# Baking Cupcakes

Food is always a great motivator for the children to learn. They enjoy collecting, measuring and mixing the ingredients. For safety reasons, adults should get the cakes in and out of the oven. An important part of the learning is for children to be involved in washing and cleaning up.



## Equipment you will need

- Mixing bowl
- Paper cases
- Baking Tray
- Wooden spoon
- Scales

## Ingredients

- 100g / 4oz margarine or soft butter
- 100g/ 4oz caster sugar
- 2 large eggs
- 100g/ 4oz self raising flour

## Method

Heat the oven to 200c/ Gas mark 6/ Fan 180c

Place all ingredients in the bowl and beat until the mixture is smooth

Add the mixture to the paper cases. Each case should be about 2/3 full.

Bake in the oven for 10-15 minutes until the cakes have risen.

You can test with a cocktail stick to see if the mixture is cooked through.

Take them out of the oven and leave to cool down.

You can add icing to the top of the cupcakes once they have cooled down.

## What are the children learning?

I enjoy eating a diversity of foods in a range of social situations.

### HWB 0-29a

Together we enjoy handling, tasting, talking and learning about different foods, discovering ways in which eating and drinking may help us to grow and keep healthy.

### HWB 0-30a

I know that people need different kinds of food to keep them healthy.

### HWB 0-32a

I am becoming aware of how cleanliness, hygiene and safety can affect health and wellbeing and I apply this knowledge in my everyday routines.

### HWB 0-33a

I explore and discover where foods come from as I choose, prepare and taste different foods.

### HWB 0-35a

Within real and imaginary settings, I am developing my practical skills as I select and work with a range of materials, tools and software.

### TCH 0-12a

### Skills I will learn:

Measuring out and counting out ingredients, following instructions.

Developing the fine movements of their fingers and hands.

Developing and hand eye coordination when mixing ingredients

Talking about what is happening.

Learning new vocabulary.

Noticing change – what happens to the mixture when it is heated.

I have experimented with everyday items as units of measure.

### MNU 0-11a

I make decisions and take responsibility in my everyday experiences and play, showing consideration for others.

### SOC 0-17a



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