Challenge of the Week

This week’s challenge is to load or unload your dishwasher, if you have one and if not, wash, dry, sort and put away your cutlery.

**Top Tips** for loading the dishwasher:

* Remember to scrape off leftover food from the dishes.
* Line up the dishes carefully to get more in.
* The adult will put the dishwater tablet or powder in and close the lid properly. **(**Talk with your child about kitchen safety and not touching dishwasher tablets**)**
* Choose the best wash to save energy. *Save our planet!* Talk about the numbers on the dial and what they represent*.*

Unloading/emptying the dishwasher:

* Take one item out at a time safely.
* Put everything back where it belongs.

*Why not listen to a song to make it fun, have a dance in the kitchen too?*

Washing, drying, sorting and putting away cutlery:

* Use a washing bowl or an empty sink to fill warm water in.
* Add a squirt or two of washing up liquid.
* Scrub the cutlery using a sponge. Please be careful when washing sharp objects – your adult will keep you safe.
* Once you have rinsed the cutlery, dry it thoroughly using a dish towel.
* Sort out the cutlery before putting it away.

Now pat yourself on the back for a job well done ☺



**What is my child learning from this experience?**

**Curriculum for Excellence:**

I am becoming aware of how cleanliness, hygiene and safety can affect health and wellbeing and I apply this knowledge in my everyday routines. **HWB 0-33a**

I understand there are things I should not touch or eat and how to keep myself safe, and I am learning what is meant by medicines and harmful substances. **HWB 0-38a**

*I use signs, books or other texts to find useful or interesting information and I use this to plan, make choices or learn new things.* ***LIT 0-14a***

*I can match objects, and sort using my own and others’ criteria, sharing my ideas with others.* ***MNU 0-20b***

I know how to stay safe when using electricity and understand the importance of electricity in our daily lives. **SCN 0-09a**

I make decisions and take responsibility in my everyday experiences and play, showing consideration for others. **SOC 0-17a**

I enjoy exploring technologies to discover what they can do and how they can help us. **TCH 0-01a**